

2021 Winter Family Medicine Update

In-Person or *Virtual!!*

January 21 - 24, 2021

Leading the
Way in Medical
Excellence



Missouri Society of the
American College of
Osteopathic Family Physicians
www.msacofp.org
573-634-4667

MSACOFP
MISSOURI SOCIETY OF
THE AMERICAN COLLEGE OF
OSTEOPATHIC FAMILY PHYSICIANS

Hilton Garden Inn
19677 E Jackson Dr.
Independence, MO 64057
816-350-3000

General Information

Educational Objectives

- Learn, review and update clinical and technical knowledge;
- Compare and relate medical knowledge and skills with those of peers and experts;
- Discuss new information in the different areas of medicine and how that information will impact the care of your patients;
- Gain insight into the distinctive osteopathic approach to the practice of medicine;
- Diagnose and treat illness as well as develop a plan for the prevention and/or therapeutic management of the various disorders presented.

Who Should Attend

- All Family Physicians
- Nurse Practitioners
- Physician Assistants
- Nurses
- Allied Healthcare Professionals
- Any Primary Care Provider

Accreditation Statement and Hours

The MSACOFPP is presenting this program in cooperation with the Missouri Association of Osteopathic Physicians and Surgeons (MAOPS). MAOPS is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. MAOPS designates this program for a maximum of 26 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

In addition, 26 hours of AAFP Prescribed Credits have been submitted for approval to the AAFP Commission on Continuing Professional Development (COCPD). Approval is currently pending.

CME Attestation and Reporting

1. Attendees will log-in to a secure website to complete and submit evaluations and attestation. Your attestation is required in order to award proper CME credit. Without completed attestation, NO CME credit will be awarded.
2. It will be the responsibility of the physician to honestly complete the on-line evaluation and attestation each day.
3. CME data is available to each attendee and a certificate and tally of hours attested to is provided on-line. Attendees will have one week to verify correctness.
4. Your CME credits will be reported to the AOA by the Missouri Association of Osteopathic Physicians and Surgeons, our AOA Accredited CME Sponsor within 90 days.

Special Events

Poster Presentation and Contest

Saturday, January 23, 2021

7:30 a.m. - 4:30 p.m.



Promote your research and share insights into your field. Network with other researchers and gain helpful feedback.

1st Place - \$300 2nd Place - \$200 3rd Place - \$100

Young Physicians Social

Thursday, January 21, 2021

5:15 - 7:15 p.m.



Gather together to network, share practice pearls and have a relaxing time with your colleagues.

Residency & Job Fair

Saturday, January 23, 2021

11:45 a.m. - 1:15 p.m.



Students and residents can meet with representatives from practice locations and residency programs from around the state. Get one-on-one dedicated time!

LEADERSHIP

Learning Your Leadership Style

Saturday, January 23, 2021

8:30 a.m. - 10:45 a.m.

- Leverage your leadership style for positive personal growth.
- Use your leadership strengths to promote organization & community change.
- Energize others by appreciating their leadership style.
- Develop specific actions to enhance your leadership.

General Information

Dress/Attire

Dress for the Winter Family Medicine Update is casual. Remember that meeting room temperatures and personal comfort zones vary widely. It is recommended that you bring a sweater or jacket to the sessions.

Virtual Attendance Information

- You may also attend this program in a virtual format delivered on-line. You will need a device with internet access and video and audio capabilities.
- You will have the opportunity during each presentation to ask questions of the speaker via a “chat” function.
- Links to log-in to the program and how to attest will be sent three days in advance.
- An email must be provided to attend.

We Are Green!

Bring your laptop or tablet! Participants may download presentations from the meeting application in advance or view during the CME program. Handouts will be available on a thumb drive for \$25.

Grievance Policy

All grievances should be in writing and specify the nature of the grievance. Initially, all grievances should be directed to the MSACOPF Convention Committee and the Executive Director. All grievances will receive an initial response in writing within 30 days of receipt. The MSACOPF will resolve the grievance, if possible. If the participant does not receive a satisfactory response, they must then submit a complaint in writing to the Council on Continuing Medical Education, American Osteopathic Association, 142 East Ontario Street, Chicago, IL 60611.

