Get Ready ...

The 2011 Annual Conference Coming This March

Pre-Conference will be sponsored by the Chapter’s Private Practice Committee and is open to all; it will once again be held at Martin’s West.

A Look at Thursday and Friday’s Offerings

The 2011 Annual Conference and Thursday Pre-Conference will again offer attendees some of the best of cutting edge programs. The Thursday, March 24 Pre-Conference will focus this year on issues related to abuse reporting, including child abuse and elder abuse/adult abuse. We will also take a look at the legal issues regarding reporting and potential post-reporting scenarios. The Pre-Conference day will conclude with a special panel, bringing together the workshop presenters to provide attendees an opportunity to have their questions answered in an open forum.

For Friday’s Annual Conference, expect more of the best. The Maryland Chapter has brought together a host of speakers to present 12 insightful workshops on topics ranging from Binge Eating Disorders to Helping to Prevent Suicide; Treatment of the Dually-Diagnosed to Marginalized Families; Working with the Aged in Alternative Ways to The Interfaith Approach in Therapy; Leadership in Working with Geographically-Dispersed Teams to look at Kids Challenged as Adults, and two ethics offerings covering Ethical Documentation and Confidentiality of Client Records and Ethical Dilemmas and Boundaries in Social Work Practice in the Workplace. The workshops will also include a focus on hoarding, an issue that has come out of the shadows and to the forefront in recent years as one of the mental health issues that affects more Americans than previously realized. The program will also include the presentation of the Social Work Month Annual Awards to several outstanding social work professionals, students and a public citizen. (Please see page 12 for full schedule of events and details of registration information).

A Keynote Not to Be Missed

With change and life transitions as a focus, this year, the Maryland Chapter’s keynote offers a special panel presentation by two foster care alumni who have managed to beat the odds that often work against young people who age-out of foster care and face life’s challenges virtually on their own. Keynoters Latasha C. Watts and Tanisha Cunningham each know firsthand what it is like to face that moment when a foster care child must make that journey beyond the walls of foster care. Both have met the challenge of trying to transition from young foster care alumni to successful, productive adults.

2011 Annual Conference Special Note

D.C. DHS Director Clarence Carter to Present Workshop

The Maryland Chapter is pleased to announce that joining us this year for the 2011 Social Work Month Annual Conference as a Friday afternoon workshop presenter will be the Director of the Washington, D.C. Department of Human Services (DHS), Clarence Carter. Mr. Carter will present a special workshop on the District DHS’ proposed program, “Person First.” The program, now in its preliminary stage of development, was born of the desire to ensure that those most in need of services, on multiple levels, receive those services in a more seamless, team-based way. The “Person First” model envisions multiple agencies working closely together to provide services in a less fractured manner, serving families at a single point of entry to avoid the often missed opportunity to ensure that families in need aren’t lost in a maze of paperwork. All too often, families in need travel through multiple agency systems, with the agencies trying diligently to serve, having no mechanism in place to ensure that there is coordination and information-sharing. The “Person First” model seeks to put in place mechanisms that will create multidisciplinary, clustered agency teams to provide benefits to families efficiently and with easy access. The program, most of all, seeks to ensure that services are provided in a manner that is less program-centered and more person-centered, with the ultimate goal of improving the circumstances of families facing crisis, helping them to reach self-sufficiency. This special workshop will give participants an inside look at how better coordinating services — whether through better use of technology — can be wrought with the help of the social work profession. The Annual Conference, to be held on Friday, March 25, 2011, will be preceded this year, as it was last year by a Thursday Pre-Conference. This year the Annual Conference will focus this year on issues related to abuse reporting, including child abuse and elder abuse/adult abuse.
**Proud to be a Social Worker**

**By Daphne McClellan, Ph.D, MSW Executive Director**

I usually want until March to write a column celebrating the joys of being a social worker! However, I thought this year I would address this subject earlier in the hopes that it might encourage you to do something to celebrate our profession.

As you know, March is National Professional Social Work Month. At the NASW national office a theme is chosen and tee-shirts, mugs, etc. are printed to help you show your pride in being a social worker. This year’s theme is “Social Workers Change Futures.” At the Maryland Chapter, we hang street banners, hold our annual conference, and sometimes run radio and newspaper ads celebrating our profession.

I was pleasantly surprised one day, when attending a March meeting at the Maryland Department of Human Resources headquarters, to step off the elevator and be greeted by a large banner in celebration of social workers and Social Work Month. It still gives me pleasure when I think of it, because it was so unexpected. On behalf of NASW-MD, we have attended luncheons, workshops, and special coffee hours — all held during March in workplaces across the state to celebrate those who do so much good. These celebrations don’t happen by themselves, someone (probably a social worker) plans them.

Right now you have two months for planning: What could you do for your workplace or community to celebrate social workers and Social Work Month? It still gives me pleasure when I think of it, because it was so unexpected. On behalf of NASW-MD, we have attended luncheons, workshops, and special coffee hours — all held during March in workplaces across the state to celebrate those who do so much good. These celebrations don’t happen by themselves, someone (probably a social worker) plans them.

Happy New Year to all of you! As we enter 2011, I know that many of us are hoping that it will be a better year than 2010 for us and for our clients. I am one of those hoping and praying for some good news!

The General Assembly Session started January 18th and will go for 90 consecutive days, ending on April 11th. Will Rogers once said something to the effect of “No man, woman or child is safe while the legislature is in session.” While I am not quite as cynical as that, I must say the air in Annapolis right now is apprehensive.

While much remains to be seen, we do know that as the economy struggles on, our legislative bodies have many difficult decisions to make — how to be fiscally responsible with taxpayer money while still providing essential services and watching out for the most vulnerable in our society. Unfortunately, the opinions of how to do this vary widely, both by individuals and by political parties.

As social workers, we wait with bated breath to see how it will all turn out. Will our program be severely cut? Will it be eliminated? Consolidated? Will the people we serve still have their safety net when it is all said and done? On a more personal level, will we still have jobs ourselves? Don’t just sit back and wait to see what happens. Become involved! Let your legislators know why the program you work with is important to those who are served! Contact the Chapter office of NASW and become involved with a practice committee or with the Legislative Committee. Offer to testify on behalf of NASW when issues of concern present themselves in the General Assembly.

At NASW-Maryland, we are working on behalf of you and our profession; our lobbying firm (Public Policy Partners) is in place and the Legislative Committee is having weekly conference calls to keep abreast of what is happening in Annapolis and to make decisions on behalf of the Chapter. We will be testifying on bills and in budget hearings. Send me an e-mail and let me know if you have a particular concern: Working together we can do the most good!

This is going to be a difficult session for our elected officials. One suggestion: Contact your Senator and Representatives now before things become too heated. Tell them you are thinking of them and that you are aware they will be making difficult decisions. Express your appreciation for their public service and mention that you are a social worker. Open the door with some support and encouragement. Your e-mail or letter will be remembered and then, later in the session, when you want some personal access, you will have it.

Finally, let me tell each of you how much you are appreciated. In this time of cutbacks, I know that many of you are doing the work of one-and-a half or two people at no increase in pay. You do this because you are dedicated to your clients and their needs. In case you haven’t heard it recently — Thank You!

**President’s Report**

*By Tyler Betz*

His edition of *The Maryland Social Worker* is very special because it is mailed to all licensed social workers in the state of Maryland. So, if you are not a member of NASW — welcome, and if you are a member — it’s nice to see you again. Here are a few updates from my previous column: Our Children, Youth and Families Committee continues to work closely with our lobbying firm, Public Policy Partners, to advance our legislative interests. This General Assembly Session, which is still young, the Maryland Chapter has crafted a bill that will examine and amend the parameters of reasonable corporal punishment. On another note, the Maryland Chapter Student Conference, held during November at UMBC, has been hailed as a rousing success. The Chapter’s Forensic Social Work Committee recently held a social/training event, and the Southern Maryland Branch has also held a social/training event. NASW—Maryland, through branch activities, stretches from the beaches of the east to the mountains of the west, tying all Maryland social workers together into one association.

As for some upcoming highlights, here are just a few: The Social Work Month Annual Conference is approaching, which will be supplemented, for the second year, by a pre-conference. This year’s pre-conference is sponsored by the Maryland Chapter’s Private Practice Committee, and will focus upon the reporting of abuse cases. While social workers are clearly mandated reporters, there is nuances relating to different caveats within each and every one of the contexts in which social workers practice. As is the case every year, we are tremendously proud of the Annual Conference — find a course that is interesting to you in the pages to follow.

“Social Workers Change Futures” is the theme of this year’s National Professional Social Work Month, and words have never rung more true. No matter what your scope of social work practice, whether it is work with a foster family, addressing an issue within inference chaining, or examining policy, the very fabric of your work is dedicated to affecting change in the future of individuals. Affecting change is in our social work blood, is the undercurrent of all of our practice, and it is the reason we have chosen to do what we do. Social Work Month is a time to slow down and appreciate the work that we are doing to change futures.

**Executive Director’s Report**

*By Daphne McClellan, Ph.D, MSW*

By Daphne McClellan, Ph.D, MSW

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The Old and New in Black Leadership

“It is easy to overlook change when it happens ....” — Gwen Ifill, 2009

With the phrase above Gwen Ifill sets the theme for her analysis of what is happening with black political leadership [in her book, The Breakthrough: Politics and Race in the Age of Obama, Doubleday, 2009]. It is a tale of what she calls “sandpaper politics.” The phrase is meant to connote the friction which occurs in the shift of power from an older generation of black political leaders to an emerging one and the resistance of some in white society to any black political advance. All of this is crosscut by gender conflicts. It is also a reminder of the importance of keeping up with contemporary history.

Ifill was born in New York and is a distinguished reporter, perhaps best known for having been the moderator of PBS’s Washington Week in Review since 1999. Her father, a minister, was from Panama and her mother was from Barbados and she is the fifth of six children. Among other things, she has five honorary doctorates, is on the board of the Harvard Institute of Politics and the Committee to Protect Journalists. She lives in Washington but has Maryland ties since she is also on the board of the University of Maryland’s Phillip Merrill College of Journalism. She has worked for major newspapers such as the New York Times and The Washington Post. From 1981 to 1984, she worked for The Baltimore Sun and made her first television appearance while at the Sun in a show called Maryland News Wrap.

This is a reporter’s history. She knows the difference between analysis and opinion and sticks to analysis. She obtained her information by interviewing major political figures and reading newspapers. The political spectrum is covered from low level city officials to President Obama, who is a centerpiece in this work. It is a way of doing historical research that is often overlooked. Her Baltimore experience is interesting and played a role in the genesis of this book since she saw it as being on the verge of change. In 1981, the city was becoming increasingly black but the political leadership was all white. The Inner Harbor had been redeveloped but it was a Potomkin village, concealing the part of the city where living conditions were wretched. She described the mayor [Then Mayor William Donald Schaefer] this way, “Schaefer, an unmarried curmudgeon used to getting his own way, suspicious of change. And he was doubly suspicious of any call for change that seemed rooted in racial claims. That meant he would be suspicious of me, a black woman whose job was to ask him questions he did not like. As he growled and snapped at me — and, honestly at most other reporters too — I came to realize what I was witnessing: the friction that is a necessary by-product of sandpaper change (p.4).”

In 1983, Billy Murphy challenged Schaefer in the primary. She describes his campaign as inept even though many national figures came to Baltimore to support him. The positive result of this campaign was that it pointed to the possibility of change. Clarence “Du” Burns and Kurt Schmoke were the next mayors and Wayne Curby became Prince Georges County Executive. Today, most of the political leadership of Baltimore is black and much of it is female; Ifill notes that this is a unique phenomenon.

These elections signified the change that was under way. In 1988, Jesse Jackson’s presidential campaign was based on race. It did not get very far. She credits Jackson with demonstrating that it was possible for a black person to aspire to the highest office in the land. With her sharp perception, she also notes that, “Jackson’s supporters were made up of far more than the traditional civil rights constituency. They were, in fact, the left-wing version of the very same people who flocked to rallies that year for another man of the cloth, Pat Robertson (p.8).” Jackson realized too late that he had to broaden his appeal. None of the successful politicians interviewed for this book made this miscalculation.

One of the things that this book clearly demonstrates is that the “black vote” doesn’t reflect a community where everyone thinks the same way and votes the same way. Despite variations from individual to individual, the new generation of black politicians as a group are from middle class backgrounds, very intelligent, well-educated, successful and, in general, better known than their predecessors. Ifill notes that others had only talked about, not willing to wait as most of the older generation of black leaders urged, and realized they had to make coalitions across the whole racial and political spectrum to win.

The last two items in this list most typify what was happening as this new generation of political leaders emerged on the scene. Every one of the politicians in this book was cautioned by older leaders, most of whom had been militant in working to achieve civil rights, to be patient, wait your turn and other gradualist sentiments. In September 2007, on an Atlanta television interview show, Andrew Young said, “I’d like Barack Obama to be president— in 2016. Black men who reach too far too fast, die early. It is not a matter of being inexperienced. It is a matter of being young (p.34). Ifill considered it amazing that this could come from a man who had fought such tough civil rights battles. She goes on to note that he didn’t know much about Obama and made incorrect statements about him. That most of the black civil rights and political leadership, the Rev. Joseph Lowery excepted, would turn out to be James Faulkner gradualists is one of the most astonishing things that Ifill points to in this historical change that isn’t being noticed. The point about the necessity of coalition politics is the biggest mark of change between the old and the new generation. Except in racially gerrymandered districts, black politicians have to have white votes to win. The new breed of black politician had to find a way to attract white voters and not lose credibility in the black community. All of the successful ones did this. It was not an easy task. Ifill points out that the successful black crossover actors and media people such as Bill Cosby, Oprah Winfrey, Michael Jordan, and Denzel Washington have a persona that is not threatening to white people. The politicians had to deal with this plus the constant questioning about identity in terms of questions such as, “Is he black enough?” or “Is he too black?”

