

ALZHEIMER'S AND BRAIN AWARENESS MONTH

AT THE JAMES L. WEST CENTER

JUNE 2021

JUNE | All times are CST

- 1 **Tuesday Tips & Tricks** on JLW Facebook, LinkedIn and Instagram accounts
- 2 Zoom Lunch and Learn 11:30-12:30 "**Sexuality and Dementia**"
- 3 **Purple Ribbon Kick Off Day** Wear Purple to show support of Alzheimer's and Brain Awareness Month.
- 4 Zoom **Friends and Family Support Group** 11:00-12:00
- 7 **Healthcare Executive Appreciation Week** Thank you Cheryl, Kathryn, Mike, Kristie, Jaime, and Cathy!
- 8 Zoom with Area Agency on Aging of North Central Texas 2:00-3:30 "**Managing Physical and Emotional Behaviors**"
- 9 Zoom **Friends and Family Support Group** 1:00-2:00
- 10 Zoom **Caregiver Training Six Part Series #1 "What to Expect"** 11:00-12:00
- 11 Zoom **Friends and Family Support Group** 11:00-12:00
- 12 Zoom **Second Saturday Support Group** 10:30-12:00
Focus: Grief, Loss, Bereavement
- 14 **Kick off Alzheimer's Association Longest Day Event Week:**
Rockin' for a Cure
- 15 **Tuesday Tips & Tricks** on JLW Facebook, LinkedIn and Instagram accounts
- 16 **11th Hour Volunteer Training** Education Room 10:00-11:30 OR 5:00-6:30
- 17 Zoom **Caregiver Training #2 "Communication Part 1"** 11:00-12:00
- 18 Zoom **Family and Friends Support Group** 11:00-12:00
- 20 **The Longest Day Event: Rockin' for a Cure:** In the Parlor 10:00-4:00
- 21 **CNA graduation** 2:00-2:30
- 22 **Tuesday Tips and Tricks** on JLW Facebook, LinkedIn and Instagram accounts
- 23 Zoom **Family and Friends Support Group** 1:00-2:00
- 24 Zoom **Caregiver Training #3 "Communication Part 2"** 11:00-12:00
- 25 Zoom **Friends and Family Support Group** 11:00-12:00
- 28 **Healthy Brain Aging Recordings available** on our You Tube page
- 29 **Tuesday Tips and Tricks** on JLW Facebook, LinkedIn and Instagram accounts
- 30 Zoom **Family and Friends Support Group** 1:00-2:00



JAMES L. WEST
CENTER for DEMENTIA CARE

To register/participate in events email caregiver@jameslwest.org