2016 Annual Conference: Forging Solutions Out of Challenges

Thursday Intensives: Racism and Children, Youth, and Family

By Jenni Williams

Due to holidays at the end of March, the 2016 Annual Social Work Month Conference will be held a few weeks earlier this year on Thursday and Friday, March 17-18 at The Maritime Institute of Technology near BWI Airport. On Thursday, we will feature a Day of Intensives, on two different topics: Racism and Children, Youth, and Family. If attendees choose the Racism Intensive, there will be no break-out sessions; the whole group will progress through the day together. The planning committee for this event, Social Workers Unraveling Racism, has planned an informative and interactive discussion about working effectively toward racial equity. The keynote speaker for Friday’s conference will be Jim Holler who served as chief of police for sixteen years at the Liberty Township Police Department in Adams County, Pa. His presentation, entitled Fearlessly Facing Challenges andForging Ahead, will teach attendees how to tap into their ‘inner selves’ to help avoid the potholes and navigate the forks on the ‘yellow brick road of life.’ His goal is to motivate, entertain, encourage, and deliver a remarkable and unforgettable experience to all in attendance. Social workers need and deserve a boost for their morale and energy level, and this keynote will deliver just that!

Chief Holler is an internationally known speaker specializing in crimes against children and has trained and provided technical assistance to thousands of attorneys, judges, law enforcement professionals, medical, mental health and public health professionals, social workers, advocates, and allied professionals both in the United States and internationally on a range of topics specifically related to crimes against children.

Chief Holler is an Internet Crimes against Children Investigator, and has conducted proactive internet investigations making multiple arrests for possession of child pornography and undercover chat related arrests for soliciting sex from a minor. Chief Holler was the founder and board president of the Adams County Children’s Advocacy Center in Gettysburg, Pa. and past board president of the Wetzel-Tyler County, WV Child Advocacy Center in Parkersburg, WV. We are honored to have him as our keynote speaker this year, and look forward to hearing his message.

As always, our highlight on Friday will be the annual award ceremony presentation during lunch, where we will honor fellow social workers and a public citizen from Maryland who have made outstanding contributions to the field of Social Work. To nominate someone for social worker of the year, see page 3 for details.

For social workers, NASW will be pushing a bill to allow more young adults who have been in the state's foster care system access to college tuition assistance in partnership with the Board of Social Work Examiners that will, among other things, help better protect our profession. We expect to weigh in on bills related to teletherapy, the use of solitary confinement, police reform and much more.

To keep apprised of what we are doing and to exercise your right to participate, please visit the Advocacy tab on our homepage www.nasw-md.org. There you will find our Legislative Priorities for 2016 and a chart of all of the bills that NASW-MD is following this session along with our position on the bills. The bill chart will be updated each week. In addition, as the session progresses, any bill testimony which is provided by our chapter will also be posted on this site. Finally, a legislative advocacy center can be found on the Advocacy tab with information on your elected representatives and easy access to contact them.

Make 2016 the year your voice is heard!
Happy New Year! 2016 promises to be another great year for the social work profession and for our NASW Maryland Chapter. We celebrate our profession annually in March. The theme for this year’s Social Work Month celebration is: Social Work: Forging Solutions out of Challenges. I love this theme as it captures the problem-solving spirit, drive, and creativity we bring to the work. It not only alludes to past achievements of the profession but also hints at future achievements. You can visit this website (www.jimcolemanstore.com/sw/) to order tools and merchandise featuring this year’s theme to help you with your 2016 event.

Chapter Happenings
As usual, our Chapter has numerous activities planned in the coming months to highlight the best of our profession and to allow us to make a difference in the lives of those we serve. Look for them throughout this paper.

The Annual Social Work Month Conference will provide you with great networking, great value on CEUs from top presenters, and allow you the opportunity to recognize this year’s Social Worker of the Year, MSW and BSW Social Work Students of the Year, Social Work Educator of the Year, the Social Work Lifetime Achievement Award recipient, the Social Work Field Instructor of the Year, and the Public Citizen of the Year. There is still time to nominate someone for any of these awards. Please visit the chapter website at www.nasw-md.org for the nomination form. Completed nomination packets must be received by February 15th.

NASW National Happenings
NASW is hosting its “Social Work Day on the Hill” on March 2, 2016. Former congressman Edolphus “Ed” Towns from New York, in conjunction with the Congressional Social Work Caucus and its Chair, Rep. Barbara Lee from California, invite you to attend the Social Work Day on Capitol Hill. For more information, contact Charles E. Lewis Jr. at clewjr@gmail.com.

NASW National, the National Board of Directors, and all Chapters are continuing with implementation of the plan to modernize the association. As I reported in my October column the National Board voted to proceed with the plan. Daphne McClellan, our Executive Director, continues to serve on the Human Resources Implementation Team which is one of 13 implementation teams, and our President-Elect, Charles Howard, continues to represent us on calls with Chapter Presidents where the association’s modernization is regularly discussed. I attended a webinar hosted by NASW President Daryl Wheeler and NASW CEO Angelo McClain on December 18, 2015 and was pleased to see that NASW National is hearing the feedback of the implementation teams regarding aspects of the plan, and is also scheduling a special membership meeting on Friday, April 8th, to allow any interested NASW member the opportunity to communicate about how to turn challenges in the modernization process.

I want to commend the Chapter staff (Daphne McClellan, Executive Director; Jenni Williams, Director of Communications and Continuing Education) for their top-notch dedication and professionalism. To stay up-to-date with the Chapter’s abundant continuing education training offerings around the state developed by Daphne and Jenni, “like” our Facebook page, join our NASW-MD group on LinkedIn, and/or visit our website regularly at www.nasw-md.org.

Lastly, I want to let you know that this will be my final column as President. While I will be actively engaged until my term ends on June 30, 2016, Charles Howard, our Chapter’s President-Elect, starts his term on July 1. Charles and I are working together to ensure a smooth transition for the Board and staff. Because the time goes by so quickly and because Charles will be involved with the Annual Leadership Meeting and other key endeavors this spring, I’ve asked Charles to pen the April President’s Column so he can start sharing his leadership vision with you and you can start engaging him on what you need from the NASW-MD Chapter.

Thank you for choosing social work and thank you for choosing NASW. I look forward to seeing you at the Annual Conference in March. It has been my pleasure to serve you.

Happy New Year!
Recognizing Your Fellow Social Workers and a Local Citizen

By Carlton Munson

On October 29, 2015 Harris Chaiklin left our physical midst. I first stepped into a Harris Chaiklin classroom in the fall semester of 1971 when I entered the newly established University of Maryland School of Social Work Doctoral Program. Twelve of us were admitted to the first class of doctoral students. While in the U.S. Coast Guard I acquired a strong desire to become a college teacher, and I knew I needed to obtain a doctorate to reach that goal. I did not have Dr. Chaiklin for a course in the MSW program, but I had heard much about his demanding standards for academic performance. I enrolled in three courses with Dr. Chaiklin in the three years it took me to graduate. Dr. Chaiklin quickly became “Harry” and not “Dr. Chaiklin” to the “group of nine” that remained by the time we entered his class.

Harry had a way of dispensing with the formality of the professor-student relationship without losing sight of the formal learning goals. In the sociological theory class, Harry academically and intellectually “cornered” us to the point that we almost had to memorize Don Martindale’s book, The Nature and Types of Sociological Theory to get through the course. It was Harry who introduced us to the necessity of shaping knowledge into a framework (theoretic orientation) to make knowledge meaningful and useful. For us it was a struggle, but for Harry it was a welcomed academic challenge. Martindale defined four theoretical perspectives we had to master, but Harry would accept any other legitimate models we could articulate. There were few we could come up with that Harry was not familiar with.

Harry’s knowledge of theory was encyclopedic, and he could cite vast amounts of literature without benefit of notes. Hollingshead and Redlich’s Social Class and Mental Illness, Merton’s Sociology of Science, C. Wright Mills’ The Sociological Imagination and symbolic interaction theory were paramount in his mind and lectures.

Harry’s classroom presentation was frequently accompanied by a pipe, the occasional cigar, and leather or green plastic sun visors. Outside the classroom, Harry would continue our education in a more informal style at the Campus Inn down the street. The “Inn” still exists, and I cannot pass it without being reminded of the many “extended class sessions” we had there. Harry would change his role in those sessions and almost let us become the teachers as we tried out our newly acquired knowledge. I realized later Harry knew exactly what was taking place.

Harry and his wife, Sharon, periodically welcomed us to their home, and he would put his academic self on the shelf and his human side entertained.

There are many other memories of those days, what they have meant to us, and what Harry did for us. All we have now are the memories and the academic legacy. Harry is gone but what he taught us remains, and we will continue to do our best to pass on his intellectual wisdom, knowledge, and insight to the next generation of students with our input added. I know Harry would like that, and I know he would give us that subtle smile that was uniquely his.

Remembering Harris Chaiklin

By Carlton Munson

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Nominate Now for the 2016 NASW-MD Annual Awards!
Recognize Your Fellow Social Workers and a Local Citizen

It’s time again to recognize and honor your fellow Maryland Chapter members, student members, and a local citizen who have made outstanding contributions to the profession and the community. The awards, which will be presented at NASW-MD’s Annual Social Work Month conference to be held on March 18, 2016, include Social Worker of the Year, MSW, and BSW Social Work Students of the Year, Social Work Educator of the Year, the Social Work Lifetime Achievement Award, the Public Citizen Award and Social Work Field Instructor of the Year. Please note that, with the exception of the Public Citizen Award, nominees must be a current member in good standing with NASW-Maryland Chapter (it is okay if they join now). Don’t miss this opportunity to say thanks and lift up colleagues who have done so much for the profession and their communities!

Criteria for these awards include:

• Nominees for the 2016 Social Worker of the Year Award must be NASW-MD Maryland members and have made the field experience a meaningful one.

• Nominees for the 2016 Social Worker of the Year Award, Lifetime Achievement Award, and Social Work Students (BSW & MSW) of the Year Awards must have made significant and outstanding contributions to the profession of social work, displayed leadership in the profession, earned the respect of fellow social workers and represented well the professional ethics of social work.

• Lifetime Achievement Award nominees should be individuals who have a significant span of achievement over his/her career that distinguishes them and a long legacy of commitment to the profession.

• Nominees for the 2016 Social Work Educator of the Year and Social Work Field Instructor of the Year must educate the public about the unique qualifications and diverse professional activities of social workers and must support high standards for training in social work education. The Educator of the Year must advance the body of social work knowledge through research and publication.

• Nominees for the 2016 Social Work Field Instructor of the Year should be an individual who has demonstrated an outstanding adeptness at providing the professional support, mentorship and knowledge necessary to ensure field experiences which contribute to the development of able, efficient and well-versed future social work professionals, and who has made the field experience a meaningful one.

• Nominees for the 2016 Maryland Public Citizen of the Year cannot be members of the social work profession. Individuals nominated must have made specific outstanding contributions to the human services field and have personally represented ethics compatible with those defined in the NASW Code of Ethics.

