

FIRST AID

The purpose of this course is to enable the first responder in an emergency to react to health emergencies until the arrival of more qualified emergency personnel.

SHORT COURSE



DURATION

2 Day



COST

R1100pp



IN PERSON

Yes



ONLINE

No



FUNDAMENTAL PRINCIPLES AND OBJECTIVES OF BASIC EMERGENCY FIRST AID

The purpose of basic emergency first aid and the scope of work for an Emergency First Aid Responder. The importance of – Airway, Breathing, and Circulation. Fundamental legal and ethical principles when providing emergency first aid and the need to maintaining personal health and safety using Personal protective Equipment (PPE).

APPLIED BASIC EMERGENCY FIRST AID.

Safety as the first priority of any basic emergency first aid. How to assess the patient's condition & communication with bystanders, emergency services, and the affected persons. Guidelines for determining actions appropriate to provide basic first aid, and the reassessment and monitoring of the patients's condition. Handing over to emergency services, noting down information for records and reporting purposes, and post scene clean up.

BASIC HUMAN ANATOMY AND PHYSIOLOGY

Focus is given to the Respiratory system, Cardiovascular system, Nervous system, Musculoskeletal system and the Integumentary system

HOW TO RECOGNISE INJURIES & ILLNESS, AND TREAT APPROPRIATELY

- Primary assessment and treating as per findings.
- Secondary assessment and treatment as per findings.
- Controlling bleeding.
- Managing a person who is not breathing.
- Managing an unconscious patient.
- Identify and manage shock, extremity trauma and thermal stress.
- Cardiac arrest and heart attack, and stroke.
- Recognise and manage poisoning, bites and stings.

This courses has practical applications and participants actively engage in doing CPR and attending to various secnarios where injuries have occured.



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