



Missouri Health Care Association

2018
Annual
Education
Sessions

Activity Director Workshop
Alzheimer's Disease/Dementia Care Seminar
Federal Review Course
Social Service Designee
Train the Trainer Series
Online Workshops

MHCA 2018 EDUCATION SESSIONS

General Information

Registration & Payment of Fees

Pre-registration is required for all workshops. Payment/registration must be received by noon the day before the workshop. Company checks or money orders should be made payable to MHCA. Credit card payments are accepted (Visa or MasterCard and American Express with a 3.5% service charge). We do offer a billing option for **MHCA members only**. We do not accept personal checks.

Cancellation and No-Show Policy

Refunds will be issued to registrants who cancel in writing within 48 hours of the workshop. Cancellations received after this time and no shows will be charged the full registration fee. Substitutes are allowed. **Please fax or email your written cancellation to Shauna Frank or Michelle Walters at the MHCA Office (573) 893-5248; shauna@mohealthcare.com or michellew@mohealthcare.com.**

Hotel Accommodations

When making a reservation at any of the hotel locations, please specify you are with the Missouri Health Care Association. Special group rates are based upon availability with a cut-off date one month prior to the start of the workshop. *Sleeping rooms, travel, and meal costs are the responsibility of the attendee.*

Americans with Disabilities Act

In order for MHCA to assure compliance with the Americans with Disabilities Act, we ask anyone with special needs to please notify the MHCA office at least seven (7) days prior to the date of the workshop you will be attending.

MHCA 2018 EDUCATION SESSIONS

General Information

Recommended Attire

Attire for MHCA workshops is business casual and we recommend you bring a jacket or sweater as meeting room temperatures may vary.

Registration Options

Online: www.mohealthcare.com

Mail: 236 Metro Drive
Jefferson City, MO 65109

Fax: (573) 893-5248

Pre-registration is required for all workshops

Questions

MHCA Office: (573) 893-2060

Michelle Walters
Director of Education, Meetings & Events
michellew@mohealthcare.com

Shauna Frank
Education, Meetings & Events Coordinator
shauna@mohealthcare.com

Connect With Us!



MHCA 2018 EDUCATION SESSIONS

Activity Director Workshop

Purpose

Participants in this 36-hour course will learn how to identify the activity needs of residents as well as design programs to maintain and/or increase the residents' capability of activities in daily living. Upon successful completion, attendees will have met the requirements as outlined in the Missouri Department of Health and Senior Services rules and regulations.

Workshop Topics

Long Term Care Resident • Aging Process
Long Term Care System • Role of an Activity Director
Federal and State Regulations • Care Plans
Documentation • Activities • Resident Council
Communication • Budget • Volunteers

Instructor

Patrice Melton - Patrice Melton holds a Bachelor of Science Degree in Commercial Recreation with an emphasis in Therapeutic Recreation from Slippery Rock University of Pa. She became certified as a Therapeutic Recreation Specialist (CTRS) in 1997 and as a Certified Dementia Practitioner (CDP) in 2016. She has been employed at Colonial Springs Healthcare Center in Buffalo, MO since 1986 and has been the coordinator of MHCA District 4 Golden Age Games since 2010.

Certificate of Attendance

In order to receive a certificate, you must attend the entire workshop. Upon successful completion, a certificate will be mailed to the facility or individual that paid for the course. *Certificates cannot be issued until full payment is received.*

MHCA 2018 EDUCATION SESSIONS

Activity Director Workshop Fees

\$225 per person - Members
\$300 per person - Non-Members

Agenda

Schedule will remain the same for both sessions.

Registration (Monday only) 7:45 am - 8:00 am
Workshop (Daily) 8:00 am - 5:00 pm

Dates and Location

July 23 - 26, 2018

Missouri Health Care Association Office
236 Metro Drive
Jefferson City, MO 65109
(573) 893-2060

Hotel Accommodations Available Nearby

Fairfield Inn & Suites by Marriott
3621 Truman Blvd
Jefferson City, MO 65109
(573) 761-0400

Hotel accommodations are the responsibility of the attendee

MHCA 2018 EDUCATION SESSIONS

Alzheimer's Disease / Dementia Care Seminar

Sponsored by the National Council of Certified Dementia Practitioners, this is the required seminar for those pursuing certification who qualify as CDP/Certified Dementia Practitioner or for those who just want to enhance their dementia education.