Please visit our website (www.nasw-md.org) for the nomination form or contact Daphne McClellan, at 410-788-1066, ext. 16 (or nasw-md@verizon.net), to request a nomination form or further information. Please include a statement of 350 words or less telling us why you believe your nominee deserves the award and those contributions the individual has made that makes him or her unique; attach additional sheets to the form, if necessary. Please also be sure to include a current resume for your nominee.

Deadline for submission of nominations is Sunday, February 15, 2016!
Advanced Training for Masters Level Social Work Supervisors Serving Older Adults

Earn 30 CEUs (including 3 hrs of Ethics) through five full-day workshops, March 8-May 3, 2016

The Maryland Chapter of NASW under the auspices of National NASW and the John A. Hartford Foundation is announcing a new training program – Supervisory Leaders in Aging (SLA). The program is designed to improve the delivery of health care and social services to older adults by strengthening the supervision of social work staff providing direct social services.

Participants can expect to:
• Gain Gerontological knowledge and enhance their teaching skills to guide practice with older adults and their families.
• Strengthen and build upon their leadership skills in supporting interdisciplinary team work.
• Benefit from continued peer support, practice, research and policy updates and numerous other opportunities through SLA’s growing network of graduates.
• Earn 30 CEUs for social work licensing. NASW-MD is an approved provider of Continuing Education by the Maryland Board of Social Work Examiners (BSWE).

Who is eligible to join SLA?
MSWs working as supervisors or as managers providing supervision to staff, in any setting, who provide direct social services to older adults are eligible to apply. Both experienced and novice supervisors are encouraged to seek this advanced training.

Criteria for agencies
Employers agree to support SLA participants, including payment of full or partial payment of the registration fee or providing time to attend the 5 full-day workshops. Employers also agree to complete pre- and post-training questionnaires and to support graduates in their efforts to enhance supervision and staff training.

Dates and SLA training sessions
Day 1: March 8, 2016
• Advancing Skills in Individual and Group Supervision

Day 2: March 22, 2016
• Teaching Gerontological Social Work Assessment Skills
• Measuring Outcomes of Gerontological Social Work Practice

Day 3: April 5, 2016
• Expanding Knowledge of Geriatric Mental Health
• Heightening Awareness of Older Adult Self-Neglect and Mistreatment

Day 4: April 19, 2016
• Supervising Social Service Staff in Their Work With Families
• Supporting Staff in Ethical Practice

Day 5: May 3, 2016
• Translating Research Evidence into Gerontological Social Work Practice
• Strengthening Leadership in Interdisciplinary Practice

Information about registering
The registration fee for members of NASW is $450 and for non-members $675. NASW welcomes new members at the point of submitting an application. Full and partial scholarships are available, please inquire if needed.
To apply on-line go to: www.socialworkers.org/sla

For more information and to register, contact Daphne McClellan, nasw.md@verizon.net

APPLICATION DEADLINE: January 31, 2016

Calling All Gerontological Social Work Supervisors!
The Maryland Chapter of NASW has been chosen as one of the four sites for a grant from the Hartford Foundation which will provide advanced training and a certificate to Social Work Supervisors in the Field of Aging. The upcoming program in Maryland is a part of a national rollout which began in the NYC Chapter of NASW where four cohorts have already been trained. Here are some thoughts from a participant in that program:

From a graduate of the 2015 NYC training:
“I learned a lot from the SLA program and started using the content with my staff and implementing much of it in my programs. The best part was hearing from the other supervisors on the challenges they face and how they handle problems. I don’t have much of a network of peers at my job so I benefitted a great deal from this aspect.”

From a manager:
“I am extremely pleased with the training and mentorship provided to one of our new supervisors. The focus on geriatrics is essential for today’s health care social workers and offering the concentration within the context of leadership development and advancement as a new supervisor of staff has proven instrumental to our supervisor’s effectiveness in her role at our medical center.”

HURRY!
The deadline for applications for the first Maryland cohort is January 31, 2016.
If you are interested in applying, please visit www.socialworkers.org/sla

Social Work Across the State: Branching Out

Western Maryland Social Workers New Peer Supervision Group Opportunity

A free and new peer consultation group is forming for advanced private practice social workers in Allegany and Garrett Counties of Western Maryland. This is a wonderful opportunity to share expertise, avoid practicing in isolation, and enjoy the camaraderie of like minds. Having other respected colleagues for referrals is also an advantage. In addition, Maryland Board of Social Work Examiners accepts group peer case consultation for Category II credits (1 credit per hour). There are no fees, dues, or changes involved to participate.
The format includes approximately one half hour of resource sharing or discussing issues pertinent to private practice. The remainder of the time is allotted to case presentation and consultation. Participants may opt to volunteer a case for review in advance. Time ordinarily allows for up to three case presentations.
Cynthia Lincoln, LCSW-C, will host the first meeting, including lunch, at her location between Oakland and Deep Creek, Maryland. Thereafter, the group may elect to rotate hosting the location and lunch (or brown bag option). Meetings are planned to be held every third Friday of the month, from noon to 2 p.m.
The specific start date will be established pending sufficient interest. Please contact Cynthia Lincoln via email at cmelincoln1027@gmail.com if you would like to participate in this opportunity.
Legacy: Who Will You Embrace When You Embrace Your Truth?

Some people perceive their lives winding down by the time they’ve reached their late sixties. But actor George Takei made a life-altering revelation at age 68. In 2005, the man at the time best known for his role as Mr. Sulu on Star Trek came out as gay. Until that moment, Takei had kept his truth private in an effort to protect his acting career. Upon this announcement, Takei embraced a brand new role as LGBT spokesperson and activist.

Many of us tend to think of those in their sixties and older as set in their ways. Baby Boomers and older often think, “if I haven’t done something up until this point, it’s probably never going to happen.” Takei very well could have taken his sexual orientation secret to his grave. But he was motivated to disclose his sexual orientation when the Marriage Equality bill passed in his home state of California but was vetoed by then Governor Arnold Schwarzenegger. Takei remembers feeling furious about the veto but then being inspired by the young generations protesting the decision.

Since coming out a decade ago, Takei has positively impacted the LGBT community. For example Tennessee’s infamous 2011 “Don’t Say Gay” in schools bill, (ultimately defeated) garnered opposition from Takei. His tongue-in-cheek Youtube campaign featured him recommending that if students and teachers were unable to say the word “gay” in schools that Tennesseans use his name instead. For example, he suggested that if a teacher was discussing gay marriage to call it “Takei marriage.” If a student was asking a question about gay pride month that it could be referred to as “Takei pride.” He also joked fun by pointing out that when singing “Deck the Halls” at the holidays, Tennesseans could opt to replace the lyrics with “don we now our Takei apparel.”

What a huge shift for someone who was terrified to publicly acknowledge his sexual orientation for nearly seven decades! Today’s culture is much friendlier to the LGBT community than it ever has been before. Takei’s disclosure and willingness to speak out about the cause has been part of that paradigm shift. While celebrities are no more important than the rest of us, they often possess the platform to influence culture change. Here are just some of the older adult public figures who have come out publicly since Takei’s announcement:

• 64-year old finance expert and author Suze Orman, 2007
• 56-year old actor David Hyde Pierce, 2007
• 51-year old comedienne Wanda Sykes, 2008
• 54-year old weather anchor Sam Champion, 2012
• 53-year old actor Jodie Foster, 2013
• 55-year old Apple CEO Tim Cook, 2014
• Caitlyn Jenner, the 65-year old Olympic champion formerly known as Bruce Jenner, 2015

While you may not possess the platform of a celebrity, you can effect change. When one person embraces his or her truth, it paves the way for others to do the same. What cause is important to you? What paradigm shift in our culture do you want to contribute to?

Your life is not over when you are older. In fact, if you are retired, you probably have more time on your hands to devote to causes close to your heart. And like Takei, you probably are more courageous than you give yourself credit for. During this time when we are all making New Year’s resolutions, consider what’s important to you. Here are five ideas how to make 2016 the year you embrace your legacy:

• Volunteer for a cause you care about.
• Start a non-profit or business based on a passion.
• Communicate with your legislators about issues you care about.
• Share your knowledge or expertise about something you think is important.
• Donate money to a cause you believe will make the world better.

Gerontologist Jennifer L. Fitzpatrick, MSW, CSP is the founder of Jenerations Health Education, Inc., an Education Consultant for the Alzheimer’s Association and a gerontology instructor at Johns Hopkins University. You can find her at www.jenerationshealth.com or on twitter @fitzpatrickjen.
The NASW-MD Private Practice Committee Wants to Meet You

ALL-DAY OPEN HOUSE
Networking, Free CEUs, Lunch Provided
MARCH 4, 2016
10:00 AM – 7:00 PM
NASW-MD CHAPTER OFFICE
5750 EXECUTIVE DRIVE, SUITE 100
BALTIMORE, MD 21228-1700

Come and Enjoy One or All of the Activities

Agenda
- 10 am - 11:30 am: Private Practice Committee Meeting
  Topics include legislative issues affecting private practice and private practice/business development.
- 11:30 am - 1 pm: Clinical Case Conference Free Category II CEU
  Peer discussion on case-specific clinical issues with other clinicians who have a wide range of experience.
- 1:30 pm – 3:30 pm: Free Category I CEU Workshop: Road Map to Your Private Practice
  Join us for an interactive educational experience which will provide participants with the key steps on how to get started in private practice. This workshop will be great for those just starting out as well as for those who have years of experience.
- 3:30 pm - 5:00 pm: Drop in Meet and Greet
  If you have a moment, stop by to meet a few committee members and learn how the committee can benefit you!
- 5:00 pm - 7 pm: Free Category I CEU Workshop: Your Private Practice and the Digital World
  A discussion and hands-on workshop on the subject of technology and private practice.

Interested? Respond by February 18, 2016 to nasw.privatepractice@gmail.com or 410.946.1855. Let us know the activity you are interested in attending so we can plan for catering and CEU Certificates.

Private Practice Committee Corner

Dr. Carlton Munson Receives Forensic Lifetime Achievement Award

At the 2015 annual meeting of the National Organization of Forensic Social Work (NOFSW) held in Arlington, Va., Dr. Carlton Munson, Professor at the University of Maryland School of Social Work, received the NOFSW’s highest award; the Sol Gottard Lifetime Achievement Award. The Honorable Sol Gottard was a judge and MSW social worker “who has devoted his career to protecting abuse victims and improving the legal system to which they are entrusted.” He worked as a probation officer and served as trial judge and appellate court judge in Louisiana for many years. NOFSW has recognized Judge Gottard’s major contribution to forensic social work by establishing the NOFSW Lifetime Achievement Award in his name.

