

Missouri
Physical
Therapy
Association, Inc.



Eastern District

205 E. Capitol, Suite 100
Jefferson City, MO 65101

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www.mopt.org



EASTERN DISTRICT

May 2016 Newsletter

Missouri Physical Therapy Association

Delegate Meeting

Presented by

Ryan Duncan

Tuesday, May 10, 2016

6:30 pm Social & Light Meal

7:00 Presentation

St. Louis Community College
11333 Big Bend Blvd
Kirkwood, MO 63122

(Meeting will be in the PTA department in the Applied Science Building. Use parking lot off of Couch and look for signs as you enter campus)

1 Contact Hour

Cost: FREE for APTA Members

\$15 for non-members

Course Objectives

Upon completion of this course, participants will be able to:

1. List the issues/themes that appear to be predominant among the motions being presented to this year's APTA House of Delegates.
2. State how the presented motions affect physical therapy practice in general and in their individual setting
3. Discuss the pros and cons of motions relevant to physical therapy practice
4. Discuss with the delegates their position on the motions discussed, so the views of the EDMPTA are known by the delegates
5. Identify the candidates for the upcoming APTA election and provide relevant feedback about the candidates in order to inform the delegates prior to the election.

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EDMPTA Member Meeting Minutes

March 8, 2016

Shriners Hospitals for Children, 4400 Clayton Rd, St. Louis , MO

Meeting start 7:10 p.m.

Ryan Duncan (Chair) presented the following information:

Winter Board Meeting (February 23, 2016) – Jefferson City, MO

Thank you to Donna Griffin and Shriners Hospital for hosting tonight’s meeting. Lobby Day – 250 PTs, PTAs, SPTs visited the capitol – Thank you for attending! Contract with Bardgett and Associates in place for lobbying and executive director for the next 4 years.

Bylaw amendment: PTA vote from ½ to full vote to come forward at Spring Conference held in KC, MO.

MPTA partnered with Medbridge Ed for continuing education – go to mopt.org for more information

Budget – continue to deficit spend as membership declines and expenses rise.

Nominating Committee – 2016 elections

- President Elect
- Treasurer
- PTA Delegate
- Director
- Nominating Committee member

MPTA Spring Conference – Rockhurst University in KC April 15-17. CSM style programming – listings available on mopt.org

MPTA 2016 Fall Conference – October 8, University of Missouri Columbia

MPTA 2017 Spring Conference – Westport Sheraton St. Louis (April 7-9)

Reminder to submit Orthonet survey by March 15. We need feedback to determine how we should proceed with issues related to Orthonet utilization management.

Nominating Committee: (Carol Beckel) Currently looking for nominees for the following positions:

- Vice Chair, Recording Secretary, Nominating Committee
- Appointed positions open: Practice Chair, Programming Co-Chair

Next meeting will be the Delegate Report by yours truly. Will be at STLCC on May 10. Dinner at 6:30 with the meeting at 7. Please come to hear what issues will be presented this year at APTA HOD. Also we will recognize outgoing board members and thank them for their service.

THANK YOU

To Kelsey Bock and Judy Gelber, for your years of service on the EDMPTA Board of Directors!

Minutes continued from page 2...

Chris Marsh (Government Affairs) presented the following:

POPTS: 2 bills presented -House bill 2347 -- Senate bill 1019:

An orthopedic group hired a lobbyist to attempt to roll back the law on the books related to physician owned PT facility

Anticipate hearing on the subject

Licensure compact bill: House 2328 allows to be licensed in state of residence; practice in other states in which compact approved

passed out of committee

next step to the General Laws

Committee to check legality

ATC bill: House bill 2375- Senate bill 1017

expands athletic trainers act. NA-

TA wants to change practice

act from ability to treat

"athlete" to "individual" under

physician referral and bill 3rd

party insurers

Bill is stalled in Committee; do not anticipate hearing

New Business: none presented

Speaker Introduction

Donna Griffin: "Finding the Right Tool for the Job: Modification of an existing assessment tool to evaluate gait impairments and change"

Tour of the Rehabilitation area provided following the presentation

Meeting adjourned

Meeting minutes respectfully submitted,

Donna Griffin, Recording Secretary, 3/16/16

CONGRATULATIONS

To our newest EDMPTA Board of Directors members

*Ashley McFadden,
Programming Co-Chair*

&

Natalie Runge, Practice Chair

SAVE THE DATE!