To see if you qualify for CDP: www.NCCDP.org

Course Goals and Objectives

- To provide fundamental education on dementia and dementia care
- To enhance the quality of life of dementia patients through educating care providers
- Foster sensitivity & respect for the dementia client
- To teach communication techniques
- To provide sensitive approaches for assisting patients with activities of daily living

Participants will:

- Have an understanding of dementia
- Identify common causes of aggressive, repetitive and sun downing behaviors in older adults
- Describe behavioral/care interventions that may be used to prevent, reduce or eliminate difficult care situations
- Describe challenges related to caregiver stress and utilize stress reduction techniques
- Learn alternative activity interventions that are success oriented and failure free
- Receive certificate of attendance in seminar

Instructor

Johnna Lowther - Johnna Lowther is a Certified Alzheimer's Disease and Dementia Trainer, Certified Dementia Practitioner, Certified Assisted Living Home Operator and Certified Activity Director. With almost 20 years of experience working in Assisted Living, Long-Term Care and Skilled Nursing Communities, she is a consultant and health educator with Tutera Senior Living and Healthcare, developing and implementing programs that improve daily living for those battling dementia. In addition to partnering with healthcare staff, she also consults with families in supportive services that meet the unique needs of loved ones who are also on this journey and is published author of *Through the Eyes of Dementia: A Pocket Guide to Caregiving*.

MHCA 2018 EDUCATION SESSIONS

Alzheimer's Disease / Dementia Care Seminar Fees

*\$185 per person

*fee includes the following:

Student notebook

Completion certification

CDP application to submit to NCCDP

Notary available on-site for application notarization

Box lunch

Agenda

Registration is limited to the first 30 attendees

Seminar: 8:00 a.m. - 4:30 p.m.

7.0 Patient Care Hours requested

Dates and Location

April 12, 2018

Must register by April 2, 2018

Missouri Health Care Association Office

236 Metro Drive

Jefferson City, MO 65109

(573) 893-2060

October 24, 2018

Must register by October 15, 2018

Missouri Health Care Association Office

236 Metro Drive

Jefferson City, MO 65109

(573) 893-2060

MHCA 2018 EDUCATION SESSIONS

Federal Review Course for Nursing Home Administrator Examinees

Purpose

The purpose of the Review Course is to help attendees prepare for the nursing home administrator federal licensure exam. Theoretical, philosophical and practical aspects of long term care administration are discussed. The instructor will review sample test questions from the study workbook, which is provided free to all attendees. Study tips will be suggested throughout the workshop, therefore, it is recommended that attendees allow sufficient time to study on their own after attending the review course and before sitting for the exam. Review course materials have been revised and updated to reflect the structure of the current examination. Prior to the workshop, it is essential the attendee understands concepts and principles involved in the long term care industry. *Individuals who intend to take the licensure exam must first apply with the Missouri Board of Nursing Home Administrators (573.751.3511).*

Workshop Topics

- Residential Care Management (Care plans, medical records)
- Personnel Management (Policies and procedures, employment practices)
- Financial Management (Terminology, budgeting, accounting systems)
- Environmental Management (Medicare, Medicaid, fire and safety)
- Governance and Management (Overall policies and procedures, evaluation)

Instructor(s)

Joseph E. Townsend - Joe has taught the Review Course to help prepare people for the NAB exam since 1990. He has taught this course in North Carolina, Florida, Oklahoma, Pennsylvania, Louisiana, Arkansas, Ohio, New Mexico and Missouri.

OR

Mona Dortch, R.N. - Mona is a licensed nursing home administrator and has taught seminars on a variety of long term care topics including mock surveys & Medicare training throughout the U.S.

Recommended Textbook

The book, *Principles of Health Care Administration*, is used as a basis for much of the course material dealing with the federal portion of the exam. Textbooks are available through Professional Printing & Publishing (online at www.ppandp.com) or for purchase from MHCA. A limited number of books will be available for purchase onsite at the workshop.

MHCA 2018 EDUCATION SESSIONS

Federal Review Workshop Fees

\$215 per person - Members

\$300 per person - Non-Members

Pre-payment is required for the Review Course.

Cancellation: If an attendee cancels within 48 hours of the course, a refund will be given less \$50 to cover materials received.

Agenda

Schedule will remain the same for all dates and locations.

