

NASW-MD Chapter's
2019 Social Work Month Annual Conference
Thursday and Friday, March 28 -29, 2019
(#2400)

The Maritime Institute of Technology
692 Maritime Blvd.
Linthicum, MD 21090
410-859-5700

Thursday, March 28, 2019

(6 Category I CEUs)

Exhibitions ongoing throughout the day in lobby area near registrations tables

8:15 a.m. – 9:00 a.m. – Registration, Continental Breakfast, Networking

9:00 a.m. – 10: 00 a.m. – Keynote Address

Title: *Health Beyond Health Care: Elevating the Role of Social Work*



Keynote Speaker: Darla Spence Coffey, PhD, MSW

President and Chief Executive Officer, Council on Social Work Education

Synopsis: While members of today's health care team are taking seriously the role of social determinants of health in health outcomes, this is quintessentially social work "space," and therefore vital for social workers to lead in efforts to understand and deliver services to address these factors. It is also an important opportunity for social work to expand our notion of health - so that all social and behavioral factors are included in our thinking and development of intervention efforts.

Learning Objectives: Participants will:

1. Gain knowledge about the role of social determinants of health in health outcomes.
2. Gain knowledge about the roles for social work in health.
3. Deepen their understanding of the policy implications for promoting health.

10:15 a.m. - 12:15 p.m. – Morning Sessions (Choose one)

Social Work Workforce Breakout Sessions

Workshop 1

Title: *The Baccalaureate Social Work Workforce*



Presenters: Allyson Stanton, LBSW, ALCP

Geriatric Care Manager; and

Makeba Thomas, PhD, MSW - Chairperson/Associate Professor

Synopsis: Presenters will describe Baccalaureate social work education and presenters will discuss what roles in our profession can be filled by those with a BSW. Participants will have the opportunity to discuss the challenges and opportunities in the Maryland social work workforce for those with the BSW as their terminal degree.

Learning Objectives: At the conclusion of this workshop participants will:

1. Understand the difference between a BSW and MSW curriculum
2. Understand the new licensing statute and regulations regarding the LBSW
3. Have a broader view of the many roles that can be filled by a social worker with a BSW education.

Workshop 2

Title: *The Macro Social Work Workforce*



Presenters: **Richard Cook, MSW, LCSW**, For a Change Consulting
Michael Reisch, Ph.D., MSW

Daniel Thursz Distinguished Professor of Social Justice
University of Maryland School of Social Work

Synopsis: What is Macro Social Work? Is the Macro/Clinical dichotomy real or two-sides of being a good social worker? Presenters will describe and define Macro social work and discuss what roles in our profession can be filled by those with an MSW who do not desire to do clinical work, as well as the path

which often leads one directly from primarily clinical to primarily administrative or advocacy work.

Participants will have the opportunity to discuss the challenges and opportunities in the Maryland workforce for those with Macro interests.

Learning Objectives: At the conclusion of this workshop participants will:

1. Understand the definition of Macro Social Work
2. Understand the new licensing statute and regulations regarding the LMSW, LCSW and the LMSW Independent Practitioner
3. Have a broader view of the many roles that can be filled by a person with an MSW education.

Workshop 3

Title: *Clinical Social Work: Workforce Issues*



Presenters: **Judith Schagrin, LCSW-C, ACSW;**

Retired, Baltimore County Department of Social Services; Adjunct Professor, UMSSW

Edward Pecukonis, Ph.D., MSW

Associate Professor, UMSSW

Synopsis: What is Clinical Social Work? How is it different from other clinical professions and how is it different from just “social work”? How do

we define what is clinical? What clinical work can be done by any social worker and what requires an advanced clinical license? Why? There is confusion in the Maryland SW Workforce about what is and is not clinical and what is and is not “clinical enough” to count for clinical experience toward the LCSW-C. The presenter will explore these issues. Participants will have the opportunity to discuss the challenges and opportunities in the Maryland workforce for those with clinical interests.

