



FREE WEBINAR Achieving Mental Wellness Through Social Connections



The Honorable Elizabeth Rice
Circuit Judge, 13th Judicial Circuit

Marie Attaway Borland
Shareholder at Hill Ward
Henderson



Dan Lukasik
Creator of Lawyers with
Depression

**Wednesday,
December 19,
2018
12 pm EST**

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DESCRIPTION

This webinar will focus on mental health statistics, recent research regarding social connections and loneliness, and the importance of peer support and the skills associated with being a peer support in establishing social connections.

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