Arriving at this balance between community connection and broad appeal across racial lines took work and a lot of time to cultivate. President Obama tried to avoid discussing race as he developed his campaign. So did all the other politicians reported on in this book. In his speech before the 2004 Democratic National Convention, Obama said “There is not a liberal America and a conservative America. There is the United States of America. There is not a black America and white America and Latino America and Asian America, there’s the United States of America (p.64).” Ifill notes that this had echoes of a memorable speech that Barbara Jordan gave to the 1976 Convention. And, if I venture an opinion: If the incomparable Jordan had lived she might have gotten to the presidency before Obama.

When the prejudiced rhetoric of the Rev. Jeremiah Wright received wide circulation, Obama’s hand was forced. He cut his ties to him. In a speech at the convention of the National Association of Black Journalists in the summer of 2007 he said, “I am sympathetic to efforts to have a racial conversation in this country. But I find that generally there is a lot of breast-beating and hand-wringing and then not much follow-through. The kind of conversation I’m interested in having about race is very concrete. Do we have a criminal justice
Join NASW Today

This special edition of The Maryland Social Worker marks our annual mailing to all 11,000 licensees in Maryland. We take this moment to remind our current members of the many benefits of membership and to invite those who have not yet joined to get on board to reap the many benefits of NASW membership!

From up-to-the-minute critical legislative advocacy to opportunities for professional growth and development, the benefits are vast.

First, for one price, all who join NASW receive the benefit of membership at both the national and state levels. Here’s a look at some of those benefits:

**National NASW Member Benefits:**

- **Publications:** Stay on the cutting edge of information about the profession! As a member, you will receive a host of NASW publications including quarterly issues of the NASW journal, Social Work, and NASW’s monthly newspaper, NASW News, covering the most pertinent issues affecting the profession. You will also receive a wide range of discounts on books and other publications important to social work practice from NASW’s Press Publications (via catalog or via the web at www.naswpress.org).

- **Legislative Advocacy:** With the uncertain times that face our nation, legislative advocacy for social workers and their clients have never been more important. NASW works year after year to advocate within Congress and the federal government for those political and regulatory issues which affect social workers.

- **Liability and other insurance:** Get the protection you need to practice in today’s unpredictable world with NASW’s Professional Liability Insurance. NASW also offers members Group Life and Disability Insurance programs (www.naswinsurance.org). And, to address your other insurance needs, NASW Assurance Services, Inc. also now offers auto, homeowners and renters insurance programs!

- **Professional Credentialing and Certifications:** You can earn specialty credentials and certifications which recognize a higher level of competency beyond licensing or degrees. The newest credentialing specialty that has been added is the Advanced Certified Hospice and Palliative Social Worker (ACHPSW), developed jointly by NASW and the National Hospice and Palliative Care Organization (NHPCO). Other special credentials include the Clinical Social Worker in Gerontology (CDSWG-G), the Advanced Social Worker in Gerontology (ASWG-G) and the Social Worker in Gerontology (SW-G), the Diplomate in Clinical Social Work (DCSW), Qualified Clinical Social Worker (QCSW) and the Academy of Certified Social Workers (ACSW). Specialty certifications are available under Certified School Social Work Specialist; Certified Social Worker in Health Care; Certified Advanced Children, Youth and Family Social Worker, Certified Children Youth and Family Social Worker (Exclusively for BSWs); Certified Clinical Alcohol, Tobacco and Other Drugs Social Worker; Certified Social Work Case Manager; and Certified Social Work Case Manager (Exclusively for BSWs).

- **Professional Development/Continuing Education:** The Maryland Chapter sponsors a multitude of conferences to which you may subscribe: Clinical Social Work, (DCSW), Qualifying Specialty sections offer members a key link to much-needed information and resources that keep you on the forefront of the profession. There are also specialty journals to which you may subscribe: Children and Schools, Health and Social Work, Social Work Research and Social Work Abstract.

- **Brochures and fact sheets** that keep you up to speed on the most pressing issues facing the profession.

- **Access to job opportunities** around the country via NASW JobLink, an on-line social work job bank.

- **The National Public Education Campaign:** Back in 2005, the National office launched its first-ever, all-out effort to educate the public, the media, opinion leaders and legislators about the depth and breadth of the social work profession. Members benefit from increased respect for the profession, increased employment opportunities and more.

Don’t Miss Out on these Maryland Chapter Member Services!

In addition to the national level member services and benefits you receive, there are also Maryland Chapter member services that will help you keep current and excel in the profession, right here at home! Those services include:

- **Professional Development/Continuing Education:** The Maryland Chapter sponsors a multitude of conferences (the March Social Work Month Annual Conference) and many special issue sections offer members a key link to much-needed information and resources that keep you on the forefront of the profession. There are also specialty journals to which you may subscribe: Children and Schools, Health and Social Work, Social Work Research and Social Work Abstract.

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**MEMBER BENEFITS, RESOURCES & SAVINGS**

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**PRACTICE ADVANCES & SUPPORT**

- **NASW Code of Ethics**
- **NASW Specialty Practice Sections**
- **National Social Work Finder**
- **Online Referral Directory**
  - Available at HelpStartsHere.org
- **Discounted HIPAA Privacy Training**

**NASW PRESS**

- **Publications**
- **Online Journals**

**CAREER & PERSONAL PROTECTION**

- **NASW Assurance Services**
  - Professional liability and group insurance

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**MEMBERSHIP INFORMATION**

- **Member Services Specialists**
  - 800.742.4089
  - 202.408.600 ext. 499
  - membership@naswdc.org
- **Downloadable Membership Cards**
  - SocialWorkers.org/membercenter

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**MEMBERSHIP MATTERS Continued on page 5**
MEMBERSHIP MATTERS
from page 4

Conference, the annual Fall Clinical Conference), workshops and special continuing education events throughout the year on topics ranging from relationship addiction to substance abuse to spousal loss. NASW-Maryland is here to help you meet the 40 hours required by the Maryland Board of Social Work Examiners to renew your license — including multiple offerings of courses on ethics — and at some of the lowest rates available.

• New members will receive one, free 3-hour continuing education course.

• Mentoring Services: Maryland Chapter members are fortunate to have a Mentoring Program which offers both new and seasoned members free and confidential advice as they navigate the waters of professional social work. Whether it’s needing a sounding board, looking to find career opportunities and resources, or looking for models of practice, the Maryland Chapter Mentoring Program will be there for you. The committee also has a new blog that you can connect to. Visit the chapter website at www.nasw-md.org.

• Local Legislative Advocacy: As on the national level, whether it’s advocating for universal health care in the state, respite care funding for caregivers, or professional issues, the Maryland Chapter is committed to keeping those issues which most affect the practice of social work in the state before our legislative leaders year after year. The Chapter’s Legislative Committee, made up of practicing committee representatives, keeps a trained eye on the most pressing issues of the day. The Chapter also has a special electronic Legislative Alert Center (Capwiz) which helps members connect directly with state and federal legislators via letter writing campaigns and more. The Maryland Chapter is your voice in the community.

• Political Action for Candidate Election (PACE-MD) Committee: This is the political arm of the Maryland Chapter at the state level which works to mobilize Chapter members to vote and otherwise participate during election cycles; the National PACE supports candidates at the federal level. As a Maryland Chapter member, you can have a direct impact on which candidates advance to elective office in the state by participating on PACE.

• Networking and Leadership Opportunities: By joining one of the Maryland Chapter’s many select committees, you’ll have the chance to help address the many issues that face social work practice today. From the Committee on Aging to the Professional Standards Committee to the Behavioral Health Committee, you’ll have a chance to make your voice heard, contribute your expertise and network with fellow professionals!

Most importantly, by joining NASW, you help protect the good name of the social work profession. Be a part of NASW and join the thousands who know that it pays to be a member. Join Today!

For more information, contact the Maryland Chapter office at 410-788-1066 for a application brochure, or go to our website at www.nasw-md.org.

Special Information for Maryland Chapter Members:

The National On-Line Resource Center on Violence Against Women

It can be challenging to stay current on research and other critical information that may help us do our best work with or on behalf of the people we serve. Whether you work in child protection, mental health, substance abuse, aging, or economic justice; whether you’re based in a school, hospital, assisted living facility, or direct service agency — your clients include survivors or witnesses of abuse.

VAWnet: The National Online Resource Center on Violence Against Women is an on-line library with thousands of materials related to domestic and sexual violence that are available free of charge in full text.

Visit us at http://www.VAWnet.org/ to peruse the collection, and subscribe to our e-Newsletter delivering new resources, events, and relevant announcements to your e-mail box every other month.

VAWnet has a lot to offer — from current research to best practices in prevention; from public policy to prevention. For information about violence against women, please make VAWnet your first stop!

HIGHLIGHTED RESOURCES INCLUDE:

• Special Collections on topics such as Working with Children Towards a Healthy & Non-Violent Future, Preventing and Responding to Teen Dating Violence, and Resources Addressing the Perpetration of Sexual Violence.


• Grants & Funding resources including our database of current grant solicitations, application information and other issues and information related to funding.

• Information about state, local, and national events related to violence against women including trainings, conferences, lectures, webinars, and more.

As a Social Worker...
You are exposed to many potential malpractice lawsuits.

Be smart – protect yourself, your livelihood, and future ability to help others!

Here are some FACTS about your safety net …

NASW Assurance Services Sponsored Professional Liability Insurance:

| FACT | You can apply for liability coverage amounts of $1,000,000 per claim/$1,000,000 aggregate per year or as much as $2,000,000 per claim/$4,000,000 aggregate per year. |
| FACT | The cost of $6 a month (or even less) for the first year is the best value in the marketplace. |
| FACT | You can tailor flexible coverage options to meet your needs - it’s perfect for independent contractors, private practitioners, exclusively employed individuals, partnerships, corporations, schools, students, and more. |
| FACT | This program insures the largest pool of social workers worldwide, so you’ll have the added security of strength in numbers for rate stability and claims experience. |
| FACT | The NASW Professional Liability rates have not increased in over 15 years. |
| FACT | Online policy renewal with convenient credit card payment option is now available. |

You can apply now, with no risk.

Just call the American Professional Agency, Inc. and ask for the Social Work Department at (800) 421-6694

To get more information online and download an application, visit www.naswassurance.org.

The program is created and overseen by Social Workers exclusively for Social Workers.

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Committee News and Notes:

Children, Youth and Families Committee Looks to 2011 Legislative Session

The mission of the NASW-MD Children, Youth and Families Committee (CYF) is to seek the improvement of the lives of vulnerable children in the state of Maryland. In the past, CYF has reviewed legislative proposals and made recommendations to the Chapter’s Legislative Committee of which bills to support.

For this 2011 legislative session, the Committee has taken a 2010 legislative proposal on Corporal Punishment that was withdrawn in previous years by sponsors until certain controversial definitions could be better clarified. CYF decided that the present definition of corporal punishment in Maryland was vague and unclear and needed revision to educate the community and to better protect children from risk of serious bodily harm. Nationally, NASW has consistently opposed the use of physical punishment, believing there are more effective parenting strategies. Research has demonstrated a link between physical punishment and several negative developmental outcomes for children: physical injury, increased aggression, antisocial behavior, poorer adult adjustment, and greater tolerance of violence. Physical punishment poses a risk to the safety and development of children as its use can easily cross over the line into child abuse.

CYF began the revision process by researching corporal punishment laws around the country. In a cooperative venture with the Chapter’s lobbyists and several supportive organizations, a 2011 draft proposal has been completed. CYF is now developing an action strategy to develop a coalition with various groups/organizations, potential partners and legislative sponsors. Particular attention will be focused on the religious community. CYF believes the clarification of present Maryland law is an opportunity for public education about alternative forms of discipline will better protect children from deliberate and unintended harm.

BY MARNI SEYYID, LCSW-C, ABD

I first became aware of the term self-care as a BSW student at Morgan State University. I remember thinking that self-care was a super-technical, space-age social work term. I was excited to hear more about it. What exactly did self-care entail? How was it done? Did I need to have a license to take part in it? I needed to know more.

My professor explained that self-care is a necessary supplement to every good social worker’s “bag of tricks.” She added that good self-care addresses the social worker’s physical, emotional and spiritual needs. She pointed out that self-care is not selfish. In fact, she cautioned that social workers who do not practice self-care were bound to be less effective in their work with clients and prone to burnout. This information was helpful, but I still wanted to know more.

The idea of self-care likely has deep roots in the consciousness of those who make their living caring for others. However, Baltimore-born Dr. Dorothy Orem conceptualized it as a patient’s capacity for monitoring, sustaining, and improving his/her own health. Dr. Orem, a nurse-educator, intended the concept for use in the context of nursing practice. In her work, Self-Care Theory (1971), Dr. Orem defined self-care and its companion concepts: self-care agency (capacity to engage in self-care mediated by emotional social and cognitive development, sociocultural health orientation and available resources), therapeutic self-care demand (aggregate of self-care behaviors performed for specified duration to meet self-care requisites) and self-care requisites (behaviors directed toward self-care; categorized as universal, developmental or concerned with health deviation, respectively).

While Dr. Orem’s conceptualization of self-care was based in patient-care, the idea had implications for the well-being of caregivers. The phrase, “Physician heal thyself,” (Luke, 4:23) comes to mind. By Marni Seyyid, LCSW-C, ABD

A Look at the History of Self-Care

What it means, what it can do for you.

In order to practice self-care, direct practice workers should do the following:

- Become/remain aware of stress levels
- Share feelings
- Make a list of things that increase/decrease stress
- Regularly participate in activities that help relieve stress
- Develop a plan to actively and consciously regulate stress levels
- Keep current regarding training to serve target population(s)
- Demand supervision!
- Speak up to management regarding the support you need to do your job

Weber Resources for Building a Comprehensive Self-Care Plan:

- The Baltimore School of Massage features 50 minute massages for $25 by student massage therapists on Saturdays and Sundays: http://www.bsom.com/
- The City Paper (based in Baltimore) is a great resource for fun, reasonably priced activities. http://citypaper.com/

The internet is a useful tool for finding ways to do anything else you might decide to incorporate into your self-care plan. You can find a place to worship, practice yoga, learn to dance, take up a new sport, cook and eat healthier, and decorate a cake...