Day One

Registration 8:00 am - 8:30 am

Seminar 8:30 am - 5:30 pm

Day Two

Seminar 8:30 am - 4:00 pm

**Lunch will be provided both days*

Dates and Locations

April 9-10, 2018

Courtyard by Marriott - Rate \$119

4341 Veterans Memorial Pkwy, St. Louis, MO 63376

Reservations must be made by March 19, 2018

(636) 477-6900

July 16-17, 2018

Ramada Oasis Hotel - \$99

2546 N. Glenstone, Springfield, MO 65804

Reservations must be made by June 17, 2018

(417) 866-5253

November 5-6, 2018

Embassy Suites Airport - Rate \$139

7640 NW Tiffany Springs Pkwy, Kansas City, MO 64153

Reservations must be made by October 5, 2018

(816) 891-7788

Hotel accommodations are the responsibility of the attendee.

MHCA 2018 EDUCATION SESSIONS

Social Service Designee Workshop

Held in partnership with Missouri Association of Nursing Home Administrators (MANHA)

Purpose

Participants in this 36-hour course will receive training and insight to working in the Social Service department of a long term care facility. This course will discuss the philosophy of long term care, the settings in which a Social Service Designee works and the demographics of the people they serve. Students will learn the aging process, the performance skills of the Social Service Designee and understand the role and function of this position. Upon successful completion, attendees will have met the requirements as outlined in the Missouri Department of Health and Senior Services rules and regulations.

Workshop Topics

Social Service Related Regulations • Admission Process • Assessment Documentation • MDS/CAAs • Care Planning • Resident Rights Abuse Prevention • Survey and Survey Process • Discharge Planning Effects of Aging • Disease Processes • End of Life Pain Management

Instructor

Jodii Hinton - has worked in long term care for 25 years. She currently works at The Baptist Home in Ozark as the Director of Social Services and Activities. She was with Parkview Healthcare Facility as the Director of Social Services for 23 years. She has a MSW, BSW, BS and AA degree. Jodii has been an adjunct professor at Southwest Baptist University (SBU) in Bolivar teaching Gerontology and Death & Dying as well as a field instructor for BSW students from SBU. She helped train the new Social Service Directors for her previous employer and was the LTC representative for her organization's Ethics Committee for 23 years.

Certificate of Attendance

In order to receive a certificate, you must attend the entire workshop. Upon successful completion, a certificate will be mailed to the facility or individual that paid for the course. *Certificates cannot be issued until full payment is received.*

MHCA 2018 EDUCATION SESSIONS

Social Service Designee Workshop Fees

\$225 per person

Agenda

Schedule will remain the same for both sessions.

Registration (Monday only)	7:45 am - 8:00 am
Workshop (Daily)	8:00 am - 5:00 pm

Dates and Location

May 21 - 24, 2018

Missouri Health Care Association Office
236 Metro Drive, Jefferson City, MO 65109
(573) 893-2060

Hotel Accommodations Available Nearby

Fairfield Inn & Suites by Marriott
3621 Truman Blvd, Jefferson City, MO 65109
(573) 761-0400

Hotel accommodations are the responsibility of the attendee.

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series

(Held in Partnership with MANHA)

CNA Instructor / State Examiner Workshop

Purpose & Objectives for CNA Instructor

This State-required and Missouri Department of Health and Senior Services-approved workshop is designed to prepare RNs to instruct nursing assistant students for long term care facilities.

Upon completion, the attendee will be able to:

1. Identify Missouri Department of Health and Senior Services requirements and regulations for the Nursing Assistant training
2. Develop skills in principles of adult education and counseling for adult learning techniques
3. Utilize appropriate testing methods
4. Determine appropriate curriculum
5. List requirements of examination and certification process
6. Increase stand up skills
7. Share experiences and ideas with other RN Instructors to increase effectiveness in training

Criteria for a CNA Instructor

1. Registered Professional Nurse currently licensed in the State of Missouri
2. Two (2) years of nursing experience and at least one (1) year of experience in a long term care facility in the last five (5) years

Instructions for Application - CNA Instructor

1. The applicant must first send a copy of their current resume, current license renewal card and their social security number to the Missouri Department of Health and Senior Services. (Mail to: P.O. Box 570, Jefferson City, MO 65102, Attn: Hellen Adrian, or Fax: 573-526-7656)
2. A letter shall be provided by the Department of Health and Senior Services to the applicant indicating the status of the applicant's qualifications
3. Submit a copy of this approval letter from the Department of Health and Senior Services with the workshop registration to Missouri Health Care Association

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series (continued)

(Held in Partnership with MANHA)

CNA Instructor / State Examiner Workshop

Purpose & Objectives for State Examiner

For those CNA Instructors who wish to become State Examiners, this workshop will complete the Missouri requirements.