Dr. Munson was selected for the award based on his long professional career devoted to forensic social work practice beginning when he was selected to be one of the first five juvenile probation officers hired by the Maryland Department of Public Welfare in 1964 as part of a pilot program. Dr. Munson served in the Washington County Circuit Court under the tutelage of the legendary judge, the Honorable Irvine H. Rutledge. Two years later this core group of probation officers became the first employees of the newly created Maryland Department of Juvenile Services. The NOFSW award announcement stated, “Dr. Munson has served as a model of excellence in the social work profession. He has made outstanding contributions to social work practice, social work education, and social work research in health and mental health. As a Professor in the School of Social Work, University of Maryland at Baltimore, Dr. Munson has taught social work practice courses at the BSW, MSW and doctoral levels. He also served for seven years as Director of the University of Maryland School of Social Work doctoral program. In addition to being a distinguished educator, Dr. Munson has made contributions to clinical social work practice and the social work profession in the federal and state court systems. Dr. Munson’s participation as a clinical expert witness and consultant in two State of Maryland Court of Appeals child welfare cases established the right of clinical social workers to make DSM diagnoses, to testify as expert witnesses, and to testify to ultimate issues. These are accomplishments of national historic importance for the social work profession, and the Maryland Court of Appeals’ opinion in Dr. Munson’s case affirmed and established the credentials of clinical social workers at the state and national levels.”

Dr. Munson was the first graduate of the University of Maryland-Baltimore School of Social Work Doctoral Program in 1975. He remains active in clinical practice. One of his forensic practice areas is international child abduction, and he has specialized in this area for 20 years. Two cases he testified in, Daniel v. McLean and Whalen v. Lynn were precedent setting federal court cases that are often cited in international child abduction cases. Dr. Munson has served as a clinical consultant to practitioners, mental health agencies, and departments of social services at the state, county and local department levels. In 2013 Maryland Governor O’Malley appointed Dr. Munson to the Maryland Commission on Custody Decision Making. He served as chair of the Commission’s Research and Literature Committee. Dr. Munson also received a Maryland State Senate Resolution recognizing his contributions to the social work profession. Dr. Munson was one of the clinical social workers selected to participate as a collaborating investigator in the American Psychiatric Association’s field trials for the DSM-5. Dr. Munson is designated as a social work Pioneer by the National Association of Social Workers Foundation. As part of the NOFSW Conference, Dr. Munson presented two invited papers titled “Federal and State Court Expert Witness Testimony in Child Trauma Cases” and “Forensic Social Work Practice and the DSM-5” that are in the process of being published.
Second Annual Film Festival September 11th at UMBC: Movies and Facilitators Needed

By Jenni Williams

Last year’s film festival was very successful, so we are planning our Second Annual Film Festival for Sunday, September 11 at UMBC. We will show four feature length, shorts, or documentaries, that will last at least an hour. The films can be feature length, shorts, or documentaries, but must not exceed 1.5-2 hours. All movies should be relevant to social workers. Attendees will be able to earn 3 or 6 CEUs for the day, and NASW-MD Chapter will provide a pizza lunch. If you have a movie suggestion or are interested in facilitating a movie/discussion, please contact Jenni at jwnasw.md@verizon.net. Deadline for submissions is April 15.

The Standard Used to Measure

by Grace Michael

Violence … Kindness…
What is the standard? How do we measure?
Violence protects him; strengthens him; makes him more valuable than her.
Look at her trying to placate him.
She thinks kindness and love will turn his anger to love.
He refuses her kindness and belittles her love.
She is not worth his kindness and love.
He can’t be bothered with her; unless…
Can he use it to gain more power over her?
See, she cares, and he doesn’t. Why can’t she see this?
Is she so desperate for another human’s presence, that she would rather suffer than be alone?
Have she had enough of his violence and abuse, and her children? 
She was beat down, resentful, bitter.
Their friends wondered why he was happy and relaxed when his wife and children were such emotional wrecks.
He was admired for caring for such a troubled family.

She moved. She encounters kindness offered to her. She is strengthened.
The kind ones are strengthened by her thankful acceptance of their kindness.
She in turn offers kindness, acceptance to people she meets.
Sometimes her gifts are received.
Sometimes her gifts are rejected.
But now that she is stronger, she realizes gifts of kindness are just gifts to be received or rejected.
This is not a reflection of her.
She grows. Sometimes her gifts are received.
Sometimes they are rejected.
But now that she is stronger, she realizes gifts of kindness are just gifts to be received or rejected.
She in turn offers kindness, acceptance to people she meets.
She grows. Sometimes her gifts are received.
Sometimes they are rejected.

The reward was peace.
She never returned.
Her car and leave.
It’s been three years since she took that one hour to pack her car and leave.
She rebuilds her life. She accepts the gifts offered.

Her car and leave.
It’s been three years since she took that one hour to pack her car and leave.

Chapter Sponsors Special Ed Classes for School Social Workers, Mondays, April 11- June 13

New dates have been scheduled for the Introduction to Special Education for the School Social Worker course at the Maryland Chapter office. This spring’s course will run every Monday from 4:30 p.m. – 7:30 p.m. at the Chapter Office beginning on April 11, 2016 and ending on June 13th. The sessions include 15 hours of face-to-face instruction and 15 hours of online, independent study. Once again, Dr. Mary Ellen Lewis of the Kennedy Krieger Institute will be the instructor. The program is sponsored by the Maryland Chapter’s Social Workers in Schools Committee, chaired by Gail Martin, and is designed specifically to enable school social workers to meet the Maryland State Department of Education (MSDE) certification requirements. The course fulfills the requirement that school social workers must have completed a college level course in Special Education at least 90 days prior to the expiration of his or her certificate. An additional advantage is that upon completion the course, you will earn ¾ of the required CEUs for licensure renewal. Sign up today at www.nasw-md.org.
Help us celebrate Social Work Month in March! Engage in telling our story and then share what you are doing by sending a letter to the editor or posting on our Facebook page.

Social Work Pioneer Frances Perkins in 1911 witnessed the Triangle Shirtwaist Factory fire, the deadliest industrial disaster in New York City’s history. Most of the 146 people who died were young women who were immigrants or the children of immigrants.

“I can’t begin to tell you how disturbed the people were everywhere,” said Perkins, who saw people jump to their deaths from the upper stories of the factory to escape flames and smoke. “It was as though we had all done something wrong. It shouldn’t have been. We were sorry.”

Like many, Perkins mourned the victims. However, the tragedy also inspired her to use the social work skills she honed working at Chicago’s famous Hull House to prevent future Triangle Shirtwaist Factory tragedies.

Perkins went on to become the first female secretary of labor and cabinet member in President Franklin D. Roosevelt’s administration. She used that position to improve conditions for working Americans. Thanks to Perkins and early social work pioneers, we now enjoy safer workplaces, a minimum wage, Social Security benefits and unemployment insurance.

Some of their contributions

- Social workers are the largest group of mental health care providers in the United States, helping people overcome depression, anxiety, substance abuse and other disorders so they can lead more fulfilling lives.
- The U.S. Department of Veterans Affairs employs more than 12,000 professional social workers. Social workers provide support to active duty military personnel, veterans and their families, helping them get financial and housing assistance, apply for benefits, get the best possible health care or resolve marital or family issues.
- Child, family and school social workers provide assistance to improve the social and psychological functioning of children and their families. They may provide assistance to single parents, help children find new families through adoption, or find foster homes for children who have been neglected, abandoned or abused. Social workers in schools also work with families and the schools to ensure students reach their full academic and personal potential.
- After earthquakes, floods and other disasters social workers are on the front lines, helping survivors get needed services and handle stress and anxiety. In fact, more than 40 percent of mental health volunteers trained by the Red Cross are social workers. Social workers are also active in organizations such as Doctors Without Borders that address disasters that occur abroad.
- Social workers work with community organizations, legislators, the public and others to ensure equal rights for all, including women, people of different races and cultures and people who are LGBTQ.
- Medical and public health social workers provide psychosocial support to individuals, families and vulnerable populations, helping them cope with chronic, acute or terminal illnesses. They advise family caregivers and patients, helping them plan for their needs after a person comes home from the hospital.
- America’s population is aging. Social workers help older Americans get the health care and mental health care they need. They also work with older people and their families to improve their quality of life and ability to live independently as long as possible.
- Social workers are active in national, state and local politics, working to pass legislation that benefits some of our most vulnerable, including older Americans and children, and alleviate poverty and hunger. Social work champions in Congress include Sen. Barbara Mikulski of Maryland, Sen. Debbie Stabenow of Michigan, and Rep. Barbara Lee of California.

As we continue moving into the 21st century our nation still grapples with complex challenges, including immigration reform, racial strife, and ensuring all citizens have access to vital services. Social workers will be in the fray, helping our nation forge a path to a better future.

VIDEO, POSTER AND PHOTO CONTEST:

NASCW uses different media to tell the story of how social workers help make our society a better place. Beginning in January 2016, social workers and their supporters will be asked to submit brief videos, posters and photos that show how social workers have forged solutions to challenges faced by the people and communities they serve. Entries will be distributed through NASW and partner websites and social media channels. A winner in each category – video, poster and photo – will be announced at the end of Social Work Month.

PASS THE IMPROVING ACCESS TO MENTAL HEALTH ACT:

Want to support the social work profession and vulnerable populations that social workers serve? Legislation from Sen. Debbie Stabenow, Sen. Barbara Mikulski and Rep. Barbara Lee would expand social workers’ ability to provide services under Medicare. Be part of the campaign to get Congress to pass this crucial legislation.

ETHICS MATTER:

The NASW Code of Ethics is celebrating its 55th Anniversary this year. The Code guides the ethical conduct of social workers and is being used around the world. During Social Work Month submit a brief essay explaining how the NASW Code of Ethics informs social work practice.

FILM SCREENINGS:

Films are an excellent way to engage the public and start conversations. NASW can help you organize screenings in your area in partnership with GATHR Films. You can use screenings during Social Work Month to energize your local social work community and educate the public about the role of social workers and issues important to the profession.

LETTER WRITING/OP-ED CAMPAIGN:

Imagine hundreds of letters about social work published on blogs, in newspapers and on social media websites in March. Use draft letters and op-eds provided by NASW or write your own to show the public how social workers benefit society. Our goal? Reach the editorial boards at top news outlets in every state, and interest national media organizations in telling more social work stories.

2016 NASW MEDIA AWARDS:

Honor news and magazine reporters, TV shows and films that showcase social work and portray the positive contributions of social workers. Anyone can participate in online nominations and voting for NASW Media Awards.

For more information on the 2016 Social Work Month campaign contact NASW Public Relations Manager Greg Wright at gwright@naswdc.org.
Workshop B2: Helping Children and Adolescents Manage Anger Effectively

Presenter: David Leaman, Ed.D.
Psychologist in Private Practice

Synopsis: Anger is a common emotion in children and youth. National statistics show that violent outbursts from children and teens are rising. Seldom are children or teens taught how to express their anger in a healthy way and use it appropriately. Educators face the challenge of coping with angry children and trying to assist them in managing it in a healthy way in the school environment. The presenter will teach a systematic approach using a variety of cognitive-behavioral strategies. Participants will have the opportunity to learn about their own anger, and develop practical skills for helping youth express anger constructively.

Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Recognize personal triggers of anger
2. Identify cognitive, affective, and behavioral components of anger
3. Develop skills in teaching children how to express anger constructively
4. Apply stress-reducing techniques in anger management.