Learning Objectives: At the conclusion of this workshop participants will:

1. Understand the difference between a clinical social worker, an LCPC, and a Ph.D. psychologist.
2. Understand the definition of Clinical Social Work as defined by the Council on Social Work Education and NASW
3. Understand the new licensing statute and regulations regarding the LMSW, LCSW-C, and the LMSW Independent Practitioner

Workshop 4

Title: *Addiction and the Social Work Workforce*



Presenters: **Anthony Estreet, Ph.D., LCSW-C, LCADC, ACSW**

Assistant Professor, School of Social Work, Morgan State University

Michelle Tuten, Ph.D., MSW

Associate Professor, UMSSW

Synopsis: The opioid crisis and multiple other addictions in our society are fertile ground for social work skills and interventions. There are insufficient personnel to fill all the roles required to solve this epidemic of addiction. What level of education and certification is required to work in this field?

LBSW? LMSW? LCSW-C? LCACD? The presenters will discuss the addiction field and the challenges and opportunities for social workers who are interested in this work.

Learning Objectives: At the conclusion of this workshop participants will:

1. Have a basic understanding of addiction in Maryland.
2. Understand the different roles in the addiction workforce.
3. Understand the new licensing statute and regulations regarding the LBSW, LMSW, LCSW-C and the Independent Practitioner status.

12:15 p.m. – 1:05 p.m. – Lunch and Networking

1:20 p.m. – 4:30 p.m. - Afternoon Workshops (choose one)

Workshop 5

Title: *Elevate Social Work: How to Touch Lives through the use of Telemental Health*



Presenter: **Dwayne L. Buckingham, Ph.D., LCSW-C, BCD**

President & CEO, R.E.A.L. Horizons Consulting Solutions, LLC

Synopsis: Social workers have developed excellent reputations for helping people overcome life's hurdles. They are found in schools and colleges, hospitals, veteran centers, mental health facilities, local and federal government and even in corporate America. Furthermore, social workers have and continue to shed light on and combat social injustices that threaten humanity. However, many are underpaid and do not receive financial compensation comparable to other helping professions such as nurses, psychologists, police, psychiatrists, and teachers. This in return causes a percentage of social workers to occasionally question their value to society from a financial perspective. As a social worker would you like to be better compensated for touching the lives of millions of individuals who desire to reach their full potential? Would you like to decrease your operational cost by providing life-changing therapy to clients in the convenience of their homes or confidential location of their choosing? Would you like to be better equipped to use technology to increase your profit margin? If you answered yes to either one of the aforementioned questions, this workshop was designed specifically for you. In this informative 3-hour workshop, Dr. Dwayne L. Buckingham will guide you in discovering how tele mental health has made it possible for social workers like you to help your clients reach their full potential while also leveraging your time, decreasing your operational cost, maximizing your profit margin, and getting the compensation you deserve.

Learning Objectives: Upon completion of this course, participants will be able to:

1. Define telemental health.
2. Describe technological and implementation requirements.
3. List safety protocols.
4. Articulate legal and ethical considerations.
5. Identify strategies for client expansion.
6. Explain how telemental health can decrease cost, increase profit margins, and elevate salaries.

Workshop 6

Title: *Bullying, Cyberbullying, and our Emotional Well-Being*



Presenter: **Brynez MB Roane, PhD, LCSW-C, VASIII**

Clinical Director for Homeless Services, St. Vincent DePaul

Synopsis: Bullying and Cyberbullying is a daily issue youth are facing. 90% of youth will admit to knowing that bullying is occurring but only 20% feel comfortable speaking up about it. This workshop will provide participants with information on bullying and cyberbullying, the consequences of being bullied, and tips to help parents, professionals, and youth have comfortable conversations with victims and aggressors impacted by bullying.

