



2019 Annual Conference
Changing Minds, Changing Lives:
Rethinking Treatment for People Living with Serious Mental Illness

Saturday, November 2nd, 2019 in Norwood, MA

Afternoon Breakout Session
The Road to Recovery (1CE)

Moderated by Raquelle I. Mesholam-Gately, Ph.D.

**Director, Neuropsychology Research and Consumer Advisory Board, Psychosis Research Program,
Massachusetts Mental Health Center
Public Psychiatry Division, Beth Israel Deaconess Medical Center, Harvard Medical School**

This session is geared towards helping clinicians improve care to persons with psychosis by learning from firsthand experience. Moderated by a psychologist with longtime experience treating and advocating for SMI, a panel of persons with lived experience in psychosis discuss the impact of their illness on their lives, their journey to recovery, and the positive and negative aspects of their treatment.

Upon completion of this session, participants will be able to:

1. Improve clinical care for people with psychosis through knowledge gained from the firsthand experience of individuals with lived experience of psychosis.
2. Apply this knowledge to additionally inform clinical research on psychosis.

Raquelle Mesholam-Gately, Ph.D. is a licensed clinical psychologist and neuropsychologist who directs the Consumer Advisory Board (CAB) and Neuropsychology Research at the Psychosis Research Program of the Massachusetts Mental Health Center Public Psychiatry Division, Beth Israel Deaconess Medical Center. She is also an Instructor in Psychiatry at Harvard Medical School. Her research career has been devoted to better understanding and improving neurocognitive and reward-related impairments in psychosis, and to the enhancement of these pursuits through collaboration with individuals who have lived experience with SMI. Dr. Mesholam-Gately has been privileged to partner with the CAB in participatory mental health research, including a recent project on therapeutic alliance and quality of life in SMI as well as a just launched project on renaming schizophrenia.