How to Register

Online: www.msacofp.org
Phone: 573-634-4667
FAX: 573-761-0454 (Please call or email to verify if received)
Mail: MSACOPF
PO Box 105077
Jefferson City, MO 65110

Exhibits

As a part of this event (in-person only), the MSACOPF is sponsoring an exhibit hall showcasing vendors who provide services and products to family physicians. We encourage you to visit the exhibit hall during all dedicated hours to learn about new and innovative ideas to improve your practice. Exhibits are separate from the CME Hall.

Food Restrictions or Disabilities

Do you have any disabilities that require special assistance? If so, please send a brief message to pcochran@msacofp.org explaining how we may best accommodate your needs. Or you may call Pam Cochran at 573-634-4667. Please indicate food restrictions or allergies on your registration form. We will do our best to accommodate you.

Questions?

Phone: 573-634-4667

Email: Pam Cochran, Executive Director at pcochran@msacofp.org

Hotel Information

The 2021 Winter Family Medicine Update will be held at:



The Hilton Garden Inn
19677 E. Jackson Dr.
Independence, MO 64057
816-350-3000

Early Reservations Are Encouraged!

- A block of rooms has been reserved for this program at a group rate of \$105 plus tax, per room, per night. This block will be held until January 8, 2021. After that date, the block will be released for sale to the public. The group rate will no longer apply and rooms may not be available.
- You may make your reservations on-line at www.msacofp.org and using the hotel reservation link.
- Or call the hotel directly at 816-350-3000.
- To see hotel services and amenities, please visit www.independence.stayhgi.com.
- Cancellations for hotel rooms must be made by 3:00 p.m. on the day of arrival or one night's room rate will be charged to the individual.
- Check-in time is 3:00 p.m. Check-out time is 12:00 p.m.

2020-2021 Board of Governors



Christopher Paynter, DO
Jefferson City, MO

President

Officers

Ian Fawks, DO, FACOPF	President Elect
Jessica Richter, DO	Vice President
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Members

James DiRenna, Jr., DO, FAAFP	Chelsie Cain, DO
Heather Martin, DO	Caitlin Rogers, DO
Ben Cook, DO	James Starrett, DO
Elizabeth Silvey, DO	

Program and Schedule

Thursday, January 21, 2021

- 7:15 a.m. Call to order and Announcements**
- 7:30 — 8:30 a.m. **Infectious Disease & Corona Virus Updates**
Bridget Bransteitter, DO
Lee's Summit, MO
- 8:30 — 9:30 a.m. **Insights to Missouri's Response to COVID-19**
Randall Williams, MD, FACOG
Jefferson City, MO
- 9:30 — 10:00 a.m. Exhibit Hall Grand Opening**
- 10:00 — 11:00 a.m. **Transitioning to Telemedicine**
Michael Brown, DO
Smithville, MO
- 11:00 — 11:30 a.m. Exhibit Hall Showcase & Refreshments**
- 11:30 — 12:30 p.m. **DiRenna Luncheon & Lecture**
- 12:30 — 1:00 p.m. Dessert with the Exhibitors**
- 1:00 — 2:00 p.m. **Panel Discussion - The Pandemic: Lessons Learned and Preparing for the Future**
Bridget Bransteitter, DO
Michael Brown, DO
Randall Williams MD, FACOG
- 2:00 — 3:00 p.m. **Ophthalmic Emergencies in the Clinic**
Mary Champion, MD
Kansas City, MO
- 3:00 — 3:15 p.m. Exhibit Hall Showcase & Refreshments**
- 3:15 — 4:15 p.m. **Holistic Wound Care Approach**
Roy Danks, DO
Kirksville, MO
- 4:15 — 5:15 p.m. **Dementia Diagnosis and Treatment**
Henry Petry, DO, FACOPF
Joplin, MO
- 5:15 — 6:15 p.m. **Updates to Headache and Migraine Care**
Steven Foote, DO
Kansas City, MO