Workshop B3: Social Media and Gang Culture

Presenter: Detective Paul Clepela
Community Resources Bureau, Baltimore County Police Department

Synopsis: The second half of the workshop will focus on the hazards associated with social media, apps, and video games. The discussion will be on what youth and adults see, utilize, and the hazards surrounding this environment. In addition, the presenters will delve into the content of video games and the violence in them. The social media piece will expose the everyday vulnerabilities and the many crime opportunities presented, and will transition directly into gang culture by showing the use of social media as it relates to gangs.

The second half of the workshop will focus on gang awareness. Topics will include gang history, ideology, behaviors, and signs, as well as gang indicators and identifiers. The participants will understand the legal definition of a gang, the definitions and characteristics of gang-related terms, and the manner in which they are used. In addition, we will identify gangs currently active in Baltimore County and in Maryland.

Learning Objectives: Upon completion of this workshop participants will be able to:
1. Understand the characteristics and realities of gang-related terms
2. Identify gangs currently active in Baltimore County and in Maryland
3. Identify the psychological, sociological, financial, and cultural factors associated with gangs.

Workshop B4, Part I: Effects of Parental Substance Abuse on Children and Extended Families

Presenter: Veronica Cruz, LCSW-C
CEO, Cruz and Associates, LLC

Synopsis: According to the Department of Health and Human Services 15 million American adults abuse alcohol and as a consequence 40 million children live in homes where the primary caretaker is addicted to alcohol or other drugs. It is estimated that yearly 675,000 children suffer serious abuse or neglect as a result of parental abuse. This workshop will explore the collateral consequences of parental substance and how it affects Children of alcoholics and other substance abusers (COA/COSA). Various issues will be discussed including but not limited to behavioral, medical/psychiatric, educational and emotional consequences of addiction. Current literature will be discussed and participants will be able to articulate the importance of understanding emerging family structures, dual exposure to domestic violence and addiction and treatment interventions. The presenter is a bi-cultural forensic social worker specialized in criminal defense mitigation, dual diagnosis, crisis intervention, addictions, trauma, and working with diverse ethnic groups. This is an interactive workshop where case vignettes will be presented and discussed.

Learning Objectives: Upon completion of this advanced course, participants will be able to:
1. Understand and explore the collateral consequences of parental substance abuse on Children of alcoholics and other substance abusers (COA/COSA).
2. Increase own knowledge of comorbidity among this population to include but not limited to mental illness, addiction and/or medical conditions.
3. Articulate emerging trends in family structure, and how to incorporate that in the treatment process.
4. Identify the impact of dual exposure to domestic violence and addiction.
5. Define various treatment techniques and modalities that are effective in working with this population.

Learning Objectives: Upon completion of these workshops participants will be able to:
1. Discuss the internet, uses and hazards associated
2. Discuss social networking/social media sites and apps
3. Identify various crimes that occur on the Internet
4. Identify hazards associated with video games
5. Discuss the content and violence in video games and its impact on youth
6. Define and provide a general understanding of gang ideology, behavior, signs and symbols
7. Give facts on new legislation pertaining to gangs
8. Provide an overview of local and national gang history
9. Discuss what police departments are doing in response to gang activity
10. Understand the legal definition of “gang”
11. Identify the definitions and characteristics of gang-related terms
12. Identify gangs currently active in Baltimore County and in Maryland
13. Identify the psychological, sociological, financial, and cultural factors associated with gangs.
FRIDAY, MARCH 18
(6 HOURS CATEGORY I CEs)

Exhibitions ongoing throughout the day in lobby area near registrations tables

FORGING SOLUTIONS OUT OF CHALLENGES

Registration, Continental Breakfast, Networking
8:00 a.m. – 8:45 a.m.

Welcome and Keynote Address
8:45 a.m. – 10:00 a.m.

Title: Fearlessly Facing Challenges and Forging Ahead

Keynote Speaker: Jim Holler, Jr.
Holler Training; Chief of Police, Retired, Liberty Township Police Department, Adams County, Pa.

Synopsis: Following the “Yellow Brick Road” of life can be difficult at times as we choose which forks to take, which pot holes to avoid, and more importantly the best way to get there? Technology has assisted us while driving to avoid the roadway bumps, but in life we rely on much higher power found deep within all of us to help us down that yellow brick road of life. This keynote will teach you how to tap into your inner self to help you avoid the potholes and navigate the forks of life. The goal is to motivate, entertain, encourage, and deliver a remarkable and unforgettable experience. Social workers need and deserve a boost for their morale and energy level and this keynote will do just that!

Workshop A
Title: Social Worker Safety

Presenter: Jim Holler, Jr.
Holler Training; Chief of Police, Retired, Liberty Township Police Department, Adams County, Pa.

Synopsis: Each day hundreds of thousands of social workers make home visits in the United States, spending countless hours behind the scenes assisting those in need. At times they may be forced to deal with individuals who become angry and will attempt to take their aggression out on the social worker. Sometimes, despite efforts to control the situation, it can very quickly escalate into a potentially dangerous situation. This presentation will stress the importance of not only recognizing a potentially dangerous situation, but also how to defuse it as quickly as possible. The presentation will help the service provider use communication techniques that can quickly defuse a hostile situation as well as offer life saving tips for the service provider on how to protect themselves if violence erupts from a one on one attack to an active shooting situation.

Learning Objectives: In this workshop, attendees will:
1. Identify strengths by learning to listen more attentively
2. Recognize the breaking point of family members during visits
3. Recognize potentially dangerous situations
4. Recognize and demonstrate how to safely defuse a volatile situation
5. Understand what simple techniques can be used to defend themselves

Workshop B
Title: The Juvenile Justice System and its Impact on Minority Youth

Presenter: Mike Allen, MSW
President and CEO, Mazcan Enterprises, LLC

Synopsis: All children deserve to be treated fairly, regardless of race or ethnicity. Policy makers, social workers, police officials, officers of the court, and correctional providers must work together to remove racial inequities from the juvenile court system. This training will explore the myths and provide solutions to assist the youth and families that we serve to achieve functional lives as adults.

Learning Objectives: Participants will learn the following:
1. The history of the juvenile justice system.
2. The myths associated with incarcerated minorities.
3. How youth incarceration affects families.
5. How to identify the appropriate community resources for incarcerated youth.

Workshop C
Title: Hopeful Strategies for Senior Hoarding

Presenter: Mary Fridley, RN, BSN, BC
Board Certified in Gerontology

Synopsis: While hoarding is a serious problem impacting the health and safety of older adults, the condition is highly resistant to treatment.

What causes hoarding? Why do hoarders cling to objects, animals, filth, and seemingly meaningless possessions? This timely program will cover 1) the mental health component of hoarding, 2) developing empathy for hoarders, and 3) best practices for improving quality of life for seniors who hoard and their families. The presenter will also discuss strategies for dealing with hoarding in senior care communities.

Learning Objectives: Participants will be able to:
1. Identify three reasons hoarding is more dangerous for an older person.
2. Recognize the 5 levels of hoarding.
3. Name at least 3 strategies of harm reduction/ treatment that can be utilized with older adults who hoard.
4. List at least 3 DSM-5 diagnoses that are associated with hoarding.

Workshop D
Title: Motivational Interviewing: Enhancing Congruency between Client Values, Goals, and Behaviors

Presenter: Michelle Tuten, MSW, PhD, LCSW-C
Assistant Professor, Department of Psychiatry and Behavioral Sciences, Johns Hopkins University School of Medicine and Program Director, Comstock, Johns Hopkins University School of Medicine

Synopsis: Motivational Interviewing (MI) is an evidence-based approach aimed at resolving client ambivalence about behavior change. This is an interactive workshop that describes and illustrates the spirit, assumptions, and core techniques of MI. Participants will apply training content through practice exercises on real cases. Evaluation of their own professional congruency with the style and assumptions of MI
2. Role play exercises of MI techniques (O.A.R.S.)
3. Assessment of standardized case vignettes, including a brief role playing activity that mimics the process of MI
4. Feedback on the participants’ use of MI in treating substance use disorders
5. Understand the role of client ambivalence, confidence in change, and hope for change in predicting treatment outcomes
6. Understand the art of developing client discrepancy
1. Workshops participants will be able to:

2. Identify the signs and symptoms of suicidal personnel and war veterans.
3. Discuss how your clients can become empowered through intention and attention to make better choices and stop toxic lifestyle choices with their finances.
4. Demonstrate techniques for utilizing behavioral finances.
5. Recognize when your clients can become empowered through intention and attention to make better choices and stop toxic lifestyle choices with their finances.

LUNCHEON AND SOCIAL WORK MONTH AWARDS PRESENTATION 12:15 p.m. – 1:45 p.m.

Presiding: Christine Garland
NASW-DC Chapter President

AFTERNOON WORKSHOPS 2:00 p.m. – 5:00 p.m.

Workshop G
Title: Understanding Ethical Obligations to Colleagues AND To Enhance the Social Work Profession

Presenter: Tara Rice, LCSW-C
Vice President, the T.A.R.A. Center

Synopsis: Based on the NASW Code of Ethics, the presenter explores the ethical responsibilities we as professionals have to colleagues and to enhance, maintain, and promote the highest standards of practice in various social work venues. Primarily we will create an open forum for professionals to re-examine Sections 4 and 5 of the NASW Code of Ethics and learn how to effectively interpret and apply these standards using professional skill sets to ensure their methodology enhances the profession and exemplifies the values, knowledge, and mission of our profession with integrity that promotes justice for our clients. The presenter will explore a variety of vignettes that help foster the participant’s ability to demonstrate an understanding of the purpose of the NASW Code of Ethics in shaping how we act as professionals; promoting the role of the social work profession. Through interactive discussions, handouts, and group activities, participants will develop the skills necessary to become more aware of their own actions; as well as ensure the safety and well-being of any clients served by other social workers/mental health professionals. Participants will also examine real case scenarios and gain skills that will be useful in all areas of social work.

Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Explain how trauma affects the body, brain, and nervous system.
2. Describe recovery from trauma can be promoted through holistic approaches that address body, mind, emotions and spirit.
3. List the 5 basic animal responses that can immediately apply in your work settings.
4. Discuss and implement 3 experiential, body-based interventions that can immediately apply in your work settings.
5. Define 3 psychodynamic techniques that promote body-mind integration.
NASW provides career protection for members and is working to provide even more opportunities for affordable professional development. With the support and engagement of NASW Maryland members, we’ve gained state legislative wins to protect the profession and the clients we serve. We’ve also added new low-cost ways to earn CEUs, network, and obtain better personal liability insurance than ever before. A few ways NASW Maryland serves members and social workers include:

Successfully Advocating for Your Protection
- Your Executive Director and Professional Standards Committee work hard to protect and expand your professional privileges and scope of practice.
- In addition, the Legislative Committee supports, testifies for, and introduces legislation that is good for social workers and our clients.

Providing More Free CEUs
- Now, NASW members can get many CEUs free using a combination of webinars and free in-person workshops provided by NASW National and NASW Maryland.

