Next Meeting:

“The Delegate Report”

Presented by
Ronan Duncan, PT, DPT

Tuesday, May 8, 2018

6:30 pm Social & Q&A
7:00 Presentation

St. Louis Community College-Meramec
11333 Big Bend Blvd
St. Louis, MO 63141
ROOM AS 104

Course Objectives: Upon completion of this presentation, the participants will be able to:
1. List the issues/themes that appear to be predominant among the motions being presented to the district APTA House of Delegates
2. State how the presented motions affect physical therapy practice in general and in their individual setting
3. Discuss the pros and cons of motions relevant to physical therapy practice
4. Discuss with the delegates their position on the motions discussed, so the views of the Missouri PTAs are known by the delegates
5. Identify the candidates for the upcoming APTA election and provide relevant feedback about the candidates in order to inform the delegates prior to the election.
3/13/18 EDMPTA Meeting Minutes

Joel Dougerty—EDMPTA Chair gave update on community events to promote the PT-PAC, continuing education courses that will benefit the PT-PAC.


Kelsie Murek—“What are we not seeing in Concussion Rehabilitation” presentation for CEUs.
May 8, 2018 EDMPTA Elections

Please submit your name as candidate by APRIL 30th to the Nominating Committee – Carol Beckel (carol.beckel@health.slu.edu) Ben Dons (Benjamin.dons@gmail.com), or Barb Yemm (barb.yemm@health.slu.edu).

Vice-Chairman (2-year term: 2018 to 2020)

The vice-chairman shall serve as assistant to the representative of the chairman in any of his official duties. He shall assume the duties of the chairman in his absence. He shall be responsible for maintenance of the official procedure manual and represent all special interest groups of the District to the Board of Directors. In the event of resignation, death or vacancy of the position of the chairman for any reason, the vice-chairman shall assume the position of chairman.

Corresponding Secretary (2-year term: 2018 to 2020)

The corresponding secretary shall maintain a current membership roster; shall send out proper notices of all called meetings and other meetings when necessary; and shall conduct the correspondence of the District as requested.

Nominating Committee (3-year term: 2018 to 2021)

The purpose of the Nominating Committee is to prepare a slate of candidates for the Board of Directors of the Eastern District of the MPTA. The Nominating Committee shall consist of three elected members, one member to be elected each year for a term of three years. Each member will serve as the Chairman of the Committee during the final year of his/her term. The general duties include:

1. Meet at least three month prior to an election
2. Solicit nominations and prepare a slate of candidates for offices on the Board of Directors.
3. Acquire consent from the nominees to run for office.
4. Confirm each candidate’s eligibility by ensuring his/her license is in good standing, and that he/she has been an APTA and MPTA member for at least one year.

Appointment Position

Public Relations Chair – appointment

Public Relations is a standing committee under the EDMPTA Board. The chair of this committee is responsible for recruiting members interested in promoting the activities of the EDMPTA as well as events sponsored by the MPTA. This includes updating any social media outlets on EDMPTA and MPTA activities.

POSITIONS NEED TO BE FILLED, IF YOU ARE INTERESTED OR WANT MORE INFORMATION PLEASE CONTACT THE NOMINATING COMMITTEE!!
Steven J. Rose
Lectureship in Movement Science

Samuel R. Ward, PT, PhD
Professor
Departments of Radiology, Orthopaedic Surgery and Bioengineering
University of California San Diego

Tuesday, April 24, 2018
12:00 pm - 1:00 pm
4444 Forest Park Ave, Room 1235

“Human Skeletal Muscle Design and Plasticity”

Dr. Ward is a leader in the field of skeletal muscle research, Vice-Chairman of Orthopaedic Research at UCSD and winner of numerous career achievement awards. Dr. Ward’s research focuses on defining structural features of human muscle that predict function and understanding chronic maladaptation of these relationships in disease.