Friday, January 22, 2021

- 7:30 — 8:30 a.m. **Women's Health: Pelvic Floor Dysfunction**
Peter Greenspan, DO, FACOG, FACS
Kansas City, MO
- 8:30 — 9:00 a.m. Exhibit Hall Showcase & Refreshments**
- 9:00 — 10:00 a.m. **Recognition & Response to Child Maltreatment**
Samuel Brayfield, DO
Osage Beach, MO
- 10:00 — 10:30 a.m. Exhibit Hall Closing Session & Grand Prize Drawing**
- 10:30 — 11:30 a.m. **End of Life Care - Keeping It In The Clinic**
Samuel Brayfield, DO
Osage Beach, MO
- 11:30 — 1:00 p.m. Missouri Society of the ACOFP Annual Meeting and Luncheon - All are invited!**
- 1:00 — 2:00 p.m. **Immunization Updates**
Lana Hudanick, RN
Jefferson City, MO

Afternoon Concurrent Sessions - Choose One

- | | |
|---|---|
| 2:00 — 3:00 p.m.
Cancer Prevention in Primary Care
Robert McNab, DO
Joplin, MO | 2:00 — 3:00 p.m.
Osteopathic Manipulative Medicine: The Lymphatic System
Kevin Treffer, DO, FACOPF
Kansas City, MO |
| 3:00 — 3:15 p.m. Refreshment Break | |
| 3:15 — 4:15 p.m.
Osteoporosis Updates: Pre and Post Menopausal
Wendell Bronson, DO, FACP, FACR
St. Joseph, MO | 3:15 — 4:15 p.m.
Osteopathic Manipulative Medicine: The Respiratory Patient
Kevin Treffer, DO, FACOPF
Kansas City, MO |
| 4:15 — 5:15 p.m.
Men's Health: Testosterone Therapy and Prostate Updates
Gregory McClennan, MD
St. Louis, MO | 4:15 — 5:15 p.m.
Osteopathic Manipulative Medicine: Patient with Concussion
Kevin Treffer, DO, FACOPF
Kansas City, MO |

YOUNG PHYSICIAN SOCIAL

5:15 - 7:15 P.M.



Program and Schedule

Saturday, January 23, 2021

POSTER PRESENTATION CONTEST 7:30 A.M. - 4:30 P.M.

7:30 — 8:30 a.m. **Update in Obesity Treatments**
Kara Mayes, MD
St. Louis, MO

Morning Concurrent Sessions - Choose One

8:30 — 9:30 a.m. **Leadership Workshop — Learning Your Leadership Style**
D.J. Whetter, Kansas Leadership Center

Revamped Office E/M Codes – Big Changes for 2021 and What You Need to Know
Linda Duckworth, CHC, CPC
Angela Jordan, CPC, COBGC, CPMS
Kansas City, MO

9:30 — 9:45 a.m. **Refreshment Break**

9:45 — 10:45 a.m. **Leadership Workshop - Enhancing Your Communication Skills**
D.J. Whetter, Kansas Leadership Center

Common & Not So Common Pediatric Skin Rashes
Kimberly Horii, MD
Kansas City, MO

10:45 — 11:45 a.m. **Preventing Physician Burnout**
James Weiberg, LPC, M.Ed.
Jefferson City, MO

Behavioral Health & Primary Care during & After COVID-19
Amanda Klass, DO
Kansas City, MO

11:45 a.m. — 1:15 p.m. **Lunch on Your Own**

RESIDENCY & JOB FAIR



For Students and Residents

11:45 - 1:15 P.M.

Meet with representatives from practice locations and residency programs from around the state.

- Get face-to-face interaction.
- Get your questions answered.
- Discuss clinical training opportunities.
- Network with other medical students and professionals.

Afternoon Concurrent Sessions - Choose One

1:15 — 2:15 p.m. **Social Determinants of Health - Homelessness**
Amanda Klass DO
Kansas City, MO

Clinical Workshop - Perineal Repair
Jessica Richter, DO
Kansas City, MO

2:15 — 3:15 p.m. **Abnormal Metabolic Panel**
Kevin Hubbard, DO, MACOI
Kansas City, MO

Clinical Workshop - Perineal Repair cont.
Jessica Richter, DO
Kansas City, MO

3:15 — 3:30 p.m. **Refreshment Break**

3:30 — 4:30 p.m. **Clotting Disorders & Treatment**
Kevin Hubbard, DO, MACOI
Kansas City, MO

Clinical Workshop - Ultrasound in the Clinic
Christopher Paynter, DO
Jefferson City, MO

4:30 p.m. **Poster Presentation Awards**

Join us for Saturday Night



Food, Fellowship, & Fun

4:30 - 6:30 p.m.

