

#3013 - LIVE WEBINARS - Juneteenth Freedom Conference June 13 – June 17, 2022 - [REGISTER NOW](#)

An NASW-MD and Evolve Continuing Education Partnership and Experience

Black-Collective-Training-Network

About Black Collective Training Network: Cultural competence, awareness, and diversity consultation in the planning, delivery, and monitoring of professional development content for ongoing professional competency and training requirements for licensure renewal for social workers, therapists, and counselors.

Monday, June 13th In-Person – Meet and Greet

5 – 7 pm

Bus Boys and Poets -

6251 Mango Tree Rd, Columbia, MD 21044

Tuesday, June 14th – Virtual

9-11 am

Title: ***A Biopsychosocial Perspective Working with Clients***



Presenter: **Stacey Robinson, LCSW-C**

Synopsis: This presentation will focus on recognizing how the absence of healthy nutrition affects diagnosing and treating social and emotional factors for clients. When the body is depleted of nutrients and flooded with chemicals, excessive saturated fat, sugar, and empty calories, it suffers from a chronic inflammation state. In the helping professions, this inflamed state can affect clients' relationships with themselves, relationships, and environments.

Learning Objectives: During this webinar, participants will:

1. Learn an alternative approach to the concepts of health, disease, diagnosis, and treatment.
2. Identify the effects associated with the lack of nutrition on mental health.
3. Learn the nutrient-dense foods and how they will assist in improving mental health.
4. Learn how to assess the mental health needs of clients with nutritional deficiencies and how to incorporate nutrient-rich foods into treatment and service plans

Intended to promote understanding and competency in biopsychosocial functioning for clients.

CE: 2 Category I CEUs

12- 1 pm

Title: ***Racial Equity in Psychedelic Assisted Therapies and Research***



Presenter: **Melodye Watson, LCSW-C**

Synopsis: Psychedelic therapies are here. Ketamine, Psilocybin, MDMA, and LSD are being used in the treatment of depression, PTSD, eating disorders, and other mental health disorders. As these treatments become available, training BIPOC mental health professionals in psychedelic-assisted therapies will be key to ensuring safe access and equity for BIPOC individuals needing these transformative approaches to wellness.

Learning Objectives: In this one-hour webinar, participants will be introduced to

1. Discovering the emergent field of psychedelic-assisted therapy and research.
2. Identifying three strategies to promote racial equity in psychedelic-assisted therapy and research.

Intended to promote enhanced mental health treatment services, policy structures, and racial equity.

CE: 1 Category I CEU

1:30 – 3:30 pm

Title: ***Children in Treatment***



Presenter: **Ayana Burnett, LCSW-C**

Synopsis: Children are not just little adults. Services and treatment should match a child's unique needs and understanding which requires increased competency and creativity to keep children engaged on the path to success. This webinar will explore interactive and engaging methods to help children reach their goals using developmentally appropriate methods.

Learning Objectives: This webinar will explore

1. Appropriate treatment and engagement methods.
2. Alternative care (mindfulness, meditation, play) with traditional psychotherapy and service planning.
3. Adjusting expectations to match developmental needs.

Intended to boost provider skills and education in service work with children.

CE: 2 Category I CEUs

Wednesday, June 15th

9-11 am

Title: ***When Trauma is the Norm: Helping Families Move from a Legacy of Hurt to Creating a Legacy of Healing***



Presenter: **Tierra Sydnor-Diggs, LCSW-C**

Synopsis: Intergenerational trauma can impact the social, emotional, and/or behavioral conditions that exist within families and communities. Many families are not aware of the effects of such traumatic experiences and behaviors on their daily lives because it has become the norm. Intergenerational trauma can impact one's ability to function in a healthy way for themselves and the people around them. Mental health professionals are tasked with assisting families and communities with identifying and addressing unhealthy coping patterns of dealing with daily life that has been normalized. Although individuals may experience some form of direct trauma, clinicians can work with families to begin

peeling back the layers of trauma that have been passed from generation to generation. Strength-based and family-focused interventions have been proven to be an effective way for clinicians to collaborate, educate and encourage self-exploration within the family system. The goal is to help families take on new meaningful steps toward change within their family unit and environment to create a healthier "new normal".

Objectives: Participants will:

1. Define and discuss what is at the core of intergenerational trauma and its impact on the Black family unit.
2. Discuss common trauma responses, stress responses, and maladaptive behaviors that manifest and impact the lives of individuals, families, and communities because of intergenerational trauma.
3. Participants will engage ingroup activity/discussions to promote self-reflection of thoughts, behavior, and attitudes when working with families.
4. Review and discuss strength-based approaches that promote resiliency and engagement that is collaborative and transformative.
5. Discuss best practice implications for practitioners' response to addressing intergenerational trauma.

CE: 2 Category I CEU

1-3 pm

Title: ***Freedom from the Legacy Burdens of Racial Trauma***



Presenter: **Candice R. Dickens, LCPC**

Synopsis: Racial Trauma carries its legacy burdens that are transmitted inter-generationally through the DNA and the narratives that we tell our children. In this workshop, we will examine how these burdens lead to pathology, rage, exaggerated stress responses, and profound feeling of powerlessness to protect themselves and family members from race-based harm. This workshop will explain how legacy burdens stemming from 373 years of slavery, implementation of Jim Crow Laws, years of police brutality, mass incarceration, and discriminatory race-based practices have impacted African Americans systemically,

psychologically, and emotionally. Attendees will learn how to unburden their legacies and created space for emotional and psychological freedom.

