

2018 Spring Conference & Annual Meeting



Louisiana Organization
of Nurse Executives

Harrah's New Orleans Casino & Hotel • April 12-13, 2018

AGENDA

Thursday, April 12, 2018

- 9:00 a.m. – 12:30 p.m. **LONE Board Meeting (LONE Board Committee Only)**
Breakfast & Lunch Provided for Board Meeting
Satchmo Conference Room – 2nd Floor of Harrah’s Hotel
- 12:00 p.m. – 1:00 p.m. **Registration/Networking**
Vieux Carre’ Ballroom Foyer – 2nd Floor of Harrah’s Hotel
- 12:00 p.m. – 5:00 p.m. **Exhibit Hall Opens**
Fulton Street Rooms – 2nd Floor of Harrah’s Hotel
- 1:00 p.m. – 1:30 p.m. **Welcome**
Vieux Carre’ 1&2 Ballroom
Anna Cazes, President, LONE
Ken Alexander, Vice President of Member Services & Quality Improvement, Louisiana Hospital Association (LHA)
- 1:30 p.m. – 2:30 p.m. **Gain the Day: Control Pressure When Demands Exceed Resources (Your Life Could Depend On It)**
Vieux Carre’ 1&2 Ballroom
Jeanne Sexson, Jeanne Sexson Enterprises
- The effects of strain can affect our ability to think clearly and problem-solve effectively; it can literally destroy our health (up to 85% of doctor visits are stress related). By using the methodologies for taking away the power stress exerts, we can weaken its impact on us. Interactive, upbeat, and very practical, this presentation will provide suggestions to make us more resilient and able to “go the distance.”
- 2:30 p.m. – 3:00 p.m. **Break/Visit with Exhibitors**
Fulton Street Rooms
- 3:00 p.m. – 4:00 p.m. **Lighten Up and Live: Getting and Keeping a Balance**
Vieux Carre’ 1&2 Ballroom
Jeanne Sexson, Jeanne Sexson Enterprises
- Combining a mixture of serious thoughts and fun, Lighten Up and Live explores the influences that help us find the up side to a down situation. Learn how the role of humor affects health, productivity and our ability to break the power of the past to get a better grip on present challenges. Laugh and learn as you gain a more realistic balance and perspective for a more gratifying quality of life.
- 4:00 p.m. – 4:30 p.m. **LHA & Hospital Improvement Innovation Network Update**
Vieux Carre’ 1&2 Ballroom
Ken Alexander, Vice President of Member Services & Quality Improvement, LHA
- 4:30 p.m. – 4:45 p.m. **Door Prizes & Adjourn for the Day**
Note: You must be present to win.

AGENDA

Friday, April 13, 2018

- 7:30 a.m. – 8:30 a.m. **Registration/Breakfast/Visit with Exhibitors**
Registration: Vieux Carre' Ballroom Foyer – 2nd Floor of Harrah's Hotel
Breakfast/Exhibits: Fulton Street Rooms – 2nd Floor of Harrah's Hotel
- 8:30 a.m. – 8:45 a.m. **Welcome/Morning Announcements**
Vieux Carre' 1&2 Ballroom
Anna Cazes, President, LONE
- 8:45 a.m. – 9:45 a.m. **Stress: Breaking the Cycle-Understanding How and Where to Intervene**
Vieux Carre' 1&2 Ballroom
Todd Burstain, MD, CMIO, Ochsner Health System
- 9:45 a.m. – 10:45 a.m. **Caring for the Caregivers: Influence of Regulation**
Vieux Carre' 1&2 Ballroom
Karen C. Lyon, Executive Director, Louisiana State Board of Nursing
Jennifer Wright, Louisiana State Board of Nursing
- 10:45 a.m. – 11:15 a.m. **Break/Visit with Exhibitors**
Fulton Street Rooms
- 11:15 a.m. – 12:15 p.m. **Parkinson's & Perseverance: The Amazing Race**
Vieux Carre' 1&2 Ballroom
Tim Hague Sr., R.N.
- Drawing on his experience as the winner of the inaugural season of The Amazing Race Canada, Tim weaves a story of failure and success that moves his audience. You will relive the magic of television and be lost in the wonder of storytelling as Tim recounts his adventures from The Race. Tim takes his audience on a very personal journey through his diagnosis of Parkinson's disease at the early age of 46. You will experience the sense of loss and fear that comes from this diagnosis but more importantly the hope and the determination to persevere. You will be left empowered to do more than you ever thought possible and will come away with a truer sense of what real strength and courage is. You will have insight into a better understanding of how to face life's challenges and succeed.
- 12:15 p.m. – 12:30 p.m. **Transition to Mannings Stadium Club 2nd Floor**
519 Fulton Street, New Orleans
Map included in registration packet
- 12:30 p.m. – 1:30 p.m. **Lunch (Provided)**
Mannings Stadium Club 2nd Floor
Installation of New Officers
- 1:30 p.m. – 1:45 p.m. **Transition to Vieux Carre' 1&2 Ballroom – 2nd Floor of Harrah's Hotel**
- 1:45 p.m. – 2:45 p.m. **Nurse Resiliency**
Vieux Carre' 1&2 Ballroom
Tracy Nicolosi, RNC and Chrystal Deslatte, RN, Woman's Hospital

