

TO: MHCA Members

FROM: Michelle Walters, Director of Education, Meetings, & Events
Tina Struempf, Certifications Coordinator

SUBJECT: Annual Essay Contest

DATE: March 12, 2019

Your residents are a part of living history. Their wisdom, love, and strength make your job unique. Every day you see smiling faces, warm hearts, and loving eyes through your wonderful residents. In many ways, as you care for these wonderful people, the experiences you receive can change your life for the better. Put your thoughts and feelings on paper by composing an essay on:

“How Helping Our Residents Has Helped Me!”

A 1st, 2nd and 3rd place winner will be selected through a panel of judges. The 1st place winner will receive a plaque and recognition during the Opening General Session & Awards Presentation at MHCA’s 71st Annual Convention held August 25 in Branson, MO! This is a terrific opportunity for your employees to express the love, pleasure, and enjoyment they receive from working at a long-term care facility. Please review the required criteria listed below:

1. Essay must be written on *“How Helping Our Residents Has Helped Me!”*
2. We recommend the essay be no more than 1,000 words. All essays must be typed.
3. Must be received by MHCA no later than **June 7, 2019.**
4. Essays will be judged on originality, creativity, context and grammar, the expression of your feelings for the residents, the nursing facility, and your job.
5. Include your position in the nursing facility and how long you have been employed.
6. Include a separate participant entry form for each essay submitted.
7. Must be an employee of a Missouri Health Care Association member facility.

Enclosed is information regarding the essay contest that you can display in your facility.

Remember to submit this information no later than **June 7, 2019.** If you have any additional questions please contact Tina Struempf at the MHCA office, 573-893-2060 or tina@mohealthcare.com,

2019 ESSAY CONTEST

“How Helping Our Residents Has Helped Me!”

This is a great opportunity to express the joy, love, and laughter one receives from working in a nursing facility. Every day you see smiling faces, warm hearts, and loving eyes through your wonderful residents. In many ways, as you care for these wonderful people, the experiences you receive can change your life for the better. Put your thoughts and feelings on paper by composing an essay and tell our judges why you love caring for the residents!

June 7, 2019 is the deadline to submit your essay to the Missouri Health Care Association.

The winner will receive a plaque and recognition during the Opening General Session on August 26 at the MHCA Annual Convention in Branson, MO.

Type your essay and send it in NOW!

All essays are judged on creativity, originality, content and grammar, and the expression of feelings for your residents, the nursing facility and your job. Essays must be typed; include a participant entry form; be received by June 7, 2019; and a maximum length of 1,000 words to be considered.

Please submit all entries to:
MHCA | Attn: Tina Struempf
236 Metro Drive | Jefferson City, MO 65109
Or via email at: tina@mohealthcare.com

**MISSOURI HEALTH CARE ASSOCIATION
2019 ESSAY CONTEST
“How Helping Our Residents Has Helped Me!”
PARTICIPANT ENTRY FORM**

PARTICIPANT NAME:

TITLE:

LENGTH OF TIME EMPLOYED:

FACILITY NAME

ADDRESS

CITY/STATE/ZIP

TELEPHONE

EMAIL

CONTACT NAME AND PHONE NUMBER (if different from participant)

PLEASE TYPE YOUR ESSAY

Essays must be submitted by June 7, 2019 to:

**MHCA
Attn: Tina Struempf
tina@mohealthcare.com
236 Metro Drive
Jefferson City, MO 65109
Fax: 573-893-5248**