Program and Schedule

Sunday, January 24, 2021

- 7:30 — 8:30 a.m. **Unusual Endocrinopathies**
James Bonucchi, DO, ECNU, FACE
Springfield, MO
- 8:30 — 9:30 a.m. **Cancer Survivorship - The Role of the Primary Care Physician**
Beth Rosemergy, DO, FAAFP
Kansas City, MO
- 9:30 — 9:45 a.m. Refreshment Break**
- 9:45 — 10:45 a.m. **Sudden Cardiac Death in Athletes**
Theodros Zamanuel, DO
Springfield, MO
- 10:45 — 11:45 a.m. **Medical Marijuana Update**
Nicholas Madaffer, DO, FAAPMR
Columbia, MO
- 11:45 a.m. Adjournment**

2020 - 2021 Convention & Education Committee



**Ian Fawks, DO, FACOF
Chair**

Christopher Paynter, DO	Jefferson City, MO
Alan Allmon, DO	Sedalia, MO
Alan Brewer, DO, FACOF	St. Joseph, MO
Gina Carter, DO	Camdenton, MO
Chelsie Cain, DO	Kansas City, MO
Sid Cantrell, DO	Lawson, MO
Paula Gregory, DO	Stone Mountain, GA
Jessica Richter, DO	Kansas City, MO
Elizabeth Silvey, DO	Osage Beach, MO
James Starrett, DO	St. Louis, MO
Caiti Rogers, DO	Wentzville, MO
Karissa Merritt, DO	Springfield, MO
Christopher Koehn, DO	Greenwood, MO

Fees and Information

Registration Fees

Fees are separated into member and non-member fees. Fees include all lectures, meals and social events as described in the agenda. If you were/are a PAID member of the MSACOF or another state society of the ACOFP during 2020 or have paid for 2021, you are eligible for member fees. Other state society ACOFP members must provide proof of membership. All others must pay non-member fees. **Check out the discounts for First Time Attenders and Physicians New to Practice! We also offer special pricing to Allied Health Professionals.**

Fees are the same to attend in-person or virtually due to the cost of technology and technology support.

Bring a Medical Student or Resident - It's FREE

Help the profession grow and be active! Do you know a medical student or resident or work with one in your office? Bring them with you to attend the seminar! Registration is FREE! This includes all CME lecture, refreshment breaks, the exhibit hall and any sponsored meals.

Join Our Society or Renew Your Membership

You can renew your membership or join at the same time you register and be eligible for member fees. We will send you a separate receipt for dues payment. Your membership supports osteopathic family medicine in Missouri and helps to provide this exceptional CME event close to home.

Early Bird Registration Discount

Be sure to take advantage of the EARLY BIRD rates and save \$100! Early Bird rates expire on Friday, January 3, 2021.

Nurse Practitioner or Other Allied Health Professional

Nurse Practitioners or allied health professionals are encouraged to attend! You receive a \$200 discount and if you register with a physician, he/she will receive a \$100 discount.

COVID-19 Information and Waiver

By registering for this conference you are acknowledging that an inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this conference in person, you voluntarily assume all risks related to exposure to COVID-19 and agree not to hold MSACOF, or any of its directors, officer, employees, agents, contractors or volunteers liable for any illness or injury. MSACOF will take every reasonable precaution to provide a safe environment following recommended CDC guidelines in effect at the time of the conference.

Cancellation Fees

Due to financial commitments to the meeting hotel for the guest room block and food and beverage minimums, the following cancellation fees will be enforced.

