

Suicide Prevention Awareness Session Values Clarification Worksheet

Please circle the number that best indicates where you fall on the following scale for each pair of statements (there is no wrong answer here!)

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|--|-------------------|--|
| 1. Suicide should be prevented no matter what | 1 2 3 4 5 | People have the right to decide whether to live or die |
| 2. If I had made a suicide attempt in the past I'd do all I could to keep it a secret now | 1 2 3 4 5 | It really doesn't matter if people know about my suicide attempt history |
| 3. When there is a suicide in the community, it is best to cover it up | 1 2 3 4 5 | When there is a suicide death in the community, everyone has a right to know |
| 4. People who are suicidal can only be helped by mental health professionals | 1 2 3 4 5 | People who are suicidal can be helped by any concerned person |
| 5. I would never pursue a friendship with someone who had attempted suicide
Or I would discourage my adolescent child from having a friendship with someone who had attempted suicide | 1 2 3 4 5 | I would have no problem developing a friendship with someone who had attempted suicide
OR: I would have no problem with my teen child having a friend who attempted suicide |
| 6. I feel that suicide should be talked about openly | 1 2 3 4 5 | Talking openly about suicide is dangerous |
| 7. I feel comfortable talking about suicide with anyone | 1 2 3 4 5 | I feel uncomfortable talking about suicide |