29th Annual Conference

*I Am Somebody:*
Inspiring Innovative Practice

Tuesday & Wednesday

**June 11th & 12th, 2019**

Pre-Conference: Monday, June 10th

Earle Brown Heritage Center
6155 Earle Brown Dr., Brooklyn Center, MN 55430
Who We Are

NASW-MN supports, equips and inspires a diverse and inclusive membership of social workers across Minnesota. Our vision is to have a strong, unified social work community that leads Minnesota to a just and equitable society.

Poster proposals still being accepted! Showcase your research, project, or ideas with the social work community. Complete the RFP form at NASWMN.org.

Social workers embody the message of “Be the change you want to see in the world.”

This year’s conference theme, “I Am Somebody: Inspiring Innovative Practice” is meant to anchor us, invigorate us, and unite us in collective work for positive change. We want to expand our systems thinking beyond the here and now and inspire social workers to systematically explore possibilities. Ultimately, we hope to embolden social workers to embrace our collective power, delve into new approaches to our practice, and rise to our higher purpose. Come join us!

Opening & Closing Keynotes

Using the Tools of Futurism to Solve Society’s Biggest Challenges

Trista Harris - Author / Advocate / Philanthropic Futurist

OPENING KEYNOTE: The Future Started Yesterday

An increasing rate of change makes the already challenging work of doing good, even more difficult. We are all trying to make the world a better place but are often using yesterday’s information to do so. What if we could predict the future and prepare for the coming realities that will impact our clients and our communities? Join Trista Harris as she takes us on an interactive journey where she’ll uncover tools to create the future.

CLOSING KEYNOTE: The Future of Good and You

Humans are wired to help each other. The problem is that society’s challenges are becoming more complicated and an increasing rate of change is accelerating those challenges. It would be easy to become overwhelmed with the 24-hour news cycle of despair and do nothing. What we have to remember is that we create the future by the choices that we make today. Trista will help you make the lessons that you have learned at the conference become a part of your day to day practice to create a better future.

Trista Harris is a passionate advocate for leaders in the philanthropic and nonprofit sectors. Her work has been covered by the Chronicle of Philanthropy, CNN, Forbes, the New York Times, and numerous social sector blogs. She is co-author of the book “How to Become a Nonprofit Rockstar” and author of the book “FutureGood”. She is President of FutureGood, a consultancy that helps visionary leaders build a better future, and serves on the board of the Association of Black Foundation Executives. Trista was previously the President of the Minnesota Council on Foundations (MCF), and Executive Director of the Headwaters Foundation for Justice. Harris earned her Master of Public Policy degree from the Humphrey Institute of Public Affairs, University of Minnesota, her Bachelor of Arts from Howard University, Washington, DC, and a certificate in strategic foresight from The University of Oxford.
**TRACK 1: CULTIVATING HEALTHY COMMUNITIES: POLICY, EQUITY AND INNOVATION (6 CEUs)**

The St. Kate’s-St. Thomas School of Social Work Healthcare Education and Leadership Scholars (HEALS) Program is partnering with NASW-MN to host a morning keynote and respondent talk followed by afternoon breakout sessions focused on the intersections of policy, equity, innovation, and healthy communities.

**Morning Session:**
Keynote & Minnesota Response
Centering Community Voices in Health

**Presenters:**
Abigail Echo-Hawk, MA (Pawnee)
Director of the Urban Indian Health Institute & Chief Research Officer at the Seattle Indian Health Board

Centering community voices in practice involves understanding the perspectives of those you serve and incorporating their voices into your work. This includes recognizing the importance of listening and ensuring that all members of the community feel heard and valued.

**Afternoon Session:**
Breakout Options

- Transforming Organizations through an Equity Lens
- Innovative Approaches to Mental Health and Substance Abuse Treatment
- Maternal and Infant Health

**TRACK 2: PROTECTING YOURSELF & YOUR PRACTICE: NAVIGATING ETHICS, LIABILITIES & CLIENT COMPLAINTS (6 Ethics CEUs)**

Whether in private practice or at a large organization, in clinical or macro settings, whether you’re new to the field or seasoned, this pre-conference track will help you understand your obligations and responsibilities as a social worker, and teach you to manage your practice risks within the regulations and ethics that frame the profession. Come learn how to protect yourself as a practitioner, and the clients and communities you serve.

**Morning Session:**
Ethics & Risk Management in the New Era of Social Work

**Presenters:**
Ann A. Abbott, Ph.D., ACSW, LCSW (NJ), LCSW (PA), retired as a Professor and MSW Program Director, West Chester University, West Chester, Pennsylvania.

This workshop is intended for social workers in all settings and positions, not just the clinical, therapeutic mental health setting. The session will cover key concepts in risk management, such as confidentiality and its exceptions, duty to warn, and informed consent. Ms. Abbott will also present the major reasons why social workers are sued and what you can do about those risks.

**Afternoon Session:**
Protecting Your Clients: Ethical & Regulatory Responsibilities

“I would never do that.” “I didn’t know that.” “That won’t happen to me.” All social workers will face ethical dilemmas throughout their careers. Even the most seasoned professionals can make serious mistakes that cause real client harm. Learn how to identify ethical dilemmas and incorporate Board regulations into ethical social work practice through examples of regulatory violations.