Helping You Build Your Network
- Getting involved with NASW Maryland through branch meetings, committee meetings, CEUs and networking events can help you build connections to other social workers and organizations for resource building or job hunting.

FREE Members-Only Consultation Services
- Maryland chapter has a mentoring program to help you professionally as you move through all stages of your career.
- National Office provides phone consultations related to professional/ethical concerns for all members.

Covering You Personally
- Purchasing your own professional liability coverage means you’ll be covered, even if your employer requires you to reimburse them for damages, or if you change jobs. Liability insurance through NASW is deeply discounted, and also comes with access to a free legal consultation hotline staffed by attorneys.
- Remember, with NASW membership, you are also getting “Career Insurance.” Without a strong NASW in Maryland our profession will lose ground to individuals with non-social work degrees, because we know everyone thinks they can do social work. Your continued support as an NASW member assures a strong Maryland Chapter that is here to fight for you.

So please join or rejoin today!
Go to www.socialworkers.org/join or call 800-742-4089
For help and information, contact the Maryland Chapter:
email: nasw.md@verizon.net
phone: 410-788-1066 ext. 16
NASW-MD Sponsored Continuing Education

WINTER 2016

Register for one or both workshops and attend lunch as our guest!

#2034
Movie and Discussion Featuring the Film: The Best Exotic Marigold Hotel
Date: Saturday, April 30, 2016; 1:50 p.m. – 5:00 p.m.
Location: Charlotte Hall Veterans Home
29449 Charlotte Hall Road
Charlotte Hall, MD 20622
Presenter: Rachael Wallace, LCSW-C, Managing Director and Psychotherapist, Maryland Group Faculty Practice, LLC, Baltimore; and Shailaja Samaraju, PhD, Vice President, Next Breath, LLC
Synopsis: Set against a rich and colorful backdrop of Northern India, The Best Exotic Marigold Hotel offers a multicultural and universal look at love, hope, fear, loss, change, reflection, family dynamics, and professional conduct. The newly restored Marigold Hotel and bolstered with visions of a life of leisure, they arrive to find the palace transformed by their shared experiences, discovering that life and love can begin again when you let go of the past. 2012. Rated PG-13, 124 minutes.
CE: 3 Cat I
Cost: $30 for members; $40 for non-members; $10 for guests (no CEU certificate)

Thank you!

REGISTER ONLINE! SAVE TIME & POSTAGE EXPENSES
NASW-MD offers secure, online registration for continuing education courses. Go to www.nasw-md.org and click on the Continuing Education button for more information.

CONTINUING EDUCATION POLICIES
- NASW-MD will not honor fax registrations
- You may register online, by mail or by phone. Registrations are made on a first-come-first-served basis. You can pay for your registration by check, MasterCard or VISA.

REFUND POLICIES
- NASW-MD will only refund registrations for cancellations made at least 2 business days/48 hours in advance of the workshops, minus a $10 administrative processing fee. If lunch or continental breakfast is provided, cancellations must be made at least one week in advance and there will be a $20 administrative processing fee per cancellation.
- NASW-MD is not responsible for refunds if registrants do not attend a program and do not immediately follow-up for refund information or to switch to another course; if registrants do not follow-up on an absence, no refund or switch will be allowed.
- Please note that continuing education credits are granted based on participation, NOT on payment. All workshop participants arriving late will receive a reduction in credit units granted.
- If you would like e-mail confirmation of workshop registration, please include your e-mail address on the registration form.
- NASW-MD reserves the right to cancel workshops due to poor registration.

INCLEMENT WEATHER POLICY
- In the event of inclement weather, please call 410-788-1066, ext. 13, for information on cancellation. In general, if schools are two hours late or closed in the area where the event is to take place, the event will be rescheduled. Please notify the chapter office if a refund is preferred.

ACCOMMODATIONS
- If you require special accommodations to permit your attendance or participation, please provide a written request along with a completed registration form and conference payment at least 30 days prior to the registration deadline for the workshop or conference. Requests received after this deadline may not be received in time to process or be fulfilled in time for the activity.

DIRECTIONS
- Directions to all workshop locations can be found under the Continuing Ed tab on our website: www.nasw-md.org

SOUTHERN MD
Calvert, Charles, and St. Mary’s Counties

#2033
Sex, Politics, Religion, Race, and Culture. Getting Comfortable with Uncomfortable Topics: An Ethical Imperative for Social Workers
Date: Saturday, April 30, 2016; 9:45 a.m. – 1:00 p.m.
Location: Charlotte Hall Veterans Home
29449 Charlotte Hall Road
Charlotte Hall, MD 20622
Presenter: Rachael Wallace, LCSW-C, Managing Director and Psychotherapist, Maryland Group Faculty Practice, LLC, Baltimore; and Shailaja Samaraju, PhD, Vice President, Next Breath, LLC
Synopsis: As direct care providers, it is essential that social workers are prepared to effectively navigate difficult or provocative clinical topics. It is impossible not to have feelings regarding potentially uncomfortable subjects. Sex, politics, religion, race and culture represent some of the most hot-button topics capable of eliciting powerful feelings. How we understand ourselves and our own conscious or unconscious reactions to uncomfortable material informs our effectiveness as clinicians. This workshop will provide participants a venue in which to explore and compare their own thoughts and feelings on these topics and to appreciate the extensive diversity among the clients with whom we are here to serve.
Learning Objectives: Upon completion of this course participants will:
1. Explore and define contemporary controversial subject material;
2. Identify personal perspectives and biases that may influence a provider’s affective or professional response to provocative clinical content; and
3. Integrate new ideas and perspectives to recognize and improve dynamics in challenging contexts.
CE: 3 Cat I
Cost: $45 for members; $65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

#2058
Ethical Considerations for Healthcare Professionals
Date: Friday, June 3, 2016; 9:00 a.m. – 4:45 p.m.
Lunch provided from 12:15 p.m. – 1:00 p.m.
Location: Restore Health Rehabilitation Center
4615 Einstein Place
White Plains, MD 20695-1061
Presenter: Corey Beauford, MSW, LICSW
Founder and President, Inspired Consulting Group, Riverdale
Synopsis: Working in a health care environment can be quite fulfilling. However, working in health care settings also expose workers to a myriad of ethical challenges and dilemmas. Issues related to privacy and confidentiality, duty to warn, and self-determination are topics that social workers, nurses, physicians, and other health care providers grapple with on a daily basis. This interactive training will provide health care professionals with the knowledge that is necessary to avoid and resolve ethical quandaries that can exist with patients and co-workers.
Learning Objectives: Upon completion of this course participants will:
1. Understand factors that contribute ethical violations for health care professionals;
2. Be able to interpret and apply standards of the NASW Code of Ethics to practice;
3. Understand how counter-transference and a dysfunctional work environment can contribute to ethical conflicts; and
4. Understand relevant legal standards that apply to health care settings.
CE: 6 Cat I
Cost: $90 for members; $130 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

WESTERN MD
Garrett, Allegany, Washington, and Frederick Counties

#2031
Ethics of Reentry: Incarceration/ Reentry and the Individual, Community, and Local/Global-Level Environment
Date: Friday, April 15, 2016; 9:00 a.m. – 12:15 p.m.
Location: Allegany College of Maryland
Continuing Ed Building Room 12-14
12401 Wilkobrook Road
Cumberland, MD 21502
Presenter: Laurens Van Slykman, Ph.D., Psychotherapist in Private Practice and Associate Professor, Morgan State University School of Social Work
Synopsis: The U.S. incarceration rate is about seven times higher than the West European average. Incarceration disconnects many people from their communities – banning them from public housing, certain types of employment, and the right to vote. Incarceration also determines the contributions men make to their communities in exchange for needed resources. Further local and national processes (e.g., recession, unemployment, declines in industries, etc.) transform access to resources, communications, and the norms within communities to which they return. Social norms and communication within social networks are critical elements of family functioning, capacity to combat cycles of poverty, behavior change, health maintenance, and recidivism. During this presentation we will identify and discuss those challenges in relation to family complexity, poverty, and disparities in health outcomes.
Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Describe, critically analyze, and fully explain the impact of a social policy on the client system; client’s presenting problem, and service delivery;
2. Identify and discuss how the dynamics (cultural, social justice and economic, etc.) of the urban environment impact the client system; and
3. Identify and explain the forms and mechanisms of oppression and discrimination that impact social justice.

CONTINUING ED Continued on page 14
A formerly incarcerated man returns home to the Bronx after three years in prison to discover his wife estranged and his child exploring a gender transformation that will put the fragile bonds of their family to the test. 2011, 86 minutes

Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Identify and discuss how the dynamics (cultural, social justice and economic, etc.) of the urban environment impact the client system;
2. Identify and explain the forms and mechanisms of oppression and discrimination that impact social justice;
3. Ensure that social work practice with LGBT youth and returning citizens is guided by the NASW Code of Ethics;
4. Establish expectations for social work practices and services with LGBT youth and returning citizens; and
5. Provide a basis for advocating for LGBT youth’s rights to be treated with respect and dignity, have their confidentiality protected, have access to supportive services, and have appropriate inclusion in decision-making.

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Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

Register for one or both workshops and attend lunch as our guest!

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**#2035**

**Friday Afternoon Movie and Discussion Featuring the Film: Gun Hill Road**

**Facilitator:**

Laurens Van Stryjan, Ph.D., Psychotherapist in Private Practice and Associate Professor, Morgan State University School of Social Work

**Synopsis:**

Attendees will watch a feature length movie followed by a 1-hour discussion.

A formerly incarcerated man returns home to the Bronx after three years in prison to discover his wife estranged and his child exploring a gender transformation that will put the fragile bonds of their family to the test. 2011, 86 minutes

Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Identify and discuss how the dynamics (cultural, social justice and economic, etc.) of the urban environment impact the client system;
2. Identify and explain the forms and mechanisms of oppression and discrimination that impact social justice;
3. Ensure that social work practice with LGBT youth and returning citizens is guided by the NASW Code of Ethics;
4. Establish expectations for social work practices and services with LGBT youth and returning citizens; and
5. Provide a basis for advocating for LGBT youth’s rights to be treated with respect and dignity, have their confidentiality protected, have access to supportive services, and have appropriate inclusion in decision-making.

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Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

Register for one or both workshops and attend lunch as our guest!

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**#2039**

**Everybody's Mad: An Ethical Framework for Understanding and Responding to Anger**

**Date:**

Saturday, May 14, 2016; 9:45 a.m. – 1:00 p.m.

**Location:**

All Saints’ Episcopal Church (Great Hall)

106 West Church Street

Frederick, MD 21701

**Presenter:**

Suzanne Cox, LCSW-C, Team leader, Continuous Care Team, UMMS/WPPC Clinics, Baltimore

**Synopsis:**

Some days it appears that the world has gone mad. Sensationalized reports of gang violence, school shootings, workplace violence, and riots inundate our news and express anger at individuals, groups, and the system permeate social media. Where does this come from and, more importantly, what can we do about anger both personally and professionally? This workshop will explore the etiology of anger by examining the impact of personal and social experiences, including trauma, on the individual. The physiology of anger will be explored as it will culturally-mediated differences in anger expression. The ethical challenges in providing effective clinical care when confronted with angry clients, angry co-workers, and angry bosses will be examined. Finally, we will work to develop a personal framework to allow us to respond both ethically and effectively when anger is self-identifies.

Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Explore the etiology of anger in self and others;
2. Examine the role of personal experiences, including trauma, and their relationship to difficult feelings;
3. Discuss physical changes and cultural differences in anger expression and its impact on the client(s) and the provider(s) of care;
4. Identify ethical challenges in clinical care produced by angry clients, angry co-workers, and angry bosses; and
5. Develop a personal framework for responding ethically when anger is identified in oneself.

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Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.

Register for one or both workshops and attend lunch as our guest!

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**#2040**

**Ethics and Responding to Behavioral Health Emergencies**

**Date:**

Saturday, May 14, 2016; 1:50 p.m. – 5:00 p.m.

**Location:**

All Saints’ Episcopal Church (Great Hall)

106 West Church Street

Frederick, MD 21701

**Presenter:**

Suzanne Cox, LCSW-C, Team leader, Continuous Care Team, UMMS/WPPC Clinics, Baltimore

**Synopsis:**

Behavioral health emergencies impact clinical settings, the educational and criminal justice systems, and almost all arenas in which social workers practice. Clinicians, concerned for the safety and welfare of clients as well as their own legal and ethical risk, often refer to emergency department settings with the belief that the client will be hospitalized only to be surprised when the outcome is not what they had hoped for or planned.

Learning Objectives: In this workshop participants will:
1. Discuss the assessment and triage of behavioral health emergencies in outpatient settings for both adults and juveniles, and identify when the use of the emergency petition process is and is not warranted;
2. Review the elements of an emergency department (ED) assessment and case-specific factors which impact the decision regarding disposition from the ED to involuntary treatment, voluntary involuntary care, or inpatient resources;
3. Present the clinical and ethical dilemmas inherent in deciding whether to pursue a course of action to which a client or family is opposed; and
4. Review the value, ethical, and liability aspects of “safety contracts”, “duty to warn”/Tarsoff and other decisions related to behavioral health emergencies.

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<th>CE</th>
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<td>3 Category I</td>
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Please note: This workshop qualifies for the Maryland Board of Social Work Examiners 3-hour ethics requirement for licensure renewal.
Synopsis: Motivational interviewing (MI) is a person-centered, directive method of communication for enhancing intrinsic motivation to change by exploring and resolving ambivalence. It allows clinicians to develop effective, collaborative working relationships with clients and helps guide them toward more desirable behavior. Motivational interviewing is an essential tool for the therapist “beside,” an evidenced-based practice, and is effective for work with individuals, families, and groups.

Learning Objectives: By the end of this workshop, participants will:
1. Become familiar with the “spirit,” basic principles, and stages of MI;
2. Identify what motivates people to change, and how to use the clinical relationship to enhance this natural motivation; and
3. Learn to use MI to recognize and problem-value common impediments to progress in treatment.

Cost: $45 for members; $65 for non-members

#2067
Emotional Intelligence

Date: Sunday, May 1, 2016; 1:45 p.m. – 5:00 p.m.
Location: 7400 Professional and Community Education Center at Holy Cross Hospital – EDU 213

Please note: Holy Cross Hospital charges parking fees on weekends. Be prepared to pay $5-$6.

Presenter: Marsha Stein, LCSW-C, Licensed Psychotherapist, Corporate Communications Trainer

Synopsis: This highly interactive workshop will take the tenants of emotional intelligence off the page and provide practical applications for helping clients increase their EQ (Emotional Quotient.) Research has shown that EQ is actually more critical in today’s dynamic workplace than is IQ. IQ may get you in the door, but EQ keeps you in the door. And while IQ is relatively fixed, EQ can be developed both at work and in relationships outside of work.

Learning Objectives: Upon completion of this workshop, participants will be able to:
1. Identify individual stress physiology and interrupting amygdala hijacks as it relates to the self-management tenant of emotional intelligence;
2. Assess individual conflict management style as it relates to the relationship management tenant of emotional intelligence;
3. Estimate type preference as it relates to the self-awareness tenant of emotional intelligence;
4. Increase nonverbal literacy as it relates to the social awareness tenant of emotional intelligence; and
5. Utilize three levels of conversation in resolving difficult conversations as it relates to relationship management tenant of emotional intelligence.

CE: 3 CAs

Cost: $45 for members; $65 for non-members

#2057
Trans and Cis-Gender Youth in the Sex Industry

Date: Friday, June 3, 2016; 9:30 a.m. – 12:45 p.m.
Location: Holy Cross Hospital - Germantown Campus

Presenter: Lauren Van Skyulf, Ph.D., Psychotherapist in Private Practice and Associate Professor, Morgan State University School of Social Work

Synopsis: This workshop is designed for health workers and other advocates committed to meeting the evolving needs of transgender and cisgender youth in the sex industry, build respect for diversity and cultural differences, and improve accountability through measurement, reporting, and ongoing improvement. We will discuss the potential size, specific issues/challenges of the population, and appropriate models of practice and intervention. The presenter will explore approaches aimed at constructively managing conflicts in both the community/environment and creating and sustaining a healthy environment with the population and its allies. It is intended to promote inquiry among participants.

Location: 7400 Professional and Community Education Center at Holy Cross Hospital – Conference Rooms 1101-1102

Continued on page 16
Learning Objectives: After attending this workshop participants will be able to:
1. Identify and discuss how the dynamics (cultural, social justice, economic, etc.) of the social environment impact the client system;
2. Ensure that social work practice with LGBT citizens is guided by the NASW Code of Ethics;
3. Establish expectations for social work practices and services with LGBT citizens; and
4. Provide a basis for advocating for LGBT youths’ rights to be treated with respect and dignity, their confidentiality protected, have access to supportive services, and have appropriate inclusion in decision-making.

CE: 3 Cat I
Cost: $45 for members; $65 for non-members

#2044 Gospel of Healing: Addressing HIV within Faith Communities
Date: Sunday, June 5, 2016; 1:45 p.m. – 5:00 p.m.
Location: The Professsional and Community Education Center at Holy Cross Hospital
1500 Forest Glen Road
Silver Spring, MD 20910

Please note: Holy Cross Hospital charges parking fees on weekends. Be prepared to pay $5–$6.

Presenter: Corey Beauford, MSW, LCSW, Founder and President, Inspired Consulting Group, Riverdale
Synopsis: Faith Communities within the United States have been challenged over the last twenty years with how to deal with HIV/AIDS. Many religious leaders and communities have turned their heads away while others have embraced in love. Religious-based initiatives are pivotal to the success of prevention and care. This training will equip social workers and human service workers with strategies by which they can bridge the gap between clients who are living with HIV and faith communities. This presenter will also discuss the manner in which social workers can assist clients with resolving internal conflicts related to negative experiences they’ve had with faith leaders and the faith community. Lastly, the presenter will provide individuals who work in faith-based communities with the skills necessary to engage clients in a non-judgmental, strengths-based, culturally competent manner.

Learning Objectives: After attending this workshop participants will be able to:
1. Understand the history of the relationship between people who are living with HIV and faith communities;
2. Understand how religious-based stigma can impact the emotional well-being of those infected with and affected by HIV;
3. Understand the current efforts of various faith communities in addressing HIV / AIDS; and
4. Be able to implement a treatment model in which Social Workers and Human Service Workers can work together and provide “healing” to those impacted by HIV.

CE: 3 Cat I
Cost: $45 for members; $65 for non-members

Please note: This workshop qualifies for the 3-hour HIV/AIDS requirement for the DC Board of Social Work.

#2061 Minimizing the Professional Hazards of Our Clinical Work as an Ethical Imperative: Vicarious Trauma and Burnout
Date: Sunday, June 12, 2016; 1:45 p.m. – 5:00 p.m.
Location: Holy Cross Hospital – EDU 232 & 1500 Forest Glen Road
Silver Spring, MD 20910

Presenter: Rhierna Sinchotz, MSW, LCSW-C
Psychotherapist in private practice and director/founder of Ballton to the Moon™
Synopsis: Our clients walk into our offices confused, angry, depressed, and/or anxious. Some are suicidal. Some are homicidal. They are in the middle of family tragedies. They have lost loved ones. They have been raped. They have been to war. In short they are in pain and we spend our days working with these multitude of difficult emotional energies. We hear heartbreaking stories. We are sometimes successful agents of transformation for our clients and sometimes targets of disappointment and rage. Our work is stressful and our ability to manage this stress is paramount if we are to help our clients.

Learning Objectives: Upon completion of this intermediate course, participants will:
1. Be able to identify the physical and psychological impact of compassion fatigue and vicarious traumatization on themselves and their clients;
2. Learn the warning signs of professional burnout;
3. Be able to use at least 3 experiential personal self care tools to prevent burnout; and
4. Learn and practice methods to address their and their clients’ stress.

CE: 3 Category I
Cost: $45 for members; $65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners’ 3-hour ethics requirement for licensure renewal.

#2062 Ethical Considerations for Working with Clients Living with HIV
Date: Friday, June 17, 2016; 9:30 a.m. – 12:45 p.m.
Location: Holy Cross Hospital – Germantown Campus
19801 Observation Drive – Conference Rooms 1101-1102
Germantown, MD 20876

Presenter: Corey Beauford, MSW, LCSW, Founder and President, Inspired Consulting Group, Riverdale
Synopsis: In this workshop, the presenter will discuss common workplace ethical dilemmas that social workers face when working with clients who are living with HIV. Ethical standards related to conflicts of interest, privacy and confidentiality, competence, informed consent, and access to records will be discussed. This interactive training will make use of case study reviews and group exercises as well as discussion questions.

Learning Objectives: Upon completion of this workshop, attendees will be able to:
1. Understand factors that contribute ethical violations;
2. Be able to interpret and apply standards of both the NASW and ARSW Code of Ethics to practice; and
3. Be better equipped to avoid and resolve common workplace ethical conflicts.

CE: 3 Cat I
Cost: $45 for members; $65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners’ 3-hour ethics requirement for licensure renewal.

