“I had such a great time during the Mentor Mentee event! It made me learn more about my school and my program!”

**Mentor Mentee Match**

Mentor Mentee event was a great way for first, second, and third year students to meet older students and learn more about their program and about MCPHS University. Fourth, fifth, and sixth year students got to meet with their mentees and gave them a description about their classes, about their exams, and how to get involved more with MCPHS. Mentees and mentors got to know each other and got each other’s contact information to have support and guidance throughout the year.

**Slime Night**

This was the first event in our Burnout Series. During our slime night event, the ASHP members and its e-board got to de-stress and learn how to make slime. This event was also a great way for members of the ASHP club to get to know the ASHP’s e-board. Slime night was a successful event where students got to take a break from schoolwork and do something fun and relaxing. We will have many more burnout events throughout the year to teach students how to cope with stress and prevent burnout.
"It was inspiring to see the staff who worked at Habitat for Humanity for 10+ years continue to show the passion and dedication they still had that day."

Volunteering at Habitat for Humanity ReStore

Our SSHP chapter dedicated our community service event to the late Brian Albert Ambrefe, RPh—a dear friend and mentor to a member of our e-board, Ashley Iacoviello. With his profound dedication and love for the community, he inspired us to put down our textbooks and give back to the people of Worcester at Habitat for Humanity ReStore. The group helped with reorganizing bed frames, shelving units, and small items on the shelves. As well as moving furniture from the pick-up/ drop-off station to the selling floor.

Student/Faculty Speed Networking Event

Our chapter had the opportunity to collaborate with multiple pharmacy organizations on campus for a speed networking event. It provided the opportunity for our students to get to know their professors outside of the classroom setting and learn about their roles in the pharmacy field other than teaching.
American Pharmacist Month BBQ

In partnership with Northeastern’s APhA-ASP and ACCP chapter, NUSHP hosted a BBQ on Centennial Commons in the middle of Northeastern. We gave out free burgers and hot dogs as well as hand sanitizers and pamphlets. This event emphasized the importance of pharmacists on health care teams and in the community, and the importance of provider status for pharmacists. We also hosted a drug take-back event with Northeastern Police Department. It was open to the general public, and members of each organization took turns manning the grill as well as speaking with the BBQ-goers.

Insights of Young Pharmacists: Part 1

Our annual two part flagship event took place this year on Oct. 7th. This year we invited two residents to come speak at our event, one from Massachusetts General Hospital and one from Lahey Hospital & Medical Center. Dr. Bianca Long and Dr. Joanna Nichols spoke about their experiences in their respective PGY1 and PGY2 residencies. They discussed what their daily schedule looks like, how they came to choose their residencies, how they managed their busy schedules, and provided advice to young pharmacy students. We will invite them back in the spring to see how they have progressed throughout their year.
"ASHP-SSHP has always been the most helpful resource when I need information about residency."

RESIDENCY PANEL

The Fall 2019 ASHP –SSHP Residency Panel took place on November 18th 2019.

We were honored to have Dr. Allissa Long (resident at UConn John Dempsey Hospital), Dr. Kelsey Leite (resident at Baystate Medical Center) and Dr. Ebony Evans (resident at WNEU/BigY).

It was a Q & A style session, where students were given the opportunity to ask questions.

Drs. Long, Leite and Evans shared their experiences which included application process tips, preparing for interviews, midyear dos and don’ts, and how to deal with the stress that sometimes comes with residency.