

## **The Mythical Quest for Balance Between Family and Career**

Different people cope with the career vs. family dilemma in different ways. Each of our panelists will discuss the very different paths that they have taken, and the challenges they have faced, in having a career and family. They will also touch upon whether, for them, balance and self-care are helpful or overrated. A parenting coach will suggest how parents might strive to become comfortable with the discomfort caused by the struggle for working parents. The panel will take questions from the moderator on the topics listed below, and time permitting, audience members will also ask questions, perhaps through the chat function. The panel has also provided a list of reading materials that they have found helpful along the way.

### **Panelists**

The Honorable Wesley L. Hsu is a judge on the Los Angeles Superior Court who was appointed in 2017. Prior to his appointment, Judge Hsu supervised all four divisions (Civil, Criminal, Tax, and National Security) of United States Attorney's Office for the Central District of California (USAO-CDCA). From 2008-15, Judge Hsu served as the Chief of the Cyber and Intellectual Property Crimes Section of the USAO-CDCA. Judge Hsu was recognized as one of the Daily Journal's Top 100 Lawyers in California for 2015 and as one of NAPABA's Best Under 40 in 2005. Judge Hsu is a past president of the Southern California Chinese Lawyers Association and currently serves on the board for the Asian Pacific American Women Lawyers Alliance. Judge Hsu currently teaches Cyber and Intellectual Property Crimes at Loyola Law School and has previously taught at the University of Southern California Gould School of Law. Judge Hsu graduated from Yale Law School and Yale University.

Emily Kuwahara is a partner in Crowell & Moring's Los Angeles office and is a member of the Firm's Litigation Group. She has served as a long-time board member of the Japanese American Bar Association and currently serves on the Executive Committee as Vice President. She was recognized as among the Most Influential Minority Attorneys in Los Angeles by the Los Angeles Business Journal in 2019, and one of the National Asian Pacific American Bar Association's Best Lawyers Under 40 in 2018. She served as law clerk to the Honorable Milan D. Smith, Jr., U.S. Court of Appeals for the Ninth Circuit. Emily graduated from Stanford University with a B.S. in interaction design engineering. She then received her M.A. in telecommunications from Michigan State University, with an emphasis in telecommunications policy. She received her law degree from the University of Southern California, where she served as a senior copy editor on the Law Review.

Sharon Lee is a mom of two and an experienced educator and parenting coach. She has worked in the greater Los Angeles public and independent schools for over 31 years. She now serves as the Director of Piper Preschool in Santa Monica. Her previous work includes Director of Student Learning and Literacy Coach at Saint Mark's School in Altadena, kindergarten teacher,

admissions team member and mentor teacher. She helps children and their families overcome obstacles to success in school. Sharon has also served as a primary curriculum consultant with Mathnasium, and an Educational Care Team Member with Dr. Tina Bryson, at the Center For Connection. She has been a frequent guest on KPCC 's The Brood, Airtalk, and Take Two. In addition to her duties as a preschool Director, Sharon facilitates support groups, provides one on one counsel, and educational therapy. Her understanding of Child Development is at the heart of her caring approach. In her spare time, she enjoys giving tours of Chinatown, Los Angeles.

Governor Jerry Brown appointed Audra Mori to the Los Angeles Superior Court of the State of California in February 2018. Prior to her appointment, Audra was Managing Partner of the Los Angeles Office of Perkins Coie LLP, where she practiced intellectual property and commercial litigation. She was the first woman of color to serve as the Managing Partner of a Perkins Coie LLP office. She earned a J.D. from Cornell Law School and a B.A. from the University of California, Los Angeles. Audra has served as the President of the Japanese American Bar Association, as a Regional Governor on the Board of the NAPABA, as one of NAPABA's Best Under 40, and as a member of the Executive Committee of the Litigation Section of the Los Angeles County Bar Association.

Jacklyn Park is currently Assistant General Counsel, Corporate, Securities & Acquisitions at Oracle Corporation. Jacklyn previously worked in the Los Angeles and Asia offices of Latham & Watkins LLP, focusing on M&A, corporate securities and general corporate matters. Jacklyn has been active in the community in various capacities, including serving as a board member of the Korean American Bar Association, Korean American Coalition and co-chair of the In-House Counsel Committee of the Asian American Bar Association. She has served on the board of directors of her children's preschool and is currently on the parent board of her children's primary school. She was also recently selected to serve on the Council of the Children's Burn Foundation. Jacklyn received her Bachelor of Arts from the University of California, Berkeley with highest honors, and her Juris Doctorate, cum laude from Harvard Law School.

### **TOPICS FOR DISCUSSION**

- Making choices and sacrifices with which you can live
- You don't have to do it all. Seeking and receive help.
- Getting comfortable with your child being uncomfortable and modeling resilience
- Tips for working virtually
- Self-care
- Questions?

## SUGGESTED READING

- *The Blessing Of A Skinned Knee: Raising Self-Reliant Children*
- *The Bottom Line for Baby: From Sleep Training to Screens, Thumb Sucking to Tummy Time--What the Science Says*, for new parents through preschool
- *Brainstorm: The Power and Purpose of the Teenage Brain*
- *How to Talk So Kids Will Listen & Listen So Kids Will Talk*
- Transcript of Freakonomics Podcast Interview with Indra Nooyi, CEO of PepsiCo:  
<https://freakonomics.com/podcast/indra-nooyi/>
- *Jim Trelease's Read-Aloud Handbook*
- *The Paper Kingdom* - This is not a parenting book but a book for lawyer parents to read with their very young children.
- *Strong Mothers, Strong Sons*, concerning boys going through adolescence. There is also the counterpart, *Strong Fathers, Strong Daughters*.
- *Untangled: Guiding Teenage Girls Through the Seven Transitions into Adulthood*, for parents of preteen-adolescent girls
- *The Yes Brain: How to Cultivate Courage, Curiosity, and Resilience in Your Child*, for parents of children of all ages