Marni Seyyid is the founder and lead trainer at SoulSentry Solutions, a social services training and consulting firm based in Baltimore. www.souldierseyyidsolutions.com

A Personal Primer

 awareness of boundaries/limits of ex- plicit in the training on VT was a question: “How does one avoid/manage the risk of VT in social work practice?” Self-care was one answer to that question and became a natural second component of the training. It was at this point that I realized the power of self-care and began to practice it myself. Consequently, I was able to flesh out my own conceptualization of self-care as it relates to social workers.

Self-Care is more a parallel practice than it is a “supplement” to social work practice. If applied earnestly, it becomes a way of life. Self-care functions both curatively and preventively. In order for self-care to be effective, several prerequisites must be present.

Prerequisites for Effective Self-Care:

- Acknowledgement that self-care is needed
- Personal definition of what self-care looks and feels like in life/practice
- Awareness of boundaries/limits of expertise. This is key, as self-care is just a nice idea without appropriate boundaries to activate and enforce its implementation.
- Awareness of stressors (professional and personal)
- Commitment to provide yourself care comparable to the care you give clients

To incorporate self-care into the culture of human services agencies, administrators should do the following:

- Hire competent professionals at all staffing levels. This is key, as competency fosters staff confidence and investment, thereby reducing stress.
- Encourage staff feedback and then respond.

A significant body of literature exists regarding Vicarious Traumatization, burnout and malpractice resulting from generalized fatigue and the like. Self-care must be identified as a priority for agencies in much the same way that cultural competence has been in recent years. Directors and administrators must begin to see the long-term benefits of self-care and allocate the resources necessary to integrate self-care into the practice milieu.

Take the Self-Care Pledge:

I do declare and solemnly affirm that I desire care EQUAL in quality to the care I try to provide to my clients/patients/customers each and every day.

I do understand that while everyone deserves to be helped, I may not be able to help each and every individual personally.

And while I am intelligent, competent, and strong, I may not have the answers to each and every problem presented to me. As a result, I may need to ask for help once in a while. Finally, “No,” “Not right now,” “I don’t think so,” and “I am not sure” are acceptable answers to the queries of clients, supervisors, and co-workers, especially if those are the answers that first came to mind.

Remember: Self-Care saves money! Self-Care saves careers! Self-Care saves lives!

The internet is a useful tool for finding ways to do anything else you might decide to incorporate into your self-care plan. You can find a place to worship, practice yoga, learn to dance, take up a new sport, cook and eat healthier, and decorate a cake...

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Provide a safe space for direct-care professionals to address the work and related personal feelings
- Acknowledge multiple perspectives on client care
- Encourage collaboration from staff
- Teach/model establishment and maintenance of healthy boundaries
- Empower staff to make the best career decisions for themselves
- Insist on self-care
The American Family Therapy Academy (AFTA) has chosen Baltimore for its upcoming Annual Meeting and Pre-Conference to be held June 22 through June 25, 2011. The American Family Therapy Academy, founded in 1977, is comprised of nearly 700 professionals from diverse fields including social work, psychology, and psychiatry.

According to the Program Chair Arlene “Art” Lev, “AFTA members are family therapists deeply committed to clinical skill development, cutting-edge research, and training new generations of family therapists.” Most noteworthy, Lev says, “is AFTA’s strong commitment to social justice at the micro to macro levels of practice as well as in its philosophy as an organization, which includes sensitivity to cultural and economic diversity, immigration, and other relevant social issues.”

The theme of this year’s Annual Meeting is “Sex, Gender, and Cyberspace: Expanding the Vision of Family Therapy.” Although AFTA is a membership organization to which eligible candidates are nominated, this year there will be two Pre-Meeting Workshops open to all interested professionals. AFTA is co-sponsoring this year’s Annual Meeting with the Maryland Chapter of the National Association of Social Workers, as well as with the Mid-Atlantic Division of The American Association of Marriage and Family Therapy, and Johns Hopkins University.

For the 2011 Meeting, AFTA is extending a special invitation to social workers, family therapists, and other allied professionals, students, and interns in the Baltimore-Washington, D.C. area to attend the Annual Meeting. “It was important to ensure that our colleagues who are not necessarily members of AFTA would have access to the cutting-edge programming that we have developed for the Baltimore Meeting,” Lev says. “We are also offering a special invitation to those attending the Pre-Meeting Workshops to participate in our opening Plenary and Evening Reception. This is an opportunity to learn with expert clinicians, cutting edge researchers and scholars advancing the field of family therapy.”

The Pre-Meeting Workshops are scheduled for Wednesday, June 22. Offered simultaneously, one workshop features Tammy Nelson who will discuss “Integrating Sex and Couple Therapy: A Clinical Exploration,” and the second presented by Abbie Goldberg, who will present “The Emergence of New Family Forms: Research on LGBT Families and Implications for Practice.” [see ad on page 22 for more information].

The Annual Meeting theme for 2011, “Sex, Gender, and Cyberspace: Expanding the Vision of Family Therapy,” will focus on emerging issues in gender and identity, sexuality and sex therapies, and the role of technology on 21st Century families. Lev, LCSW-R, CASAC, is a family therapist who specializes in working with families impacted by issues of sexual orientation and gender identity; she is also an educator and writer who is the Founder and Director of the Albany, New York-based Choices Counseling and Consulting, and a Lecturer at the University at Albany, School of Social Welfare, where she has taught for the past 22 years. Lev emphasizes that “At our Annual Meeting this year, we are looking at various ways that sex, sexuality, sexual orientation and gender identity affect families, including questions about transgender identity, gay marriage, and how changing gender roles impact heterosexual couples and parenting strategies. Additionally, the families we are working with [today] are different from families in the past in substantive ways and our theoretical models and clinical interventions must keep up with these changes.”

In particular, Lev notes the need to not simply look at the changes that impact families because of shifting norms and social media in negative ways. “In addition to the problems caused by Facebook or easy access to pornography and cyber-dating, there are wonderful opportunities created by these new technologies, and therapists must become more knowledgeable about these virtual worlds. Our goal is to reframe these dialogues in a positive way.”

One of the hallmarks of AFTA programming are the small discussion venues that provide opportunities for contact with other professionals to engage in deeper, more thoughtful dialogue than is common at many conferences. AFTA extends this special invitation to its Baltimore-D.C. area colleagues to join them for their Pre-Meeting Workshops and the Annual Meeting to learn more about the American Family Therapy Academy and to exchange salient ideas that bear on family treatment. The AFTA Annual Meeting and Pre-Meeting Workshops will be held at the Sheraton Inner Harbor Hotel, in Baltimore. For more information about the American Family Therapy Academy (AFTA) and for details about the Pre-Meeting Workshops and registration, please visit www.afta.org or contact AFTA’s Washington, D.C. headquarters at 202-483-8001 or afta@afta.org.

Ann Smith, MS, LPC, LMFT, NCC
Gail Saltz, M.D.
Terrence Real, M.D.
Known Keynote Speakers:
Featuring Nationally-Known Keynote Speakers:
Rokelle Lerner

Irvin B. Levinson Memorial Lecture Series on Death, Dying and Bereavement
Sponsored by Sol Levinson & Bros., Inc. and Jewish Community Services
Wednesday, May 18, 2011
6:00 – 9:15 p.m.
at Sol Levinson & Bros., Inc.
8900 Reisterstown Road, Pikesville, MD
(1/2 mile north of Beltway Exit 20)
Richard G. Tedeschi, Ph.D.
"Finding Positive Changes After Trauma and Loss"
J. Shep Jeffreys, Ed.D., F.T.
"When Tears Are Not Enough: Understanding and Helping Grieving People – Others and Ourselves"
Jay I. Levinson, Ph.D.
Lecture Series Chair
3 Category I or A CEU’s available. Limited seating.
Doors open at 5:15 p.m. on May 18, on a first come, first served basis.
No registration required. Sorry, no reservations can be accepted.

For more information, call 410-466-9200.

www.BreakthroughAtCaronConference.com

April 22 and 23, 2011
Renaissance Baltimore Harbor Hotel
Baltimore, Maryland

This annual two-day event is for professionals and individuals interested in topics focused on developing and sustaining healthy relationships in today’s society. Participants may select from 12 workshops on varying topics. Professionals can earn up to 12 CEUs.

Attend one or both days!

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Questions?
Contact: Yvette Rehr, Event Coordinator
mail@breakthroughatcaron.org
P.O. Box 150, Wernersville, PA 19565
1-800-678-2332 x6432
Chapter Member Risa Garon Now a Guest Blogger for Huffington Post

The Maryland Chapter is pleased to announce that long-time Chapter member Risa Garon, LCSW-C, BCD, CFLE, has been invited to be a guest blogger for Huffington Post. Ms. Garon will post an article each month as one of Huffington Post’s special experts on issues relative to families, children and divorce. The Huffington Post was founded by Arianna Huffington, Kenneth Lerer, and Jonah Peretti and launched in May 2005. The site received 13,069,100 visitors each month. Ms. Garon joins the news website’s over 3,000 bloggers which include experts and luminaries from the political world to the arts to the academic community. Contributors have included heavy hitters such as Secretary of State Hillary Clinton, Michael Moore, Norman Mailer, Madeline Albright, Robert Redford, Carole Bayer Sager, Ralph Emanuel, former House Speaker Nancy Pelosi and many more. Based in New York City, the site is available in English, Spanish and German and has been the recipient of several notable awards including having been named in 2009 second among the 25 Best Blogs of 2009 by Time Magazine and winning the 2006 and 2007 Webby Awards for Best Politics Blog. In 2009, Arianna Huffington was named number 12 in Forbes’ first-ever list of the Most Influential Women in Media.

Ms. Garon is the Executive Director and Co-Founder of the National Family Resiliency Center, Inc. (NFRC), formerly the Children of Separation and Divorce Center, which has three sites in Maryland including its national headquarters in Columbia, and sites in Rockville and Solomon’s, Maryland. The non-profit, mental health center, founded in 1983, was established to help children and families cope as they face changes in trying times, help families maintain during times of conflict, help to ensure that families and parents make the right decisions when it comes to their families and, in particular, their children and to do so much more. Since its founding, the NFRC has helped over 23,000 families — no matter what the family’s composition or structure — manage both family and individual periods of transition and change such as marriage, separation, divorce and step-parenting. The Center offers families and professionals a wide range of programs and resources to accomplish the mission of facing family challenges through a host of family, group and individual counseling, co-parenting counseling, separation and divorce programs, mediation, professional development, training programs and more. Most importantly, the Center strives to keep child-focused decision-making at its center. Ms. Garon is nationally-known for her work with families and children facing challenges and is the creator of the Child and Family Focused Model of Decision Making, a program used nationwide in training court professionals, mental health professionals and others. She is the author of A Kid’s Guide to Coming to Terms with Separation and Divorce, Talking to Your Children About Separation and Divorce, Step! In the Name of Love for Your Children: A Guide to Healthy Divorce and more. She is also the co-author of Guidelines for Child-Focused Decision Making which is the foundation for the National Family Resiliency Program, a program designed to provide a child-focused, non-adversarial alternative to litigation. Ms. Garon is also the co-author of Attorneys Representing Children: Guidelines for Interviewing and Assessing Children and Parents Experiencing Separation and Divorce and has contributed to a host of professional journals and newspapers.

Our congratulations to Ms. Garon on her enlistment as an expert contributor to The Huffington Post!

Member Spotlight

Megan Mayforth Accepted to Prestigious Leadership Academy

The Maryland Chapter is pleased to announce that Chapter member Megan Mayforth, LCSW-C, has been accepted to the Maternal and Child Health Post-Graduate Leadership Academy. Sponsored jointly by the University of Maryland-Baltimore School of Social Work and the University of Georgia School of Social Work, this special program provides social workers in the maternal and child health practice settings with an intense, one-year experience that is designed to help enhance their professional, leadership and management skills in the field. Each year, this exclusive program accepts only three social workers for participation in the Academy. Based on the philosophy that growth in leadership and management is more than just traditional continuing education, the Academy seeks to take leadership development to a higher level, challenging its participants to reach beyond their usual intellectual, skill and practice boundaries. Selected participants receive full funding for their participation in the Academy. The majority of their participants have hailed primarily from the Northeast corridor, however, in 2009 and 2010, the Academy welcomed participants from as far away as Atlanta, Georgia and Gulfport, Mississippi, respectively. The rigorous program includes immersion retreats (held in Baltimore and Athens, Georgia), development of practice-based agency projects, weekly distance conferences, development of practice-based agency projects, development of practice-based agency projects, and week-long residencies in Baltimore, Athens and Atlanta.

Visit the Maryland Chapter Mentoring Program’s New Blog Site

The Maryland Chapter’s long-time Mentoring Program now has a new way for Chapter members to connect with other social work professionals: www.mentoringsocialworkers.blogspot.com. The site augments the program’s traditional way of connecting members to the program by allowing web access to this important program. Just as dialing in can bring members together, this new blogspot makes it even easier to ask a question, get advice about how to move forward with one’s career, or just get advice from seasoned social work professionals who “know the ropes” of the profession. For those who need to be mentored to and for those who want to be a mentor, the new site offers an opportunity to freely post questions (and answers). The Mentoring Committee, co-chaired for many years now by Carl Thistle and Maureen McCarron, will continue to provide mentoring services to members via its usual telephone connection as well. You can still reach the program by telephone at 410-788-1066, ext. 32 (or 1-800-867-6776, ext. 32) but we encourage you visit the new blogspot and join in the conversation!!! Let us know what you think you!

Chapter Behavioral Health Committee Seeking Speakers

Behavioral health issues can affect a variety of populations and communities. Issues can range from eating disorders to depression to veterans’ issues. The Behavioral Health Committee would like to help the public better understand the many issues related to behavioral health — and mental health in general — and is forming a Speakers Bureau. The committee is seeking to form a small cadre of experts on these issues who can speak about either a broad range of general mental health issues, or on more specific topics, to schools, the media and other groups as needed. If you are interested in joining the Behavioral Health Committee, please contact our office at 410-788-1066, ext. 13, or via e-mail at ppmsw.md@verizon.net. Let us know what your topic interests are, when you are available and if you know of groups/organizations that it is important to reach out to.
Get Involved, You’ve Got Everything to Gain

BY STACIE HERING
BSW STUDENT REPRESENTATIVE
MARYLAND CHAPTER BOARD OF DIRECTORS

As December winds down and I enter the winter break preceding my final semester of undergraduate education, I reflect on my past years in college. My journey has been expansive and I spent much of it under the radar. I never understood students who “got involved” — people who took time out of their lives to work with charities, planned activities for student organizations, or (goodness forbid!) ran for some sort of leadership position. A part of me always admired it, but I assumed it took a special breed of person to get involved, someone with real ideas, someone who clearly did not have the same sort of pressing social engagements as me. It was difficult enough keeping up with classes; I could not comprehend taking on anything else that did not have “fun” as the primary requirement.

