

Health Equity in Michigan:
A Toolkit for Action



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Disclosure Statement

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Session Objectives

Participants will:

- Explore health equity and a social determinants of health framework to address health inequities
- Gain awareness of the national and state level efforts to ensure equity in health care and health care access
- Understand how the *Health Equity in Michigan* toolkit can serve as a resource to improve health equity

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Health Disparities Reduction/ Minority Health Section

- Established as the Office of Minority Health -1988
- Serves as the coordinating body for health equity and minority health issues in Michigan
- PA 653 (Minority Health Bill) enacted - 2006
- Populations served:
 - African American
 - American Indian and Alaskan Native
 - Arab Ancestry/Chaldean
 - Asian and Pacific Islander
 - Hispanic/Latino

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Useful terms

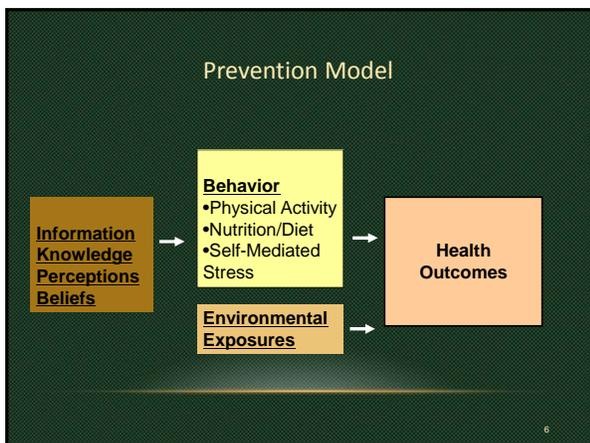
Health Disparities: Measured health differences between two populations, *regardless of the underlying reasons for the differences.*

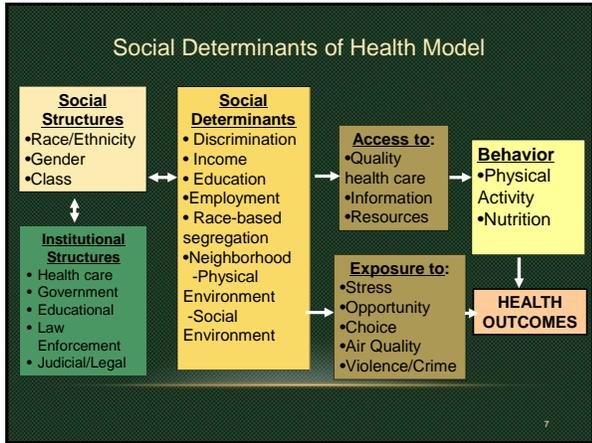
Health Inequities: Differences in health across population groups that are systemic, unnecessary and avoidable, and are therefore considered unfair and unjust.

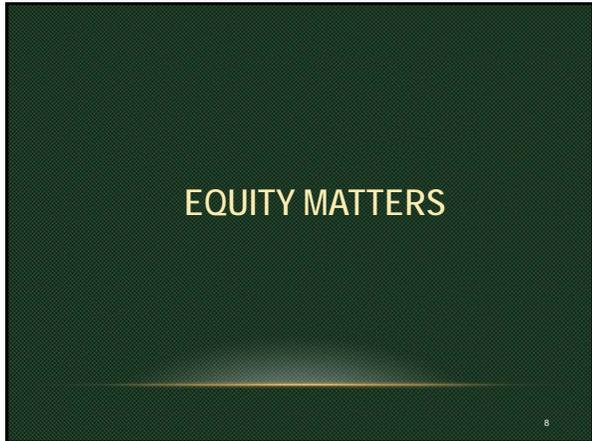
Health Equity: Fair, just access to opportunities and social resources needed to achieve well being

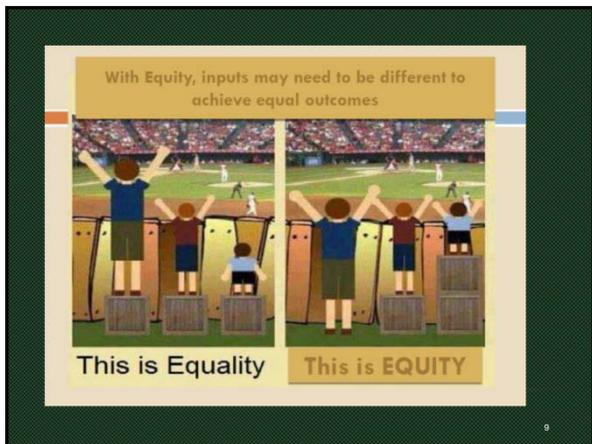
Social Determinants of Health (SDOH): Social, economic and environmental factors that contribute to overall health of individuals and communities.