Sponsored by:
The Program in Physical Therapy
pt.wustl.edu
Saint Louis University Department of Physical Therapy and Athletic Training

Perspectives in the Management of Foot & Ankle Pathology

Featuring Jay Hertel, PhD, ATC, FACSM, FNATA

Saturday 8:30 am – 12:30 pm
April 21, 2018

Interventions for foot & ankle pathology evolve over time. Keeping current with the latest techniques is sometimes difficult. What works? Does it work for everyone? How can I select the best intervention for my patient? Join colleagues at this 4 hour continuing education program addressing chronic and acute foot & ankle pathology.

- Impairment-Based Rehabilitation for Lateral Ankle Instability – Jay Hertel, PhD, ATC FACSM, FNATA
- The Foot Core: Clinical Importance of the Intrinsic Foot Muscles – Jay Hertel, PhD, ATC FACSM, FNATA
- Selecting the Right PRO for Your Practice - Randy Richter, PT, PhD
- Management of Posterior Tibial Tendon Dysfunction - Ann Hayes, PT, DPT, MHS, OCS
- The Role of Muscle Imbalance in MTSS – Soft Tissue - Kitty Newsham, PhD, ATC

Saint Louis University, Dept. of PT & Athletic Training (BOC AP# P3877) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 4 EBP Category hours/CEUs.

Physical Therapy: Saint Louis University School of Medicine Continuing Education Program is a continuing education sponsor for the State of Illinois to provide Physical Therapy and Occupation Therapy CE courses. State of Illinois Physical Therapy Continuing Education Sponsor License # 216-000085
Expiration Date: 09/30/2018 CE Contact hours: 4.0

Location:
Saint Louis University
Medical Center Campus
Allied Health Building
Auditorium
Garage & street parking options available

Educational Objectives:
Upon completion of this program, a participant will be able to:
- Explain the impairment-based rehabilitation framework relative to lateral ankle instability
- Develop rehabilitation progressions for intrinsic foot muscles.
- Describe effective intervention for Posterior Tibial Tendon Dysfunction
- Explain the role of muscle balance in management of MTSS-soft tissue
- Identify appropriate patient reported outcome measures for your practice.

Target Audience
- This program is intended for athletic trainers, physical therapists, and other healthcare professionals.

Fees
Early Bird (payment by 4/10/2018) $60
Regular Registration (after 4/11/2018) $75

Registration and payment information
Registration form and payment information are available through Saint Louis University HERE
If paying by check, please contact Kitty Newsham (knewsham@slu.edu)

Cancellation/Refund Policy
A full refund of the conference registration fees will be made for requests received by April 19, 2018. No refunds will be processed after April 19, 2018. In the event a program is cancelled, participants are entitled to a full refund.

All refund requests must be sent in writing (postal or email) to, and received by Kitty Newsham at Saint Louis University’ 3437 Caroline Mall, St Louis, MO 63104 or knewsham@slu.edu). Refunds approved by April 19, 2018, will be issued to the original payer in the same amount as the payment received.

Directions: South on Grand from I-64/40 or North on Grand from I-44. Turn East on Chouteau to South on Theresa.

Garage parking is accessible from Theresa or Rutgers Ave.
Hickory East Garage: 3424 Hickory St
Garage Rate: $2 per hour, $6 per day
Use THIS address for GPS

QR Code for Registration
PLEASE JOIN WASHINGTON UNIVERSITY IN ST. LOUIS, SCHOOL OF MEDICINE, PHYSICAL THERAPY DEPARTMENT FOR THE 2018 RUN FOR RESEARCH!

THE RACE WILL TAKE PLACE ON APRIL 14, 2018 AT TOWER GROVE PARK – SONS OF REST PAVILION – RAIN OR SHINE!

THE ADDRESS OF THE PARK IS 4256 MAGNOLIA AVE, ST. LOUIS, MO 63110.

REGISTRATION FOR THE RACE WILL BE FROM 8:00AM – 8:45AM.