The presenter will assist participants in helping children and youth take realistic steps if they are victims of bullying or know someone who is being victimized.

Learning Objectives: Upon completion of this course, participants will be able to:

1. Discuss the connections between emotional well-being and how that can be impacted as a result of cyber bullying
2. How to identify and support someone who is a victim of cyber bullying
3. Explore and discuss the environmental factors that can lead someone to be an aggressor or victim of bullying.

Workshop 7

Title: *Don't Fall Prey to the Crime of the 21st Century*



Presenter: Delia Meadows, MSW, LCSW-C, LICSW

Director, Clinical Social Work Consulting Services

CIRE Business Solutions LLC

Synopsis: Learn about the top ten scams that target people in the United States. These scams not only target seniors, but also target the general population. Individuals who fall prey to these scams do not necessarily have cognitive disorders. Attendees will learn what information never to reveal and who to contact when you have concerns about scams.

Learning Objectives: At the end of this workshop participants will understand:

1. The top ten scams targeting seniors that could also be targeting you.
2. What information never to share.
3. Identifying behaviors and cognitive impairments that may indicate a possible cognitive disorder or undiagnosed medical condition.
5. Who to contact when you have concerns.

Workshop 8

Title: *What Happens on Social Media STAYS on Social Media: What Social Workers Need to Know About Ethics and Social Media*



Presenter: Jeronda Burley, MDiv, Ph.D

Assistant Professor, Department of Social Work, Coppin State University

Synopsis: In this workshop we will examine the extensive scope of social media and technology in relation to social work. The relevance and application of the Standards for Technology in Social Work Practice that emerged from the burgeoning connection of social work and technology will be discussed. The presenter will highlight some of the dangers of social media and discuss cases of ethical violations committed by social workers. In addition to ethical concerns that all social workers should consider, the benefits of social media in

social work will also be covered. The session will conclude with examples of how social workers can ethically utilize social media in practice. Attendees are encouraged to bring a tablet or phone and charger (or a fully charged device) to the workshop. In an effort to reduce our use of paper, course handouts and presentation materials will be emailed by the presenter **after** the session at participants' request.

Learning Objectives: After this workshop participants will be able to:

1. Review the established Standards for Technology in Social Work Practice
2. Understand the dangers of social media
3. Recognize ethical concerns for social workers and social media
4. Discuss positive uses for social media in social work

Please Note: *This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for license renewal.*

Friday March 29, 2019 Conference Schedule:

#2400 (6 Hours Category I CEUs)

Exhibitions ongoing throughout the day in lobby area near registrations tables

8:00 a.m. – 8:30 a.m. – Registration, Continental breakfast, Networking

9:00 a.m. – 12:15 p.m. – Morning Workshops

Workshop A

Title: *Ethical Considerations for Supervisors*



Presenter: **Corey Beauford, MSW, LICSW**

Founder and President, Inspired Consulting Group, Riverdale

Synopsis: Social work supervisors are responsible for resolving a multitude of ethical dilemmas on an almost daily basis. Furthermore, supervisors can be held liable for infractions made by their supervisees. In response to these challenges, we will review ethical standards related to: conflicts of interests, impairment, administration,

confidentiality, supervision, duty to warn, and receiving gifts. This interactive training will make use of a variety of teaching methods, including case study reviews and small and large group discussions.

Learning Objectives: By the end of this workshop, participants will be able to:

1. Understand factors that contribute to ethical violations
2. Understand and apply NASW Code of Ethics standards that relate to supervision
3. Employ best practices approaches to the resolution of ethical dilemmas with supervisee

Please Note: *This workshop qualifies for EITHER the Maryland Board of Social Work Examiners' 3-hour ethics requirement OR the 3-hour supervision requirement (for supervisors) needed for license renewal.*

Workshop B

Title: *The Sound of Violence: Assessing, Preventing, and Responding Ethically to Threats*



Presenter: **Suzanne Cox, LCSW-C, MBA**

Team leader, Continuous Care Team, UMMS/WPPC Clinics, Baltimore

Synopsis: Social workers are not immune from violence in the workplace and, in fact, may be at increased risk. In this three hour workshop, we will examine the potential risks to social workers in a cross-section of practice settings, and discuss societal, staff and client-specific, as well as clinical relationship-based factors which may enhance the possibility of a harmful crisis taking place. Strategies for decreasing risk and responding to violence in the moment will be discussed and examined within the construct provided by the Code of Ethics.

