



TEEPA L. SNOW,
TEEPA SNOW, MS, OTR/L, FAOTA,
CREATED THE MATERIALS TO BE USED
IN POSITIVE APPROACH TO CARE (PAC)
WORKSHOPS AND AUTHORIZED
CERTIFIED PAC TRAINERS TO
FACILITATE WORKSHOPS USING PAC
MATERIALS. TRAININGS CAN BE
SCHEDULED AS SEPARATE
WORKSHOPS OR AS A GROUP.

TARGET AUDIENCE FOR
POSITIVE APPROACH TO CARE
TRAINING : HEALTHCARE PROVIDERS,
AGING SERVICE PROVIDERS AND
FAMILY CAREGIVERS.



LINDA ROERS, MBA, PAC, CDP, CADDCT

RiverStone Health
123 S. 27th St.
Billings, MT 59101

The logo for Positive Approach to Care features the word 'Positive' in a blue, sans-serif font. Below it is the word 'Approach' in a larger, green, sans-serif font. At the bottom is the phrase 'to Care' in a smaller, blue, sans-serif font. A stylized graphic of a green and blue feather or plant-like structure is positioned behind the word 'Approach'.

**SCHEDULE THIS
VALUABLE TRAINING FOR
STAFF!**

**GRANT FUNDED TRAINING
AT NO COST TO YOUR
FACILITY**

Contact: LINDA ROERS, MBA,
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PAC Training taught by certified
PAC Trainer:

Linda Roers, MBA, PAC, CDP, CADDCT

Linda has been working in various capacities in Health Care since 1992. She began her career as a Certified Therapeutic Recreation Specialist at Frye Regional Rehabilitation Center in North Carolina. Since then she has worked at United HealthCare in Minneapolis and was the Marketing Director of a Billings Compounding Pharmacy from 2009 until 2016. Linda earned a Masters of Business Administration in 2000. Linda became a Certified Dementia Practitioner (CDP) and Certified Alzheimer's Disease and Dementia Care Trainer (CADDCT) in October of 2016 and obtained certification as a Teepa Snow, Positive Approach to Care (PAC) trainer in January 2019. Linda is a community trainer for the Alzheimer's Association and a member of the Dementia Friendly Billings steering committee. Linda has been the Geriatric Educator for the Montana Family Medicine Residency program at RiverStone Health in Billings Montana since 2016, a position created through the Montana Geriatric Education Center (MTGEC) with funding by the Health Resources and Services Administration (HRSA) to establish the Montana Geriatric Workforce Enhancement Program (MTGWEP).

The Montana Geriatric Workforce Enhancement Program is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U1QHP28733, Geriatric Workforce Enhancement Program (GWEP); the total award is \$2,143,140 and supports the program 100%. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



WORKSHOP OBJECTIVES

“Normal Aging/ Not Normal Aging” (Work Shop A) 2 hours

- Compare and contrast “normal” aging versus “not normal” aging related to various cognitive functions.
- Describe the five sensory input and processing systems, highlighting the dominant role of vision, and the major differences between protective and discriminating sensation in each.
- Discuss the impact of changing sensory awareness and processing as dementia progresses.

“Positive Physical Approach™ (PPA) and Hand Under Hand™ (HUH)” 1 hour

Learn how to apply Positive Physical Approach™ (PPA) and Hand Under Hand™ (HUH) in everyday situations. Learn the importance of doing “with”, not “to”. Develop observational skills necessary to recognize and address unmet emotional and physical needs. Learn ways to help the person being cared for feel productive and valued.

“Teepa’s GEMS™; Using Skills that Make a Difference” 1 hour

- Develop understanding of normal aging and stages of dementia, and the correlating GEM for each (sapphire, diamond, emerald, amber, ruby, pearl).
- Learn to use the GEMS™ to facilitate positive, supportive communication between the caregiver and the person being cared for.
- Learn to recognize and respond to unmet needs that lead to distress or challenging behaviors as the disease progresses. Learn to describe effective combinations of multi-modal helping techniques, emphasizing use of preserved abilities.



Continuing Education Credits

An application has been submitted to Montana Nurses Association for approval to award contact hours. Montana Nurses Association is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.