Please note: This workshop qualifies for the 3-hour HIV/AIDS requirement for the DC Board of Social Work.
#2037  The Sandwich Generation: Ethical Challenges, Boundaries and other Clinical Issues  
**Date:** Saturday, May 7, 2016; 9:45 a.m. – 1:00 p.m.  
**Location:** Eastern Shore Hospital Center  
**Presenter:** Joshua N. Okundaye, Ph.D., LCSW-C, LICSW, Associate Professor, University of Maryland School of Social Work  
**Synopsis:** The sandwich generation is a generation of people who care for their aging parents while supporting their own children. It is estimated that just over 1 of every 8 Americans aged 40 to 60 is both raising a child and caring for a parent. In addition, between 7 and 10 million adults are caring for their aging parents from a long distance. We will discuss how we can use evidence based methods and models differentiated according to the unique needs of diverse populations, settings, and social conditions to assist this population. There will be discussions on ethical dilemmas and how the practitioner can facilitate and participate in the restoration, maintenance, and/or enhancement of the social functioning of “sandwiched” individuals and their families. 
**Learning Objectives:** Upon completion of this workshop, participants will be able to:  
1. Understand who the sandwich generation is and the challenges they face;  
2. Increase knowledge of the sandwich generation and be able to articulate skills and strategies that will be helpful to these clients;  
3. Identify the impact of childhood and family dynamics on caregiver roles;  
4. Identify resources available for successful family interventions with this population;  
5. Be able to understand and apply NASW Code of Ethics standards that relate to practice with this population;  
6. Review factors that contribute to ethical violations with this population; and  
7. Employ best practice and evidence based approaches to the resolution of ethical dilemmas with this population.  
**Synopsis:** How can we best help our clients? This course enables the attendee to:  
1. Help identify ASWB testing strengths and weaknesses;  
2. Help prioritize study time;  
3. Learn best practices for passing the social work licensing exam; and  
4. Learn effective ways to reduce test anxiety.  
**CE:** 5.5 Category I  
**Cost:** $45 for members; $65 for non-members  
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#2038  When Couples in Recovery Relapse with Alcohol and Other Drugs: Relapse Prevention Strategies within Marital Therapy  
**Date:** Saturday, May 7, 2016; 1:50 p.m. – 5:00 p.m.  
**Location:** Eastern Shore Hospital Center  
**Presenter:** Joshua N. Okundaye, Ph.D., LCSW-C, LICSW, Associate Professor, University of Maryland School of Social Work  
**Synopsis:** Many couples in recovery from substance use and abuse are at risk for relapse and as such, need effective therapy that can help them maintain their recovery and/or change highly dysfunctional patterns of behavior. 
**Learning Objectives:** Upon completion of this workshop, participants will be able to:  
1. Understand substance use focused prevention strategies;  
2. Understand basic principles of relapse prevention;  
3. Understand and become familiar with different relapse prevention models;  
4. Become familiar with general marital improvement strategies; and  
5. Become familiar with how to apply relapse prevention strategies within marital therapy.  
**CE:** 3 Category I  
**Cost:** $45 for members; $65 for non-members  
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#2052  Conflict Resolution Mediation Training  
**Location:**  
**Date:** Friday, May 13, 2016; 9:00 a.m. – 4:15 p.m.  
**Date:**  
**Location:** Chesapeake College  
**Presenter:** Diana Reh, M.Ed., MSW, LGSW, Consultant, Choice Consulting and Training, Easton  
**Synopsis:** This workshop is an interactive conflict resolution mediation training opportunity for social workers, psychologists, educators, and other professionals in human services organizations who wish to use the mediation process with colleagues and clients.  
**Learning Objectives:** The participants will experience a mediation model including:  
1. Defining conflict;  
2. Identifying personal conflict resolution styles;  
3. Discussing developmental stages and their impact on conflict resolution;  
4. Practicing the steps and basic skills of the Mediation process;  
5. Dispute analysis;  
6. Solution analysis; and  
7. Advanced Mediation implementation.  
**CE:** 6 Category I  
**Cost:** $90 for Members; $130 for Non-Members  
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#2042  Social Work Exam Prep  
**Date:** Thursday, June 2, 2016; 9:30 a.m. – 4:00 p.m.  
**Location:** Chesapeake College  
**Presenter:** Jennifer Fitzpatrick, LCSW-C, Founder, Jenerations Health Education, Inc.  
**Synopsis:** This highly focused one day session will concentrate on study skills and preparation necessary to pass all levels (LRSW, LGSW, LCSW, LCSW-C) of the ASWB social work licensing exam. Participants will practice test questions individually and in small groups in the following areas of social work practice: Ethics, Research, Diagnosing and Assessments, Diversity, Clinical Practice, Communication, Supervision, Human Behavior, and Social Policy.  
**Learning Objectives:** This course enables the attendees to:  
1. Help identify ASWB testing strengths and weaknesses;  
2. Help prioritize study time;  
3. Learn best practices for passing the social work licensing exam; and  
4. Learn effective ways to reduce test anxiety.  
**CE:** 5.5 Category I  
**Cost:** $45 for members; $130 for non-members  
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#2027  DSM-5 Case Diagnostic Formulations and ICD-10 CM Coding  
**Date:** Thursday, March 10, 2016; 9:30 a.m. – 4:45 p.m.  
**Location:** NASW-MD Chapter Office  
**Presenter:** Carttan Munson, Ph.D., LCSW-C, Professor, UMBC School of Social Work  
**Synopsis:** Mental health professionals face new challenges related to the changes in delivery of mental health services that accompany the use of the DSM-5, which was released on May 18, 2013, and the conversion to the ICD-10 CM diagnostic recording codes that were finally implemented on October 1, 2015. This seminar is designed to aid mental health practitioners in masterizing the DSM-5 and the ICD-10 CM codes in a range of practice settings. Dr. Munson will present what practitioners need to know and do in transitioning to the new system of recording a case diagnostic formulation (CDF) conceptualized in the DSM-5 diagnostic manual. There will be demonstration of methods for recording CDFs that are compliant with the DSM-5 system. CDF and ICD-10 CM coding procedures for key DSM-5 disorders will be illustrated. The classes of disorders covered will include: Neurodevelopmental Disorders; Schizophrenia Spectrum and Other Psychotic Disorders; Depressive Disorders; Anxiety Disorders; Obsessive-Compulsive and Related Disorders; Trauma-and Stressor-Related Disorders; Disruptive, Impulse-Control, and Conduct Disorders; Substance-Related and Addictive Disorders; Neurocognitive Disorders; Personality Disorders; and Other Conditions That May Be a Focus of Clinical Attention. There will be a Q & A session. Dr. Munson was selected to participate in the American Psychiatric Association’s DSM-5 Field Trials as a Clinical Practice Setting Collaborating Investigator, and he will share learning from that experience through specific case diagnostic formulation examples from his clinical practice. Participants learning will be enhanced if they bring a DSM-5 manual to the training session.  
**Learning Objectives:** Participants in this workshop will:  
1. Acquire understanding of the process and purpose of changes in the DSM-5 approach to recording case diagnostic formulations;  
2. Become familiar with the changes in the content of a case diagnostic formulation;  
3. Learn the changes in recording procedures for specific diagnoses;  
4. Become acquainted with use of the updated ICD-10 CM codes in mental health settings;  
5. Learn coding strategies for specific categories of major DSM-5 disorders. For example, neurodevelopmental, schizophrenia, bipolar, depressive, anxiety, trauma, substance, personality disorders, and Other Conditions That May Be a Focus of Clinical Attention;  
6. Develop knowledge about and understanding of DSM-5 CDF recording through review of sample CDFs.  
**CE:** 6 Cat I  
**Cost:** $90 for members; $130 for non-members  
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#2028  Mindfulness-Based Psychotherapy  
**Date:** Friday, March 11, 2016; 9:30 a.m. – 4:45 p.m.  
**Location:** NASW-MD Chapter Office  
**Presenter:** Ed Geraty, LCSW-C  
**Synopsis:** The purpose of this workshop is to introduce participants cognitively and experientially to Mindfulness practice and Mindfulness techniques that can benefit patients in clinical practice. Mindfulness principles, concepts, and techniques can be applied to many types of clinical practice settings by the skilled clinician. This course also emphasizes that participants must develop a personal mindfulness practice in order to be truly effective in working with patients using mindfulness techniques.  
**Learning Objectives:** Upon completion of this course, participants will:  
1. Understand the basics of personal Mindfulness practice;  
2. Develop constructs for educating patients regarding Mindfulness practice; and  
3. Learn specific Mindfulness practices used in working with patients.  
**CE:** 6 Cat I  
**Cost:** $90 for members; $130 for non-members  
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Continuing ED Continued on page 18
3. Describe effective strategies for managing appropriate boundaries in therapeutic settings;
4. Gain experience using two specific decision-making tools for ethical decision making, the role wheel and the diamond of opposites; and
5. Feel more confident and competent in making ethical decisions in challenging or ambiguous situations.

CE: 3 Cat I
Cost: $45 for members; $65 for non-members

Please note: This workshop qualifies for the Maryland Board of Social Work Examiners’ 3-hour ethics requirement for licensure renewal.

#2032: Expressive Art Therapy: EAT

Date: Friday, April 29, 2016; 9:30 a.m. – 4:45 p.m.

Lunch on your own from 12:30-1:15 p.m.

Location: NASW-MD Chapter Office
5750 Executive Drive Suite 100
Baltimore, MD 21228

Presenter: Sue Futeran, Ph.D., LCSW-C, E-EAT
Therapeutic Services, Inc., School Social Worker

Synopsis: Expressive Arts Therapy is the practice of using imagery, storytelling, dance, music, drama, poetry, movement, dream work, and visual arts together, in an integrated way, to foster human growth, development, and healing. Through didactic and experiential teaching, this workshop will educate you on the background, techniques, and ethics of Expressive Art Therapy for use in your practice. This workshop will be a both didactic and experiential.

Learning Objectives: Upon completion of this course, participants will:
1. Define Expressive Art Therapy,
2. Identify the basic theories and concepts of Expressive Arts Therapy;
3. Discuss the history of Expressive Art Therapy;
4. Understand how to integrate and apply Expressive Arts Therapy to clinical practice;
5. Learn and demonstrate techniques for utilizing Expressive Art Therapy in your practice; and
6. Apply techniques to specific populations.

CE: 6 Cat I
Cost: $90 for members; $130 for non-members

#2034: Rethinking Sex Addiction: A Sexual Health Approach to Psychotherapy

Date: Friday, May 13, 2016; 9:45 a.m. – 1:00 p.m.

Location: NASW-MD Chapter Office
5750 Executive Drive Suite 100
Baltimore, MD 21228

Presenter: Michael A. Vigorito, LMFT, LCP, CGP, Clinical Director, Integrative Counseling Services

Synopsis: Scientific consensus has not coalesced around one diagnostic criteria or etiological mechanism for sexual dysregulation. An integrative psychosocial approach is needed to comprehensively address the multiple factors that contribute to OCSB. Mr. Vigorito co-developed the OCSB Clinical Pathway with Douglas Braun-Harvey to guide providers in assessing and treating men concerned about problematic and out of control sexual behavior. He will describe the comprehensive treatment protocol and discuss sexual health interventions for all treatment modalities.

Learning Objectives: Upon completion of this course, participants will learn:
1. To apply sexual health principles to treating sexual behavior problems and out of control sexual behavior (OCSB);
2. To identify client vulnerability factors and clinical distinction used in sexual health screenings; and
3. To apply a dual-process theory of human behavior to OCSB conceptualization.

CE: 3 Cat I
Cost: $30 for members; $40 for non-members; $10 for guests (no CEUs for guests)
Please note: This workshop qualifies for the Maryland Board of Social Work Examiners’ 3-hour ethics requirement for licensure renewal.

