“The Delegate Report”

Presented by
Ryan Duncan, P.T., DPT

Tuesday, May 9, 2017

6:30 pm Social & QCDR Ed
7:00 Presentation

St Louis Community College-Meramec
11333 Big Bend Blvd
St Louis, MO 63122
ROOM AS 164
(enter college parking lot off of Couch, look for signs as you enter campus)

03. Combining Education Unit
1 Contact Hour
Cost: FREE for APTA Members
$10 per non-members

Course Objectives: Upon completion of this presentation, the participant will be able to:
1. List the issues/topics that appear to be predominant among the motions being presented to this year’s APTA House of Delegates.
2. State how the presented motions affect physical therapy practice in general and in their individual setting.
3. Discuss the pros and cons of motions relevant to physical therapy practice
4. Discuss with the delegates their position on the motions discussed, so the views of the EDMPTA are known by the delegates
5. Identify the candidates for the upcoming APTA election and provide relevant feedback about the candidates in order to inform the delegates prior to the election.
Meeting Minutes from March 14, 2017

Ryan Duncan (Chair)

MPTA Winter BOD Meeting Update

Lobby Day – more than 300 attendees in Jefferson City
Reported to have made a nice impact, need to continue communication with state legislature

Spring Meeting – April 7-9 at Westport Sheraton in STL
Concurrent sessions (CSM style format)
Business meeting/Elections now occurring at breakfast
Keynote address by Brian Gallagher

Nominating Committee:
Vice President (Mike Gorman slated)
Chief Delegate (Ryan Duncan slated)
Director (Greg Holtzman slated)
Director (none slated as of yet)
Nominating Committee (Chase Miller slated)

2017 MPTA Budget – all districts are asked to consider ways to cut expenses and increase income

Current EDMPTA initiative: Refreshments vs meals for member meetings

#ChoosePT campaign has been successful thus far – more than 3 million views on MoveFowardPT.com
Target pt/consumers prescribed Opioids with campaign to “choose PT” prior to opioid use
Increase from 1 million to 3 million views in last year

PT PAC of MO event at St. Louis Cardinals Game - $500 per person, all-inclusive ticket in suite
Consider fundraising to gain the $500 fee for attendance

APTA working on projects to help with student debt
Find ways to partner with lending organizations to get reduced interest rate on loans if APTA member; no formal agreement yet

Bill Hopfinger (Legislative Affairs)

HB 157 and HB 429 were assigned to the House Committee on Professional Registration
SB 317 was assigned to the Senate Committee on Professional Registration
With term limits, there has been a decrease this year in the leadership representation of the House from the St. Louis area; however, numerous PT’s from rural areas such as Poplar Bluff, West Plaines and Houston, MO are involved and working with Legislators from their areas that are in leadership positions

March 1st last day to present a bill
March 12th is the last day of the legislative session

Carol Beckel/Joel Dougherty (Nominating Committee)

Carol provided update on May elections include:
Nominees for treasurer and recording secretary have been slated
Need nominee for chair

Ashley McFadden (Programming)
Update on future programming ideas

EDMPTA Member Meeting-

Location: Maryville University, Walker Building room 353
Speaker Jack Bennett (faculty member at Maryville University)
Topic: “Physical conditioning of the competitive athlete”
6:30pm for social and snacks; 7pm presentation

Brett Stuppy (Student Liaison)

Student session prior to the EDMPTA meeting at Maryville
Start time 5:30 p.m.
Speaker: Will Butler, physical therapist and representative from Northwestern Mutual from Columbus, Ohio to discuss repay student loans

Thank you to SSM for sponsoring the Event!!!

Respectfully submitted Donna Griffin: 3/14/2017
May 9, 2017 Election Candidates

Chairman (2 year term: 2017 to 2019)
Joel Dougherty PT, DPT: Joel is a 2011 graduate of Maryville University with a DPT. He has worked with SSM Physical therapy for over 4 years now and is the clinic manager at the SSM Physical Therapy location in St. Peters Missouri. Joel received a CSMT certification from the International Spine and Pain Institute in the summer of 2015. He currently serves as a member on the Nominating Committee for the EDMPTA. He resides in Saint Louis, Missouri and is a passionate Saint Louis sports fan, enjoys exercise, and is excited about the EDMPTA.

