

## MODIFIABLE RISK FACTORS IN MS

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Mitchell Wallin, MD, MPH  
Walter Royal, III, MD  
Aaron Turner, PhD, ABPP (RP)

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## PANEL MEMBERS

- ✘ Jodie Haselkorn, MD, MPH
- ✘ Chair and Facilitator, *A Case Presentation*
  - + Director, VA MS Centers of Excellence-West, Seattle, WA
  - + Professor, Rehabilitation Medicine, Adjunct Professor, Epidemiology, University of Washington, Seattle, WA
- ✘ Mitchell Wallin, MD, MPH
- ✘ *Avoiding the Onset of MS: What Are the Risks?*
  - + Associate Director of Clinical Care, VA MS Centers of Excellence-East, Washington, DC
  - + Associate Professor, Georgetown University, Washington DC
  - + Associate Professor, Univ. of Maryland, Baltimore, MD

## PANEL MEMBERS

- ✘ Walter Royal, III, MD
- ✘ *Managing Disease Progression: Is Lifestyle Modification Worth It?*
  - + Associate Director-Research, VA MS Centers of Excellence-East, Baltimore, MD
  - + Professor, Departments of Neurology, Anatomy, and Neurobiology. Director, Maryland Center for MS Treatments and Research, University of Maryland School of Medicine
- ✘ Aaron Turner, PhD, ABPP (RP)
- ✘ *Behavioral Interventions: What Promotes Better Health, Engagement in Activities and Quality of Life?*
  - + Assistance Director-Research, VA MS Centers of Excellence-West, Seattle
  - + Director, Rehabilitation Psychology, VA Puget Sound Health Care System, Seattle, WA
  - + Associate Professor, Rehabilitation Medicine, Univ. of Washington, Seattle

## SPECIAL THANKS

- ✘ Marsha Tarver, PhD
  - + Associate Director-Education, MS Center of Excellence West

## DISCLOSURES-HASELKORN

- ✘ No business or industry relationships to disclose

## CASE PRESENTATION