<u>Date of Cancellation</u>	<u>Fee</u>
On or before 1/7/2021	\$50
1/8/2021 to 1/16/2021	\$150
On or after 1/17/2021	No Refunds



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REGISTRATION FORM

or register on-line at www.msacofp.org

Check the Appropriate Registration Fee(s) Below

Early Bird Rates: On or Before January 3, 2021

Regular Rates: On or After January 4, 2021

Please PRINT. Use a separate form for each registrant

First Name & Middle Initial _____

Last Name _____

Degree(s): _____ AOA #: _____ AAFP#: _____

Mailing Address: _____ Is this: Home Business _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Please list any food restrictions (i.e. vegetarian, gluten free) or allergies: _____

By registering for this conference, I authorize MSACOF to use photographs of me with or without my name for any lawful purpose, including print or on-line marketing. I also acknowledge that I have read and understand the COVID-19 Information and Waiver.

I have registered with an Allied Health Professional and am entitled to the \$100 discount. (He/she must register separately)
His/Her name is: _____

Payment Method

Check to MSACOF Master Card Visa

Discover American Express (CVC is 4 digits on the front)

Card # _____

Exp. Date _____ CVC Code: _____

Name on Card: _____

Billing Address for Credit Card: _____

Print Name: _____

Authorized Signature: _____

Date: _____

4 Ways to Register!

MSACOF
PO Box 105077
Jefferson City, MO 65110-5077

Phone: 573-634-4667

FAX: 573-761-0454

On-line: www.msacofp.org

Email: pcochran@msacofp.org

MEMBERS (Paid Missouri & Other State ACOFP Members)

	Early Bird	Regular
Full Seminar - Best Deal!	<input type="checkbox"/> \$599	<input type="checkbox"/> \$699
<u>Approved</u> MSACOF Life Member	<input type="checkbox"/> \$499	<input type="checkbox"/> \$599
Thursday Only	<input type="checkbox"/> \$300	<input type="checkbox"/> \$400
Thursday & Friday	<input type="checkbox"/> \$475	<input type="checkbox"/> \$575
Thursday, Friday & Saturday	Must Pay Full Seminar Price	
Friday, Saturday & Sunday	<input type="checkbox"/> \$500	<input type="checkbox"/> \$600
Saturday & Sunday	<input type="checkbox"/> \$325	<input type="checkbox"/> \$425
Student or Resident	<input type="checkbox"/> Free	<input type="checkbox"/> Free
Member First Time Attendee	<input type="checkbox"/> \$499	<input type="checkbox"/> \$599
Member Less than 5 years in Practice	<input type="checkbox"/> \$499	<input type="checkbox"/> \$599

MEMBERSHIP DUES

Renew your Membership for 2021? **\$125**

(We will send you a separate receipt for dues payment)

NON-MEMBERS

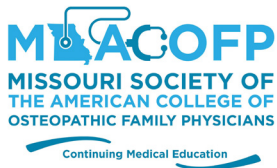
Full Seminar - Best Deal!	<input type="checkbox"/> \$725	<input type="checkbox"/> \$825
Thursday Only	<input type="checkbox"/> \$425	<input type="checkbox"/> \$525
Thursday & Friday	<input type="checkbox"/> \$600	<input type="checkbox"/> \$700
Thursday, Friday & Saturday	Must Pay Full Seminar Price	
Friday, Saturday & Sunday	<input type="checkbox"/> \$625	<input type="checkbox"/> \$725
Saturday & Sunday	<input type="checkbox"/> \$450	<input type="checkbox"/> \$550
First Time Attendee	<input type="checkbox"/> \$625	<input type="checkbox"/> \$725
Less than 5 years in Practice	<input type="checkbox"/> \$625	<input type="checkbox"/> \$725

Allied Health Professional \$399

Thumb Drive with Presentations \$25

I am attending: In-Person Virtually

Total Amount Due \$ _____



PO Box 105077
Jefferson City, MO 65110

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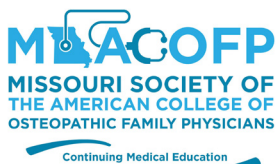
RETURN SERVICE REQUESTED

2021 Winter Family Medicine Update

January 21 - 24, 2021

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**\$100 Early Bird Discount until
January 7, 2021!**

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19677 E. Jackson Dr.
Independence, MO 64057
816-350-3000

26 AOA Category 1-A Credits
26 AAFP Prescribed Credits