



## **Two Great Workshops!**

### **Ethical Standards of Care**

in the Clinical and Community Practice Setting:  
Being Held to a Jury of Our Peers

&

### **Getting a GOOD Night's Sleep:**

Assessment, Treatment and Practice Implications

**Sophia F. Dziegielewska, Ph.D., LCSW**

**April 26, 2019**

*CHI Health Lakeside, 16901 Lakeside Court, Omaha, Nebraska 68130*

*Swanson Conference Center, Conference Rooms A, B & C*

*Please park in the Employee Parking Lot - Across the Service Road in Front of the Hospital*

Host Hotel - Omaha West Holiday Inn Express, 17677 Wright Street, Omaha 68130

**For reservations, call 402-333-5566 and ask for the 'NASW' room rate - \$94.00**

They serve free beer, wine, soda, and snacks from 6:00-8:00 pm nightly.

Free hot breakfast buffet every morning 6:30-9:30 am. They have an onsite pool, hot tub, and fitness center and give free passes to LIFETIME FITNESS CENTER, four blocks from the hotel. Wireless internet and parking are complimentary.

**CUT OFF DATE TO MAKE RESERVATIONS: Thursday, March 23, 20179**

Registration on Friday begins at 8:30 am

Class from 9:00 am - Noon and 1:00 pm - 4:00 pm

**Ethical Standards of Care** in the Clinical and Community Practice Setting: Being Held to a Jury of Our Peers

**Agenda: 3 Ethics CEUs**

**Purpose:** This training will utilize a combination of lecture and group discussion designed to develop and support a successful professional, applied and bioethical process when working with children and families. Content will focus on particular issues and challenges confronting social workers in both the clinical and community practice setting with the presentation and application of an ethical framework for decision-making.

#### **Workshop Objectives:**

- Review concepts related to ethical conduct in the practice of social work such as using current technology, electronic records, and respect for confidential information, legal implications and record keeping.
- Identify at least two ethical concerns and apply an ethical decision making format to address them utilizing the NASW Code of Ethics.
- Identify several important personal and organizational steps for establishing effective ethical decision-making.

#### **Review of Ethical Principles and Basics for Application**

1. Analyze extant ethical codes in the helping professions.
2. Relate professional codes to specific situations in both the clinical and community-practice setting.
3. Analyze the effects of technology and moral responsibilities in the 21<sup>st</sup> century.
4. Demonstrate an understanding of the elements of contextual components in ethical deliberations and consultations.

**Getting a GOOD Night's Sleep:** Assessment, Treatment and Practice Implications

**Agenda: 3 CEUs**

#### **Workshop Description:**

This seminar is designed to cover the basics on how to enhance sleep, stressing the ways "lack of" or "disturbed" sleep can affect mental health and human performance in both children and adults. The basics for completing the diagnostic assessment related to several common sleep disorders and the subsequent treatment planning and intervention strategy will be covered. Practice application will be explored stressing the supportive role that social work professionals can take in understanding and treating such common conditions. Particular emphasis is placed on recognition of mental health attitudes and behaviors that can be directly linked to problematic sleep patterns.

#### **Seminar Objectives:**

- Identify two ways in which "problematic" sleep patterns can affect mental health and human performance.
- Identify two questions to ask when determining whether sleep disturbance may be a complicating or causing problematic mental health responses.
- Identify two practice strategies that can be used to help clients that suffer from disturbed sleep.

**Register online at [www.naswne.org](http://www.naswne.org)**

**Both Workshops (lunch included)**

**NASW Members - \$129.00**

**Non-Members - \$169.00**

**Individual 3 Hour Workshop (lunch not included)**

**NASW Members - \$79.00**

**Non-Members - \$99.00**

**Approved for 6 ceus by  
the Board of  
Addictions and  
Prevention  
Professionals**