JOIN THE ONE NAMI MAINE COMMUNITY

People make our statewide programming possible. Here’s how you can get involved!

- Get certified to lead a support group in your area or to teach one of our educational programs
- Volunteer with one of our affiliates throughout the state
- Share your mental health story with the Speakers Bureau, Ending the Silence, or as a Family-to-Family teacher
- Review us on Facebook or send us a testimonial about the positive impact NAMI has had in your life
- Join us for statewide educational programming, workshops, and conferences
- Take part in NAMI Maine Walks on the Capitol to raise awareness, support, and build community

Follow Us!
#onenamimaine

@namimaine  @NAMIMaine.org  @namimaine
www.namimaine.org
info@namimaine.org
1-800-464-5767
WAYS TO GIVE BACK

NAMI Maine is a 501(c)3 nonprofit organization, funded through grants, private foundations and individual gifts. Your donation provides invaluable support and resources for our staff throughout the state. Check out the options below to find the way to give that’s best for you!

BECOME A MEMBER

For just $5 a year, you can become a member of NAMI Maine. Members receive our monthly newsletter and help raise the voice of our community in the legislative arena.

www.namimaine.org/join

JOIN THE STIGMA WARRIORS

Recurring monthly donations are an easy way to give! Donating just $10 a month gets you special perks and makes you one of our dedicated Stigma Warriors.

www.namimaine.org/stigmawarriors

WALK ON THE CAPITOL

NAMI Maine’s biggest annual fundraiser is a celebration of support, education and advocacy, and is also our largest event of the year. Start a walk team today!

www.namimaine.org/walk

Talk to us about sponsorships or how to host an independent fundraiser!

Questions on how to give?
Contact our Development Manager, Sarah Ross at sross@namimaine.org or (207) 622-5767, ext. 2301