NASW – Michigan 2019 Annual Conference: *Elevate Social Work*
September 27-28, 2019
Battle Creek VA Medical Center

CONFERENCE WORKSHOP LISTINGS

Friday, September 27, 2019:

7:00 – 8:00 AM

A-3 Understanding Military and Veterans Culture 1.0 CE

Russell Bell, LMSW 7 Michael Hornev, MPA

This presentation was designed to help Non-Veterans understand the uniqueness of military culture. In honoring the men and women who are America's Veterans, we need to understand the military culture. This will allow us to better serve Veterans

10:45 AM – 12:15 PM

B-1 Treatment Foster Care Oregon (TFCO) in Michigan: Expanding community based evidence based practice options for hospital level of care children and youth   1.5 CE

Deirdre Laney-King, LMSW Deborah Delcamp, LMSW

This presentation style workshop will introduce participants to efforts within the Michigan public mental health system to expand evidence based practice options for children at risk of out-of-home placement meeting the criteria for psychiatric hospital level of care. An overview of the evidence based practice Treatment Foster Care Oregon (TFCO) will be provided, along with experiential information from community mental health agencies currently implementing TFCO.

B-2 Examining the Co-Morbidity between Problem Gambling and Substance Abuse/Mental Illness

 1.5 CE

Monica Y. Rich-McLaurin, Clinical & Macro LMSW, MHSA

This presentation will address the importance of understanding the impact of problem gambling on the individual as well as their family. This lecture will also address the damage to the family unit and other

close relationships, as a result of a person's gambling addiction, as well as the ability and willingness of the client to repair these damaged relationships.

B-3 Mamas & Traumas: Working With Mothers Who Have Survived Trauma 1.5 CE

Carolyn Sutherby, ABD, LMSW, ACSW

Social workers work with survivors of trauma in all levels of their work. This presentation will focus on how trauma can impact parenting and what traumatized parenting behaviors can look like to service providers. Participants will learn how to distinguish "difficult" clients from mothers who are exhibiting symptoms of trauma. Trauma informed interventions and treatment options for mothers will be discussed.

B-4 Advancing Systems Change Using an Equity Lens 1.5 CE

James Bell III, MSW

Systems change is a process of shifting narratives, relationships and power. In order to do this successfully – one must consider using an equity lens or striving to eradicate structural and racial inequities that present as barriers to change. In this session, you will learn strategies and principles for approaching power shift, discuss experience with integrating voice and lived experience into decision making and tools that have been found to be effective in communities.

B-5 CIT Program Review: Supporting Law Enforcement & Improving Program Outcomes Through Community Collaboration

Melinda Holliday, LMSW,CAADC, Meghan Taft, LLP, CAADC and Chief Jim Blocker, Battle Creek Police Department

 The Crisis Intervention Team (CIT) program is a community partnership of law enforcement, mental health/addiction professionals, individuals with lived experience, their families, and other advocates. Since starting our program in 2017 we have quickly learned the value of partnering with law enforcement and other agencies to improve community response to those in crisis. Learn how we started our program, continue to maintain our CIT program, and the successes we have seen addressing these issues.

B-6 Advocating for Clients' Fair Housing Rights 1.5 CE

Jessica Ortiz, LMSW-Macro

Fair Housing laws prohibit discrimination in housing, but victims of housing discrimination don't always recognize when their rights have been violated or how to take action. Clinical social workers and other social service professionals are in a unique position to identify and assist when their clients may have experienced discrimination. Attend this presentation to learn how to recognize signs of unlawful housing discrimination and how you can best advocate for your clients' fair housing rights.

B-7 Posttraumatic Stress Disorder: Diagnosis, Assessment and Treatment of US Veterans 1.5 CE

Jessica Rodriguez, Ph.D. Joan McDowell, Ph.D.

Description to follow at a later date.

1:30 – 3:00 PM

C-1 Self-inquiry and mindfulness as a healing practice for youth who have experienced trauma 1.5 CE

Yvonne A. Unrau, Ph.D., LMSW-Clinical and Macro Antwinae McNeil

A college student who is in foster care and a social work professor discuss the student's healing journey during her freshman year. A contemplative framework of self-inquiry and mindfulness was used to navigate healing from trauma. The pair will share how they established a partnership in the healing journey and demonstrate effective mindfulness techniques used. In addition, the awareness needed by professionals working with youth who have aged out of foster care will be discussed.

