



# The Human Edge: Mastering Emotional Intelligence in the Age of AI

**DATES:** April 7 and November 10, 2026  
**SCHEDULE:** Log-In: 11:45 a.m. | Program: 12:00 - 1:00 p.m.  
**CREDITS:** 1.0 Ethics (PRACPRO)

In today's rapidly evolving legal landscape, technical expertise and intelligence alone are not enough. As artificial intelligence reshapes the profession, emotional intelligence (EQ)—your ability to understand and manage your own emotions and those of others—is what truly sets you apart. Facilitated by a psychologist specializing in attorney wellness, this CLE workshop is designed for attorneys who want to not just survive, but thrive, by elevating the essential human skills that AI cannot replicate.

By participating in this dynamic, interactive learning experience, you will gain practical insights and actionable tools to:

- Reduce stress and prevent burnout, even under relentless pressure.
- Boost self-discipline and motivation, and stay focused, effective, and adaptable as technology transforms the way you work.
- Engage and influence clients, colleagues, and opposing counsel—skills beyond the reach of AI.
- Leverage your EQ to handle uncertainty, make better decisions, and achieve your goals with greater ease—maintaining a competitive advantage in an increasingly automated world.

### About Amy Wood

Maine-based psychologist Amy Wood helps attorneys improve performance and fulfillment through executive coaching and CLE programs. She is the author of the ABA book *Lawyer Like an Athlete* and a frequent media expert. Dr. Wood earned her doctorate at Adler University and is certified by the College of Executive Coaching.

### PROGRAM INFORMATION

- **Registration closes** when the program is **FULL** or **TWO DAYS** before the program date.
- Zoom links and materials (if available) will be emailed in advance.
- Participants will be placed in a Zoom waiting room until the program begins.
- Credits are reported by the MSBA based on **live attendance**. Full credit requires viewing the **entire program**.

### CANCELLATION/REFUND POLICY

- To receive a full refund, cancel your registration by **4:00 p.m. on the date indicated beside each program date below**.
- **No refunds** will be issued **after** this date..
- The date of cancellation is the date received at **Bar Headquarters in Augusta**.





### Registration Form: The Human Edge: Mastering Emotional Intelligence in the Age of AI

Name \_\_\_\_\_ ME Bar \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Tel # \_\_\_\_\_ Email Address \_\_\_\_\_

Payment Information	
<input type="checkbox"/> Check Enclosed # _____	Total \$ _____
Card # _____	Exp. date _____ CSC Code _____
Name on card _____	
Billing address _____	
Telephone _____	#Signature _____
   	
Registrations cannot be processed without payment by check or credit card.	

CHOOSE YOUR DATE
<input type="checkbox"/> <b>April 7</b> (No refunds after March 31)
<input type="checkbox"/> <b>November 10</b> (No refunds after November 3)

REGISTRATION FEES: PER PROGRAM	
MSBA Member .....	<input type="checkbox"/> \$ 65
CLE Club Member.....	<input type="checkbox"/> \$ 50
Support Staff of CLE Club Member.....	<input type="checkbox"/> \$ 50
Non-Member.....	<input type="checkbox"/> \$ 90
Paralegals and Legal Support Staff .....	<input type="checkbox"/> \$ 55
MSBA Student Member.....	<input type="checkbox"/> \$ 10

CLE Club Membership: MSBA Members Only	
Celebrating the MSBA's 135th anniversary with a \$30 savings in 2026.	
Now through Dec. 31 .....	<input type="checkbox"/> \$135

### HOW TO REGISTER:

**Online:** Log in to your website account at [www.mainebar.org](http://www.mainebar.org)  
**Mail:** Maine State Bar Association | 124 State Street, Augusta, ME 04330  
**Phone:** 207-622-7554 | **Fax:** 207-623-0083  
**Email:** [cle@mainebar.org](mailto:cle@mainebar.org)

