



**2019 Annual Conference**  
***Changing Minds, Changing Lives:***  
***Rethinking Treatment for People Living with Serious Mental Illness***

**Saturday, November 2<sup>nd</sup>, 2019 in Norwood, MA**

**Morning Breakout Session**  
***Supported Employment and Education (1CE)***

**Presented by Kim T. Mueser, Ph.D.**  
**Professor, Center for Psychiatric Rehabilitation**  
**Boston University**

This presentation will describe the principles and application of supported employment and education (SEE) for persons with serious mental illness. Clinical resources to guide clinicians in providing SEE will be provided. The research evidence for the effectiveness of SEE programs on improving employment and educational outcomes will be reviewed. Strategies for enhancing the effectiveness of SEE programs will be briefly discussed, including the evidence supporting those strategies.

Upon completion of this session, participants will be able to:

1. List at least five guiding principles of SEE programs.
2. Utilize a phenomenological framework to inform CBT formulation and interventions for individuals living with severe mental illness.

**Kim Mueser, Ph.D.** is a clinical psychologist at the Center for Psychiatric Rehabilitation, Boston University, and Professor of Occupational Therapy, Psychological and Brain Sciences, and Psychiatry. His research interests are on the development and evaluation of psychosocial interventions for persons with serious mental illness. His work has involved a range of different treatments, including supported employment and education, integrated treatment for co-occurring mental illness and substance use disorders, cognitive behavioral therapy for posttraumatic stress disorder, illness management and recovery, cognitive remediation, family psychoeducation, interpersonal skills training, and treatment of first episode psychosis. He has published several hundred peer reviewed publications and co-authored over ten books. His research has been supported by the National Institute of Mental Health, the National Institute on Drug Abuse, and the Substance Abuse and Mental Health Services Administration.