**Presenters:**
Megan Gallagher, JD, Regulations Analyst at the Minnesota Board of Social Work
Jill Grover, MSW, LISW, Minnesota Board of Social Work Board Secretary/Treasurer and Compliance Panel Committee Member
Carol Payne, LSW, Minnesota Board of Social Work Board Member
Mary Weaver, BS, Public Member of Minnesota Board of Social Work
Monica Feider, MSW, LICSW, Program Manager at Minnesota Health Professionals Services Program

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**PRE-CONFERENCE – Monday, June 10th, 9:00am-4:00pm**

New this year! NASW-MN is proud to offer a pre-conference day with two distinct tracks to choose from.
TUESDAY, JUNE 11TH
WORKSHOPS

A Sessions | 10:45 am – 12:00 pm
A1: Use of a Structured Life Review & Its Impact on Family Interactions
Laurie Dahley, Ph.D, MSW, LISW  
Scott Marks, MSW, LGSW  
A3: Fresh Tech Ideas for Social Workers
Presenter TBD  
A4: Radical Compassion: How Can We Be Helpful If We Aren’t “Feeling It”?
Alan O’Malley-Laursen, MSW, LICSW  
A5: Promoting Ethical Practice - Setting Guidelines for Technology Use in Social Work Practice
Monica Roth Day, MSW, Ed.D, LGSW  
A6: How Can I Help My Client Who is Seeking Disability Benefits?
Thomas Krause, JD

B Sessions | 1:15 pm – 2:30 pm
B1: Addressing the Intersection of Chronic Pain & Trauma in Clinical Social Work
Erin Brandel Dykhuizen, MA, MSW, LICSW  
B2: Recovery from White Conditioning
Devin Clarkson, MSW, LGSW; and Cristina Combs, LICSW  
B3: Approaches to Establishing a Mindfulness Practice
Erik Storlie, BA, MA, Ph.D  
B4: Confronting Mental Illness Stigma in Field Education
Melissa Hensley, MSW, MHA, Ph.D; and Barbara Lehmann, MSW, Ph.D, LICSW  
B5: The Innovative Practice of Bibliotherapy
Ted Bowman, M.Div  
B6: Confronting Ableism: Empowering Persons with Disabilities in our Everyday & Professional Lives
Sharyn DeZelar, Ph.D, MSW, LICSW

C Sessions | 3:00 pm – 4:15 pm
C1: The Myth of the Strong Black Woman: Culturally Responsive Mental Health Assessment & Treatment for Pregnant Black American Women
Maima Fant, MSW, LICSW  
C2: “We are Parents from the Community”: Parent Mentoring in the Child Protection Services
Ruth Soffer-Elnekave, MSW, and Lorene Randel-Wade  
Panel of Hiring Managers  
C4: Aromatherapy: An Effective Tool for Self-Care & Wellness
Jen Shepherd, MSW, LICSW, CCA  
C5: Transforming Primary Care in Rural Communities through Integration of Behavioral Health
Kathryn Hart, MSW, LGSW; and Pat Conway, Ph.D, MSW  
C6: Who Are You? Identity & Practice in the Age of Bias
Ed Morales, MPP, MSW, LICSW

Breakout Session Content Codes
C Advanced Clinical  M Macro Practice & Policy  
N New Social Worker & Practice Refresh  
H Self-Care & Holistic Health  S Supervision  E Ethics

WEDNESDAY, JUNE 12TH
WORKSHOPS

D Sessions | 9:15 am – 10:30 am
D1: The DIRT GROUP Paradigm: Recent Findings in Neuroscience, Applied Theory in Practice, and Implications for Human, Community, and Economic Development
Kenneth Turk, MSW, LICSW  
D2: Social Work & NonViolent Advocacy
Jenn Hamrick Vander Woude, MSW, LGSW  
D3: Pause, Post-it & Prevail – Self Care for the Professional Caregiver
Coral Popowitz, MSW, LGSW  
D4: Neoliberalism: What Is It? And Why Should Social Workers Care?
Jessica Tolf, Ph.D; and Molly Calhoun, MSW  
D5: You’ve Heard of CBT & DBT - Now There’s DBD! (Details that Begin with Death)
Anne Archbold, MSW, LISW; Marilaurice Hemlock, MPS, CFC  
D6: Hoarding Behavior: Innovate through Collaboration
Louise Kurzeka

E Sessions | 11:00 am – 12:15 pm
E1: The Use of Self to Strengthen the Therapeutic Relationship from a Psychodynamic Perspective
Mauricio Cifuentes, MSW, Ph.D, LCSW  
E2: Minnesota & Marijuana: Perspectives on Policy & Practice
Ross Aalgaard, DSW, LICSW, LADC; David Beimers, MSW, Ph.D, LISW; and Lindsay Simon, BS  
E3: Career Path Wellness for Helping Professionals: Aligning Your Professional Development with Your Strengths
Steve Ritter, LICSW  
E4: The Art of Using Humor for Positive Change
Emily Carlson, LICSW  
E5: Social Workers & Unintended Pregnancy: Ethics, Health Disparities, and All Options Counseling
Lizzi Kampf Janssen, MSW, LICSW  
E6: Psychotherapy & Homelessness: Clinical Implications to Consider When Providing Services to an Individual Experiencing Homelessness
Jade Erickson, MSW, LICSW

