

00:10:54 Angela Armstrong: MAP phone number 266-5951
00:11:08 Angela Armstrong: Resources provided by Bill Nugent:
00:11:51 Angela Armstrong: Websites: ABA - video series;
Bloomberg Law; Find Law - attorney wellness page
00:12:20 Angela Armstrong: Make a conscious effort to make
contact with others
00:18:40 jcramer: you guys are doing a great job!