

## **CURRICULUM VITAE**

**NAME:** Tamara K. Wellman, DNP, APRN, FNP-C

**ADDRESS:** 2706 Butler Street  
Ashland, KY 41102  
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**EDUCATION:** DNP, University of Kentucky, 2013  
  
MSN, University of Kentucky, 2007  
Family Nurse Practitioner Track  
  
BSN, Ohio University, 2001  
  
ADN, Ashland Community College, 1997  
  
AS, Ashland Community College, 1995

**LICENSES:** Minnesota  
Registered Nurse, 2477243 (2019)  
Nurse Practitioner, 6952 (2019)  
  
Pennsylvania  
Registered Nurse, RN688445 (2016)  
  
Florida  
Registered Nurse, RN9397412 (2014)  
  
West Virginia  
Registered Nurse, 66223 (2005)  
Nurse Practitioner, APRN66223 (2013)  
  
Ohio  
Registered Nurse, 285015 (1999)  
  
Kentucky  
Registered Nurse, 1086089 (1997)  
Nurse Practitioner, 3005429 (2007)

**CERTIFICATIONS:** Family Nurse Practitioner, 2007007538-22  
2007-Present  
  
Certified Diabetes Educator, 2051-0483  
2000-20007

## **ADMINISTRATIVE EXPERIENCE:**

Management of Med/Surg Unit, Observation Unit, Infusion Center and Orthopedic Unit in the hospital setting. Responsible for staffing, payroll, patient satisfaction, budget compliance and corporate compliance. Member of the policy and procedure committee. Responsible for Business plan and production, as well as start of orthopedic unit and infusion unit for the hospital.

Lead nurse in the Office settings for Endocrinology, Emergency, and Dermatology practices. Ordering supplies and establishing protocols

Accounts payable and Accounts receivable

**TEACHING EXPERIENCE:**

Faculty Member  
Walden University  
2019-Present

Adjunct Faculty  
Fortis College Online  
2013-2017

**PROFESSIONAL EXPERIENCE:**

Nurse Practitioner  
Marshall Health  
2020-present

Nurse Practitioner  
Our Lady of Bellefonte Mercy BonSecour  
2007-2020

Nursing Staff  
Our Lady of Bellefonte Mercy BonSecour  
1995-2007

Ambassador  
Health Scripts  
2017-Present

Adjunct Nursing Faculty  
Fortis College Online  
2013-2017

Nurse Practitioner  
Ashland Emergency Medical Associates  
2009-2013

Experience in Emergency and Urgent care, Endocrinology, Dermatology and Family Practice. Includes diagnosis and treatment of patients, cast and splint application, Procedures such as Incision and drainage, suturing and foreign body removal. Visual exams with staining of eye. Well woman exam to include vaginal exams and breast exams.

**PROFESSIONAL PUBLICATIONS:**

**2013**

Wellman, Tamara. (2013). Educational Material and Brief Counseling Improve Diabetes Knowledge and Self-Efficacy. University of Kentucky College of Nursing. Spring 2013

**PROFESSIONAL PRESENTATIONS:**

**2013**

Wellman, Tamara. (2013). Educational Material and Brief Counseling Improve Diabetes Knowledge and Self-Efficacy. Presented at Doctoral Committee Meeting University of Kentucky College of Nursing, Lexington, KY, March 2013.

**2007**

Wellman, Tamara. (2007). Women and Thyroid Disease. Presented at Capstone Committee Meeting, University of Kentucky College of Nursing, Lexington KY, April 2007

**2006**

Wellman, Tamara. (2006 April). Employee Satisfaction: Entry Level to Management. Presented at the 2006 annual meeting of the Professional Research Corporation, New Orleans, LA, April 2006.

**SERVICE:*****Profession***

Policy and Procedure Review (2005-2009)  
Peer Liaison (2009-2014)

**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:**

Member American Association of Diabetes Educators (Since 1995)

Member American Academy of Nurse Practitioners (2005)

Member Kentucky Coalition of Nurse Practitioners and Nurse Midwives (Since 2005)  
Regional Director 2007-Present  
Board Member 2018-Present

Kentucky Association of Nurse Practitioners and Nurse Midwives (Since 2017)  
Board Member 2017-Present

American Nurse Association (Since 1995)

Kentucky Nurse Association (Since 1995)

Carter County Diabetes Coalition (2000-2005)  
Chairman 2000-2005

Our Lady of Bellefonte Hospital Juvenile Support Group (2000-2005)  
Coordinator 2000-2005

Ashland Boyd County Medical Reserve Corp (Since 2000)

University of Kentucky Alumni Association (Since 1997)  
President 2017-2019

North Carolina Physician's Assistant Association (Since 2000)

**PROFESSIONAL RECOGNITION:**

Five Star Award from PRC for Excellent Patient Care, 2006