THE 5K AND 10K RACE WILL START AT 9:00AM AND THE 1 MILE RACE WILL BEGIN AT 9:10AM. SEE MAP BELOW FOR COURSE DETAILS.

FEES FOR THE RACE ARE AS FOLLOWS:

CHILDREN 12 AND UNDER – $10

1 MILE – $12

5K – $25

10K – $35

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**Upcoming MPTA Events:**

There are several Special Olympics events in Missouri and we need PT/PTA volunteers to do fitness screenings; this is the FUNFitness activity that is done as part of the MPTA. The dates and times are below...

*Please send me the following ASAP if you’d like to participate:*

Name:
Student or clinician?
T-shirt size
Date(s) volunteering
Times available on that date

**Events:**

- **Saturday, March 17, 2018:** State Indoor Games  
  St. Joseph, MO  
  9:00 am – 3:00 pm
- **Saturday, June 2, 2018:** State Summer Games  
  Springfield – MO State Univ Campus  
  9am-5pm
- **Saturday, Sept. 29, 2017:** State Outdoor Games  
  Jefferson City  
  9am-5pm

Thank you!!!
Missouri Physical Therapy Association
Spring Conference

April 13-15, 2018
Rockhurst University
1100 Rockhurst Road
Kansas City, MO

- Short concurrent sessions, YOU choose the topics that interest you the most!
- Don’t miss the Ellen Spake Lecture Series Breakfast Keynote
- Earn up to 20 hours of Continuing Education (CE)
- Visit with exhibitors and view research posters on Saturday night
- Learn from the best and choose your area of interest
- Register by mail/fax or online at www.mopt.org
PT MEET & GREET

Local PTs and PTAs are gathering to network and celebrate our profession!

April 13, 2018 — 7:00 p.m.

Westport Ale House
4128 Broadway Blvd.
Kansas City, MO 64111

$50 — Benefits the PT-PAC of Missouri

Register online today at mopt.org!

All registrants will receive two drink tickets — light appetizers will be served.

PT-PAC OF MISSOURI

Contributions to the PAC are used for political purposes and are not tax deductible.
Upcoming Meetings:

May 15, 2018: St Louis Community College– Meramac

11333 Big Bend Blvd
St. Louis, MO 63122
ROOM AS 104

Please email Stephanie Prinster with ideas or suggestions for upcoming newsletters!
stephanieprinster@gmail.com

Are you interested in hosting an Eastern District Meeting? If so please contact Christine Cohoon or Ashley McFadden

EDMPTA Board of Directors

- Chair
  - Joel Dougherty PT, DPT, CSMT
    (jdotherty@live.maryville.edu)

- Vice Chair
  - Tyler Forbes PT, DPT, OCS
    (tforbes16@gmail.com)

- Legislative Affairs Chair
  - Bill Hopfinger PT (bhop8@aol.com)

- Programming Co-Chairs
  - Christie Cohoon PT, DPT, OCS
    (Ccohoon1@stlcc.edu)
  - Ashley McFadden PT, MPT
    (amillerpt@gmail.com)

- Nominating Committee
  - Carol Beckel PT, PhD (beckelcl@slu.edu)
  - Ben Dons PT, DPT, NCS
    (Benjamin.dons@gmail.com)
  - Barb Yemm PT, DPT, OCS
    (Barb.Yemm@health.slu.edu)

- Membership Chair
  - Vanessa Lanier PT, DPT, OCS
    (lanierv@wustl.edu)

- Student Liaison
  - Brett Stuppy PT, DPT (brettstuppy@athletico.com)

- Practice Chair
  - Natalie Runge PT, DPT (natalie.runge@bjc.org)

- Corresponding Secretary
  - Stephanie Prinster PT, DPT, GCS
    (stephanieprinster@gmail.com)

- Recording Secretary
  - Kelsey Murek PT, DPT (KHanscom@ssm-select.com)