



The Massachusetts Psychological Association
2023 Annual Conference

Raising the Next Generation: Innovation to Address the Evolving Needs of Youth and the Profession

Saturday, November 4th, 2023
Norwood, MA

Passing on the Baton: Empowering the Next Generation in a New World (1.5CE) **Presented by Dinelia Rosa, Ph.D.**

This presentation will address current issues and events being faced by our new generation of psychologists. The COVID pandemic, legislation against social justice gains, increased mental health issues in the general population and the limited resources available to address these needs are a few of the important issues that will be presented. The presentation will address the senior psychologists responsible for education and training and how we can continue to play a significant and relevant role in the formation of the new generation facing issues most likely foreign to the senior generation. Issues of flexibility, continued knowledge and adaptability are among the aspects that will be addressed. As a third component, the presenter will focus on the challenges presented to the early career psychologist and psychology students and how we can empower them to become effective in this new world. Recommendations and resources will be provided.

Learning Objectives:

- Participants will identify current issues and events including BIPOC and EDI with direct impact on the work of psychologists, in particular for early career psychologists and graduate students;
- Senior psychologists responsible for education and training will describe ways of becoming relevant and effective in the education and training of the new generation of psychologists;
- Early career psychologists will describe ways in which they can be empowered and relevant in addressing current events in their psychology role.

Dr. Dinelia Rosa is director of the Dean-Hope Center for Educational and Psychological Services at Teachers College. She obtained her Clinical Psychology degree at The Derner Institute, Adelphi University. Prior to her current job, Dr. Rosa worked for 18 years throughout New York City in various clinical and educational settings predominantly with children and families from diverse backgrounds.

Dr. Rosa is a founding member of the Health Psychology rotation in the Bellevue-NYU Internship Program. She worked in the Cardiac subspecialty clinic and offered support groups for post-operative patients with coronary artery disease. Additionally, she worked in the Breast Cancer and Infertility clinics also in Bellevue Medical Center. For the last 11 years, Dr. Rosa volunteers in Latino Share, a non-profit organization offering support groups to women survivors of breast and ovarian cancer. Recently, she ran focus groups for them as part of the Novela Project, aimed at developing a Spanish written story in a soap opera format to educate Latinas about breast cancer in a culturally- sensitive way. Most recently, she co-authored the book, *Grief Therapy with Latinos: Integrating Culture for Clinicians* with Dr. Carmen Vazquez.

Dr. Rosa was a member of the Multicultural Advisory Committee for the New York Office of Mental Health, is founding member of the Division of Culture, Race, and Ethnicity at the New York State Psychological Association (NYSPA), and served as Council Representative for this division at NYSPA -'s governance for six years. She is past President of the New York Association of Hispanic Mental Health Professionals, served as Board Member for two community-based organizations and is currently a Board Member for a community faith-based organization in NYC. Dr. Rosa served as a member of Sesame Street Workshop advisory committee for the development of a videotape tape program for children 3-8 and parents titled, "Helping you help children cope with stress," designed to help preschool children cope with stress related to the 9/11 terrorism attack. Dr. Rosa is actively involved in the American Psychological Association as Member-at-Large and Chair of the Membership Committee for Division 31, State, Provincial and Territorial Psychological Association Affairs a division that focus on advocacy and leadership issues.