AGENDA

Friday, April 13, 2018 Continued

2:45 p.m. – 3:45 p.m.

Sponsored by



Designing a Clinical Communication Strategy for Better Care – and Happier Nurses

Vieux Carre' 1&2 Ballroom

Rhonda Collins, RN, VP & CNO, Vocera Communications, Inc.

In an era that challenges care teams to do more with fewer resources, it's time to think differently about healthcare technology and to simplify care team communication for every generation of nurse. For too long, complex workflows, administrative bureaucracies, and disparate systems have caused unnecessary hassles and fatigued clinicians. In this session, Rhonda Collins will share personal stories from her professional journey, including her frontline nursing experience, the evolution to an informatics expert, and the lessons she has learned along the way. She will also outline the importance of conducting clinical communication assessments and mapping the gaps in processes to improve patient, family and staff experiences. Her stories in combination with hospital case studies and industry stats will help outline a future of caring that focuses on the Quadruple Aim of improving healthcare delivery, elevating patient experience, and reducing costs while restoring care team resilience and well-being.

3:45 p.m.

Adjourn

OBJECTIVES AND CEUS

At the conclusion of the program, participants will be able to:

- Correlate LSBN's mission, vision and values to functions of the agency that support excellence in nursing regulation, practice and education;
- Gain a comprehensive understanding of what stress is, what effects stress has, and what can improve stress;
- Appreciate how the practices of Registered Nurses and Advanced Practice Registered Nurses are regulated and protect both patients and providers;
- Gain advanced knowledge of the ethics and standards of nursing practice, including performance outcomes from select LSBN departments;
- Discuss the struggle between balancing personal self-care needs with the demands of the workplace;
- Identify effective tools to help balance personal and professional issues;
- Demonstrate stress relief tools;
- Learn how to map the gaps in care team communication and workflow efficiency;
- Identify solutions that simplify processes and remove barriers to reconnect staff to purpose;
- Develop strategies to improve patient, family and care team communication and collaboration; and
- Discuss ways to restore human connections and optimize staff well-being.

Nursing – 7.00 contact hours will be awarded for this offering by the Louisiana Hospital Association for complete attendance of the program. The LHA is approved by the Louisiana State Board of Nursing – CE Provider #39.

Other Participants will receive, upon completion of the program, a certificate documenting the completed continuing education/clock hours.

CONFERENCE PRESENTERS



Ken Alexander is the Vice President of Member Services & Quality Improvement for the Louisiana Hospital Association (LHA). His responsibilities include leading LHA's quality and patient safety initiatives, and assisting member hospitals statewide with Centers for Medicare & Medicaid Services, The Joint Commission and Louisiana Department of Health issues relative to regulatory and hospital licensing standards and activities. He also has administrative and oversight responsibility for LHA's Education Department, as well as the LHA Research and Education Foundation's federal hospital preparedness grant program.



Todd Burstain, MD, joined Ochsner in June 2016 after extensive experience from the University of Iowa Health System, from his role as a Clinical Professor of Medicine at Tulane University and Chief Medical Officer at Tulane Health System. He is board certified in Internal Medicine and Clinical Informatics. His clinical interests involve the medical treatment of obesity and stress management.



Rhonda Collins, MSN, RN, began her nursing career 28 years ago in labor and delivery, caring for high-risk mothers and their babies. In 2012, she co-founded The American Nurse Project dedicated to telling the stories of nurses all across the country. Today, Collins is Vice President and Chief Nursing Officer for Vocera Communications, Inc. In 2017, she was named a "Woman in MedTech to Know" by Becker's Hospital Review.