Please note: This workshop qualifies for the 3-hour HIV/AIDS requirement for the DC Board of Social Work

#2045
Social Work Exam Prep

Date: Thursday, June 9, 2016; 9:30 a.m. – 4:00 p.m.

Location: NASW-MD Chapter Office
5750 Executive Drive Suite 100
Baltimore, MD 21228

Presenter: Jennifer Fitzpatrick, LCSW-C, Founder, Jenerations Health Education, Inc.

Synopsis: This highly focused one day session will concentrate on study skills and preparation necessary to pass all levels (LBSW, LGSW, LCSW, LCSW-C) of the ASWSW social work licensing exam. Participants will practice test questions individually and in small groups in the following areas of social work practice: Ethics, Research Design and Assessments, Diversity, Clinical Practice, Communication, Supervision, Human Behavior, and Social Policy.

Learning Objectives: This course enables the attendee to:
1. Help identify ASWSW testing strengths and weaknesses;
2. Help prioritize study time;
3. Learn best practices for passing the social work licensing exam; and
4. Learn effective ways to reduce test anxiety.

CE: 5.5 Category I
Cost: $45 for members; $25 for student members; $130 for non-members

#2046
Spirituality as a Resource for Mental Health

Date: Friday, June 17, 2016; 9:30 a.m. – 4:45 p.m.

Location: NASW-MD Chapter Office
5750 Executive Drive Suite 100
Baltimore, MD 21228

Presenter: Catherine D. Nugent, LCPC, TEP, Private Practice, Adjunct Professor, Johns Hopkins, University

Synopsis: Over the past few decades, researchers in diverse fields have begun to study the contribution spirituality can make to mental health. In this workshop, we will identify ways that spirituality can be a resource for mental health and wellness, as well as how spiritual beliefs can sometimes function as a barrier to mental health. Participants will have the opportunity to explore their personal understanding of spirituality and learn how this can be a resource in their work and their lives. The workshop will be highly interactive and experiential and will involve psychodramatic role-play to deepen our understanding of the material presented.

Learning Objectives: Upon completion of this course, participants will be able to:
1. Discuss current research findings regarding the effects of spirituality on mental health problems, including potential positive and negative effects;
2. Clarify their spiritual beliefs and values, identify major influences on their spiritual development, and explore potential counter-transference issues related to clients’ spirituality; and
3. Identify ways that spiritual beliefs and practices can provide support and strength in the lives of their clients and their own.

CE: 6 Cat I
Cost: $90 for members; $130 for non-members

#2107
Myers-Briggs Type Indicator: A Tool for Administrators and Supervisors to Recognize and Maximize Diversity in the Workplace

Date: Thursday, June 30, 2016 AND Friday, July 1, 2016; 9:30 a.m. – 4:45 p.m.
Both Days

Please note: This is a two day workshop, and you must attend BOTH days.

Location: NASW-MD Chapter Office
5750 Executive Drive Suite 100
Baltimore, MD 21228

Presenter: Guisele Ferretto, MSW, LSWC-C, Clinical Instructor, University of Maryland School of Social Work

Synopsis: This two day workshop will focus on the use of the Myers-Briggs Type Indicator as a tool for supervision, leadership development, and team building. It will also include the scoring of the Keirsey Instrument for participants.

Content covered will include: Overview of the Myers-Briggs Type Indicator and its relationship to the accomplishment of administrative tasks and teamwork. Will include discussion of effective communication skills, running productive and effective meetings, resolving conflicts, managing various tasks using this model of identifying and celebrating differences. Creative activities and handouts will be developed and delivered during the presentation of content that will enhance learning by providing opportunities for participants to develop skills and strategies to use the material presented.

Learning Objectives: Upon completion of this course, participants will:
1. Explore the role of the supervisor after review of Kadushin’s major functions of supervision;
2. Identify potential benefits of identifying personal preferences of those they supervise;
3. Self-reflect on the dynamics presented when providing supervision for different psychological types;
4. Apply the knowledge of psychological type to understand and identify challenges in supervision; and
5. Identify strategies and develop action plans for those they supervise to enhance performance.

Please note: After completing all 12 hours of this workshop, both the Supervision certification hours and the BSWE’s 3 hour ethics requirement will be met.

Please note: A workbook will be available for purchase at this workshop. Please bring an additional $15 (cash or check) to purchase a copy.

CE: 12 Cat I
Cost: $180 for members; $260 for non-members
Register Form Winter 2016

Please mail this form with your check made payable to NASW-MD, 5750 Executive Drive, Suite 100, Baltimore, MD 21228. Lunch is not provided for day-long workshops unless otherwise stated. If you would like to receive an email confirmation of your registration, please include your email address on this registration form. NASW-MD reserves the right to cancel any workshop for poor registration. Refunds for workshops canceled by NASW-MD will be mailed within three weeks. Registrations MUST be received two business days/48 hours prior to program date or a late fee of $10 will be charged. Please see full refund/cancellation policies on the first page of the continuing education schedule. Workshop fee includes certificate.

PLEASE NOTE: WE DO NOT ACCEPT FAX REGISTRATIONS. Thank you for your cooperation. NASW-MD reserves the right to cancel workshops due to low registration. Please print legibly.

Name: ____________________________________________

Cell Phone: ____________________ Day Phone: ________________________

Address: ___________________________ ZIP ________________

Email__________________________ (required for receipt)

NASW#: __________________________

Total $_______ Check amt. $_______ (Make check payable to NASW-MD Chapter)

Credit card payment: ☐ Mastercard ☐ Visa ☐ Discover

Credit card number: ____________________________

CVV Code (three numbers on back of card): __________ Exp. date: __________

Name as it appears on the card: __________________________

Signature: __________________________ Today’s date: __________

REGISTER ONLINE–SAVE TIME & POSTAGE: NASW-MD offers a secure online registration procedure for its continuing education courses! Go to www.nasw-md.org and click on Continuing Education – for more information or the Register Online icon on our homepage which will take you directly to the 2016 Sign-up online registration area.

REMEmBER: You are ethically responsible for accurately reporting the number of continuing education hours that you have earned. If you are attending a NASW-MD workshop and you are late, or have to leave early you are responsible for notifying the workshop coordinator. Your CE certificate will be adjusted to reflect the actual hours of attendance. Completing this registration form implies that you have been informed of this policy and your responsibility.

QUESTIONS CONCERNING REGISTRATION? Call 410-788-1066

A MEMBER BENEFIT
JUST FOR YOU!

Ethics Consultation Hours & Contact Info: 800-638-8799

Mondays 1-4 pm (ET) ext. 223

Tuesdays 10 am-1 pm (ET) ext. 231

Wednesdays 1-4 pm (ET) ext. 223

Thursdays 10 am-1 pm (ET) ext. 231
APPLICATION FORM

Applicants must be graduate level social workers, but not necessarily a Chapter member.

Instructors should submit the following:
• Completed application form.
• A one page description of the proposed presentation (no more than 350 words) including an overview and educational objectives. Please include a breakdown/outline of the presentation.
• A vitae or resume (if two presenters are jointly presenting, please submit a resume for both). Please make note of previous workshops you have presented, including workshop topic, date, and sponsoring organization.

Name(s): __________________________________________________

Degrees/Designations: __________________________________________

Presentation Title: _____________________________________________

Job Title: __________________________________________________

Employer: __________________________________________________

Day Phone: __________________   Home/Cell Phone: _________________

Home Address: ______________________________________________

Email Address: ______________________________________________

State the workshop’s relevance to the practice of Clinical Social Work:
(Use additional sheet if necessary)

Workshop Duration:   □ Three Hours    □ Six Hours

Program Level: □ Intermediate   □ Advanced

Workshop Time Preference: □ Thursday AM    □ Thursday PM
                         (Check all that apply) □ Friday AM    □ Friday PM    □ No Preference

Please list at least two references:
1. 
2. 

Return this form to:
Jenni Williams, Director of Communications & Continuing Education
NASW-MD Chapter, 5750 Executive Drive, Suite 100, Baltimore, MD 21228
(410-788-1066, ext. 13) or email submissions to: jwnasw.md@verizon.net

PLEASE RETURN BY APRIL 10, 2016
Family Transitions: Issues, Solutions, and Policies Conference

On Oct. 23, 2015, the National Family Resiliency Center, Inc. (NFRC) co-sponsored a conference, Family Transitions: Issues, Solutions and Policies with the University of Baltimore School of Law, and Sayra and Neil Meyerhoff Center for Children, Families, and the Courts. The purpose of the conference was to address recent recommendations of the Maryland Commission for Child Custody, identify pressing issues facing children and parents who are in transition, and explore solutions working with an interdisciplinary approach.

The conference was well attended by approximately 300 lawyers, judges, mental health professionals, school counselors, school administrators, pediatrics, funders, law students, and the faith community. Risa Garon, executive director of NFRC and Professor Barbara Babb, Director of the Center for Children, Families, and the Courts have worked together for many years. Garon stated, “My social worker education and experience in the field has given me the unique ability to help families that are helpful and purposely planned with the goal of assisting families through difficult times of transition. Both served on the recent Maryland Commission for Child Custody’s Statutes working committee, which promoted a model of making decisions that focus on the developmental needs of the child and shared parenting, when possible.

Garon strongly believes that social work has the capacity to be leaders of change but that such change requires tremendous effort working at a policy and advocacy level as well as providing direct services, specifically designed to meet the needs of families. She and her staff developed NFRC’s Child and Family Focused Decision Making Model® that helps parents and decision makers, such as judges, magistrates, attorneys, and other mental health professionals define and address specific developmental and special needs of children of all ages, fostering constructive co-parenting to help both parents remain involved in their children’s lives. Rather than focusing solely on what parents want regarding time with their children, the model emphasizes addressing children’s needs.

As most states and jurisdictions move toward requiring parents to submit parent plans before they are divorced, NFRC is a leader through the development of its on-line FamilyConnex® program and co-parent education classes which teach parents how to create and complete parent plans. NFRC is known for its advocacy for families, particularly children. Garon said, “Many families still feel the stigma of divorce and other family transitions. Often, divorce is an umbrella for the challenges that families face such as mental illness, learning challenges, substance abuse issues, and problems in parent and child relationships. Although constructive changes have been made over the years, parents still experience problems going through the legal/judicial process, financial stresses, and children needing a voice and support.”

Dr. Robert Emery, professor of psychology and director of the Center for Children, Families, and the Law at the University of Virginia, was the morning keynote speaker. Emery discussed his new book, Two Homes: One Childhood due out summer of 2016. “When parents decide to separate,” he urged “parents need to put their emotions aside and focus on what is best for the children, seeing things from their child’s perspective.”


This presentation was followed by a series of three panels: “What Policies Exist to Support Families in Transition” (Panel 3); “The Voices of Children, Youth, and Parents” (Panel 4); and “Fostering Family Resiliency: Messages of Hope” (Panel 5).

The conference was just a beginning as an overview of the issues, solutions, and policies. What is most promising and hopeful is that the evaluations were highly positive. Both attorneys and mental health professionals reflected how much they learned from the many professional disciplines represented.

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