



Los Angeles County Psychological Association 2019 Brown Bag Series

Monday, January 7

The Interplay Between PTSD and OCD



Eda Gorbis, Ph.D., LMFT

This lecture will discuss how to address and treat comorbid issues of OCD and PTSD, with specialized attention to how symptoms of the disorders can become intertwined. Due to the lack of an integrated treatment approach for patients suffering from OCD and PTSD, a clear understanding of each disorder is necessary to treat the interplay between OCD and PTSD.

Monday, February 25

Alzheimer's Dementia: Approaches for Prevention and Reversal



Jim Graves, Ph.D.

Alzheimer's Dementia (AD) has been considered to be a terminal neurodegenerative disease. However, recent research has demonstrated that AD is both preventable and reversible, at least in early stages. This presentation will address the causes of AD and the lifestyle interventions needed to prevent or reverse the degenerative process.

Friday, March 8

Bullying and the Special Needs Child



Esther Hess, Ph.D.

The Center for Disease Control estimates that 90% of special needs children will be bullied sometime in their lives. This presentation will focus on the consequences of bullying at different developmental impasses, and what parents, teachers/professionals, and peers can do to stop these intimidations. Clinical vignettes will be examined to create practical solutions to this complex problem.

Monday, April 29

Safe and Ethical Social Media Use



Lauren Muhlheim, Psy.D.

Social media platforms provide opportunities to market our business, build our brand, engage with colleagues, and advocate for our community. But they bring unique challenges and risks. The presenter will guide you through the use of different social media platforms. She will highlight relevant ethical considerations and discuss safeguards. *This program may be counted towards the ethics requirement mandated every two years for license renewal.*

Friday, May 31

Psychological Traumas in Adoption & Facilitating Healthy Adaptation



Tracy L. Carlis, Ph.D.

70% of all inmates have spent time in foster care or have been adopted. While most adoptees manage fairly well despite the attachment disruption following separation from birthmother, there is a subset of adoptees that develop malignant clinical dissociative identity disorders that culminate in adoptee parricide, mass murdering or serial killing.

Friday, June 7*

Treating Chronic Pain in Disability

***9:00 – 11:00 AM Held at Clear Recovery, Manhattan Beach**



Stacy Reger, Ph.D.

This training is designed to educate clinicians about psychological and behavioral management of chronic pain. In addition, the training will address work with individuals with disabilities, and ways that traditional psychological chronic pain treatments can be modified to accommodate functional limitations.

Los Angeles County Psychological Association

2019 Brown Bag Series

Free 1.5 CE Credits for LACPA Members

January-May Program Time: Noon - 12:00 - 1:45 p.m. (with program starting promptly at 12:15)

Location: For Programs January-May

LACPA Office at The Encino Office Park (corner of Balboa and Victory)
6345 Balboa Blvd, Bldg 2, Suite 126
Encino, CA 91316

June Program Time: 9:00 - 11:00 a.m. (with program starting at 9:15)

Location: For June Program

Clear Recovery
515 N. Sepulveda Blvd., Manhattan Beach, CA 90266

Bring your own food and beverage; arrive early enough to network,
and then learn and earn your free CE.

Please check off the program(s) for which you are registering:

- Monday, January 7th **The Interplay Between PTSD and OCD** – Eda Gorbis, Ph.D., LMFT
- Monday, February 25th **Alzheimer's Dementia: Approaches for Prevention & Reversal** – Jim Graves, Ph.D.
- Friday, March 8th **Bullying and the Special Needs Child** – Esther Hess, Ph.D.
- Monday, April 29th **Safe and Ethical Social Media Use** – Lauren Muhlheim, Psy.D.
- Friday, May 31st **Psychological Traumas in Adoption & Facilitating Healthy Adaptation** – Tracy L. Carlis, Ph.D.
- Friday, June 7th **Treating Chronic Pain in Disability** – Stacy Reger, Ph.D. **Be sure to check time and location above.**

Name (as on License) _____

Business Phone (_____) _____ Email Address _____

CA Professional License # _____ Yes, I am a LACPA member.

Please note that the Brown Bags are being offered as a LACPA Membership Benefit.

Attendance is limited to 50 LACPA members. Should you have a friend or colleague who would like to attend, please have them join LACPA before they send in this registration form. Programs and locations are subject to change.

The Los Angeles County Psychological Association (LACPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. LACPA maintains responsibility for this program and its content.

This course may be taken to satisfy California Board of Behavioral Sciences (BBS) continuing education requirements.

Those who attend the workshop in its entirety and complete the evaluation will receive 1.5 CE credits.

APA CE rules require that we only give credit to those who attend the entire workshop.

Those who arrive five minutes past the start time or leave before the workshop is complete will not receive CE credits.

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