

***For a limited time, the recorded versions of NASW-MD Chapter's Annual Social Work Conference are available for viewing to earn Category II CEUS. There are 31 CEUS available.***

***Once you register, you will receive an email by the next business day from NASW/GTR with a unique passcode which will allow you access to the conference site until May 31st to view recorded versions and earn Category II CEUS. Workshop descriptions below.***

## **NASW-MD Chapter's Virtual 2021 Annual Social Work Month Conference – Social Workers are Essential! RECORDED WORKSHOP DESCRIPTIONS**

**Thursday, March 25**

***(18 Hours Category II CEUs available for viewing)***

### **Morning Sessions**

#### **Webinar A**

**Title: Supervising Remote Social Workers and Satellite Offices**



**Presenter: Sharlene Allen-Milton, Ph.D., LCSW-C**

*Assistant Professor, Morgan State University School of Social Work*

**Synopsis:** Currently, at least 50% of US employers allow telecommuting as a benefit to their employees (Lister, 2016). Due to the COVID pandemic human service organizations have abruptly adopted remote work in order to provide services, stay competitive, and avoid entropy. Although remote social work has many benefits, for many supervisors there is limited understanding of the drawbacks and how to address

them. Knowledge of remote work is a necessity due to spatial and temporal challenges, heavy reliance on technology for socialization, communication, and feelings of isolation and its impact on remote social workers. Although remote work creates opportunities for financial benefits to the employer, decreased face to face interaction, feelings of isolation, lack of social presence, decreased feelings of attachment to the organization, lack of support, and problems with coordination are some of the challenges associated with supervising dispersed social workers. The same technologies that provide freedom and flexibility also cause them to be further removed from key aspects of the organization (socialization with co-workers and supervisors and access to key personnel). If human service organizations are going to adopt the practice of remote work or satellite offices, awareness is needed on how to effectively supervise remote employees. These organizations must be able to communicate to potential employees how the organization is establishing norms to offset the negative impact of dispersed work. This interactive workshop will focus on the role and leadership styles when supervising dispersed social workers in an effort to increase job satisfaction, organizational identification, and social presence.

**Learning Objectives:** At the conclusion of this workshop participants will:

1. Understand advantages and drawbacks of remote work.
2. Understand the essential elements of remote work.
3. Understand the role of transformational and transactional leadership styles in establishing organizational identification, social presence and job satisfaction for the remote social worker.

#### **Webinar C**

**Title: Who Let the Ants Out? CBT and Play Therapy Interventions for Automatic Negative**

## Thoughts



**Presenter: Sonia Hinds, APRN, PMH-BC, RPT-S**

*Founder & Director, Chesapeake Beach Professional Seminars*

**Synopsis:** Social anxiety in children is among the four most common forms of anxiety. Anxiety is a normal reaction to stress. Too much stress opens the door to Automatic Negative Thoughts (ANTs) and ultimately panic attacks and various forms of anxiety disorders that are often seen in play therapy. This workshop will provide participants with an understanding of anxiety and demonstrate cognitive behavior and directive play therapy interventions for children and adolescents. Play, art, and case

scenarios will be part of this learning experience. In the face of COVID-19, a surge of cases of anxiety is expected, requiring creativity and innovation. Don't get left behind.

**Learning Objectives:** Upon completion of this course, participants will be able to:

1. State the diagnostic criteria for Social Anxiety
2. Identify the tenets of CBT as described by Aaron Beck, MD, and examples of how to integrate CBT with play therapy
3. Demonstrate a treatment model for anxiety in children using CBT and Directive Play Therapy interventions

## Afternoon Sessions

### Webinar D

**Title: The Journey Through Grief and Loss**



**Presenter: Lisa Connors, BSW, M.Div., MA, ABD**

*President, 4Ks Coaching and Training Solutions, LLC*

**Synopsis:** According to the Centers for Disease Control and Prevention (CDC), many people have experienced distress and loss due to COVID-19. Grief is a normal response to these losses during and after a disaster or other traumatic event. Sorrow can happen in response to death loss and non-death loss, including drastic changes and disruptions to everyday life and functioning. Due to these unprecedented times,

individuals are finding it challenging to navigate stability. This webinar will help participants explore components of grief and loss. It will identify other losses and forms of grief in an individual's life. This webinar will help participants identify how grief affects individuals from a physical, emotional, cognitive, behavioral, and spiritual perspective. It will explore how we should grieve during traumatic events. This webinar will also help participants identify ways to effectively grieve even when there is loss during loss and formulate healthier ways of coping during and after a loss.

