



2019 Annual Conference
Changing Minds, Changing Lives:
Rethinking Treatment for People Living with Serious Mental Illness

Saturday, November 2nd, 2019 in Norwood, MA

Afternoon Breakout Session
Acceptance and Commitment Therapy for Psychosis:
Current Scientific Status and Application (1CE)

Presented by Brandon A. Gaudiano, Ph.D.
Associate Professor, Alpert Medical School of Brown University
Research Psychologist, Butler Hospital

This presentation will discuss acceptance and commitment therapy (ACT) and its application to treating individuals with psychotic-spectrum disorders. The talk will provide a brief overview of this approach, information about the current research in this area, and a case illustration.

Upon completion of this session, participants will be able to:

1. Describe ACT and discuss research examining this approach in psychosis
2. Discuss clinical application and future directions using ACT for psychosis.

Brandon Gaudiano, Ph.D. is a clinical psychologist and researcher at Butler Hospital in Providence, Rhode Island. He holds appointments as Associate Professor in the Department of Psychiatry and Human Behavior at the Warren Alpert Medical School of Brown University, and in the Department of Behavioral and Social Sciences at the Brown School of Public Health. At Butler Hospital, he develops and directs transitional outpatient programming, focusing on treatment delivery for patients across levels of care (e.g., inpatient to outpatient). Dr. Gaudiano's research has been supported by grant funding from the National Institutes of Health, Department of Veterans Affairs, and other private foundations (American Foundation for Suicide Prevention) He has conducted treatment research for individuals with various forms of severe mental illness, including schizophrenia, severe mood disorders, suicidal behaviors, and comorbid substance use. As a Senior Investigator in the Mindfulness Center at Brown University, Dr. Gaudiano studies novel acceptance/mindfulness-based interventions, including applications for individuals with psychosis. In 2105, he published a book titled *Incorporating Acceptance and Mindfulness into the Treatment of Psychosis* by Oxford University Press. In addition, Dr. Gaudiano has served in editorial roles for several scientific journals in psychiatry and psychology. He currently chairs the Publications Committee of the American Psychology Association (APA) for Division 12 (Clinical Psychology), and recently was appointed to the APA's Advisory Steering Committee on Clinical Practice Guidelines, which oversees the process of guideline development.