F Sessions | 1:30 pm – 2:45 pm
F1: Applying Solution Focused Brief Therapy to Conversations with Chronically Ill Patients
Leigh Hartenberg, MSW, LICSW, APSW  
F2: A Closer Look - Disparities in the Child Welfare System
Christina Zeise, BSW, MSW, MPP; and Kelis Houston  
F3: Congratulations, You’re Licensed! What’s Next? Insights from the Board of Social Work
Michelle Kramer-Prevost, MSW, LISW  
F4: Finding Peace During Your Busy Workday: Yoga & Meditation in Your Office or On the Go
Marjorie Grevious, MS, MA, RTY-230  
F5: Toward an Optimal System of Healthcare
Gerard Niewenhous, MSW, ACSW  
F6: Insights from Social Workers in Elected Office: A PACE Panel
Jenny Arneson, MSW, LGSW; Heather Edelson, MSW, LGSW; Rafael Ortega, MSW, LICSW; and others. Moderated by Jenn Hamrick Vander Woude, MSW, LGSW
Register online at www.NASWMN.org, or by mail using the form below. Join today and save! socialworkers.org/join

**Conference Location**
Earle Brown Heritage Center
6155 Earle Brown Dr., Brooklyn Center MN 55430

**Hotel**
Block Rate (NASW-MN) available at Embassy Suites by Hilton Minneapolis North – Brooklyn Center
Conveniently located attached to the conference center.
Reservations - 763.560.2700 or minneapolisbrooklyncenter.embassysuites.com

**Register by May 15th and Save!**

### Conference Rates

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- Prices include continental breakfast, lunch, and coffee/tea each day!
- Any cancellations are subject to a $50 cancellation fee. No refunds for any cancellations made after June 1st.
- No mail-in registrations after June 1st.
- Special rates for groups of 10 or more! Call 651-293-1935 or admin.naswmn@socialworkers.org for information and to register your group.

Contact NASW-MN for dietary and accessibility needs at 651-293-1935 or admin.naswmn@socialworkers.org

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**Register online at NASWMN.org or complete this form to register by mail**

**Pre-Conference Day - Monday, June 10th**

- Select one track:
  - Track 1 - Cultivating Healthy Communities: Policy, Equity and Innovation
  - Track 2 - Protecting Yourself & Your Practice: Navigating Ethics, Liabilities and Client Complaints

**Tuesday, June 11th**

Select one breakout session for each time period:*  

- 10:45 am - 12:00 pm
  - A1
  - A2
  - A3
  - A4
  - A5
  - A6
- 1:15 pm - 2:30 pm
  - B1
  - B2
  - B3
  - B4
  - B5
  - B6
- 3:00 pm - 4:15 pm
  - C1
  - C2
  - C3
  - C4
  - C5
  - C6

**Wednesday, June 12th**

Select one breakout session for each time period:*  

- 9:15 am - 10:30 am
  - D1
  - D2
  - D3
  - D4
  - D5
  - D6
- 11:00 am - 12:15 pm
  - E1
  - E2
  - E3
  - E4
  - E5
  - E6
- 1:30 pm - 2:45 pm
  - F1
  - F2
  - F3
  - F4
  - F5
  - F6

**Conference Cost**

- Scholarship Fund Contribution
- Payment Total

Payment Method:
- [ ] Cash  [ ] Check  [ ] VISA  [ ] Mastercard  [ ] Discover

(We DO NOT accept American Express)

Please make checks payable to NASW-MN.

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*Note you can change your mind day-of, but this will help us plan!
Conference at a glance

- FREE and convenient parking!
- Continental breakfast, lunch, and coffee/tea included each day!
- New this year! Pre-conference Monday (6 CEUs)
- Tuesday and Wednesday (17.75 CEUs) including 36 breakout options (7.5 CEUs), numerous poster sessions (3.25 CEUs), keynotes (3 CEUs) and Book Club (4 CEUs).
- Diverse workshop content, including Advanced Clinical, Macro Practice & Policy, Self-Care & Holistic Health, New Social Worker (new this year!), Ethics, and Supervision.
- Trista Harris of FutureGood, opening and closing keynote speaker.
- Exhibitor fair to learn about new resources and employment opportunities.
- Chapter Updates and Awards to recognize outstanding social workers.

Join NASW today and SAVE on your conference registration!
www.socialworkers.org/join

Keep the “social” in Social Work at Happy Hour on Tuesday!

Join us for Happy Hour at the Embassy Suites (connected to Earle Brown Heritage Center). Free appetizers, cash bar, networking, and prizes!

Book Club = 4 CEUs!
* Born a Crime: Stories from a South African Childhood by Trevor Noah
* Read the book prior to the conference and join us Wednesday morning for discussion from 7:30-9:00 am and earn 4 independent study CEUs!