**Learning Objectives:** By the end of the training, participants will be able to:

1. Define the various components of grief and loss and understand how it affects them and other individuals from a physical, emotional, cognitive, behavioral, and spiritual perspective.
2. Discuss the varying myths and stigmas associated with grief and loss.
3. Recognize the importance of moving forward during and after a loss.
4. Utilize strategies, tools, and protective factors to help themselves and others cope with loss and grieve effectively.

### Webinar E

**Title: Vaping, Synthetics, Opiates, and Teens: Implications for the Decriminalization of Marijuana**



**Presenter: Corey Beauford,**  
**Corey Beauford, LICSW, LCSW-C**  
*President, Inspired Consulting Group, LLC*

**Synopsis:** K2, Fentanyl, Krokodil, Alcohol Enemas, Skittles Parties...do these substances and practice sound familiar? Adolescents across the United States are experimenting with newer, more toxic illicit drugs. Additionally, methods of ingesting illicit drugs are become more “creative” and dangerous. Drug use can have

detrimental effects on an adolescent’s neurological, physical and emotional development. This interactive training will provide information on the decriminalization and legalization of marijuana and whether this decision places teens at greater risk of experimenting with other substances. We will share prevention and treatment interventions that human service professional can utilize to address substance abuse with adolescents.

**Learning Objectives:** By the end of the training, participants will:

1. Be able to verbalize an understanding of relatively newer addictive substances that adolescents are abusing within the United States.
2. Understand the dangers of e-cigarettes and how these devices can be used with illicit drugs, particularly marijuana.
3. Understand recent legislation related to the decriminalization and legalization of marijuana and its implications for adolescents.
4. Understand the correlation between current substance abuse trends and high-risk behaviors among LGBTQ Youth
5. Be able to identify and implement strategies useful for educating families about adolescent drug trends and addressing drug use with teens.

## Webinar F

**Title: Elder Abuse Prevention and Intervention: What Social Workers Need to Know**



**Presenters: Barbara Korenblit, LCSW**  
*Assistant Director of CHANA’s, Stop Abuse of Elders (SAFE); Board of Directors, Meals on Wheels of Central MD; Co-Chair, Committee on Aging – NASW-MD Chapter*

**Jacke Schroeder, LCSW-C**  
*Director, SAFE: Stop Abuse of Elders  
 Project Coordinator, DOJ, OVW, “Training and Enhanced Services to*

*End Abuse in Later Life Program”*

**Synopsis:** Elder abuse has reached epidemic proportions in the U.S. This training will provide the basics every social worker needs to know when working with all older adults and their families. An overview of the essentials will be discussed including: elder abuse prevalence; types of elder abuse; indicators; risk factors; what causes elder abuse; and the fundamental concepts of what is at play in the dynamic between abusers and their victims. Prevention strategies and assessment of victims, as well as the role of social workers as mandatory reporters will be addressed. Additionally, intervention strategies including safety planning, crisis counseling, case management, advocacy, legal services, and voluntary shelter will be detailed and illuminated by case examples.

**Learning Objectives:** At the conclusion of this workshop participants will be able to:

1. Identify the types of elder abuse and their signs and symptoms.
2. Identify three barriers to providing effective intervention for elder abuse victims.
3. Describe the role of mandatory reporters and Adult Protective Services in addressing elder abuse.