My last year and a half as a social work major at UMBC Shady Grove taught me something entirely different. Thanks to one professor’s insistence that adding a social work-related activity to my resume would make a difference, I attended my first Social Work Student Association (SWSA) meeting during my junior year. I will spare you the details, but it snowballed to the point where I now have the opportunity to write you as the Maryland Chapter Board of Directors’ BSW Student Representative, a position that I have enjoyed immensely. This leads me to the most important lesson I have learned in my undergraduate career:

Show up. Getting involved does not require magical leadership qualities or endless hours of spare time. It does not even require overwhelming passion. Showing up does not pre-commit you to anything; however, it does give you an opportunity to learn more about your interests and explore your potential. And, so often, the most valuable thing you can offer is your voice.

One of my favorite examples happened earlier this year at a planning meeting for SWSA’s Spring Fundraiser. A generally un-involved student was hanging out after class and I casually asked if she would attend our meeting. With the promise of food, she begrudgingly agreed to stop by for a couple of minutes. However, by the end, she had made some of the most constructive suggestions for our event thus far. Our planning committee had only consisted of the “eager beavers” who responded to typical outreach strategies, and we desperately needed the perspective of the less active student. Moreover, by the time she left the meeting, she felt invested in the project and has continued to contribute. She even disclosed that joining “wasn’t as scary” as she thought.

Getting involved has transformed the final years of my undergraduate education. I learned that I truly enjoy advocacy and organizing, and I am better suited to a career in macro work. As phenomenal as my classes have been, I never would have figured that out through the core curriculum alone. For students, even if you are interested in exactly what it is you are studying, classes are only going to take you so far in terms of networking, developing professional skills, and discovering opportunities that are available right now. For example, getting involved on the board introduced me to social work professionals in every different capacity who are full of knowledge and vitality. In turn, my knowledge of the goings-on at NASW-Maryland enabled me to inform students in my class about the student conference. Two months later, those students who showed up are still reflecting on the lessons they learned that day and brainstorming activities to enhance their areas of interest.

This pitch extends to those beyond BSW and MSW students. The more I learn about the Maryland Chapter, the more impressed I am with the breadth and depth of its services, created to benefit both clients and social workers. As a member, there are committees dedicated to almost every specialty in social work. By not attending at least one committee meeting, you are denying the profession the gift of your experience and perspective. Moreover, you are denying yourself a vital opportunity to work with other experts and learn about advancements in your field.

There are a wealth of opportunities available to social workers at the student and professional levels. Start small. Show up. No one will expect anything from you — most likely, people will just be happy that you came! You can decide if something is right or wrong once you are there, but you will never know if you do not give yourself the chance.

Mark Your Calendars Now for the 2011 Social Work Student Advocacy Day in Annapolis

Join your fellow social work students in finding out more about the legislative process in Maryland and how you can participate in making things happen!

Be there on Thursday, February 17, 2011 as hundreds of social work students make their way to the seat of power in Maryland. For more information, contact the Maryland Chapter office at 410-788-1066.

To register, visit our website at www.nasw-md.org or contact the Maryland Chapter office at 410-788-1066.

The program is free for NASW student members and $15 for non-members. Preregistration is required.
Housing Counseling with HUD Support

Story submitted by a HUD User, an online source of housing research information provided by the U.S. Department of Housing and Urban Development

In response to the current foreclosure crisis, Congress has increased HUD’s appropriation for housing counseling from $41.6 million to $50 million. NeighborWorks® America also received two appropriations totaling $360 million to provide foreclosure mitigation counseling; $336 million of this total will pass through intermediaries to agencies that provide these services.

The Housing and Urban Development Act of 1968 authorizes HUD to provide housing counseling services directly or through private or public organizations with special competence and knowledge in counseling low- and moderate-income families. In 2007, HUD-approved agencies offered housing education or counseling sessions to approximately 1.7 million individuals and families throughout the country. Organizations applying for designation as HUD-approved agencies must provide evidence of sufficient resources to implement their proposed counseling plans. These organizations have non-profit status and have successfully administered a housing counseling program for at least one year in their proposed service areas. HUD-approved counseling agencies gain access to competitive grant funds and training scholarships. HUD-approved agencies also meet certain standards and federal guidelines that have increasingly become benchmarks for participation in other public/private housing programs.

A recently completed study commissioned by HUD’s Office of Policy Development and Research, The State of the Housing Counseling Industry: 2008 Report, found that HUD-approved agencies are meeting the legislative mandate to serve individuals with lower incomes. In 2007, half of the counseling recipients had incomes below 50 percent of the area median income (AMI) and another 30 percent earned from 50 to 80 percent of AMI.

The organizations providing these services are mostly small non-profits that vary substantially in their missions, range of services, and the number and types of clients counseled. Although the primary mission of one-fourth of these agencies is housing counseling, the others direct their energies primarily toward housing and neighborhood development, social services, consumer credit counseling, or legal assistance. Most have modest budgets for housing counseling and education. The average agency relies on 3.6 different funding sources. HUD is the single largest source of funding for housing counseling services, accounting for 14 percent of the total. Much of HUD’s funds flow to local agencies through intermediaries and state housing finance agencies, some of which also provide counseling.

The study found that costs ranged from a low of $200 to more than $1,000 per client, with an average per capita outlay of $431. Clients who attended group sessions received four to 10 hours of counseling; recipients of individual counseling received services averaged between three and eight hours.

A majority of housing counselors at HUD-approved agencies were college educated — 65 percent held a two- or four-year college degree — and have an average of eight years of work experience. Most had some formal training in housing counseling. Yet the level of staff expertise posed a significant problem for about two-thirds of the provider agencies because of staff turnover; the costs of, and limited access to, training; and inadequate compensation. Most counseling, intermediary, and state housing finance agencies agree that the industry needs to increase its capacity to offer foreclosure mitigation and HECM counseling services, as well as to foresee, prevent, and quickly respond to client needs. These agencies also emphasized the need for higher funding levels to ensure satisfactory continuity of service and adequately trained personnel. The agencies are engaged in an important debate over industry-wide standards that will ensure consistently high-quality services to all clients everywhere.

Researchers found that the major industry players agreed that HUD could help address the challenges confronting housing counseling providers. Their suggestions included buttressing efforts to improve funding levels for housing counseling and counselor training, helping develop national counseling standards, increasing counseling requirements for FHA loan products, and improving public awareness of the value of pre-purchase counseling. Other suggestions included encouraging lenders and loan servicers to become more responsive to the requests of counselors working on foreclosure mitigation, and promoting widespread adoption of technology in the counseling industry. The State of the Housing Counseling Industry: 2008 Report is available online at www.huduser.org/publications/afffg/hc_counseling.html and can be downloaded at no charge.
system that is color-blind? If we do not, how do we fix it? ... My belief is that African-Americans, like other racial minorities in this country, are much more interested in deeds than words. And that is the kind of leadership I want to show as president of the United States (p.63)."

With words like these, Obama and the other politicians were able to make a broad appeal while still maintaining standing in the black community. Obama, more than the other politicians, had an additional hurdle to deal with in his campaign—that was gender. Most of the old guard and several of the newer guard supported Clinton. This support was made up of people who thought Obama should wait, those who did not want to surrender power and those who stood by party loyalty. Added to this were the feminists. They felt it was time for a woman president. By the end of the campaign Obama had won over most women and was ahead of Clinton in gender polls. This was not so for the hard core. Gloria Steinem, for example, said that gender was the last bastion where freedom had not been won. She complained that black men had the vote before women and had gotten power positions before any women. Hill wrote, “To Steinem and an entire generation of feminists who came of political age in the 1960s Obama seemed to be yet another man cutting the line (p.73).” Dedicated feminists and other special interest groups have been a source of difficulty for his administration because they press only for their issues and do not provide the unity necessary to pass such things as medical reform.

What characterizes the new black politicians is that they now have power inside the establishment and are not seeking to batter doors down. When the batterers got elected they did not adjust to the power they now had and tended to continue with the same attacking rhetoric or tactics. The advent of black politicians who have power and understand how to use it is the unseen change Hill has pointed to. It is a major change on the American political scene. In the last sentence of the book Hill writes, “But there is little question that we in this country may be reaching the end of the ‘firsts.’ Perhaps breakthroughs are on the verge of becoming enough of a part of the national political landscape that at some point we will cease noticing them altogether (p.246).” Despite this hopeful note, she wonders if this can be sustained. There are examples that bear examination. When baseball was first integrated, we saw two generations of black superstar. Now the number of blacks in the big leagues is declining and other sports are attracting black athletes. Occupations where the chances of being a success are low have always attracted minorities—witness the number of Italians, Jews and blacks in show business. Arthur Ashe famously said that he would never put a tennis racket in the hands of an inner-city kid. What he meant was that he did not want to raise false hopes.

Many of these newly-successful, risk-taking black politicians made considerable money before entering politics and all of them could considerably increase their income by leaving politics. Be that as it may, what we have now is a new generation of black politicians who respect the marches, demonstrations, and social action of their forebears but who practice a politics that appeals across race and gender ranks and is often centrist. There is the question of whether this work’s (Hill’s) message will be absorbed by social work. At present, the basic documents of NASW and CSWE will speak the language of the past generation of civil rights efforts. I would hope many in the profession read this book. It is well written, contains much useful and important information, and a series of short vignettes on politicians at all levels of government. I wonder if paying attention to the message of the new politicians will be as wrenching for social work as it was for the old generation of civil rights leaders and politicians.

The Association for Comprehensive Energy Psychology presents the 13th International Energy Psychology Conference

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Energy Psychology is a family of evidence-based healing methods that blend contemporary and ancient healing traditions to provide relief from mind-body distress.

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Investigator of NIMH study on TAT, Qigong & weight loss

Charles Elder, MD
Author of Unstuck: Your Guide to the Seven-Stage Journey Out of Depression

Alberto Villoldo, PhD
Anthropologist/psychologist & author of Shaman, Healer, Sage

Lynne McTaggart
Author of Everything You Need to Know to Feel Good

John Veltzheim, DC
The originator of Bodytalk

invited presentations

Michael Mayer, PhD
Author of Energy Psychology: Self Healing Practices for MindBody Health

Gloria Steinem
Bear Clan Woman of the Serpent River First Nation, Ontario Ojibway

Grandmother Isabelle Meawasige
Shaman, Healer Sage

Keynotes

Pedor Putnam, T apas Fleming, David Gruder, Mary Hammond, Dorothea Hove-Raines, Phil Mallory, Ronald Raden, Mary See, Gloria Arenson, Dana How, Sandi Radomski

Research 1/2 day (Free with Main Conference)

June 6: Post Conference Events with William Bengston and Lynne McTaggart

June 2 & 6-8: DCEP and CEHP Energy Psychology Certification Workshops

Details, conference brochure, membership, and lots more at www.energypsych.org or call 619-861-2237
11:15 a.m.-11:15 a.m. Workshop A: “The DVR View of Reporting Abuse and Neglect” Vernice McKee, LGSW, Policy Analyst, Maryland Department of Human Resources, Social Services Administration. Get the information you need on abuse and neglect reporting directly from the source! During this workshop, the ethical and legal issues relating to the reporting of child abuse and neglect will be discussed. You will be provided the Department of Human Resources’ definition of abuse and neglect and provided information to understand how to determine “suspicion” of abuse or neglect. Attendees will also learn about the evidence needed to document that an incident meets the legal definition of child abuse and neglect, how and when to properly report, and what happens after your report.

11:15 a.m.-11:30 a.m. Workshop D: A Panel Discussion: Answers to Your Questions on Abuse Reporting Featuring our workshop presenters, a representative from the office of the District Attorney, Dept of State’s Attorney’s, social workers, law enforcement, and others on ethical issues related to reporting, domestic violence and abuse and more.

2011 ANNUAL CONFERENCE SCHEDULE
FRIDAY, MARCH 25, 2011
8:00 a.m.-8:45 a.m. Registration, Continental Breakfast, Networking Time
8:45 a.m.-9:00 a.m. Welcome and Recognition of Annual Conference Planning Committee
9:00 a.m.-10:00 a.m. Keynote Presentation: “The Hard Truth” Featuring National Speakers LaTasha C. Watts and Tashanga Cunningham

Friday Annual Conference Morning Session Workshops
10:00 a.m.-12:30 p.m. (2 1/2 Hours) Breakout Rooms

WORKSHOP A
Binge Eating Disorder: An Overview of Treatment
Andrew Walen, LCSW-C Founder and Executive Director, The Body Image Therapy Center, Columbia, Maryland

Binge Eating Disorder (BED) is one of the most under-recognized of the eating disorders, yet it is three times more prevalent than anorexia and bulimia combined. Less than one in ten cases is identified, with fewer than one in five cases being appropriately treated through psychotherapy. Conversely, those who are clinically obese are often over-diagnosed with BED, when in truth only 10 to 15 percent of the mildly obese and 25 percent of the extremely obese meet the criteria for BED. The purpose of this presentation is to appropriately define BED, describe its correlation with obesity and other co-morbidities, and to discuss health risks beyond obesity. In addition, we will discuss the causes, variety and types of binge eating, its purpose, and review case examples. The speaker will also introduce the concept of “Health At Every Size” (HAES), the role of pharmaceuticals and weight loss surgery, and discuss current efforts by the Binge Eating Disorder Association (BEDA) on Capitol Hill to attain better awareness of how the anti-obesity movement has the negative effect of increasing eating disorder behavior.

