Agenda

THURSDAY, OCTOBER 1
Core Principles in Diabetes

7:30am Registration and light breakfast
8:00 Welcome and announcements
8:15 Diabetes Management Today
9:00 Diabetes Medical Nutrition Therapy: Strategies for Success
10:00 Refreshment break
10:30 Physical Activity: Every Minute Counts
11:00 Noninsulin Therapies: Making the Right Choice with Your Patients

Noon Lunch
1:00pm Starting and Titrating Insulin Therapy
2:00 Experience Living with Diabetes
2:45 Refreshment break
3:00 Practice What You’ve Learned Stations
4:00 Day-to-Day Management of Diabetes
4:30 Adjourn

FRIDAY, OCTOBER 2
Specialized Topics in Diabetes

7:30am Registration and light breakfast
8:00 Welcome and announcements
8:15 Quick Consult on Diabetes at the Pharmacy Window
9:00 Breakout sessions (choose one):
   A. Dealing with Anxiety and Depression Over the Counter
   B. Steps to Better Foot Care
   C. Smooth Transitions from Hospital to Home
9:45 Refreshment break
10:15 Discovering the Power of the Glucose Log Book
11:00 OTC Medications for Diabetes: Fact or Fiction?
11:45 Lunch
12:30pm The Medication Experience
1:15 Diabetes Complications: Screening and Management in the Pharmacy
2:15 Refreshment break
2:45 Case Study Using SimCare™ Diabetes
3:45 Tips of the Trade
4:30 Adjourn
More than 29 million people in the United States have diabetes. That number does not include the 86 million people who have prediabetes. No matter where you work, you will interact with people who have diabetes or prediabetes. To help you understand the disease and its recommended treatment options, we offer Optimizing Diabetes Care at the Pharmacy. This two-day program offers an opportunity for pharmacists to expand their diabetes knowledge. It also prepares them to answer common questions about diabetes management and to help improve diabetes outcomes in the community.

The first day of the program provides a foundation in all aspects of diabetes from diagnosis to treatment to self-monitoring. The second day covers a wide range of specific topics that demonstrate how the pharmacist can impact diabetes outcomes. The two days complement each other and content does not overlap. Attending both days will provide a comprehensive base of knowledge in diabetes.

Program objectives

Following this course, participants will be able to:

- Describe the pathophysiology and diagnostic criteria of all types of diabetes
- Identify the goals for nutrition therapy and describe a food plan using carbohydrate counting
- Review insulin and noninsulin therapies; identify principles for starting, advancing and combining therapies
- Experience the daily life challenges of living with diabetes and use self-management tools
- Define a systematic approach to management of diabetes and associated complications
- Modify diabetes management for patients with barriers to medication adherence
- Review specialized topics in diabetes care such as OTC medications, foot care and transitions from inpatient care

Faculty and planning committee

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Accreditation

The University of Minnesota College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This activity is eligible for ACPE credit; see final CPE activity announcement for specific details. This conference meets the requirement of up to 6.5 Contact Hours per day for a total of 13 Contact Hours for the entire program. It is the responsibility of each participant to determine if the program meets the criteria for licensure or recertification for their discipline.

Register today

Go to: parknicollet.com/cme/diabetes

You’ll find how to:

- Register and pay online
- Download a registration form—if you prefer—to print out, fill in, and mail or fax with payment

You’ll also find additional details about tuition, location, and hotel recommendations.

Questions?
email: cme@parknicollet.com
phone: 952-993-3531
toll free: 1-888-786-3119

Life-changing diabetes training from the pioneer in team management

Park Nicollet International Diabetes Center provides world-class diabetes care, education and clinical research to meet the needs of people with diabetes, their families and the health professionals who care for them. Located in suburban Minneapolis, the center is recognized internationally for its range of clinical and educational programs, products and services. International Diabetes Center is part of Park Nicollet Institute, a division of Park Nicollet Health Services.