## Evening Session

## Webinar H

## **Title: We are Essential: Lessons Learned, Insights, and Opportunities for Change in the Era of COVID-19**



**Presenter: Lee Westgate, MBA, MSW, LCSW-C**  
*Clinical Instructor, UMSSW*

**Synopsis:** COVID 19 has emerged as a black swan event that continues to devastate, uproot, and reconstruct our social reality as we collectively know it. With the onslaught of information, macro-based policy and process changes, and continued instability, each of us within the world of social work continuously ask, "What's next?" In order to determine what comes next, it is pivotal that we collectively frame this experience

within the context of the chapters in history that preceded this international crisis. Prior to COVID 19, healthcare systems of care along with social welfare programs struggled to engage and accommodate vulnerable populations and people with marginalized/ oppressed identities. Every day brings with it the recognition that we need to re-examine the way we see and experience the world. This session will frame out and forecast key challenges faced by social workers and organizations alike; institutional and policy-based dilemmas; the evolving roles played by technology and tele-health; and critical workforce dimensions. All of these elements will greatly factor into what's next for social work and the essential nature of our work. The presenter aims to create a space for participants to share out what they are seeing and how they are making sense of this profound moment in history.

**Learning Objectives:** Upon completion of this training, participants will be able to:

1. Demonstrate an understanding of the current landscape and the unique challenges that we are facing in the era of COVID 19.
2. Highlight potential key ethical challenges and practice challenges within the world of social work.
3. Share out their insights, experiences, and lessons learned during COVID 19 with attention to how essential our work is.
4. Review recommendations about areas of opportunity during this radical paradigm shift.

**Friday March 26, 2021**

***(13 Category II CEUs available for viewing)***

### **Keynote Address**



**Keynote: Mildred C. Joyner, DPS, MSW, BSW, LCSW**  
*President, NASW*

**Title: Social Workers are Essential in Building a Just Community**

**Synopsis:** It is time for social workers to develop and administer an action plan within our communities in multiple ways:

1. To understand the role of social workers on how to address racism within the current context;
2. Explore new pathways that will address and empower social workers to discuss
3. within our communities the pros and cons of the COVID vaccine;
4. To continue to educate social workers and those we serve; and
5. To understand how economic and environmental injustices were exacerbated by the pandemic.

### **Morning Sessions (2 hours)**

#### **Webinar I**

**Title: Elder Isolation During COVID-19 (Panel)**





**Presenters:** **Lisa Roeder, LCSW-C**

*Resident Services Manager, Charlestown Retirement Community*

**Yvonne Yentsch, LCSW-C**

*Center Connection Manager, Baltimore County Department of Aging*

**Robin Contino, LCSW-C**

*Clinical Manager, Bereavement Department, Gilchrist*

**Synopsis:** This panel of Professionals in the field of Aging will review the impact of COVID-19 in a population that already experiences significant feelings of isolation. Case studies will portray the potential devastating results of the pandemic as well as those successful cases of resiliency during this most challenging time. Strategies for minimizing the experience of isolation during the pandemic will also be explored.

**Learning Objectives:** By the end of this workshop, participants will:

1. Understand potential causes of isolation among the aging population prior to COVID-19 and the added challenges during COVID-19.
2. Clearly understand the impact of some unique considerations such as mental health diagnoses, dementia, grief, caregiving roles, etc.
3. Explore differences within levels of care such as independent living, assisted living and long-term care.
4. Strategies for combatting isolation. What works and what doesn't (i.e. the role of technology).
5. Understand the importance of resiliency and the readjustment to what is "normal."

## Webinar J

**Title: Introduction to Maryland Teletherapy Laws and Regulations for Clinical Social Workers**



**Presenter: Dionne Brown Bushrod, LCSW-C**

*Owner, Prosperity Redefined, LLC*

**Synopsis:** This live, interactive webinar is designed to provide Maryland Licensed Certified Clinical Social Workers (LCSW-Cs) with legal and ethical guidelines to follow when conducting teletherapy.