Upon completion, the attendee will be able to:

1. Identify Missouri Department of Health and Senior Services requirements and regulations for nursing assistant training
2. Utilize appropriate testing methods
3. Sign an agreement with the State of Missouri to become a State Examiner (agreement signed at completion of workshop)

Criteria for State Examiner

1. Registered Professional Nurse currently licensed in the State of Missouri
2. Shall have taught a similar course or be qualified to teach similar course
3. Shall be approved by the Missouri Department of Health and Senior Services to administer final examination of the state-approved nursing assistant training curriculum and shall have signed an agreement with the Missouri Department of Health and Senior Services to protect and keep secure the final examinations (agreement signed at completion of workshop)

Trainer for CNA Instructor / Examiner

Shellie Goodin, RN - Shellie has practiced nursing since 1994. She graduated from the University of Missouri Columbia and has worked in the areas of long term care, rehabilitation, surgical, dialysis, and obstetrics. She is a full-time instructor for Nichols Career Center in Jefferson City, Missouri, teaching in both the LPN and Health Occupations program for the last 16 years. Currently, she is continuing her education in a MSN Program for Nursing Education. She lives in Jefferson City with her husband and children.

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series (continued)

(Held in Partnership with MANHA)

CNA Instructor / State Examiner Workshop

Certificate of Attendance

In order to receive a certificate, you must attend the entire workshop. Upon successful completion, a certificate will be mailed to the facility or individual that paid for the course. *Certificates cannot be issued until full payment is received.*

Date and Times

June 20, 2018

Registration 8:15am - 8:30am
Workshop 8:30am - 4:30pm

Location

Missouri Health Care Association
236 Metro Drive, Jefferson City, MO 65109
(573) 893-2060

Hotel Accommodations Available Nearby

Fairfield Inn & Suites by Marriott
3621 Truman Blvd, Jefferson City, MO 65109
(573) 761-0400

Hotel accommodations are the responsibility of the attendee.

Train the Trainer Series - CNA Instructor / Examiner Fees

\$125 per person

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series (continued)

(Held in Partnership with MANHA)

CMT Instructor Workshop

Purpose & Objectives

This state-required and Missouri Department of Health and Senior Services-approved workshop is designed to prepare RNs to instruct Medication Technician students for long term care facilities in Missouri.

Upon completion, the attendee will be able to:

1. Identify Missouri Department of Health and Senior Services and Department of Elementary and Secondary Education requirements and regulations for the Medication Technician training
2. Utilize appropriate testing methods
3. Determine appropriate curriculum
4. List requirements of examination and registration process

Criteria for CMT Instructor

1. Currently licensed to practice as a Registered Nurse in the State of Missouri with at least two (2) years experience
2. Shall meet state certification requirements
3. Hold a current teaching certificate from the Department of Elementary & Secondary Education, Division of Career & Adult Education
4. Be responsible to a sponsoring education agency: area vocational school, comprehensive high school, community or junior college

Train the Trainer Instructor

Susan Callison, RN (*CMT Instructor*) - Susan started her career as a CNA, continuing her education to become a Registered Nurse. During her time in nursing school she worked in both long term care and acute care facilities, giving her additional experience in the industry. Susan has been employed the past 25 years at SSM Healthcare where her duties include patient care, charge nurse responsibilities, education coordinator and more.

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series (continued)

(Held in Partnership with MANHA)

CMT Instructor Workshop

Certificate of Attendance

In order to receive a certificate, you must attend the entire workshop. Upon successful completion, a certificate will be mailed to the facility or individual that paid for the course. *Certificates cannot be issued until full payment is received.*

Date and Times

June 19, 2018

Registration 8:15am - 8:30am

Workshop 8:30am - 4:00pm

Location

Missouri Health Care Association
236 Metro Drive, Jefferson City, MO 65109
(573) 893-2060

Hotel Accommodations Available Nearby

Fairfield Inn & Suites by Marriott
3621 Truman Blvd, Jefferson City, MO 65109
(573) 761-0400

Hotel accommodations are the responsibility of the attendee.