C-2 Trauma, Neuroscience, and Intervention Strategies 1.5 CE

Kathryn Woods, MSW, MPA, LCSW, PhD, and Dana Holcomb, LMSW, DSW candidate

Trauma intervention grounded in evidence-based practice requires a knowledge of neuroscience. The brain is profoundly impacted by trauma and social work interventions must be aligned with this knowledge. Using presentation, discussion, and case study analysis, this workshop will explore the basics of neuroscience as it relates to trauma treatment and discuss ways to increase positive treatment outcomes. The workshop will explore the neuroscientific basis for secondary trauma and ways to enhance practitioner resilience.

C-3 Environmental Justice and Social Work: Engaging Social Workers in Social Action for Change 1.5 CE

Chris Fike, MS, MSW

Vulnerable, oppressed, and marginalized populations disproportionately suffer due to environmental crises. Yet social workers have not taken strong leading roles in responding, despite the theoretical grounding, ethical obligation, and practical skills to make meaningful contributions. This workshop challenges participants to explore, identify, and create opportunities for integrating environmental justice into their practice through interactive presentation and discussion of case studies.

C-4 Addressing Co-occurring Addiction and PTSD 1.5 CE

Stephen Wiland, LMSW, ICADC, CCS

Among adults with substance use disorders, a high prevalence of historical trauma and associated PTSD is well-established. This presentation will describe an effective clinical sequence, from engagement to evidence-based group and individual treatments, including symptom-scaling for diagnostic & treatment

planning considerations, and outcome measurement. The groupwork modalities of Seeking Safety and TREM/M-TREM will be featured, as well as therapies including Eye Movement Desensitization & Reprocessing (EMDR), Cognitive Behavioral approaches, and Prolonged Exposure Therapy.

C-5 Long Term Care Ombudsman and New Efforts to Prevent Elder Abuse in Michigan 1.5 CE

Salli Pung

This session will give an overview of the Michigan Long Term Care Ombudsman Program's efforts to reduce abuse of residents in nursing homes, homes for the aged and adult foster care homes. The session will detail ombudsman services including case investigation, consultation, and nursing home staff training. We will also discuss ombudsman advocacy efforts including work on the Elder Abuse Task Force.

C-6 Social Work in Public Libraries 1.5 CE

Marian Tripplett, LMSW-Clinical, M.Ed., IHHW Tiffany Russell LLMSW-Clinical

This presentation is designed to inform participants of the emerging field of library social work. Using an interactive presentation format (technology, group discussion and demonstration), participants will explore the innovative delivery of social work services in the "Social Work In Rural, Small Libraries" a three-year project innovation developed by the Niles District Library in partnership with Western Michigan University School of Social Work, Southwest Regional Campus.

C-7 A Journey: Gender Transitioning 1.5 CE

Maxine Thome PhD, LMSW, MPH Stephen Rassi, PhD, LMSW, MA

Attendees will learn what the process is for transitioning gender, and will gain an understanding of gender dysphoria, internalized transphobia, family challenges, and the process for many individuals. A brief review of WPATH standards will be done as well as services provided by CGSP (Comprehensive Gender Services Program) at the University of Michigan. In addition, terminology will be reviewed and some of the emotional challenges will be discussed.

3:15 – 4:45 PM

D-1 College students and Co-occurring Mental Health and Substance Use: Vulnerabilities, Treatment Needs, and Community-Based Recovery 1.5 CE

Sara Bazydlo, LMSW, CAADC Shantalea Johns, LMSW, CATP

It is becoming increasingly common for students to experience signs and symptoms of a mental illness or substance use disorder for the first time during their college years. However, over half of college students with a mental illness or substance use disorder do not seek help. (Eisenberg, Hunt, Speer, & Zivin, 2011; Fleming, Edwin, Hayes, Locke, & Lockard, 2018). Graduate students are no exception. For example, social work students, due to rigorous academics and field work , are at an elevated risk of experiencing stressors that can lead to mental health concerns such as depression and anxiety (Gail

Horton, E., Diaz, N., & Green, D, 2009; Goldberg, Hadas-Lidor, & Karnieli-Miller, 2015, Ting, 2011). In this session, participants will learn of the unique needs of college students with mental health disorders, treatment modalities, and community resources needed to provide a supportive academic environment where all students can thrive.