**Learning Objectives:** By the end of this workshop, participants will:

1. Learn who can provide teletherapy
2. Learn effective methods for how to provide teletherapy.

**Please Note: This workshop qualifies for 2 of the Maryland Board of Social Work Examiners' 3-hour ethics requirement for license renewal.**

## Webinar K

**Title: Ethical Considerations & Extreme Risk Protection Orders (ERPO)**



**Presenters: PFC Meghann Holloway**

*Mental Health Liaison, Howard County Police Department and MSW Student at University of Maryland School of Social Work*

**Amy Miller, LCSW-C**

*Mobile Crisis Team Lead Clinician, Grassroots Crisis Intervention Center*

**Synopsis:** Maryland's Extreme Risk Protective Order law (also known as "ERPO" and "red flag law") restricts access to firearms for people who are a risk to self or others. Most states allow law enforcement and family members to petition for these orders. Maryland is one of the few states to include clinicians among petitioners, presenting unique dilemmas to therapeutic engagement. This workshop will provide attendees with an understanding of the law. With an eye toward ethics, participants will then learn how to facilitate clinical discussions, align agency policies

and procedures, and apply the concepts of means restriction when dealing with suicidal and homicidal ideation.

**Learning Objectives:** After this training, participants will be able to:

1. Explain Maryland's Extreme Risk Protective Order (ERPO) law;
2. List at least three ethical principles to consider when making a decision about whether or not to file an ERPO petition;
3. Describe a framework to use when developing policy and procedures for handling ERPO petitions, either for yourself or your agency;
4. Identify ways to apply means restriction when dealing with suicidal or homicidal ideation; and
5. Discuss the real-life complexities involved in an ERPO petition (presented via a case study) filed by the Grassroots Crisis Intervention Center.

**Please Note: This workshop qualifies for 2 of the Maryland Board of Social Work Examiners' 3-hour ethics requirement for license renewal.**

## Afternoon Sessions

### Webinar M

#### Title: Facilitating In-person and Virtual Sessions with At-risk Populations



**Presenter: Pamela Love Manning, MSW, Ph.D.**

*Certified coach, speaker, author, & founder, The Finishers Network*

**Synopsis:** Facilitating in-person and virtual sessions with at-risk populations

This 3-hour training helps prepare professionals to facilitate individual and group sessions with at-risk populations (e.g., returning citizens, gang involved youth/adults, etc.) and opportunity youth. Participants will discuss methods for keeping people engaged, address actions for virtual or in-person training that promotes social support, and social connectedness. Lecture and role play will be used to practice methods discussed.

**Learning Objectives:** By the end of this training, participants will be able to:

1. Identify evidence-based practices for engaging at-risk populations.
2. Identify ways to use peer support for reducing distractions during virtual and in-person trainings.
3. Explore methods for reducing attrition and that promotes social support and social connectedness.
4. Discuss ways to assess the effectiveness of strategies for facilitating training with at-risk populations.

### Webinar N

#### Title: Acting as an Anti-Racist White Ally and Accomplice to Clients and Communities of Color



**Presenter: Jon Gilgoff, LCSW**

*Ph.D. Candidate, UMSSW*

**Synopsis:** With the killings of George Floyd and Breonna Taylor, the mass protests that followed, and a lack of commitment from the last administration to address acts of hatred, there is increasing recognition nationwide of systemic racism that demands immediate attention and decisive action. As has always been the case and with ever increasing urgency, it is imperative within social work that white staff bring a high level of awareness to act as anti-racist allies and accomplices, approaching clients with cultural responsiveness and humility. Integrating culturally based knowledge, techniques, and activities into one's practice and agency programming without it being insensitive or an appropriation is an ability that requires on-going development. Join us at this engaging workshop where we will explore what it means to be a white anti-racist ally and accomplice to people of color, including an ongoing exploration and commitment to address historical oppression and to dismantle contemporary tools of

white supremacy. Whether you identify as white yourself, work with white colleagues, or simply wish to add to this valuable dialogue, all interested social workers are encouraged to attend.

**Learning Objectives:** At the end of this workshop, participants will:

1. Be able to identify 3-5 reasons why white anti-racist allies and accomplices are urgently needed based on race-based privilege and oppression.
2. Learn ways to act as a white anti-racist ally and accomplice within our roles as social work professionals serving clients and communities of color.
3. Plan 2-3 ways to integrate white anti-racist allyship and accomplice actions within workplace and community roles

**REGISTER NOW**