A BETTER AND HAPPIER YOU
Connect with compassionate counselors and wellness experts

WHAT IS PACIFYR
Pacifyr is a confidential, non-judgemental, and stigma free counseling service provided by professionals who are social workers, counselors, life coaches, personal trainers, nutritionists, dietitians, therapists, or yoga experts.

WHY PACIFYR
Pacifyr services are effective, confidential and non-judgmental. Counselors and Wellness experts listen, educate and pacify you, with the tools you need, to help cope with your general wellness and various emotional challenges.

Experienced therapists provide mental health counseling to help clients who struggle with depression, stress, anxiety and other life challenges through our mobile app.

Employers and organizations can avail Pacifyr EAP through our mobile app. This helps Employees or members to overcome their challenges, reduce stress, enhance productivity, increase efficiency at work and be happy and healthy.

WHAT WE DO
Our mobile app “Pacifyr” enables a supportive, convenient, and affordable online wellness and emotional counseling.

PACIFYR UNIQUENESS
- Non-judgemental, anonymous and stigma free
- Affordable and no appointment needed
- Per-minute billing
- Secure and safe
- Video, call, chat
- Flexible engagements
- First thirty minutes free
- Unlimited chat for $5 a day
  * Depending on pacifyr availability

PACIFYR SERVICES

COUNSELING
- Emotional Issues
- Stress management
- Anxiety
- Panic attacks
- Grief or Loss
- Career concerns
- Elder care needs

WELLNESS
- Weight loss
- Nutrition needs
- Diet needs
- Sleep disorder
- Work-life balance issues
- Fitness needs
- Yoga and meditation

THERAPY
- Domestic violence
- Family problems
- Drug addiction
- Alcoholism
- PTSD
- Depression
- Relationship problems

HOW IT WORKS
You can download our mobile app to reach your choice of Pacifyrs through chat, phone or video call.

DOWNLOAD PACIFYR APP
info@pacifyr.com
Tel: 844-972-2439
www.pacifyr.com

Select a Specialization

Lisa Arnold
Pacifyr

I am a New Jersey Licensed Social Worker with a decade of experience working in the Social Service Field. I have 10 years of experience providing therapy specifically working with adults, tib and elder.