D-2 Aligning Access for Michiganders who are Deaf, DeafBlind and Hard of Hearing 1.5 CE

Annie Urasky, BA

Using real life examples and data points from the comprehensive Not Without Us needs assessment, this presentation will highlight how service providers can implement best practice standards to fully coordinate on policies, resources and strategies to deliver fully inclusive programs and services to underserved populations, particularly for those who are deaf, deafblind and hard of hearing. This will also highlight cultural competency training which will enhance understanding of the barriers Michiganders who are deaf, deafblind and hard of hearing face daily. The goal of this presentation is to illustrate how equal access in programs and services has a direct impact on the health, safety and welfare of Michiganders who are deaf, deafblind and hard of hearing.

D-3 Building an Interdisciplinary Coalition Expansion for Children and Youth: Treatment Foster Care Oregon (TFCO) Initiative in Michigan 1.5 CE

Deirdre King, LMSW Claudine Falkowski, LMSW

This presentation style workshop will review macro-level experiences of the unique interdisciplinary approach to the Michigan TFCO Initiative. Topics covered include creating a supportive systemic structure to enhancing public mental health service options, cross-system stakeholder engagement, and approaches to addressing macro-level project barriers. TFCO implementation stakeholders include Michigan Department of Health and Human Services (MDHHS), Wayne State University, Treatment Foster Care Consultants, and clinical providers at the PIHP/ Community Mental Health Service Provider level.

D-4 Navigating How to Assess, Address and Treat Substance Use 1.5 CE

Phillip Luttrell LMSW, CAADC

When working with clients, it can be difficult to know whether they are using substances or not, and if they are, then at what risk to them? In this workshop we will explore what substance use, drug abuse and addiction look like and how they can impact service delivery. Additionally, professionals will learn strategies to better assist clients abusing substances to increase their quality of care.

D-5 Military and Veterans LGBTQ Issues 1.5 CE

Matthew Johnson

Description to follow at a later date.

D-6 Public Policy Advocacy: Understanding the Issues and the Levers of Change 1.5 CE

Renell Weathers, Community Engagement Director Peter Ruark, MSW, Senior Policy Analyst

For policies to make a difference for families, they need to address the real barriers to success. Learn the current issues, what Michiganders say they need to thrive and what role each of us play in ensuring policies meet the needs of all families in Michigan.

D-7 **Breaking the Barrier: How do Culturally Specific Services for Latina Survivors of Interpersonal Violence Reduce Barriers to Seeking Help 1.5 CE**

Shannon Patrick, MPH Dalila Valdovinos, LLMSW, Debra Patterson, PhD

In this workshop presenters will discuss the results of a community based participatory research study, which used qualitative methods to examine how culturally specific mechanisms (approaches and service activities/processes) reduce barriers to seeking help for Latina survivors of intimate partner violence. The presenters will discuss specific barriers for Latina survivors Southeast Michigan and Detroit and mechanisms to reduce such barriers. Participants will engage in learning through small group discussion throughout the presentation.

Saturday, September 28, 2019:

7:00 – 8:00 AM

E-1 Providing Psychotherapy to College Students: Clinical Considerations and Real-Life Examples in Private Practice 1.0 CE

Adrienne Pisoni, LMSW

This presentation will focus on the unique clinical concerns that mental health providers should consider when providing psychotherapy to college students, especially in private practice settings. Topics discussed will include: (1) building an alliance with young adults new to psychotherapy; (2) boundaries between parents, student, and therapist; and (3) case management concerns in managing referrals from the university, hospitalizations, withdrawals from school, etc. Case examples (with identifying information removed) will be utilized along with group discussion.

E-2 Infographics made easy: data visualization techniques and resources for social workers 1.0 CE

Maria Schmider, Abigail Bartlett

Effectively communicating programs and findings with staff, donors, clients, government agencies and other key stakeholders is critical for any organization to thrive. Data visualization is a way to present findings in a visually appealing way that makes it easy for people to engage and understand. This workshop will provide an introduction to data visualization and infographics and will demonstrate available (free) resources and tips and tricks to creating engaging content with your data and evaluation findings. Presenters will offer an interactive demonstration of Canva (Canva.com) for participants to learn and use it in the session.

E-3 Gone to the Dogs: A Brief Snapshot of Canine Assisted Therapy in the Social Work Field 1.0 CE

Kelsey DiPirro, LMSW, CAADC, AASW

A brief introduction to canine-assisted practice from a micro, mezzo, and macro perspective. Topics will include ethics in practice, program development and implementation, and intervention techniques with children and families.