Chrystal Deslatte, RN, is currently the lead charge nurse for the NICU at Woman's Hospital. She has been a staff nurse there since 2000 and has been instrumental in leading holistic nursing practices at Woman's Hospital since 2006.



Tim Hague, Sr., overcame the odds when he went from a diagnosis of Parkinson's disease to winning season #1 of The Amazing Race Canada. Now, he shares with his audiences the lessons learned from having run and won this amazing race with Parkinson's. Hague's unique history as a retired nurse, entrepreneur, Parkinson's advocate and patient provides rich insight to his message of Live Your Best.



Karen C. Lyon, PhD, RN, NEA, is currently Executive Director and CEO of the Louisiana State Board of Nursing where she has regulatory and discipline oversight for 63,396 RNs and 5,299 APRNs. Louisiana is also the only state in the nation that regulates pre-licensure students, and Dr. Lyon has regulatory oversight over one diploma program, 13 associate degree programs, 14 baccalaureate programs and seven graduate nursing programs offering APRN degrees or post-graduate certificates.

CONFERENCE PRESENTERS



Tracy Nicolosi, RNC, is a Registered Nurse who has been an employee of Woman's Hospital since 1990. She is dedicated to promoting self-care of the caregiver and increasing happiness in all aspects of life. Nicolosi promotes bringing gratitude to the forefront of each day.



Jeanne Elizabeth Sexson has a master's degree with an emphasis in psychology and a master's certification in education. For more than thirty years, she has traveled in and out of the continental U.S. speaking at national, state and regional health industry conventions and also facilitates training for large corporations, individual facilities and colleges/universities. She is a published author/illustrator of several motivational books, including her double-award winning book about dealing with loss and change entitled "Down But Not Out - Living Through Your Setbacks, Major Whacks, and Broken-Heart Attacks."



Jennifer Wright, PhD, is the Chief Nursing Officer of the Louisiana State Board of Nursing. She completed the Doctor of Nursing Practice degree at Loyola University New Orleans in May 2016 where she focused on executive leadership and policy making processes and was awarded the Nightingale Award for excellence in academics. Dr. Wright's background as an RN and FNP in direct patient care includes more than 25 years of experience in the areas of critical care and primary and urgent care settings in Louisiana, California and New Mexico.

HOTEL INFORMATION



Book your room at Harrah's [online](#) or through the Reservation Center by phone at 1-800-223-7277.

Harrah's applies a \$15 reservation fee for all guests who call-in. The room block is listed as "Louisiana Hospital Association," and you may use the code S04LHA8.

Reservations may be made in the block at the group rate until March 21 or until the block is full, at which time the group rate will be offered based on hotel availability.

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Registration Form

Registering online at www.lhaonline.org/event/LONE2018 is quick and easy!

Name: _____

Title: _____

Company: _____

Address: _____

City / State / Zip: _____

Telephone: _____ Email Address: _____

_____ LONE Member Registration (*per person) \$275 _____

To receive this LONE member registration fee, you must have paid your LONE dues for the 2018 calendar year.

_____ Non-LONE Member Registration (per person) \$375 _____

This applies to anyone who is not a member of LONE.

LONE MEMBERSHIP

_____ **Type 1 LONE Member Fee (per person)** \$60 _____

Membership Eligibility: Registered Nurses in a management position in a healthcare institution/agency program that holds an active institutional membership in the Louisiana Hospital Association (LHA).

_____ **Type 2 LONE Member Fee (per person)** \$85 _____

Membership Eligibility: Same as Type 1 but the employing healthcare institution/agency is not an institutional member of the LHA.

TOTAL AMOUNT REMITTED \$ _____

Please make checks payable to: Louisiana Hospital Association Management Corporation
9521 Brookline Avenue, Baton Rouge, Louisiana 70809-1431

Pay by credit card via fax to: (225) 923-1004

Credit Card Number: _____ CVV #: _____ Expiration Date: _____

Name on Card (please print): _____ Billing Zip Code: _____

Signature: _____ Email: _____

For a current list of LHA educational offerings, visit lhaonline.org/calendar.



LONE is an Affiliate Society of the Louisiana Hospital Association.

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