Options for post-episode intervention for involved clinicians, clients, and client systems will be critically examined.

Learning Objectives: Upon completion of this workshop, attendees will:

1. Develop strategies for assessing and preventing violence in practice settings.
2. Identify societal and political factors which may enhance the potential for violence and discuss potential practice level responses.
3. Prioritize response to ethical dilemmas inherent in responding to crisis and its aftermath.
4. Assess available models for post-intervention and their application.

Please Note: *This workshop qualifies for the Maryland BSWE 3-hour ethics requirement for license renewal.*

Workshop C

Title: *Suicide Risk: Identifying and Treating the Suicidal Client*



Presenter: **Carey S. Riordan, LCSW-C**

Behavioral Health Unit, Holy Cross Germantown Hospital

Synopsis: Suicide is a growing problem in our society. Understanding triggers and risk factors that lead to suicidal behavior is critical in order to intervene safely and appropriately with at

risk clients. Suicidal people are challenging to assess and it is important to identify signs and risk factors that lead to self-harmful and suicidal behaviors. This workshop provides tips to help determine suicidal risk, tools to accurately assess level of risk, and safe treatment interventions.

Learning Objectives: Upon completion of this workshop attendees will learn:

1. How to identify triggers that lead to suicide and self harm
2. To identify risk factors that lead to suicidal behavior such as substance use, family conflict, homelessness, and job loss.
3. To identify levels of risk, i.e., passive versus active suicidal ideation
4. To gather collateral information and assess for safety
5. To make referrals to appropriate psychiatric treatment provider once level of suicidal risk is determined.

Workshop D

Title: *Alzheimer's Disease and Responding to Distressed Workers and Families: A Guide to Handling Emotionally-Charged Situations*



Presenter: Charlene Davis, MSW

Social Worker, Holy Cross Hospital

Synopsis: Alzheimer's is a disease of the brain that affects memory, thinking, and behavior. It is not a normal part of aging, and it gets worse over time. Although symptoms can vary widely, the first problem many people notice is forgetfulness severe enough to affect their ability to function at home or work; resulting in getting lost in familiar places, misplacing things, or having trouble with language. This workshop will help attendees learn specific skills to assist workers and resident's families on how to deal with Alzheimer's disease and respond to its effects.

Learning Objectives: Upon completion of this workshop, attendees will:

1. Learn specific skills to assist workers or resident's families how to deal with Alzheimer's disease.
2. Gain knowledge and ability to refer people to appropriate services for Alzheimer's disease.
2. Understand how to frame the "new normal" for families who care for patients with Alzheimer's disease.
3. Describe ways in which the family members, colleagues, or workers can navigate their new roles.
4. Develop a clear process on how to handle challenging conversations with Alzheimer's patients.

Workshop E

Title: *Closing the Communication Gap between Individuals of Different Ages*



Presenter: S. Colby Peters, Ph.D., LCSW-C

CEO, Human Systems

Synopsis: Multiple times a day we read or hear about different generations in popular media and in conversation. The subject of intergenerational conflict is popular and prevalent, but social science researchers are showing that the concept of distinct "generations" with certain attributes is a myth may actually be contributing to workplace conflict. In this workshop, participants will learn about the latest research on the concept of "generations" and why people in different age groups may have different perspectives. We will also learn about how the popular media portrays different age groups and how those portrayals change over time. Finally, participants will learn techniques to resolve conflict in the workplace, including conflict between individuals and groups of different ages.