Recording Secretary (2 year term: 2017 to 2019)
Kelsie Murek; Kelsie received her Doctorate of Physical Therapy from Husson University in Bangor, ME in 2013. She has been working with SSM Physical Therapy for over 3 years. She is the concussion and vestibular program manager and has a passion for treating this patient population. She is a lab assistant at St. Louis University and teaches continuing education courses for concussion and vestibular rehabilitation. She received her Certificate in Vestibular Rehabilitation from the APTA in 2016 at Emory University. She has been a member of the APTA since 2011 and was an actively engaged with the Maine APTA and is looking forward to getting more involved potentially in a new role with the EDMPTA as the Recording Secretary.

Treasurer (2 year term: 2017 to 2019)
Jaimie Bauerlein: As a graduate of Washington University in St. Louis in May of 2014, Jaimie has had numerous experiences in general outpatient orthopedics, private practice outpatient pediatrics, and inpatient pediatric acute care. She now works full-time as an outpatient physical therapist at the Children’s Specialty Care Center seeing a variety of patients with sports orthopedics, neurological and neurodevelopmental diagnosis. She works closely with the Washington University Orthopedics doctors providing clinic consults for youth sports athletes. Jaimie is active outside of her work, spending time running adaptive swim, basketball and dance classes throughout the school year with the Carol and Paul Hatfield Cerebral Palsy Sports Center. In the summer, she remains involved with Camp Independence, an adaptive sports camp for children with Cerebral Palsy. She is also on the planning committee for the Tri My Best Triathlon, an adaptive triathlon for school-aged children with motor disabilities. Jaimie has also returned to Washington University to lab assist for a variety of courses for first through third year students. She serves as a clinical instructor and is an APTA certified clinical Instructor. In her free time, Jaimie enjoys spending time with her yellow lab as well as hiking, running and traveling to Chicagoland to visits her family.
Stay up to date with the EDMPTA including finding out information about upcoming events on our Facebook Page: Eastern District Missouri Physical Therapy Association

APTA is making an aggressive push to get to 100,000 members, with staff leading wide ranging efforts that include phone calls, hand-written letters, targeted emails, area clinic visits, PT and PTA program visits, and more.

As part of the campaign, APTA is offering incentives for anyone who joins or renews between April 1 and May 31, including free registration to NEXT or National Student Conclave (NSC), plus entry in a drawing to win a $100 gift card (100 to be given away). Incentive details can be found on the #APTA100K Campaign landing page.

Join in the APTA Action Group in your phones app store for up-to-date information on current legislative issues:
Upcoming Events:

Greater St. Louis
June 10, 2017
Maryville University
650 Maryville University Dr
Town & Country, MO 63141
Check-in: 10:00 am
Walk: 11:15 am
Register online today!
slapda.org/walk

What is an Optimism Walk?
• A fun-filled fundraising event!
• A short non-competitive walk with family-friendly activities!

Why Walk?
• Every nine minutes someone is diagnosed with Parkinson’s disease.
• Funds raised provide local support, education and research.
• The more funds we raise, the more people we can help.

Walk with us and help put an end to Parkinson’s disease!

Register to get a free Optimism Walk T-shirt!
Congratulations to Monica Lee from Maryville University for receiving the Outstanding Missouri PT Student Award at the MPTA Meeting.

Congratulations to Dr. Marcie Harris Hayes from Washington University for receiving the Outstanding MPTA Service Award at the MPTA Meeting.
Hip Pain Study

Enrolling participants now!

The purpose of our study is to compare two types of physical therapy to treat hip pain.

You qualify for the study if you:
✓ Are between the ages of 15 and 40
✓ Have had hip pain for at least 3 months

Participation includes:
✓ Physical exam and movement analysis
✓ MRI of hips
✓ Monetary compensation as you complete each stage of the study (up to $220)
✓ 10 sessions of physical therapy treatment at no cost to you

Principal Investigator:
Marcie Harris-Hayes, PT, DPT, MSCI
Associate Professor,
Physical Therapy and Orthopedic Surgery

For more info: 314-286-1478
Email: mjhessler@wustl.edu
Upcoming Meetings:

May 9, 2017: St Louis Community College– Meramac

11333 Big Bend Blvd
St. Louis, MO 63122
ROOM AS 104

Please email Stephanie Prinster with ideas or suggestions for upcoming newsletters!
stephanieprinster@gmail.com

Are you interested in hosting an Eastern District Meeting? If so please contact Christine Cohoon or Ashley McFadden

EDMPTA Board of Directors

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• Corresponding Secretary
  • Stephanie Prinster (stephanieprinster@gmail.com)

• Recording Secretary
  • Donna Griffin (dgriffin@shrinenet.org)