Train the Trainer Series - CMT Instructor Fees

\$65 per person

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series (continued)

(Held in Partnership with MANHA)

Clinical Supervisor Workshop

Please note, if you are a Certified CNA Instructor, you are **not** required to take the Clinical Supervisor Training.

Purpose & Objectives

This State-required and Missouri Department of Health and Senior Services-approved workshop is designed to prepare registered and licensed nurses to supervise nurse assistant students during their required on-the-job experience.

Upon completion, participants will be able to:

1. Identify Missouri Department of Health and Senior Services requirements and regulations for nurse assistant training
2. Develop skills in working with adult learners
3. Utilize appropriate methods in assigning and coaching adult learners
4. Determine standards of performance in evaluating clinical skills
5. Share experiences and solutions during clinical supervision

Criteria for a Clinical Supervisor

1. Registered professional nurse or licensed practical nurse currently licensed in Missouri or have a temporary permit from Missouri State Board of Nursing
2. Currently employed by the facility where the students are performing their duties or by the agency conducting the course
3. Shall be on facility premises in which the students are performing their duties while the students are completing on-the-job training and shall directly assist students in their training and observe their skills when checking competencies
4. The clinical supervisor shall have at least one (1) year of experience in long term care if not currently employed by a long term care facility

Certificate of Attendance

In order to receive a certificate, you must attend the entire workshop. Upon successful completion, a certificate will be mailed to the facility or individual that paid for the course. *Certificates cannot be issued until full payment is received.*

MHCA 2018 EDUCATION SESSIONS

Train the Trainer Series (continued)

(Held in Partnership with MANHA)

Clinical Supervisor Workshop

Train the Trainer Instructor

Shellie Goodin, RN - Shellie has practiced nursing since 1994. She graduated from the University of Missouri Columbia and has worked in the areas of long term care, rehabilitation, surgical, dialysis, and obstetrics. She is a full-time instructor for Nichols Career Center in Jefferson City, Missouri, teaching in both the LPN and Health Occupations program for the last 16 years. Currently, she is continuing her education in a MSN Program for Nursing Education. She lives in Jefferson City with her husband and children.

Date and Times

June 18, 2018

Registration 8:15am - 8:30am

Workshop 8:30am - 4:00pm

Location

Missouri Health Care Association
236 Metro Drive, Jefferson City, MO 65109
(573) 893-2060

Hotel Accommodations Available Nearby

Fairfield Inn & Suites by Marriott
3621 Truman Blvd, Jefferson City, MO 65109
(573) 761-0400

Hotel accommodations are the responsibility of the attendee.

Train the Trainer Series - Clinical Supervisor Fees

\$65 per person

MHCA 2018 EDUCATION SESSIONS

Online Workshops

The following workshops and courses are available online!

You must have a computer with internet access to participate in these courses. A valid email address is required. You may register online at the provided websites and pre-payment is required.

Activity Director Workshop

Please visit the following website for more information and to register:

<http://www.mohealthcare.com/OnlineAD>

Social Service Designee Workshop

Please visit the following website for more information and to register:

<http://www.mohealthcare.com/OnlineSSD>

Course Dates For Both

01/09/18 through 02/06/18

02/06/18 through 03/06/18

03/06/18 through 04/03/18

04/03/18 through 05/01/18

05/01/18 through 05/29/18

06/05/18 through 07/03/18

07/03/18 through 07/31/18

08/07/18 through 09/04/18

09/04/18 through 10/02/18

10/02/18 through 10/30/18

11/06/18 through 12/04/18

12/04/18 through 01/08/19

MHCA 2018 EDUCATION SESSIONS

Online Workshops

MHCA is proud to partner with Staff Development Solutions to provide you with the following online workshops. Visit our website at <http://www.mohealthcare.com/SDS> to register!

Train the Trainer Series

- Certified Nurse Instructor
 - State Examiner
- Medication Technician
- Clinical Supervisor

Certified Nurse Assistant Certification Course

Level One Medication Aide Certification Course

Restorative Aide Certification Course

Feeding Assistant Course

Assisted Living Facility Assessor Course

CNA Staff Development Course

Administrator Exam Review Course