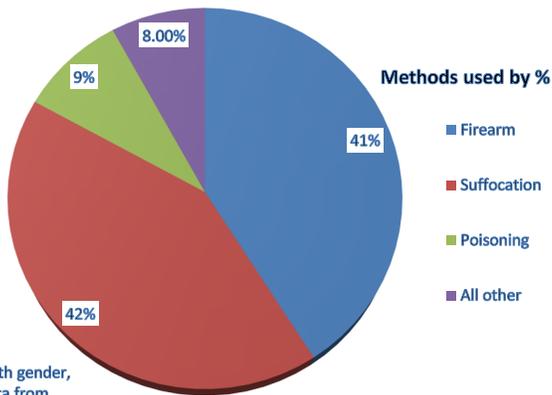


Maine Suicide Prevention Program

Education, Resources and Support — It's Up to All of Us.

Youth Suicides, Ages 10-24 2007-2011 by Method



Youth, both gender,
Maine data from
WISQARS

TOTALS
48 Firearms
49 Suffocation
10 Poisoning
9 All Other

For more information on youth suicide prevention training call NAMI Maine
1-800-464-5767

For prevention materials, email or call the Information and Resource Center
1-800-499-0027 osa.ircosa@maine.gov

or
 Visit the Maine Suicide Prevention Program Website at:
www.maine.gov/suicide

Statewide Toll Free Crisis Line:
1-888-568-1112

Data from the WISQARS, Maine Office of Data, Research, & Vital Statistics, Maine Medical Examiner, Maine Hospital Discharge Databases, and Maine MIYHS.

Suicide:

- From 2007-2011 there were a total of 990 suicides in Maine. Of those suicides, 116 were youth under the age of 25. 49 youth aged 10-19; and 67 young adults aged 20-24 died by suicide. This represents an average of 23 youth suicides per year.
- Suicide is the 2nd leading cause of death for people aged 15-34.
- More young people die by suicide than from homicide. For every homicide among 10-24 year olds, there are 4.5 suicides.
- More male youth die by suicide than female; 6 out of 7 suicides under the age of 25 are males.
- From 2007-11, a firearm was used in almost 5 of 10 youth suicides. Access to and availability of firearms is a significant factor in youth suicide, because most suicide attempts by firearm are fatal.
- The leading methods of youth suicide suffocation and firearms, accounting for more than 8 out of 10 suicides.

Self-Inflicted Injuries:

- Most suicidal behavior is non-fatal. It is estimated that, for every death by suicide, there are from 100 to 200 non-fatal youth suicide attempts by others. Rates of self-inflicted injuries for females are significantly higher than rates for males.
- From 2004-2008, a total of 5,663 individuals were treated and discharged for self-injury in Maine hospitals. In 2008 alone, there were 1,125 hospital discharges for self-inflicted injuries. The highest rate was among youth ages 15-34. Females are more likely to be hospitalized and to have an outpatient emergency department visit than males.
- In the 2013 Maine Integrated Youth Health Survey, 14.6% of high school and 16.8% of middle school students reported seriously considering suicide in the past year; 8.2% of high school and 6.3% of middle school students reported making at least one attempt. The rates are trending upward since 2007, following many years of declining rates.
- Poisoning is the most common method of non-fatal self-inflicted injuries for both males and females. Not all self-inflicted injuries are suicide attempts.



Paul R. LePage, Governor

Mary C. Mayhew, Commissioner