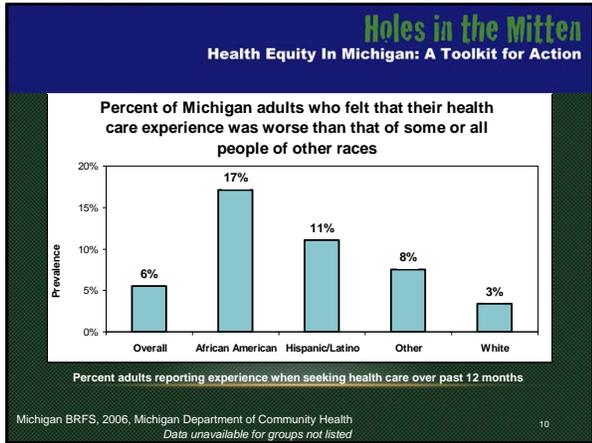
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Unequal Treatment – 2004 IOM Report

Racial/Ethnic disparities found across a wide range of health care settings, disease areas, and clinical services, even after controlling for confounders (i.e. SES, insurance, etc.).

- Recommendations:
 - Increase awareness of existence of disparities
 - Address systems of care
 - Provider education
 - Patient education (navigation, activation)
 - Research

Economic Burden of Health Inequalities in the US

Between 2003 and 2006:

- \$ 1.24 trillion - the combined costs of health inequalities and premature death in the US
- \$229.4 billion – reduction in direct medical care costs by eliminating health disparities for minorities
- 30.6% of direct medical care expenditures for African Americans, Asians, and Hispanics were excess costs due to health inequalities.
- \$ 1 trillion - amount by which indirect costs (illness and premature death) could have been reduced by eliminating health inequalities for minorities

Economic burden of health inequalities in the United States - Thomas A. LaVeist, Ph.D., Darrell J. Gaskin, Ph.D., Patrick Richard, Ph.D., September 2009

National CLAS Standards

- Published by the HHS Office of Minority Health in 2000 to provide a framework for organizations to best serve the nation's diverse communities
- 2013 Enhanced National CLAS Standards are intended to advance health equity, improve quality, and help eliminate health care disparities by establishing a blueprint for health and health care organizations to implement and provide culturally and linguistically appropriate services.

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Other National Efforts

Affordable Care Act

- Establishes new support for workforce training programs related to cultural competency, prevention and public health and individuals with disabilities training.

HHS Action Plan to End Health Disparities

- Reduce disparities in the quality of health care
- Increase the ability of all health professions and the healthcare system to identify and address racial and ethnic health disparities

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"We need to focus on diversity. Your goal is to hire people who all look different, but think just like me."

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" The African American [*Native American, Hispanic/Latino, Asian American, LGBTQ, disability*] community is looking at this through a set of experiences and history that doesn't go away...because the history is unacknowledged...adds to the frustration [*disparity*]."

-- President Barack Obama (2013)

In Michigan

- Michigan Health Equity Roadmap
Recommendations
- Improve Race/Ethnicity Data Collection, Systems and Accessibility
 - Promote and sustain effective partnerships and programs
 - Promote public education and awareness related to social justice and the social determinants of health
 - **Ensure equitable access to quality healthcare**
 - Strengthen community engagement, capacity, and empowerment

Holes in the Mitten
Health Equity in Michigan: A Toolkit for Action

Raise awareness of the Social Determinants of Health, Health Equity, and Health Disparities in the state of Michigan.

Educate and empower providers, policy makers, public health practitioners and community members to address the issues and to make sustained change.

Highlight and identify programs, strategies and best practices, that are addressing the issues faced by communities of color in the state of Michigan.

Advocate for Michigan's communities of color.

Holes in the Mitten
Health Equity in Michigan: A Toolkit for Action

Components

- Interactive activities
- PPT presentation on the social determinants of health
- DVD
 - Overview (SDOH, Health Disparities, Health Equity)
 - Food Access
 - Healthcare Access
 - Education
 - Stress
 - Culture
- Resource List
- Dashboard - current health status of MI communities of color
- Health Equity Roadmap (CD-Rom)
- User Guide

Holes in the Mitten: Culture

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Holes in the Mitten: Healthcare

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"If you always do what you always did, you will always get what you always got."

--Jackie "Moms" Mabley

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DISCUSSION

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Health Equity Resources

MDCH, Health Disparities Reduction and Minority Health Section
www.michigan.gov/minorityhealth

Health Equity Michigan
<http://www.healthequitymi.com/>
 Facebook: Health Equity Michigan
 Twitter: @HealthEquityMI

Office of Minority Health
<http://minorityhealth.hhs.gov>

Think Cultural Health (Cultural Competency)
<https://www.thinkculturalhealth.hhs.gov/index.asp>

Unnatural Causes: Is inequality making us sick?
<http://www.unnaturalcauses.org/>

Roots of Health Inequity – NACCHO
<http://www.rootsofhealthinequity.org/>

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