

MOST NEEDED FOOD ITEMS

- Canned proteins such as tuna, chicken, or Spam
- Canned meals such as Chef Boyardee
- Peanut butter (and jelly)
- Pasta and pasta sauce
- Soups
- 1 lb. bags of rice
- 1 lb. bags of beans (pinto, black, mixed)
- Baby Formula
- Baby Food
- Ensure/Nutritional supplement drinks for seniors
- Healthy snacks such as breakfast bars and dried fruit

IMPORTANT NOTES FOR DONATED ITEMS: When selecting your items for donation, please keep in mind the *needs* of Anne Arundel County Food Bank and the people we serve.

- Please select items that are packaged in **plastic jars** only. Glass jars break frequently, causing additional work for our warehouse team, creating risk of accidents, and potentially damaging other food items in the vicinity that then have to be thrown away.
- Please do not purchase items in quantities larger than 2 lbs. AACFB is not licensed to open and repackage food items. Larger packages create multiple challenges for our clients including lifting/carrying (many clients walk to and from food distribution locations), and storage (many clients do not have large kitchens or pantries to accommodate bulk items.) Additionally, many of our Agency Partners are mainly staffed by volunteer retirees who cannot lift heavy, over-size items.
- Please do not purchase canned goods larger than 28 oz. In addition to the difficulties
 associated with transporting and storing these items before opening, the clients we serve do
 not need such large quantities at one meal. Large open cans do not easily fit into refrigerators
 and run the risk of spoiling before the contents can be consumed. This causes waste and
 potential health hazards.
- Please do not donate cases of bottled water.

Thank you for supporting Anne Arundel County Food Bank. Together we can work to address food insecurity in our community and be a source of strength for our neighbors in need.



Office: (410) 923-4255 • P.O. Box 650, Crownsville, MD 21032 • www.aafoodbank.org





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