Learning Objectives: Upon completion of workshop, attendees will:

1. Learn about current research on generations and generational differences.
2. Understand how the popular media promotes generational stereotypes, thereby contributing to conflict in the workplace.
3. Learn techniques to resolve conflict in the workplace, including conflict between individuals and groups of different ages.

Workshop F

Title: *Ethical Considerations when Working with Immigrants*



Presenter: Laura Gardner, LGSW

Founder/Consultant, Gardner and Associates/ Immigrants, Refugees, and Schools

Synopsis: Reflect on common ethical dilemmas in working with immigrant clients through case examples and small group work. Learn how to appropriately use the Code of Ethics as a guide in decision making. Come and participate in this practical, hands-on ethics training.

Learning Objectives: Upon completion of this workshop, attendees will:

1. Learn about common ethical dilemmas in working with immigrant clients
2. Appropriately use the Code of Ethics as a guide in decision-making
3. Gain awareness of how to handle tricky ethical situations when working with immigrant clients

Please note: This workshop meets the three-hour ethics requirement of the Maryland Board of Social Work Examiners for license renewal.

12:15 p.m. – 1:45 p.m. – Luncheon and Social Work Month Awards Presentation

Presiding: Anthony Estreet, Ph.D., NASW-MD Chapter President

2:00 p.m. – 5:00 p.m. – Afternoon Workshops

Workshop G

Title: *Advancing Skills in Group Supervision*



Presenter: Joanna Frankel, LCSW-C

Owner, Frankel Care Consulting

Synopsis: Group supervision can be an intimidating and less desirable form of supervision. However, this interactive course will highlight the benefits and prove how effective this type of supervision can be. This seminar will allow the participant to experience how group supervision can be meaningful for both the social work supervisor and supervisee. Together, the participants will learn that group supervision can be an excellent complement to individual supervision.

Learning Objectives: Upon Completion of this workshop, attendees will be able to:

1. Utilize group supervision as a complement to individual supervision.
2. Structure group supervision sessions to facilitate discussions that are focused on practice themes, cases, and supervisees.
3. In group supervision sessions, encourage supervisees to raise and explore ethical dilemmas that arise in work with clients and their families.

Please Note: This workshop meets the three hour supervision requirement for supervisors by the Maryland Board of Social Work Examiners for license renewal.

Workshop H

Title: *Taboo Topics: Helping Adult Kids Discuss Tough Subjects with Their Parents*



Presenter: Stephanie Goldstein, BSW, LBSW

Jenerations Health Education

Synopsis: Adult children and their elderly parents often struggle with frank discussion of critical issues. This interactive seminar will cover strategies on guiding the caregiver to sensitively handle taboo topics. The tough subjects will include normal aging, driving, finances, end of life issues, sexuality, and mental health. This program will assist professionals in mediating between adult children and seniors, as well as identifying when it is necessary for an adult child to take a more authoritative role while respecting self-

determination.

Learning Objectives: Upon completion of this workshop, attendees will:

1. Name 6 tough taboo topics that present the greatest communication challenges for seniors and their caregivers.
2. Identify 3 best practice communication strategies for caregivers to discuss difficult subjects with

their elderly loved ones.

3. Recognize situations in which caregivers need to place needs of seniors above seniors' self-determination or vice versa.
4. Discuss and demonstrate best practices in communication strategies through case study analysis and role-playing.

Workshop I

Title: *Working with Transgender Clients*



Presenter: **Carla Dunahoo, Ph.D.**

Licensed Clinical Psychologist, Dunahoo Psychological Associates, LLC

Synopsis: “Transgender” is a term heard more frequently now than it was in the past. In addition to transgender issues being discussed more in the media, it is much more likely that we will come into contact with people who identify as transgender as more people are open about their gender identity than at any time in the past. This program will discuss what the term “transgender” means, present information about the transgender population, and provide guidance for how to approach and work clinically with people who identify as transgender in a supportive, affirmative and effective manner.