E-4 Moral Injury? INCLUDE THE CHAPLAIN: Demystifying a Pathway for Restoring Well-being

1.0 CE

Rev. Barbara Bunsold, MDiv, SCP

Moral Injury first came into Psychological and Spiritual Care terminology through the work of Psychiatrist, Dr. Jonathon Shay as he wrote about his observations working with Veterans of the Vietnam War. Researchers and practitioners from the field of Theology and Psychology have worked to gain understanding of the problem and develop interventional strategies to provide relief from this crippling, and often catastrophic distress. In this workshop the presenter, a Clinical Chaplain serving at VA Battle Creek Medical Center, will define Moral Injury, and its relationship to PTSD and SUD. You will learn about the role and function of a Clinical Chaplain which can assist a patient in the healing process, reducing distress thereby increasing emotional and spiritual wellness. You will learn what to listen for in order to make referral to a Clinical Chaplain including the frequently stated claims, "I'm spiritual but not religious" and/or "I don't believe in God anymore".

10:45 AM – 12:15 PM

F-1 Biblical Based Counseling 1.5 CE

Kay L. Lindsay, LMSW

Incorporating scripture verses, study, prayer and Spirit-lead meditation in with evidenced based practices not only directs broken people to the Ultimate Healer, it equips them with life-long access to enhanced tools to utilize as they journey forward in this life. Individual, Group, Family and weekend retreats can be offered through this therapeutic tool with eternal benefits.

F-2 Why Words Matter in Treating Chemical & Process Addictions and LGBTQ+ Clients 1.5 CE

Mark McMillan, LMSW, CAADC

It is difficult today to remain culturally competent to the evolving terminology and affirming treatment appropriate for the LGBTQ+ community. As Social Workers, we need to be aware and knowledgeable of our unconscious bias. Most of your LGBTQ+ clients have experienced many forms of microaggressions from other addiction professionals. By not changing our language in substance abuse treatment, we continue to contribute to self-loathing and self-harm to our LGBTQ+ clients already struggling with addiction issues.

F-3 An Overview of Social Entrepreneurship: An Overview of the Field and Opportunities for Social Workers 1.5 CE

Marijo Upshaw, MSW, MBA

The field of social entrepreneurship represents a dynamic shift in how protracted social challenges are being addressed, necessitating a greater understanding by social workers of how social innovation and social enterprise are shaping human services. This workshop provides an overview of the emerging field of social entrepreneurship, introduces business planning tools used in the field and encourages social workers to explore how they can shape the growing recognition within the field of social entrepreneurship that it's not just about creating social enterprises and earned revenue streams but rather about advancing systems change.

F-4 Latino Diversity: Roots, Current Reality & Its Future 1.5 CE

Osvaldo Rivea

The workshop provides a historical, cultural and geographical overview of the "roots", history and current realities facing Latinos in America. This includes looking at the primary racial/cultural influences, Spanish, other European, Native American and African while not forgetting other elements. Though covering similarities among the varied populations I also look intensively at why there is significant diversity among this population. Thus the presentation covers pre-Columbian history and European/African settlement patterns throughout the Americas, the Latino influence in what we now call the U.S. prior to the Mayflower as well as the impact on American culture, political and civil rights movement. We explore settlement within the current U.S. boundaries, the development of leadership and current social and political issues that have a great impact on Latinos e.g. immigration, bilingual education, economics etc.

This understanding the foundation from which program developers and practitioners can more effectively interact with members of this ethnic/racial group. In addition to the use of a PowerPoint presentation as a way to cover a broad area of discussion points, an engaging lecture style and interactive session is utilized

F-5 The Power of Peer Support with Veterans 1.5 CE

Dwayne Kelly

Description to follow at a later date

F-6 Teaching Ethics: Promoting Moral Courage Through a Common Moral Framework 1.5 CE

Scott Sanders PhD, MSW

The literature in ethics education identifies increased moral sensitivity and judgment as desirable outcomes for students. However, such outcomes do not guarantee ethical behavior. Enhanced moral motivation and character are also desirable outcomes and strongly associated with moral courage. This workshop further discusses and unpacks the concept of moral courage; introduces a common moral

framework shown to enhance elements associated with moral courage; and, through case examples, illustrates the practical use of this framework.