Learning Objectives: By the end of the webinar, attendees will

1. Identify historical factors that have impacted African Americans psychologically, emotionally, and behaviorally.
2. Identify how legacy burdens patterns emerge in the family and the African American community
3. Explore the protective narratives and behaviors that are created and reinforced as a result of historical and recent traumas (i.e., George Floyd's murder)
4. Learn about how trauma lives within the DNA and the mind-body relationship.
5. Learn tools to unburden the African American client who is not able to function because of the burden of racial trauma.

CE: 2 Category I CEU

Intended to promote social justice, racial equality, and cultural competency.

3:30 – 5:00 pm

Title: ***Urban Trauma Urban Triumph: Deconstructing the influence and links between Consumerism, Culture and Compounded Stress in the Black Community***



Presenter: **Keisha Atlee, LCSW-C**

Synopsis: We must not be afraid to look back at where we came from to understand where we are. True to the Person in Environment Perspective from which social work is grounded, we cannot understand the problems of a person without understanding the context in which the problems occur. Further, we better understand a person by learning more about the problems they are managing.

Learning Objectives: Together we will:

1. Explore some of the more root causes of compounded stress, and racial and generational trauma.
2. Explore the methods used to perpetuate the distress, marginalization, and disenfranchisement of the

black community.

3. Build practitioner capacity for discernment to recognize manifestations of compounded stress and racial and generational trauma.
4. Learn about assessment tools to promote a more comprehensive cultural assessment and authentically engage diversity in practice.
5. Learn how to use your current repertoire of theories, resources, and interventions in a more culturally responsive manner.

CE: 1.5 Category I CEU

Advisory Statement Please be advised that this training uses a photo, video, and written content of provocative and explicit nature to educate public health professionals

Thursday, June 16th

9-11 am

Title: ***Diversity and Leadership Matters***



Presenter: **Dionne Brown-Bushrod, LCSW-C**

Synopsis: More than having a seat at the table, employees, volunteers, team members, etc. want to effect change at the table. This webinar will explore ways to increase accountability and strategy the application of impactful diversity, equity, and inclusion for team cohesion.

Learning Objectives: Attendees will:

1. Develop meaningful approaches to include diversified thinking.
2. Increase awareness of cultural considerations in teams.

3. Activate effective and diverse leadership.

CE: 2 Category I CEU

Intended to address cultural barriers in leadership.

12-1:30 pm

Title: ***Connecting Values to A Career in Supervision***



Presenter: **Latisha Christensen, LCSW-C**

Synopsis: Money or income potential shows up in the value of your career. Supervisees often do not know how to seek fair compensation because they often don't understand the value of their careers and can be disconnected from the tenets of their helping professions. Supervisors do an excellent job of teaching responsibilities of the workplace and the field, but one thing gets missed...We should be developing employees to prepare them to advocate in their profession confidently and competently. This webinar will empower supervisors to

strengthen supervisees' professional values and mindsets.

Learning Objectives: Attendees will

1. Gain knowledge about emotional barriers in financial management that are tied to career success.
2. Understand core professional standards and values and how to demonstrate competency in careers for helping professionals.

CE: 1.5 Category I CEU

Intended to promote core values and professional acumen.

4-7 pm

Title: ***Clinical Supervision: Matching Experience and Expectations in Creating a Model of Supervision***

Presenters: **Luanda Johnson, LCSW-C, and Patricia Roberts-Rose, LCSW-C**

Synopsis/Objectives: Participants will understand the expectations of clinical supervision, their role as a supervisor, and expectations. Participants will understand the importance of interviewing potential supervisees. Participants will be introduced to a model of supervision that can guide the relationship and build on the supervisee's clinical skills.

CE: 3 Category I CEU

Please Note: This workshop meets MD BSWE requirements for 3 Supervision



CEUs for Supervisors.

Intended to strengthen supervisory skills for clinical advanced licensure and a formalized supervision model for interns, employees, and professionals.

Friday, June 17th

9am -12 pm

Title: ***Black Collective Training Network presents An Implicit Bias Watch Party***

Facilitator: Dwayne Buckingham, Ph.D. LCSW-C,

Moderator: Dionne Brown-Bushrod, LCSW-C

Synopsis: Did you know all Maryland healthcare providers must take a one-time course on Implicit Bias Training? Social workers, therapists, and counselors are healthcare providers. The Black Collective Training Network is hosting an implicit bias watch party that will include the approved and required training for all healthcare providers approved by the Maryland Department of Health Office of Minority Health and Health Disparities and supported by the MD Board of Social Work Examiners. In this online seminar, we will review the training through the lens of professional association standards and industry regulations that guide cultural competency. Although the required training does not award continuing education units, participants will receive 3 Category I CEUs for increasing knowledge, education, and skills in cultural competency. With research and inquisition, participants will explore topics presented in the Maryland implicit bias training for healthcare providers to assess participant and workplace readiness and accountability for a deeper understanding of cultural implications and dynamics.

The majority scope will reach professional competency, client service delivery environments, professional integrity, and political action in the industry-wide and individual workspaces.

Source National Association of Social Workers Code of Ethics Cultural Competence 1.05, Administration 3.07, Integrity of the Profession 5.01, Evaluation and Research 5.02, Social and Political Action 6.04



CE: 3 Category I CEUs in Ethics

Please Note: This workshop meets the requirement for 3 hours of ethics OR 3 hours of supervision (for supervisors) required by the Maryland BSWE for license renewal.

Intended to encourage cultural awareness for individual providers for the dynamic care and consideration of clients, families, communities, and organizations.