



# Opioids for Chronic Pain: Welcome and Introductions

March 18, 2016

Brooklyn Park, Minnesota



# Statement of Purpose

- ▶ This course will address the balance between providing optimal pain relief and preventing inappropriate use of opioid analgesics.

This course is held in collaboration with the  
Minnesota Academy of Physician Assistants – 2016 Spring  
Conference

Through the joint providership of the  
Postgraduate Institute for Medicine  
and the

Substance Abuse and Mental Health Services  
Administration (SAMHSA)  
U.S. Department of Health and Human Services (HHS)

The course is presented with financial  
and technical support from

**SAMHSA, HHS**

and

**JBS International, Inc.**

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# Accreditation Statements

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Postgraduate Institute for Medicine and SAMHSA. The Postgraduate Institute for Medicine is accredited by the ACCME to provide continuing medical education for physicians.

## Credit Designation

The Postgraduate Institute for Medicine designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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The faculty reported the following financial relationships or relationships they or their spouse/life partner have with commercial interests related to the content of this continuing education activity:

- ▶ John Hopper MD, FAAP, FACP, FASAM—Nothing to disclose
- ▶ Jacqueline Tulskey MD—Nothing to disclose

# Faculty

## **John Hopper, MD, FAAP, FACP, FASAM**

Residency Program Director and Vice Chair for Education, Department of Internal Medicine, St. Joseph Mercy Hospital, and Clinical Associate Professor of Internal Medicine, Pediatrics, Psychiatry and Behavioral Neurosciences, Wayne State University, Detroit, Michigan

## **Jacqueline Tulsky, MD**

Emeritus Professor of Medicine, HIV/AIDS Division at San Francisco General Hospital, University of California, San Francisco, and Diplomat, Board of Addiction Medicine

# Learning Objectives

On completing this course, participants should be able to:

1. Describe the nature of chronic pain and options for its treatment.
2. Select patients who are appropriate candidates for opioid management of chronic pain.

# Learning Objectives continued

3. Define risk factors for potential misuse, abuse, and diversion of prescribed opioid medications; recognize the importance of consistent screening for risk prior to prescribing; and outline a time-efficient method of conducting risk screening.
4. Follow an evidence-based protocol for starting patients on opioid analgesic therapy, including issues specific to safely initiating and titrating opioids.

# Learning Objectives continued

5. Monitor patients' response to opioids and address problems such as inadequate response to treatment.
6. Recognize problematic or aberrant drug-taking behaviors and be able to distinguish unintentional misuse, pseudoaddiction, or chemical coping from deliberate misuse, abuse, and diversion.

# Learning Objectives continued

7. Outline a time-efficient approach to clarify and intervene appropriately for aberrant drug-taking behaviors, including referral to specialized addiction treatment programs when indicated.

# How to Obtain Your CME Certificate

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1. Go to CME University at: [www.cmeuniversity.com](http://www.cmeuniversity.com) and register or login
2. Once logged in, click on “**Find Post-test/Evaluation by Course**” at the top of the page
3. Type in “**10764**” in the box, and hit enter
4. Click on the activity title
5. Complete the online evaluation and obtain your CME certificate to download and/or print for your files.

Upon completion of the online evaluation form, you will have immediate access to a certificate of attendance to print or save for your files. You can save your certificate by selecting the “Save” option on the print screen.

For any questions relating to CME (physician) certification for this activity, please contact Postgraduate Institute for Medicine at: [information@pimed.com](mailto:information@pimed.com) or (303) 799-1930.