

Super 6

ways to make sure you challenge yourself today

- Think hard and search for connections between what you are learning today and what you already know.
- Explain or justify your thinking: Why do you think that? How did you get to that answer or idea? Prove it!
- Choose a more challenging question or task: avoid the “easy option”.
- Persevere and show resilience: instead of saying “I don’t know”, say “I don’t know yet”, then keep going until you do know.
- When you make mistakes, think about what you can learn from them. Finding something difficult is a sign that you’re challenging yourself and learning new things.
- Have high expectations of yourself and strive for excellence: when looking at your work ask, “Is it excellent yet?”

“Teachers can open the door,
but you must enter it yourself.”
– Chinese proverb