Acts of Kindness Ideas Menu

Whether you have a large group or one individual, finding a volunteer opportunity can be daunting. The Minnesota Credit Union Network has put together the following examples for credit unions of all sizes to find a way to may in impact during CU Forward Day.

Large Group Activities & Volunteerism
- Join the Network and other credit unions at Second Harvest Heartland
- Volunteer for one of the opportunities put together by United Way, a CU Forward Day partner
- Reach out to a local nonprofit to see what opportunities are available.
- Conduct a food or book drive in partnership with a local organization
- Host a blood drive or offer flu shots/flu prevention packets
- Clean up a local city park
- Put on an event at assisted living facilities, nursing homes, or shelters
- Provide employees with pay-it-forward items or gifts to give out to members of the community.

Small Group & Individual Acts of Kindness
- Bring “thank you” basket, cards, flowers, and/or treats to local organizations
- Visit a nursing or assisted living home
- Volunteer at a food kitchen
- Donate your time or money to a cause you’re passionate about
- Read to kids at a local school
- Purchase a meal for a stranger or person in need

In-branch Acts of Kindness
- Host a special shred day for members
- Offer snacks and/or refreshments special for the day
- Host a food, book or blood drive during business hours
- Prepare “thank you” items during breaks and deliver to organization(s) over lunch
- Create a donation fund for a member cause
- Make “thank you” cards to give to members who visit the branch
- Provide members with a blank, postage paid envelope and notecard to send to a loved one

With questions about CU Forward Day, contact MnCUN Director of Engagement Ben Hering by email at bhering@mncun.org or by phone at 651-288-5519.