WORKSHOP B
QPR: A Question, Save a Life” (Question, Persuade, Refer), a protocol for suicide prevention; it is said that QPR is to suicide as CPR is to a heart attack. This interactive training, which has been adapted for mental health professionals, will focus on recognizing signs of suicidality, including situational, behavioral and verbal clues. They will walk away with a better understanding of the nature of suicide and how to work with clients in a suicidal crisis, and how to persuade a suicidal client to consider other options such as hospitalization. Finally, participants will learn how to implement QPR’s three steps:
- Question a person about suicide
- Persuade a person to get help
- Refer the person to appropriate resources

WORKSHOP C
Treatment of the Dually-Diagnosed: Trauma and Addiction in 2011 and Beyond
Peggy Montgomery, LCSW-C Psychotherapist in Private Practice, Columbia, Maryland

At a minimum, every four to six clients a clinician sees will have experienced both trauma and some type of addiction in their lifetime. The interconnection has been documented by many clinicians. However, there is still debate about the “chicken or the egg” issue regarding the two disorders. Addictions symptoms — doing it despite the negative consequences you can cause stop them. In fact, suicide is the most preventable form of death and almost any positive action can save a life. Dr. Paul G. Quinnett, author of the books Suicide: The Forever Decision and Counseling Suicidal People: A Therapy of Hope, has developed QPR (Question, Persuade, Refer), a protocol for suicide prevention; it is said that QPR is to suicide as CPR is to a heart attack. This interactive training, which has been adapted for mental health professionals, will focus on recognizing signs of suicidality, including situational, behavioral and verbal clues. They will walk away with a better understanding of the nature of suicide and how to work with clients in a suicidal crisis, and how to persuade a suicidal client to consider other options such as hospitalization. Finally, participants will learn how to implement QPR’s three steps:
- Question a person about suicide
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- Refer the person to appropriate resources

WORKSHOP D
Marginalized Families
Hilary Laskey, MSW, LCSW-C Social Work Supervisor, Team Leader – St. Mary’s County Department of Social Services, Callertown, Maryland

This workshop will look at historical social work practices with low-income and poor families as well as current approaches. Information will be provided regarding how social workers explore the issues impacting families and craft creative solutions — which is the role of social work. It will examine how social workers can engage and motivate families and community resources to help those who are at the very basis of social work practice and were at the roots of the development of the social work profession. The session will begin with a brief look at historical policies and programs developed to assist families experiencing economic hardship or those developed during The Depression era (including those formed by Frances Perkins). The presentation will next take a look at policy and program developments since that time, such as welfare reform and the impact on these families. Current child poverty levels will then be reviewed — including demographics and characteristics — looking at both low-income and poor families and the costs needed to raise children in today’s society and the pressures on a family to do so in particular ways; this will include a look at the impact that economic stresses have on child safety, well-being and permanency. Finally, the presenter will take a look at an innovative approach taken by the St. Mary’s County Department of Social Services that has taken over the past 10 years to assist residents of the county. The agency has structured its work, staff and priorities so as to better meet the needs of children and families in crisis. The agency’s process includes the involvement of county and community resources — both public and private. St. Mary’s County is unique in its team approach to how families are served to ensure a better use of resources, to keep children safe and to help families achieve self-sufficiency.

WORKSHOP E
You Can Teach an Old Dog New Tricks: Working with the Aged in Alternative Ways
Sealani Weiner, MSW, LCSW-C, LCSW, CSWCM, Ms.C.Ed Geriatric Care Manager and Psychotherapist, Transitions Care Management, Berrywine Heights, Maryland

It is often said that we use only a small portion of our brains, and most often — most of us use the part that directs our mouths to speak. As age we can become increasingly disengaged from our other senses, often losing some of our sensory capacities through the process of aging. The tendency is, most often, for the sake of
The National Association of Social Workers – Maryland Chapter's
2:00 p.m.-5:00 p.m.
afternoon session Workshops
Month awards Ceremony
Luncheon and social Work
as well as learn about resources regarding sensory
three methods to enhance their work with clients,
that will be focused upon are smell, touch, sight
demonstrate their effectiveness. The four senses
a problem. There are other choices and, in this
1. Participants will learn how to work within the
uncomfortable discussing consumers' spiritual
the playing field” for social workers who are
spirituality in the process of overall mental health
has come to recognize the importance of individual
is beginning to be recognized as an integral part of
as well as with our clients. Both the NASW Code
of the Maryland Board of Social Work
Examiners' Code of Ethics address responsibilities
related to colleagues. These situations present
ethical questions requiring in-depth consideration
of the best decision or action to take. This workshop
will give participants an opportunity to
learn skills necessary to think through the
elements of ethical dilemmas in practice. We will
use a decision-making model that incorporates
ethical/moral concepts, issues of boundaries and
dual relationships and values conflicts. Through
lecture, discussion and experiential exercises in
problem-solving of real situations, we will generate
a range of morally permissible alternatives to
some of the dilemmas faced by social workers.
Participants are encouraged to come prepared
to share their own experiences in practice.

WORKSHOP K
Hoarding: Community, Family and Clinical Perspec­tives
Representatives of the Montgomery County
Hoarding Task Force:
Dan McHugh, Manager, Montgomery County Code
Enforcement; Wendy Turner, LCSW-C, Supervisor,
Montgomery County Crisis Center; Bonnie Kleim,
LCSW-C, Supervisor, Montgomery County Adult
Protective Services; and Diana Schofield, LCSW-C,
Supervisor, Montgomery County Child Protective
Services
Hoarding is a concern that is becoming
more apparent, in part due to recent media
attention. National statistics demonstrate that, in
most regions, only the “tip of the iceberg” is
apparent. These situations are complicated by
challenging community, family and clinical
issues. Recent research is starting to lead to
new ways of understanding and approaching these
situations. The committees developing the DSM-V are giving significant consideration to
delineating hoarding behaviors as a separate
DSM diagnosis. Montgomery County Government has commissioned a task force to develop a
multi-agency, collaborative response to these
complex challenges. This workshop features a
panel of speakers from Montgomery County who
will address community safety issues, family
issues, and clinical assessment and intervention
strategies. The panel includes presentations by
professionals from Code Enforcement, Crisis
Intervention and Adult and Child Protective
Services. The workshop will wrap up with time for
questions and answers with the panel.

WORKSHOP J
Ethical Dilemmas and Boundaries in Social Work Practice in the Workplace
Judith L. Levy
MSW, MA (In Applied and Professional Ethics)
Chair, the Kennedy-Krieger Institute’s Ethics Committee, Former Director, KKI Social Work
Department, Baltimore, Maryland
Everyday social workers deliberate about how to
deal with challenging situations requiring a choice
between morally justifiable alternative actions.
This occurs in the workplace with our colleagues
as well as with our clients. Both the NASW Code
of Conduct and the Maryland Board of Social Work
Examiners’ Code of Ethics address responsibilities
related to colleagues. These situations present
ethical questions requiring in-depth consideration
of the best decision or action to take. This workshop
will give participants an opportunity to
learn skills necessary to think through the
elements of ethical dilemmas in practice.
We will use a decision-making model that incorporates
ethical/moral concepts, issues of boundaries and
dual relationships and values conflicts. Through
lecture, discussion and experiential exercises in
problem-solving of real situations, we will generate
a range of morally permissible alternatives to
some of the dilemmas faced by social workers.
Participants are encouraged to come prepared
to share their own experiences in practice.

WORKSHOP G
Ethical Documentation and Confidentiality of Client Records
Anna L. Agnew, LCSW-C
Private Practitioner, Havre de Grace, Maryland
This workshop will address
today's record-keeping and confidentiality
practices with yesterday's values. The workshop
will also focus on ethical guidelines for the correct
strategies in recording a record, maintaining a
record, releasing the content of a record and
defining whose record it is.

Please note:
This workshop qualifies for the three-hour
Category I ethics requirement of the Maryland
Board of Social Work Examiners for licensure renewal.

WORKSHOP H
The Role of Leadership in Establishing Team Cohesion in Geographically-
Dispersed Teams
Sharlene A. Allen, MSW, LCSW-C
Program Director, Arrow Child and Family
Ministries, Baltimore, Maryland
As organizations expand their range of service
delivery to meet the various complex
demands of today’s market, the decision to
establish satellite teams is becoming more
prevalent (Crowley, 2005; Hyatt, 2008). Many of
these satellite teams are no longer co-
located, but located in various cities, countries
or continents. These satellite teams are known as
geographically-dispersed or virtual teams. Geographically-Dispersed Teams (GDTs) are
groups of individuals with a common objective that
execute inter-dependent tasks across locations
and times, relying on technology as a primary
mode of communications versus face-to-face
meetings (Cranton, 2002). Geographically-
dispersed team members mirror many aspects
associated with traditional teams such as mutual
dependence to accomplish a task. Although there
are many components of Geographically-Dispersed
Teams that are similar to traditional teams, GDTs
have distinct social components and jointly
manage team boundaries (Hinds and Bailey, 2003).
This workshop will concentrate on the rationale
for the chosen subject area, literature from the
fields of management and sociology to focus on
the key concepts of traditional teams, essential
elements of Geographically-Dispersed Teams, the
role of leadership in establishing team cohesion in
traditional teams, and the role of leadership in
establishing team cohesion among Geographically-
Dispersed Teams.

WORKSHOP I
Kids Charged as Adults:
The Crossroads of Psychology, Human Development and the Law
Veronica Cruz
MSW, LCSW-C
Lead Forensic Social Worker, Office of the Public
Defender, Rockville, Maryland
This workshop will discuss and explore the
psychological, developmental and legal
implications of charging kids as adults.
An emphasis will be placed on adolescent
criminal pathology, developmental changes and
legal principles. The focus of the workshop is
to explore the role of forensic social workers in
saving youth from entering the adult system.
Current literature and case law will be discussed
and participants will be able to articulate the
importance of incorporating social work principles
into the treatment of adolescents. The presenter is a bi-
cultural, forensic social worker specializing in
criminal defense mitigation, dual-diagnosis, crisis
intervention, addictions, trauma and working with
diverse ethnic groups. This is an interactive
workshop where case vignettes will be presented
and participants will work in a group setting.

Learning Objectives:
Upon completion of this advanced course, participants will be able to:
1. Understand the overall psychological, developmental and legal implications of
charging kids as adults;
2. Articulate key adolescent and adult differences in relationship to criminal
pathology and treatment modalities;
3. Increase their knowledge of adolescent legal court proceedings, including but not limited to
waiver/transfer cases; and
4. Participants will be able to articulate essential clinical skills needed to effectively utilize
mitigation skills to assist in adolescent criminal proceedings.

WORKSHOP F
The Interfaith Approach in Therapy: Effecting Change Through
Respecting and Understanding Individual Spirituality
Rochele D. Spiker
LCSW-C, CH, MSW
Minister, Psychotherapist, Hypnotherapist,
Founder, Futuatal Interfaith Hypnosis and Therapy,
Greenbelt, Maryland
Inspired by the 12-step recovery movement that
began with Alcoholics Anonymous (AA), spirituality
is beginning to be recognized as an integral part of
the healing process in mental health. We now live in
diverse communities with multiple spiritual
cultures. The profession of social work has
come to recognize the importance of individual
spirituality in the process of overall mental health
and addiction recovery. Spirituality provides the
consumer with an anchor, a common language, a
basis for hope, a way to operate in a
diverse community and a
source of healing. This workshop aims to “level
the playing field” for social workers who are
uncomfortable discussing consumers’ spiritual
beliefs, are unclear about the differences between
a spiritual experience and psychopathology, and
are unfamiliar with minority spiritual practices.
It also helps social workers feel more comfortable
in working with individuals who wish to
utilize individual spirituality through the
working-through phase of therapy.

Educational Objectives:
1. Participants will learn how to work within the
boundaries of personal vs. consumer belief
systems;
2. Participants will learn how to elicit information
about consumers’ spiritual beliefs in a
comfortable manner;
3. Participants will begin to be able to make
a differential diagnosis between an intense
spiritual experience and psychopathology;
4. Participants will learn the basics about seven
prevalent minority spiritual practices they
may encounter with consumers including
Pentecostals, Jehovah’s Witnesses, Muslims,
Buddhists/Hindus, Pagans, Spiritualists, and
Santeria; and
5. Participants will come to an appreciation of the
utilization of the consumer’s spiritual beliefs in
working through six key life issues, including grief.

WINTER EDITION | 2011

The current social safety net is a loose confedera-
tion of categorical programs each designed to
address a singular aspect of the human condition.
As each of the programs was designed for that singular
purpose with its own rules set and operating struc-
ture, it is often difficult if not impossible to blend
programs to address the multiple issues facing the
socially and economically vulnerable. The District of
Columbia has embarked on an ambitious objec-
tive to remake the social safety net to a mecha-
nism which focuses on a comprehensive approach
to human wellbeing. Ms. Ahliwalia will respond to
Mr. Carter’s presentation and give a Maryland per-
spective. The workshop will focus on: the problems with
the existing construct of the human services sys-
tem; address the question why the need for trans-
formation; the District of Columbia’s transformation
construct; and preparing social workers for 21st
Century social work.

Please note:
This workshop qualifies for the three-hour
Category I ethics requirement of the Maryland
Board of Social Work Examiners for licensure renewal.

WORKSHOP L
A Look at the District of Columbia’s “Person First” Program
Clarence H. Carter
Director, Department of Human Services,
Washington, D.C.
Una Ahliwalia
Director, Department of Social Services,
Montgomery County

The current social safety net is a loose confedera-
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Century social work.
2011 Social Work Month
ANNUAL CONFERENCE

Friday, March 25, 2011
Abuse Reporting Pre-Conference
Thursday, March 24, 2011

Please Note: Lunch is included in the registration fees for both days

Martin's West ■ 6817 Dogwood Road ■ Baltimore, Maryland 21244

COSTS:

EARLY BIRD REGISTRATION FEES
Registrations must be received in NASW-Maryland office by 5:00 p.m. on Friday, March 4, 2011

Thursday Pre-Conference Only—Early Bird
$89 for NASW Members
$129 for Non-Members

Friday Annual Conference Only—Early Bird
$99 for NASW Members
$139 for Non-Members

Both Thursday and Friday Conferences—Early Bird
$165 for NASW Members
$229 for Non-Members

REGULAR REGISTRATION FEES
Registrations received in NASW-Maryland office after 5:00 p.m. on Friday, March 4, 2011

Thursday Pre-Conference Only—Regular Rate
$105 for NASW Members
$154 for Non-Members

Friday Annual Conference Only—Regular Rate
$115 for NASW Members
$164 for Non-Members

Both Thursday and Friday Conferences—Regular Rate
$180 for NASW Members
$254 for Non-Members

AWARDS LUNCHEON ONLY
$35 Per Person

Note on accommodations:
If you require accommodations to permit your attendance or participation, please provide a written request along with completed registration form and conference payment at least 30 days prior to the registration deadline for the workshop or conference. Requests received after this deadline may not be received in time to process and be fulfilled in time for the activity. Thank you.

