

Family Medicine News and Information

June 30, 2020

COVID-19 Resource Center at ACOFP.

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OF OSTEOPATHIC
FAMILY PHYSICIANS

For links to the latest information on COVID-19 from government agencies, advocacy efforts, member stories, physician wellness and more, see ACOFP's new COVID-19 Resource Center for physicians.

[Read More.](#)
ACOFP



Susceptibility to Diabetes Revealed as Early as Eight Years of Age.

Diabetes doesn't develop overnight. It develops for many years before diagnosis. Researchers have found in a new study that early signs of being more susceptible to type 2 diabetes as an adult can be seen in children as young as 8 years old, decades before it is likely to be diagnosed. The new study has been published in Diabetes Care.

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Medical Dialogues

Flu Vaccine Only 39% Effective This Past Season, CDC Panel Says.



The influenza vaccine was 39% effective against medically attended influenza for the 2019-2020 flu season; it offered lower protection against A/H1N1pmd09 virus (31%) compared with previous seasons but was 44% effective against B/Victoria virus, according to information presented June 24 at a meeting of the Advisory Committee on Immunization Practices (ACIP), Centers for Disease Control and Prevention (CDC). The committee voted unanimously to accept changes to the influenza vaccine for the 2020-2021 season.

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Medscape



Who's at Highest Risk From COVID-19? CDC Updates Its List.

The list of conditions that put people at risk for severe COVID-19 illness has been expanded by the U.S. Centers for Disease Control and Prevention. It said that older adults and people with underlying medical

conditions remain at increased risk for severe illness, but the agency further defined age- and health condition-related risks after a detailed review of available evidence.

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HealthDay

Teens' Poor Sleep Tied to Later Depression, Anxiety

Teens who get very poor sleep may be more likely to struggle with poor mental health later in life, according to a new study published in the Journal of Child Psychology and Psychiatry.



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PsychCentral



Patients on Board with Health Trackers But Don't Trust Consumer Wearables, Survey Finds.

Patients who manage chronic conditions are eager to use a monitoring device to manage their health. But consumer smartwatches might not be the answer. Three in four patients say they would wear a specialized monitoring device only used for their specific condition if prescribed by their doctor, a survey from electronics company Sony found.

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FierceHealthcare



Mark Your Calendar!

**The Hilton Garden Inn
Independence, Missouri**

- 26 Hours of Category 1-A CME.
- Topics selected by and for family physicians.
- Special programming on lessons learned from the pandemic.
- Hands on workshops.
- And more!

[Registration opens on 10/1/2020](#)





Missouri Society of the American College of Osteopathic Family Physicians

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medicine through advocacy, education and leadership**

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