



Individual Community Living Support (ICLS)

2017 Assisted Living and Home Care Conference
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ICLS Learning Objectives

- I. Describe ICLS
 - a. Who can provide?
 - b. Where is ICLS provided?
- II. Describe the six service categories of ICLS
- III. Planning for ICLS
 - a. Purpose of ICLS planning form
- IV. Non-covered services, and provider requirements

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Describe ICLS

- Available for eligible alternative care (AC) and elderly waiver (EW) participants
- Access a wide range of services and supports by a single provider
- Provided in a single-family home or apartment that is owned or rented as demonstrated by a lease agreement by the person or family
- Providers of ICLS may not be the landlord or have any interest in the participant's housing.

Service Categories of ICLS

Six service categories of ICLS

- I. Support with activities of daily living (ADLs)
- II. Household management
- III. Health, safety and wellness oversight
- IV. Community living engagement
- V. Adaptive support service, and
- VI. Active cognitive support

ICLS Service Categories

I. ADLs support

- Provide reminders or cuing systems to complete ADLs
- Cue and/or provide intermittent physical assistance with dressing, grooming, eating, toileting, mobility, transferring, and positioning
- Cue and/or provide continual supervision and physical assistance with bathing, as needed

ICLS Service Categories

II. Household Management Assistance

- Assist with cleaning, meal planning and preparation and shopping for household or personal needs
- Assist with budgeting and money management
- Assist with communications, e.g. sorting mail, accessing email, dialing telephone and making appointments
- Provide transportation when integral to ICLS *household management* goals and when community resources and/or informal supports are not available.

ICLS Service Categories

III. Health, Safety and Wellness Oversight

- Identify changes in health needs, with referrals to case manager and/or notification of informal caregivers
- Implement or assist with remediating environmental risks at home
- Provide reminders and assistance with exercises and other wellness and/or health maintenance or improvement activities
- Provide medication assistance, e.g., medication refills, medication reminders, medication administration, medication setups
- Monitor health conditions according to written instructions from a licensed health professional
- Use medical equipment devices, or adaptive aides or technology according to written instructions from a licensed health professional

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ICLS Service Categories

IV. Community Living Engagement

- Help participant access activities, services and resources that facilitate community integration and meaningful participation in the community.
- Assist participant to develop and/or maintain the participant's informal support system
- Facilitate socially valued roles through engagement in relevant activities leading to desired outcomes
- Provide transportation when integral to ICLS *community engagement* goals and when community resources and/or informal supports are not available

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ICLS Service Categories

V. Adaptive Support

- Verbal, visual and/or touch guidance to help a person complete a task
- Development and demonstration of cuing or reminder tools such as calendars and lists
- Show participants how to use assistive technology following written directions of health professionals or manufacturer's instructions to enable participants to function with greater independence.
- Use practice strategies, and similar support methods in the delivery of ICLS services that promote continued self-sufficiency.

ICLS Service Categories

VI. Active cognitive support – This service component may be offered both in-person and remotely.

- Provide cognitive support using accepted practices and/or strategies
- Provide in-person and/or remote check-ins to identify problems and resolve concerns
- Problem-solve concerns related to daily living
- Observe and redirect to address behavioral, orientation or other cognitive concerns
- Provide assurance

Service Planning

- Each participant must be provided a written support plan
- When a person chooses ICLS as a service, the case manager will identify ICLS in the coordinated services and support plan (CSSP) or in the collaborative care plan for EW managed care participants

Service Planning – ICLS Planning Form

- Each case manager or care coordinator will develop an ICLS plan
- The ICLS plan;
 - Describes the frequency and amount of service delivery
 - Provides a description of services to be delivered, specific to the person's needs and preferences, as well as the person's goals
- After the ICLS planning form is completed and signed by the participant and case manager, the case manager must provide a copy to the participant and the ICLS provider.

Non-covered services in ICLS

- Specialized equipment and/or adaptive equipment for remote support; equipment is authorized separately
- Transportation
 - An ICLS provider may enroll as a waiver transportation provider and simultaneously provide ICLS to participants

Non-covered services in ICLS

For ICLS recipients, the following EW and AC services may not be authorized:

- Customized living
- Foster care
- Residential care and
- Consumer directed community support (CDCS).

Provider Requirements

Providers of ICLS must have the capability to provide all 6 service categories. An ICLS provider must be a;

- 245D basic service provider or
- Comprehensive home care providers licensed by the Minnesota Department of Health with a 245D Home and Community-Based Services designation

Questions

Thank you

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