DIRECTIONS TO 2011 SOCIAL WORK MONTH ANNUAL CONFERENCE AND PRE-CONFERENCE

From the South on I-95: Take I-95 north to the Baltimore Beltway I-695, take I-695 west toward Towson (exit is on left-hand side of I-95). *Take exit 17, Security Blvd., Follow signs to Rolling Road. Turn right at the McDonalds (Belmont Avenue). Martin’s West is down the road on the left. (It is adjacent to the Best Western Hotel).

From the North on I-95: take the Baltimore Beltway I-695 west toward Towson. Follow the asterisk directions above (From the South).

From the East on the Baltimore Beltway: use I-695. Follow the asterisk directions above (“From the South”). From the West I-70, the final exit is Security Blvd. Exit onto Security Blvd. Take Security Blvd. west. Turn right at the McDonalds. Hotel is well down the road on the left. (It is adjacent to the Best Western Hotel).

COMFORT ZONE REMINDER
Although every effort is made to have a comfortable temperature in meeting rooms, everyone’s comfort zone is different. Please bring a jacket or sweater in case the room is too cool for your comfort.

LUNCHEON ATTENDEES:

NASW GOLD CARD HOLDERS (RETIREE) Must submit proof of Gold Card with registration:
$60 Each Day

WORKSHOP SELECTIONS:

Thursday Pre-Conference—“Abuse Reporting: What to Do and Why” PLEASE NOTE: THURSDAY PRE-CONFERENCE SESSIONS DO NOT BREAKOUT. NO SELECTIONS NEED TO BE MADE.

Friday Annual Conference Workshop Selections
Please indicate your first and second choices for each workshop. All workshops will be filled on a first-come, first-served basis. We will attempt to honor each participant’s selection, however, participants will be issued their second choice if a chosen workshop is already full.

Friday Morning Workshop Selections — 10:00 a.m.-12:30 p.m.
First Choice: ___________________________ Second Choice: ___________________________

Friday Afternoon Workshop Selections — 2:00 p.m.-5:00 p.m.
First Choice: ___________________________ Second Choice: ___________________________

Please mail completed form to:
NASW-Maryland Chapter, 5750 Executive Drive, Suite 100, Baltimore, Maryland 21228. You may also register on-line at www.nasw-md.org. We no longer accept fax registrations.

Name: ________________________________ Address: (Please indicate home or work):

City, State, Zip: ________________________ Day Phone: ___________________ Home Phone: ___________________

E-mail: _______________________________ NASW Membership #: ____________________________

PAYMENT METHOD:

☐ Check: __________________ (Make Check Payable to NASW-MD) Check #: ___________________________

☐ Charge: ________________ (Check one) ☐ Mastercard ☐ Visa ☐ American Express

Credit Card Number: ___________________________

Expiration Date: ___________________ Three-digit Code (Back of Card): _______________________

Signature: ______________________________

Today’s Date: __________________________

Please mail completed form to:
NASW-Maryland Chapter, 5750 Executive Drive, Suite 100, Baltimore, Maryland 21228. You may also register on-line at www.nasw-md.org. We no longer accept fax registrations.
New Book Examines Social Work Icon Jane Addams

Author Louise Knight just recently released *Jane Addams: Spirit of Action* (W.W. Norton and Company, Inc., $28.95) a book she said is probably the most comprehensive biography of social work pioneer Jane Addams. Knight drew on a collection of historical documents and letters to chart Addams’ life. As the nation celebrates Addams’ 150th anniversary, NASW’s SocialWorkersSpeak.org sat down with Knight to discuss how Addams, a woman of privilege, came to dedicate her life to progressive issues. SocialWorkersSpeak.org is a Web site that lets social workers influence how they and issues they care about are portrayed on television, in movies, in books and in the news. Here is the article:

Jane Addams is an icon of the social work profession. However, Louise Knight, author of a new and probably the most comprehensive book on Addams’ life, said the woman who created one of the first settlement houses in the United States, won a Nobel Peace Prize, and championed for the rights of workers, women and minorities, might have easily led a different life. Like the rest of us, Addams changed her ideas and view of life over time. “That’s why I wrote the book,” said Knight. “I knew that she was not a saint.” Knight said. “She was a human being. As remarkable as what she became was how she got there.”

Addams (1860-1935), the daughter of a wealthy agricultural businessman and banker, used part of her inheritance to create Hull House, a Chicago settlement house that was designed to uplift the poor, working class, mostly immigrant neighborhood that surrounded it. Hull House’s facilities included a night school for adults, a kindergarten and clubs for children, an art gallery and gymnasium. It also offered informal, on-the-ground education for young social workers and social reformers. Despite showing an independent streak uncommon among woman of her class, Addams was firmly grounded in the Victorian Era. She was initially uncomfortable with women lobbying for political change, considering women did not have the right to vote in the late 19th century. And she was a bit naïve about human nature. After several child laborers were injured and one killed on the job, Addams thought she could get a businessman to fix dangerous conditions at his plant by appealing to his good nature. She soon discovered how insensitive businessmen were to the plight of their workers when the man flatly refused her overtures. “I think she was raised with many traditional views but outgrew them,” said Knight, who used a treasure trove of historical documents and letters written by and to Addams to detail how her attitudes became increasingly progressive.

Knight said she first became interested in Addams when she read her autobiography, *Twenty Years at Hull House*, while attending college. Addams and Knight also have a lot in common. Both women were born to upper middle class families near Chicago and came of age in turbulent times – Addams in the rapidly industrialized United States of the late 19th Century and Knight in the socially turbulent America of the 1960s. In fact, Knight says Addams’s national stature grew during a period in American history that mirrors our own. The United States was suffering from a major economic depression in the 1890s, unemployment and homelessness were high, and the gulf between the haves and have-nots widened. A progressive movement that spawned the labor movement, women’s rights and Civil Rights for minorities emerged from the troubles of Addams’ day, Knight said.

Knight sees a similar progressive movement rising out of the economic and social turmoil of today’s America, although she said this trend gets little attention from the press. For instance, the push for rights for gay, lesbian, bisexual and transgender people is on the ascendancy and there is a growing, left-leaning evangelical movement in the United States that is examining the role of Christianity in improving economic conditions and protecting the environment. Addams would be proud of these developments.

“She wanted legislation adopted that would nurture the self development of the majority of our citizens,” Knight said. “That leads you right to the working class…and all ethnicities and all oppressed groups.”

**NASW Promotes National Healthcare Decisions Day 2011**

Advance care planning enables individuals to consider, discuss, and document health care decisions before a crisis occurs. The National Association of Social Workers, in collaboration with other national, state, and community organizations, supports the fourth annual National Healthcare Decisions Day on April 16, 2011. National Healthcare Decisions Day was established to encourage advance care planning for all adults with decision-making capacity. Although several states and numerous organizations have devoted substantial time and money to improving education about advance care planning, only a small minority of Americans have executed advance directives. National Healthcare Decisions Day mobilizes national, state, and community organizations, healthcare providers, and other key stakeholders to promote awareness, completion, and discussion of advance directives.

“Advance care planning enables individuals to consider, discuss, and document health care decisions before a crisis occurs,” says NASW Executive Director Elizabeth J. Clark, PhD, ACSW, MPH. “Social workers can help people considering their health care options to explore the goals and values that guide this decision-making process.”

Social workers routinely advocate for advance care planning and are an excellent resource for people who are unclear about the benefits of such planning or are reluctant to complete advance directives. Social workers can offer information about the process of creating a living will and choosing a health care agent and often help individuals understand and prepare advance directives.

NASW is proud to support National Healthcare Decisions Day 2011 and believes this event will increase Americans’ awareness and use of advance directives. For more information on NHDDD, visit: www.nationalhealthcaredecisionsday.org.
NASW-MD Sponsored Continuing Education
Winter/Spring 2011

Additional courses may be scheduled. Please check the continuing education link on the chapter website for updates. You save $20 per 3-hour workshop as a NASW member!

Renewal of a social worker’s license is contingent on completion and receipt by the Board of Social Work Examiners of an application attesting to completion, within the previous 2-year period, of 40 credit hours of continuing education in programs and categories approved by the Board. At least 20 of those hours must be Category I, with at least three credit hours in ethics and professional conduct.

NASW-MD welcomes your suggestions for future workshops and locations.

Abbreviations: CE = Continuing Education; Cat. = Category; Cost = NASW Member cost / Non-member cost. Prices include certificate for continuing education credits.

CONTINUING EDUCATION POLICIES:
NASW-MD will not honor fax registrations. You may register online, by mail or by phone. Registrations are made on a first-come-first-serve basis. You can pay for your registration by check, MasterCard, VISA or American Express.

Registrations that are received less than 2 business days/48 hours prior to the program date will be admitted as space allows for an additional $10 late charge. (One-week prior registration is required for programs providing lunch, with the late fee in effect of $20 for registrations less than one week in advance.)

Please Note REFUND POLICIES: NASW-MD will only refund registrations for cancellations made at least 2 business days/48 hours prior to the start of the workshop, minus a $10 administrative processing fee. If lunch or continental breakfast is provided, cancellations must be made at least one week in advance and there will be a $20 administrative processing fee per cancellation.

NASW MD is not responsible for refunds if registrants do not attend a program and do not immediately follow-up for refund information or to switch to another course; if registrants do not immediately follow-up on an absence, no refund/switch is allowed.

Please note that continuing education credits are granted based on participation, NOT on payment. All workshop participants arriving late will receive a reduction in credit units granted, and if attending less than 3 hours for a Category I workshop, will have the category changed to Category II.

If you would like e-mail confirmation of workshop registration, please include your e-mail address on the registration form.

INCELENT WEATHER POLICY: In the event of inclement weather, please call 1-800-867-6776, ext. 11, for information on cancellation. In general, if schools are 2 hours late or closed in the area where the event is to take place, the event will be rescheduled. Please notify the chapter office if a refund is preferred.

NASW-MD reserves the right to cancel workshops due to poor registration.

NOTE ON ACCOMMODATIONS:
If you require special accommodations to permit your attendance or participation, please provide a written request along with completed registration form and conference payment at least 50 days prior to the registration deadline for the workshop or conference. Requests received after this deadline may not be received in time to process and be fulfilled in time for the activity.

Thank you.
WINTER EDITION | 2011
The Maryland Social Worker

range of morally justifiable alternative decisions/actions

Cost: $40 for members; $60 for non-members

#1584 PEACEFUL EATING: DISSOLVING COMPULSION AND TRANSFORMING APPETITE
Date: Friday, February 4, 2011, 9:30 a.m.-12:30 p.m.
Location: NASW-MD Office, 5750 Executive Drive
Suite 100, Mikulski Center for Continuing Education
Presenter: Heliet Zettlin, LCSW-C, Private Practitioner—Psychotherapy and Hypnotherapy
Synopsis: The Peaceful Eating Process is an original technique that incorporates elements of Ericksonian hypnosis, mindfulness meditation and somatic therapies in the mind/body expression of somating conflicts and provides a practice by which clients can gracefully restore a sense of serenity to the arena of appetite. This workshop provides social workers with an original perspective and a new clinical protocol to help clients have skills to sustain healthy weight and develop a kinder approach to mindful and healthy eating. In this presentation, participants will be introduced to the roots of the Peaceful Eating Process, discussing why traditional therapy and hypnosis, like dietary approaches to weight loss, often fail. The group will do experiential exercises to introduce participants to the concept of the somatic structure of eating conflicts and a clinical demonstration of the Peaceful Eating Process with a volunteer subject.
CE: 3 Cat. I
Cost: $40 for members; $60 for non-members

#1564 CORE TRANSFORMATION: A GRACEFUL PATH FROM SYMPTOM TO SPIRITUALITY
Date: Friday, February 11, 2011, 9:30 a.m.-12:30 p.m.
Location: NASW-MD Office, 5750 Executive Drive
Suite 100, Mikulski Center for Continuing Education
Presenter: Heliet Zettlin, LCSW-C, Private Practitioner—Psychotherapy and Hypnotherapy
Synopsis: Can you imagine the most difficult human problems or psychological symptoms actually having a positive aspect, something through which to learn, grow and transform? That is the premise of Core Transformation, a new method that provides a process for changing unwanted habits, thoughts and feelings. It presents a live metaphor for discovering the positive purpose behind symptoms and transforming them into resources for change, and a felt sense of the universal that many people describe as spiritual. This workshop will present the fundamental assumptions of the Core Transformation process and a clinical demonstration, followed by an explanation. Participants will also have an opportunity to practice the Core State exercise, a useful and powerful introduction to the full process.
CE: 3 Cat. I
Cost: $40 for members; $60 for non-members

#1559 DEFUSING POTENTIAL CRISIS SITUATIONS
Date: Friday, February 25, 2011, 9:30 a.m.-12:30 p.m.
Location: NASW-MD Chapter Office, 5750 Executive Drive
Suite 100, Mikulski Center for Continuing Education
Presenter: Ed Grady, LCSW-C
Synopsis: Clinical social workers in agency settings are often called upon to intervene in crisis situations. This workshop will assist social workers in learning how to safely de-escalate potentially volatile client situations. In this workshop, participants will learn the stages of a crisis development, learn verbal de-escalation techniques, and learn the steps in a staff-defusing process.
Learning Objectives: Participants will: 1. Learn how to identify the stages of verbal crisis escalation; 2. Learn appropriate responses to deescalate each stage; 3. Develop skills to reduce potential crisis situations; and 4. Learn basic methods to safely avoid physical strikes and kicks. (Note: Please wear comfortable and loose fitting clothing as participants will be involved in some physical activity)
CE: 3 Cat. I
Cost: $40 for members; $60 for non-members