*2nd Annual St. Louis Area
Concussion Symposium*

May 20, 2016 (see p. 4)

*MPTA 2016 Fall Conference
October 8, University of Mis-
souri Columbia*

*MPTA 2017 Spring Conference
April 7-8, Westport Sheraton
St. Louis*

EDMPTA Board Candidate Bios

Elections will be held at May 10, 2016 Membership Meeting

Vice-Chairperson (election of 1 candidate)

Tyler Forbes PT, DPT, OCS: I received my Doctorate of Physical Therapy from Maryville University in 2011 and became a Certified Board Specialist in Orthopedics from the APTA in 2014. I have been working for SSM Physical Therapy for the past 4 years in the St. Charles Community. With SSM, I have been involved with and helped run many of our community events, including the MO Cowbell Marathon and weekend events. SSM Physical Therapy has also offered me the opportunity to be a member of our Sports Committee, running our soccer program for the past 2 years. Professionally, I have been a member of the APTA since 2010, both as a student and full member. Promotion of the field and growing our presence in the healthcare field is very important to me, having previously advocated the profession during Lobby Day's in Jefferson City. I hope to have your support as I continue to try to help grow and promote the profession by taking on new challenges as Vice Chair of the Eastern District MPTA.

Kelsi Hanscom, PT, DPT: Kelsie grew up in the foothills of Maine and attended college in Bangor, ME. While at Husson University, she received her Bachelor's of Science in Kinesiology in 2011 and her Doctorate in Physical Therapy in 2013. She specializes in vestibular rehabilitation, women's health therapy and concussions. She is SSM's Concussion Program Manager. Kelsie enjoys taking continuing education classes to further her education to provide optimal patient care. In her free time, she enjoys spending time with her fiancé and two Airedale Terriers, Zeus and Rosie in the great outdoors and exploring the greater St. Louis Area.

Recording Secretary (election of 1 candidate)

Stephanie Prinster PT, DPT, GCS: I am excited to be running for the Eastern District MPTA corresponding secretary position. I graduated in 2011 with my DPT from Maryville University and in 2015 I completed my clinical specialist in geriatrics. I am member of the Academy of Geriatrics and have been a member of the MPTA since 2008. I am a staff therapist and clinical instructor at Villages of St Peters- NHC. Since completing my GCS I have also been developing and presenting CEU courses at the MPTA meeting and through NHC. From 2011-2013 my husband and I were the chairs of the Central St Charles Relay For Life. As a chair I assisted with developing newsletters and different programs for Relay For Life. I feel I would be a good fit for the corresponding secretary position and I would bring a different perspective to the board.

Nominating Committee (election of 1 candidate)

Joel Dougherty PT, DPT: Joel is a 2011 graduate of Maryville University with a DPT. He has worked with SSM Physical therapy for over 4 years now and is the clinic manager at the SSM Physical Therapy location in St. Peters Missouri. Joel received a CSMT certification from the International Spine and Pain Institute in the summer of 2015. He resides in Saint Louis, Missouri and is a passionate Saint Louis sports fan, enjoys exercise, and is excited about the EDMPTA.

2nd Annual St. Louis Area Concussion Symposium



Friday,
May 20th, 2016



REGISTRATION IS NOW OPEN!

Participants of this symposium should be able to improve their basic knowledge of concussion management and challenge them on how to manage more complex patients. They should be able to understand the current evidence and research that is available and improve their practices when managing these patients. These clinicians should be able to manage a complex concussion patient and understand when a multidisciplinary approach is necessary for these patients. These professionals should have a better understanding of resources available in the area to manage patients with concussions successfully.

Target Audience: Athletic Trainers, Physical Therapists, School Nurses, Primary Care Physicians, Emergency Room Physicians, Neurologists, Psychologists

When:

Friday, May 20, 2016 7:15am

Where:

St. Louis University
Salus Center, Auditorium Rm. #1411
3545 Lafayette Ave.
St. Louis, MO

FOR ADDITIONAL COURSE DETAILS, INCLUDING COURSE OBJECTIVES AND AGENDA, AND TO REGISTER, USE LINK BELOW:

<https://slu.cloud-cme.com/Ap2.aspx?EID=7178&P=5>

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EDMPTA Board of Directors

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Ryan Duncan
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Vice-Chair:

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Programming Committee:

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