



**2019 Annual Conference**  
***Changing Minds, Changing Lives:***  
***Rethinking Treatment for People Living with Serious Mental Illness***

**Saturday, November 2<sup>nd</sup>, 2019 in Norwood, MA**

**Afternoon Breakout Session**  
***Coordinated Specialty Care for First Episode Psychosis in the VA (1CE)***

**Presented by Rachelle Calixte, Ph.D.**  
**Psychologist, Bedford VA Medical Center**

This presentation will provide an overview of the opportunities and challenges associated with treatment of first episode psychosis and development of coordinated specialty care programs within the VA. Factors that will be highlighted include impacts of military, Veteran, and VA culture, as well as systemic opportunities and barriers. Challenges and clinical considerations associated with engaging consumers in early psychosis will also be presented. Finally, the presentation will review efforts to develop a coordinated specialty care program at the Bedford VA Medical Center and future directions for the program.

Upon completion of this session, participants will be able to:

1. Identify at least 2 benefits of the coordinated specialty care model of intervention for early psychosis.
2. Name all 4 arms of the NIH's recommended coordinated specialty care model (NAVIGATE).
3. Describe at least 2 implications of military/Veteran identity for assessment and treatment of early psychosis.

**Rachelle Calixte, Ph.D.** is a psychologist at the Bedford VA Medical Center. She values providing recovery-oriented, resiliency-focused services to Veterans through a Coordinated Specialty Care model, which is reflected in her work in the STEER first-episode psychosis program, Supported Employment and Education, Peer Services, and Suicide Prevention.