#1560 ATTACHMENT-ORIENTED THERAPY
Date: Friday, March 4, 2011, 9:30 a.m.-12:30 p.m.
Location: NASW-MD Office, 5750 Executive Drive
Suite 100, Mikulski Center for Continuing Education
Presenter: Louise Feilsman, MSW, LCSW-C, Anchor Counseling & Training, LLC, Therapist/Consultant
Synopsis: Children with backgrounds of abuse and neglect often do not respond to traditional individual therapy. In fact, many parents report that their children’s behaviors actually worsen at home, while therapists report progress in sessions. This workshop will demonstrate the need for family therapy that emphasizes the importance of the parent-child relationship. Therapists will learn how the therapist-parent alliance is critical and strategies to re-balance unhealthy family dynamics.
CE: 3 Cat. I
Cost: $40 for members; $60 for non-members

#1565 HYPNOTIC HEALING: CONTEMPORARY APPLICATIONS OF CLINICAL HYPNOSIS
Date: Friday, March 11, 2011, 9:30 a.m.-12:30 p.m.
Location: NASW-MD Office, 5750 Executive Drive
Suite 100, Baltimore-Mikulski Center for Continuing Education
Presenter: Heliet Zettlin, LCSW-C, Private Practitioner—Psychotherapy and Hypnotherapy
Synopsis: Hypnosis is among the world’s most ancient forms of psychological healing. Yet it resonates with the most modern understandings of how language shapes human experience. In this workshop we will explore how hypnosis works and has evolved into its current uses in psychotherapy and behavioral medicine.
Cost: $40 for members; $60 for non-member

Continued on next page
CONTINUING EDUCATION CLASSES from page 17

Participants will have an opportunity to experience a group hypnotic induction, and learn a brief history of hypnosis in clinical practice, with particular focus on the contributions of Milton H. Erickson, MD and his followers. Emphasizing hypnosis as a paradigm of therapeutic communication and mind/body interaction, we will explore how trance occurs naturally in human awareness, and gives rise to both functional and dysfunctional mental states, such as psychological and stress-induced physical symptoms. Clinical Hypnosis is a methodology of intentionally using trance states to facilitate therapeutic outcomes. We will introduce how it is applied in psychotherapy and behavioral medicine for anxiety and stress disorders, depression, ego strengthening, pain management, facilitating healing, habit control, and improving human performance.

Cost: 3 Cat. I

CE: $40 for members; $60 for non-members

#1570 THE SECRETS OF THE MASCLULINE SIDE OF HEALING

Date: Friday, April 1, 2011, PLEASE NOTE TIME! 10:00 a.m.-1:00 p.m.

Location: The Education and Therapy Center 8940 Route 108

Columbia, MD 21045 (Oakland Center Business Park – At Rear of Park)

Presenter: Tom Golden, LCSW, Private Practitioner, Author, Vice Chair, the Maryland Commission for Men’s Health

Synopsis: The masculine side of healing is often overlooked or misunderstood. It uses “action” and “inaction” as a means to tell the story of one’s loss/trauma and is markedly different from the default and well known mode of healing which relies on “interaction.” Women use this masculine side of healing but men depend on it, as it is often their primary mode of working with their grief and trauma. This workshop will offer women a glimpse into their own usage of the masculine side of healing as well as bringing understanding about the men and boys in their lives, how they grieve, and how to best get close to them when they do. The men will learn about the path toward healing that they likely already use regularly but have never named. We will also focus on the newest research findings about men and emotions, drawing on brain and hormone research which help us understand the reasons that men are naturally drawn to use this masculine side of healing. Most importantly, we will have a good time as we learn!

CE: 3 Cat. I

Cost: $40 for members; $60 for non-members

#1561 DISRUPTION: THE UGLY TRUTH IN FOSTER CARE AND ADOPTION

Date: Friday, April 8, 2011, 9:30 a.m.-12:30 p.m.

Location: Mikulski Center for Continuing Education

Presenter: Louise Fleishman, LCSW-C, Therapist/Consultant, Anchor Counseling and Therapy, LLC

Synopsis: Although national statistics are collected about families whose finalized adoptions from foster care dissolve, records for pre-adoption and international disruptions are not maintained. Parents and social services workers feel tremendous shame and resentment when placements do not work out, often blaming each other and the child. This workshop will take an honest look at the warning signs of impending disruption, offer strategic interventions, and address the difficult feelings that parents and workers experience.

CE: 3 Cat. I

Cost: $40 for members; $60 for non-members

#1562 TEACHING RELAXATION, RENEWAL AND EMPOWERMENT TO CLIENTS

Date: Friday, April 29, 2011, 9:30 a.m.-12:30 p.m.

Location: NASW-MD Office, 5750 Executive Drive, Suite 100

Presenters: Judith Waldman, LCSW-C, Trainer/Consultant

In these times, it is especially challenging for practitioners to help clients cope with the stressors of long term life issues as well as those of daily life. This experiential workshop will focus on learning new techniques for relaxation and empowerment that can be taught to clients. Guided relaxation experiences, gentle movement processes, and creative arts modalities can be used to teach clients to reduce stress, increase positive feelings, and strengthen inner resources. These tools can be used for individual clients, groups, and personal and professional empowerment.

Participants will learn: 1. Relaxation and Stress Management techniques, including Mindfulness Meditation and Movement; 2. Empowerment Processes with a focus on strengths and competencies; and 3. Models for personal and professional Self-Care Action Plans. Please come dressed in comfortable clothing and be prepared to leave feeling refreshed and renewed

Cost: 3 Cat. I

CE: $40 for members; $60 for non-members

#1576 THE USE OF HYPNOSIS IN THE TREATMENT OF ADDICTIONS

Date: Friday, May 6, 2011, 9:30 a.m.-12:30 p.m.

Location: NASW-MD Office, 5750 Executive Drive, Suite 100

Mikulski Center for Continuing Education

Presenter: Mari MacRae, MSW, LCSW-C, Social Worker, Jewish Community Services

Synopsis: While many factors may contribute to the development of addiction, anxiety and poor self-esteem are nearly always present. And as the addiction progresses, the persistent experience of anxiety and self-esteem become central to the maintenance of ongoing addiction. Hypnotic interventions designed to address anxiety, poor self-esteem, and to support people as they try to change addictive behavior, can be extremely helpful in the treatment of addiction. In the context of learning how hypnosis can be helpful in the treatment of addiction, participants will have an experience of group hypnosis, listen to a recording of a hypnotic session focused on helping a client struggling with addiction, and practice a hypnotic induction designed to reduce anxiety.

Cost: 3 Cat. I

CE: $40 for members; $60 for non-members

#1577 SOCIAL WORK & SOCIAL MEDIA: TO FRIEND OR NOT TO FRIEND – THAT IS THE QUESTION

Date: Friday, May 13, 2011, 9:30 a.m.-12:30 p.m.

Time: 9:30am-12:30pm

Location: NASW-MD Office 5750 Executive Drive, Suite 100

Mikulski Center for Continuing Education

Presenter: Megan Mayforth, LCSW-C, Kennedy Krieger Institute

Synopsis: “What do I do if a client tries to friend me?” This is a question that many social workers are currently facing. Social workers have long understood the value of relationships in their practice. The expansion of the use of social media in recent years has created unique opportunities for new and different types of relationships. Social workers interested in utilizing social media for personal communication can find it challenging to navigate this territory without blurring professional boundaries with clients. This presentation will explore the risks and benefits of social workers using social media in their personal and professional lives. The presentation will also feature a panel of social workers who will share personal experiences relating to their use of social media.

Learning Objectives:
1. Enhance participants understanding of social media. 2. Expand participants’ knowledge of risks and benefits of social media as it relates to their social work practice. 3. Promote understanding of potential boundary crossings when using social media.

CE: 3 Cat. I

Cost: $40 for members; $60 for non-members

You can now earn up to 20 of your 40 continuing education hours on-line!

Visit the Maryland Chapter’s new CE Institute. Go to www.nasw-md.org and click on continuing education then click on on-line courses.

From Chemicals to CAMs… Therapeutic Interventions used in Substance Abuse Recovery

This seminar is designed to help social workers renew and expand their knowledge of Complementary & Alternative Medicine (CAM) methods which can be used to augment pharmacological interventions used in substance abuse recovery.

Date: Friday, March 4

Time: 8:30 am – 3:30 pm

Location: Columbia Wellness Center

5570 Sterrett Place, Suite 210

Columbia, MD 21044

CEUs: Category I CEUs for Social Workers & LCPCs

Fee: $65

For more information visit www.cacwellness.com

Co-Sponsored by Columbia Addictions Center, Detox Center of Central MD, and MD Society of Clinical Social Workers

The views expressed are not necessarily those of the Maryland Society for Clinical Social Work, Inc.

VNA Home Health of Maryland is accepting resumes for a Medical Social Worker to do home visits. Full, part time or per diem. LCSW-C required. Previous home care experience preferred but not required. Visit our web site at www.vnamd.com or email resume to d.rokicki@vnamd.com or call Debbie Rockicki at 410-371-3723.
Directions to Workshop Locations

NASW-MD Continuing Education Registration Form

WINTER/SPRING 2011

$______131 Social Work Ethics and Law
$______153 SOAP Note: Social Work with Survivors
$______1572 Assessing Addictive Behaviors
$______1556 Conflict Resolution
$______1570 Client Experience in Group Therapy
$______1553 Coping with Grief
$______1573 Cultural Competence
$______1554 Group Counseling
$______1599 LGBTQ Social Work: Promoting Acceptance
$______1565 Cultural Competence
$______1571 Social Work and Addiction
$______1583 Social Work Ethics Checklist
$______1568 Stress Management/Productivity
$______1584 Peaceful Eating

MD-NASW offers a secure on-line registration procedure for its continuing education courses! Go to www.nasw-md.org and click on Continuing Education button for more information or Click the Register On-Line icon on our homepage which will take you directly to the ACEVA on-line registration area.

REGISTER ON-LINE:
SAVE TIME & POSTAGE EXPENSES!

PLEASE REMEMBER

You are ethically responsible for accurately reporting the number of continuing education hours that you have earned. If you are attending a NASW-MD workshop and you are late, or have to leave early you are responsible for notifying the workshop coordinator. Your CE certificate will be adjusted to reflect the actual hours of attendance. Completing this registration form implies that you have been informed of this policy and your responsibility.

QUESTIONS CONCERNING REGISTRATION? CALL 410-788-1066 OR 800-867-6776 (MD ONLY)
their special panel presentation, “The Hard Truth,” these two young women travel the county to share their stories of the challenges, setbacks and triumphs of life after foster care and how social workers and others can make and have made a difference in their lives. According to a recent NASW Children, Youth and Families Practice Update (July, 2010), some 29,500 youth, 18 and older, age-out of foster care each year. Oftentimes, they reach this point in their lives with little real assistance in making the transition to independence. While their aspirations may be high, the struggles they face would daunt even the most confident. Ms. Watts and Ms. Cunningham are the success stories. Ms. Watts, based in Shaker Heights, Ohio, is a foster care advocate, author and philanthropist. She is the Founder and Executive Director of “The Purple Project,” a unique on-line and off-line program designed especially to offer support to current foster care youth and those who have aged-out of the system; she is also the Founder and Chief Executive Officer of Connecticut’s Girls’ House LLC, a lifestyle management and consulting firm. Knowing well the challenges of foster care life from her own experiences, Ms. Watts founded “The Purple Project” to ensure that others in the foster care system would have access to the resources and helping hands that they need to survive. She is the author of a newly-released book, I’m Not Broken, Just a Little Twisted, which chronicles her life in the foster care system through personal accounts and journaling; it was a social worker, she says, who first gave her the journal and encouraged her to express her thoughts over the years. A second book, Aging Out Of My Mind, scheduled for a May release, chronicles her journey after aging-out of the foster care system. This wife, mother and success story has much to share. Like Ms. Watts, keynote co-panelist, Tansha Cunningham, also knows the unique struggles that foster care youth must face to not only survive but to thrive. The Verona, New Jersey resident is no stranger to the “great overcome” in life and the forces of LifeBridge Health seeks experienced Social Services Social Work Supervisor Family Services

Levindale Hebrew Geriatric Center & Hospital, member of LifeBridge Health seeks experienced Social Workers to provide clinical social work services or psychosocial assessments to patients/residents and families, regarding the following common problems: adjustment to institutional living, financial concerns, family relationships, difficulty accepting medical diagnoses/procedures/treatments, changes relating to aging, powerlessness, discharge planning and counseling related to death and dying.

Telemetry (High intensity care unit) - Seeking experienced social workers for our new telemetry unit. Applicant must possess knowledge of working with chronic and vent patients and their families; knowledge of community resources; and ability to effectively discharge patients from the hospital. This is a high observation unit.

Bachelor of Social Work (BSW) and 3-5 years of experience are required. Master’s degree preferred. LCSW, LCSS or LCSW-C.

Levindale Hebrew Geriatric Center & Hospital offers a competitive salary and benefits package, including free parking, adoption assistance and domestic partner benefits. Visit www.lifebridge.org to apply.

A note about classified advertising: Publication of an advertisement does not constitute endorsement or approval of any product or service advertised, or any point of view, standard, or opinion presented therein. The Maryland Chapter-NASW is not responsible for any claims made in an advertisement appearing in its publications.

SPANISH-SPKING LCSW-C FOR FT/PT

LCSS or LCSW DC METRO AND BALTIMORE

Outpatient, Spanish-speaking counselor has full time opening for LCSS-C or LCSW-C. Various locations throughout DC Metro and Baltimore region. To apply go to www.safeharbor.org or email resume to ErickjungdB@safeharbor.com. Practice utilizes Christian based-Clinically sound treatment approach.

TO REGISTER FOR THE ANNUAL CONFERENCE, PLEASE VISIT WWW.LIFEBRIDGE.ORG/CONFERENCE.

Be the life you want to see in the world.

A weekend of healing
A rose can’t grow in a garden of weeds.