Learning Objectives: Upon completion of this workshop, attendees will:

1. Have more knowledge of gender diversity and what the terms transgender and gender variant mean.
2. Have a greater understanding of the challenges faced by gender variant people in our society.
3. Have more awareness of the challenges faced by transgender/gender variant people in healthcare.
4. Know how to approach people who identify as transgender in more culturally sensitive ways.

Workshop J

Title: *Social Workers Respond: Integrating SBIRT into Social Work Practice*



Presenter: **Anthony Estreet, Ph.D., LCSW-C, LCADC, ACSW**

Assistant Professor, School of Social Work, Morgan State University

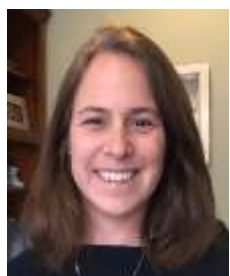
Synopsis: Research has demonstrated that the SBIRT (Screening, Brief Intervention and Referral to Treatment) model is beneficial in assisting healthcare practitioners to identify and assist clients with making connections to Substance Use Disorder (SUD) treatment. This model has shown significant effectiveness in hospital emergency departments and trauma centers with individuals with alcohol-related injuries. The purpose of this training is to provide social work practitioners with the knowledge and skills necessary to effectively utilize and implement the SBIRT model into standard social work practice.

Learning objectives: Upon completion of this workshop, participants will be able to:

1. Describe the background and rationale for conducting SBIRT in a variety of social work settings.
2. Explain how to utilize universal screening procedures and instruments to identify patients engaged in at-risk substance using behaviors.
3. Identify and discuss the essential elements of a brief intervention strategy to motivate patients to change their at-risk behavior and/or seek treatment.
4. Understand the critical steps of implementing evidence-based SBIRT practices.

Workshop K

Title: *Foundational Values of Ethical Practice: It Ain't Easy Being Clean*



Presenter: **Frances Williams-Crawford, LCSW-C**

Training Specialist, Child Welfare Academy, University of Maryland-Baltimore

Synopsis: The NASW Code of Ethics is founded on six core values and principles. Practitioners should have more than a “working understanding” of what the obligations are. It is difficult to meet the lofty goals while doing very challenging work with difficult clients. Concrete examples of how workers can uphold each of these values will be provided as well as other behaviorally specific means discussed.

Learning Objectives: After successful completion of this course, participants will be able to:

1. List the values and principles of the NASW Code of Ethics
2. Identify personal and professional barriers to adhering to the Code.
3. Provide concrete examples of how social workers can demonstrate these values and principles in everyday practice

Please Note: *This workshop meets the three-hour ethics requirement of the Maryland Board of Social Work Examiners for license renewal.*

Workshop L

Title: *Trauma Treatment with Children and Adolescents*



Presenter: **Mimi Ryans, LCSW-C, RPT-S**

Owner, Lighthouse Center for Therapy & Play, LLC

Synopsis: Some of the most rewarding work a therapist can do is to help a child recover from a traumatic event. In this 3 hour workshop participants will learn about mindfulness and other treatment techniques, how trauma presents in children, and effective strategies to use in school, private practice, and other settings. The presenter will discuss the most common diagnoses in children and how they are presented through trauma as well as the effects of trauma on the brain in children and adolescents.

Learning Objectives: Upon completion of this workshop, attendees will:

1. Identify at least one intervention to use when working with traumatized children
2. Have a better understanding of trauma, various types of traumatic stress, and how it impacts children's lives
3. Identify at least 2 tools used to assess trauma in children
4. Define grief & mourning and understand children's reactions to each

Please Note: You will need to start the registration process to determine your conference price. You will not be charged unless you press the 'pay' button.

REGISTER NOW