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The Prince George’s County Department of Social Services Social Work Supervisor Family Services

The Prince George’s County Department of Social Services (PGCDDS) is a COA accredited, public agency with over 500 staff. We seek qualified professionals to fill Social Work Supervisor positions with specific responsibility to direct and coordinate the activities of caseworkers and social workers who provide direct case management services to families and children involved in suspected child or adult abuse or neglect, out-of-home placement, guardianship, emergency protective orders, and adoption. Applicants must possess an MSW and be licensed as a certified social worker (LCSW) or certified social worker (LCSS) or as a certified social worker (LCSS-C) by the Maryland Board of Social Work Examiners for eighteen months prior to appointment and three (3) years of experience providing services in any of the above areas. The position come with a competitive compensation package which includes excellent benefits and a salary range up to $68,664. Resumes must be received by 2/11/11. Send resumes to PGCDSS, Attn: Diane Carter, 805 Brightseat Road, Landover, MD 20785- fax (301) 909-7171 or e-mail: jobinfo@PGCDDSS.md.gov. NO PHONE CALLS. PLEASE F/GSS/C is an Equal Opportunity Employer. A weekend of healing
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Welcome New Members! Winter 2011

Join the Public Education Campaign

Looking for a way to make a contribution to the National NASW Public Education Campaign? The answer lies in your fingertips. The National Office is looking for articles written by social workers to place on the Public Education Campaign’s consumer website, an integral part of the Campaign. The website, HelpStartsHere.org, contains hundreds of pages featuring articles, resources and more on a broad range of social work issues. It is one more way NASW is attempting to educate the public on the depth and breadth of the social work profession. The goal for the site is to create an avenue for consumers to find desired information on an expansive array of psychosocial issues. Currently, the site has 30 content categories. Social workers can submit articles in any of the following four areas: Current Trends in a Particular Area of Practice (800-1200 words); Your Options [Services Available to Help Individuals] (800-1200 words); How Social Workers Help in a Particular Area of Practice (800-1200 words); and Tip Sheets on Various Conditions (500-800 words). Another special feature of the website is a “Call for Stories” from the public about their real-life experiences with social workers; social workers are also encouraged to submit their own success stories about their professional experiences.

On another note, the website is also a good tool for assisting the public in finding a social worker directly, as it provides the public with access to the National Social Work Finder registry. The site, for instance, has been advertised in O, The Oprah Magazine which reaches millions of readers and is sure to increase traffic to the site and, therefore, access to social work professionals. Members who would like to be included in the National Social Work Finder can do so for a nominal fee of $25.

For more information on how to submit an article about your practice area or to find out more about the National Social Work Finder, go to www.HelpStartsHere.org. For specific information on submitting articles, click “submit an article” on the HelpStartsHere home page; for specific information on the social work registry, click “Find a Social Worker,” then click the second “Find a Social Worker.”

Be a part of movement! Help tell the social work story!

Branch A
Adrian Gayle
Donna Bennett

Branch B
Hans Curnutte
Victoria Gudeman
Florence Hemion
Kari Osterman
Jacob Schaper
Brienne Superzynski

Branch C
Hiwet Abinet
Priscilla Adarkwa
Christian Albertie
Rachel Babiskin
Tishana Barrett
Bernadette Boozzer-Madison
Kathryn Button
Lynne Carlsen
Meghan Casey
Rodriguez
Jan Crawford
Lindsey Epstein
Daniel Gootsby
Caitlin Hefferman
Sophia Heydari
Carolyn Hollinger
Linda Irizarry
Sheila Key
Adrienne Kibby
Tricia Kirschennmann
Fatimata Mohamed Ali
Shawn Muth
Patrick Pallies
Kathleen Pearce
Jessica Price
Latina Rogers
Michel Rosario
Kerryn Rowe
Lisa Sherper
Mikaya Strickling
Crystal Thorpe
Velda Weathers
Claire Winik
Allison Wohl
Alexandra Woldoff

Branch D
Summer Bleyer
Shannon Harvey
Jamie Smith

Branch E
Brittany Anuskievicz
Elizabeth Ashton
Victor Becila
Chikeia Boykin
Dante de Tablan
Elizabeth DiNunno
Mary Donahue
Laura Dreaey-Pyles
Emily Engel
Sarah Farrington
Michael Fisher
Kimberly Gill
Lyndsey Gue
Robert Hardesty
Christine Johnson
Marcie Koenig
Lindsey McGlothlin
Lindsay Merrell
Tracey Middleton
Lisa Mikkelson
Ashlee Moylan
Merissa Munford
Jane Ogbonna
Angela Otero
Erica Penn
Paul Pierson
James Pitt
Elizabeth Prenoveau
Robert Reichhelm
Kate Robichaud
Johanna Rancagkilo
Bracha Roth
Tova Rothschild
Paul Sacco
Andrea Sherman
Emily Smellings
Mira Wachs
Ahmein Watson
Monica Weathers
Stephanie Zarb

Welcome New Members!
Winter 2011

Tried, True & New: Social Work in Action!

Metro DC, NASW, Conference Scheduled for March 2 – 4, 2011
At Gallaudet Kellogg Conference Center in Washington, DC

Keynote Speakers: The Honorable Edolphus Towns & Mayor Vincent Gray

Three daylong preconference intensives on: 1) Women at the Top 2) Ethics, Social Justice & Human Rights and 3) Retirement, Engagement and Leisure

Six two-day conference tracks on topics relating to behavioral and mental health; healthcare; international human rights; community, administration, and policy practice; social gerontology; and child welfare. A film fest takes place on Friday evening!

Up to 30 hours of continuing education credit can be earned by attending three days of programs. We have a special $99 room rate at Gallaudet, so you may want to check in and enjoy three full days of socializing and study with your colleagues!

Register online now at www.naswmetro.org
Call for Nominations

It is that time again — time to elect new people to the Chapter Board of Directors and the Chapter Committee on Nominations and Leadership Identification.

Please go to our website at www.nasw-md.org, look to the right hand side and click on “Leadership Opportunities” for more information and nomination forms. If you have any questions please call Daphne McClellan at (410) 788-1066 ext. 16.

The deadline to nominate yourself or someone else (get the nominee’s permission) is March 15, 2011.

The following positions are open:

- President-Elect
- Treasurer
- Branch A Representative, Southern MD
- Branch B Representative, Western MD
- Branch C Representative, Suburban MD
- Branch D Representative, Eastern Shore
- Branch E Representative, Metro Baltimore
- MSW Student Representative
- BSW Student Representative

All positions are for two years: July 1, 2011–June 30, 2013, except for the student representatives to the board and the President-Elect which are for one year: July 1, 2011–June 30, 2012. The President-Elect will then become President for a two year term beginning July 1, 2012.

CNLI: Committee on Nominations and Leadership Identification

We need five new members of this committee — one from each branch. This committee will meet as needed to nominate people for office and to select the awardees for the Annual Conference.

PACE

Finally, we are looking for members of PACE (Political Action for Candidate Election) from each of our five branches. To complete a nominations form please go to www.nasw-md.org, click on “About Us” in the masthead and then click on “Leadership Opportunities.”

The Choosing America Project

America is a nation of immigrants: Albert Einstein, Alexander Graham Bell, Henry Kissinger, Mikhail Baryshnikov, Greta Garbo, Martina Navratilova, Hans Beth, Madeleine Albright, Gloria Estefan, Michael J. Fox, Arnold Schwarzenegger, Carlos Santana, Sammy Sosa, Hakeem Olajuwon. None of them was born in America. All chose America, like you.

Whether you’re from Germany, England, Italy or the Czech Republic, Mexico, Nigeria, Pakistan, China, or Cuba; whether you immigrated to America as a child, a young adult, or with your own children; whether it was your decision or your parents’; whether you immigrated in the 20s, 50s, the 80s or just yesterday, you must have one special story to tell. And we want to hear it!

We are Ricky Friesem (An award winning writer, screenwriter and filmmaker) and Lia Friesem (Journalist, writer, screenwriter, and documentary filmmaker).

Last fall we initiated a new project: The Choosing America Project.

We are looking for authentic dramatic anecdotes, short stories (500-4000 words) that epitomize your experience as immigrants who CHOOSE to live in America.

Think of something that has happened to you as an immigrant. We are looking for those special moments, encounters, surprises, experiences, disappointments, which vividly convey what it’s like to be an immigrant in America. The good, the bad, the sad, the miraculous, the joyful — every anecdote is welcome as long as it’s authentic and well told.

If you have a good story, we want to hear it.

The goal of our project is to turn some of these stories into short films that will be shown in the movies and broadcast on television.

So think carefully of that special story that is worth telling the world, and share it with us. Send your story to: stories@choosingamerica.com

We’ll be glad to answer any further questions you might have. For more details go to: www.choosingamerica.com.

ABUSE REPORTING

from page 10

victims of domestic violence? Where do you make the report? What happens after the report is made? Do you get any follow-up information? What if your client objects to you making a report? What if you don’t have sufficient information to make a report? What if you are employed by an attorney, must you report or are you protected by attorney-client privilege? What form do you use to make the written report? Should you contact the police, the Department of Social Services, the Attorney General’s Office? What happens to you if you fail to make a report? What consequences do you face if you fail to make a report? What consequences do you face if you make a report against the wishes of your client?

Interesting questions? Join us for a lively day of learning and discussion about this extremely important topic.
HELP THE MARYLAND CHAPTER IMPROVE YOUR CONTINUING EDUCATION PROGRAMS

SUBMIT TOPIC IDEAS AND PRESENTER SUGGESTIONS NOW

The Maryland Chapter is always working hard to ensure that its members have exciting, interesting and informative continuing education courses at their fingertips. The Chapter strives yearly to bring you a wide variety of workshop topics and speakers that will keep you on the cutting edge of the social work profession today. You can help keep the most innovative and current topics before you by submitting your suggestions for workshop topics to the Maryland Chapter. The Chapter is also seeking to expand its cadre of workshop presenters so that you are privy to a broad spectrum of levels of expertise and presentations.

Help us help you keep current with continuing education topics by submitting suggestions for workshops and potential speakers. Just complete the form below and return it via mail or fax to the Chapter office. –No time to mail in your suggestions? Just contact Peggy Powell via telephone at 410-788-1066, ext. 13.

Let us hear from you! Keep your continuing education offerings fresh and in the moment!

Workshop Topic Suggestion(s):

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Suggested Presenters and Contact Information:

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Geographic region:

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Your Name and Contact Information:

Name: __________________________________________
Day	Phone: __________________________________________

Return this form to:
NASW-Maryland Chapter
5750 Executive Drive
Suite 100
Baltimore, Maryland 21228
Or Fax to: 410-747-0635

Thank You!
NASW-MD CALENDAR OF EVENTS • FEBRUARY - APRIL, 2011

All meetings held at Maryland Chapter office, unless otherwise noted.

**January 2011**
- January 19, 6:00 P.M.: Children, Youth & Families Workgroup Conference Call
- January 26, 6:00 P.M.: Legislative Committee Conference Call
- January 28, 1:00 P.M.: Ethics Committee Meeting

**February 2011**
- February 1, 6:00 P.M.: Children, Youth & Families Committee Conference Call
- February 2, 6:00 P.M.: Legislative Committee Conference Call
- February 8, 5:30 P.M.: Behavioral Health Committee
- February 9, 6:00 P.M.: Legislative Committee Conference Call
- February 16, 6:00 P.M.: Legislative Committee Conference Call
- February 17, All Day: Social Work Student Advocacy Day, Annapolis
- February 21: Office Closed-President’s Day Holiday
- February 23, 6:00 P.M.: Legislative Committee Conference Call

**March 2011**
- March 2, 6:00 P.M.: Legislative Committee Conference Call
- March 3, 5:30 P.M.: Board Executive Committee
- March 9, 6:00 P.M.: Legislative Committee Conference Call
- March 14: World Social Work Day
- March 16, 6:00 P.M.: Legislative Committee Conference Call
- March 23, 6:00 P.M.: Legislative Committee Conference Call
- March 24, All Day: Pre-Conference to Annual Conference-Martin’s West
- March 25, All Day: 2011 Annual Conference-Martin’s West
- March 30, 6:00 P.M.: Legislative Committee Conference Call
- March 31: Social Work Shout-Out Day Across the State

**April 2011**
- April 6, 6:00 P.M.: Legislative Committee Conference Call
- April 9, 9:30 A.M.: Board of Directors Meeting
- April 11: Last Day of Legislative Session (Sine Die)
- April 22: Office Closed-Good Friday

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**‘Shout Out’ for Social Work**

On-going conversations have been occurring among a group of social work deans and directors from the mid-Atlantic region of the country coordinated by Dean Gelles at the University of Pennsylvania, School of Social Policy and Practice. The conversations have focused on how to raise the visibility and have university and community leaders better understand the positive impact the social work profession brings to communities/universities.

Social work as a profession appears both misunderstood and largely invisible. Much of our work requires confidentiality, thereby, limiting the public’s ability to understand and therefore value the work social workers do every day. The more that an individual understands the complicated nature of different professions, the more the work of that profession is valued. We all know one of our greatest struggles is having social work valued.

Looking to implement a very basic and simple concept, NASW-MD is working with NASW-PA, Penn and the other social work leadership in our region, to host a “Social Work Shout Out.” The concept being the more locations across the country where social workers stand outside on corners, at train stations, on city blocks or even at the only red light in town — at the same time — the greater the impact of each small event. If social workers can show our unity and our size through a small, simple action, we can continue the difficult work of educating the general public about the hard work we do. The sense was that if these events are going to happen around the country it will be because we — NASW chapters- make them happen. (This is a great student intern project)

If you would like to be involved in the planning of Social Work Shout-Outs in Maryland, please contact the NASW-MD office and speak to Daphne McClean at (410) 788-1066 ext. 16.

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**Submitting a story for The Maryland Social Worker?**

**ARTICLE SUBMISSION DEADLINES ARE AS FOLLOWS:**

- **Spring Edition**: Copy due by February 15
- **Summer Edition**: Copy due by June 15
- **Fall Edition**: Copy due by August 15

Questions about submitting an article?

Contact:
Peggy Powell, Director of Public Relations
phone: 410-788-1066, x13
e-mail: ppnasw.md@verizon.net

Let Us Hear From You!