F-7 The Michigan Home Visiting Initiative; Supporting Families Prenatally through Five 1.5 CE

Synthia Britton, MSW Annie Heit, MPH, RN, CLC

Social work is a field that offers an array of opportunities for families and employment. While the more traditional paths often include clinical intervention services, Michigan, through the Michigan Home Visiting Initiative (MHVI), also offers a more prevention-focused path that supports the overall early childhood system. Join this breakout session to learn more about the system elements of MHVI, how it connects to the broader early childhood system and how social workers can intersect with it.

1:30 – 3:00 PM

G-2 Human Trafficking and Social Workers: Ethical Considerations 1.5 CE

David Manville, LMSW

Human Trafficking is a vile and evil pandemic effecting millions of people worldwide, including the US and Michigan. We will be discussing what is human trafficking, it's prevalence in our communities, resources to assist survivors and the ethical considerations that Social Workers must consider when working with this vulnerable and marginalized populations.

G-3 Understanding How Diversity, Equity and Inclusion Impact Employee Recruitment and Retention 1.5 CE

Monica D. Sampson, LMSW

Building Inclusion into organization's mission, vision and value statements create an environment that respects and celebrates individual differences; allowing dialogue and decision-making processes to take place. Additionally, strong customer services will be more evident where organizations make an effort to have employees that represent their target population. Learn how to enhance your organization's Diversity, Equity & Inclusion Tools to gain desired outcomes by understanding how organizational leadership dynamics; and "Power and Oppression", impact employee recruitment and retention.

G-4 **Ethical Consideration with Communication Access with Deaf Deafblind and Hard of Hearing in Mental Health Setting 1.5 CE**

Kathleen Mitchell, LMSW, ACSW June Walatkiewicz, LMSW, ACSW,LMFT.BCD

Social workers have ethical guidelines or standards that focus on various areas including training, competence, research, community outreach and legal standards. What do we perceive as our responsibility related to ethical considerations when working with Deaf individuals. This workshop will discuss Code of Ethics and how it applies to providing services to Deaf, Deafblind and Hard of Hearing individuals.

G-5 SUD Treatment Considerations for Veterans 1.5 CE

Brian Bensinger

Descrition to follow at a later date

G-6 Preventing Veteran Suicide 1.5 CE

Jennifer Quinn, LMSW & Karyn Gendreau, LMSW

Learn about the impact of suicide on the Veteran population and what the VA and DoD are doing to address the issue. Review toolkits and resources available for prevention as well as postvention, and learn what you can do clinically and, in your community, to help prevent Veteran suicides.

G-7 Kratom - Friend or Foe? 1.5 CE

Tina Louise, LMSW, Owner Intersectional Insight, PLLC; LEO Lecturer II University of Michigan School of Social Work

Kratom is a legal substance sourced from a tropical tree containing compounds that can have psychotropic (mind-altering) effects. The substance is characterized by advocates as a safe herbal supplement used for pain management and mood disorders. This workshop will include an introduction to the history and mechanisms of action of this substance, how it is marketed and sold in the United States, a case study, and awareness building of treatment options for Kratom dependence.

3:15 – 4:45 PM

H-1 The Intersection of Social Work, Social Entrepreneurship, Worker-Owned Cooperatives & Economic Democracy 1.5 CE

Margo Dalal, Director, MSW Zahra Chevannes, MSW Intern at Detroit Community Wealth Fund & MSW candidate '19 at University of Michigan

Grassroots, community-based organization Detroit Community Wealth Fund (DCWF) will offer an interactive, collaborative and innovative workshop on the intersection of social work practice, social entrepreneurship, worker ownership, economic democracy and democratic leadership. Guided by the NASW code of ethics, seven principles of cooperation, and a Diversity, Equity & Inclusion framework, participants will consider how particular methods of community empowerment, small-scale economic development and reclaiming ownership in marginalized urban communities, could be considered as social work.

H-2 Promoting a Culture of Safety: An Innovative and Strategic Response to Workplace Violence

 1.5 CE

Kathleen Voshel Butler, LMSW-Clinical

This workshop will provide participants an opportunity to learn more about workplace violence and highlight how a major institution has taken steps to address this. Trends in workplace violence will be discussed and participants will have an opportunity to share their individual agency's policies and

identify best practices. Participants will be better equipped to return to their workplace with an improved understanding on how they can assist their agency in promoting a culture of safety.

H-3 Working with Clients in Non-Traditional Romantic Relationships 1.5 CE

Amy Jacobs Jennifer Schwartz, LMSW

Social Workers usually receive education on couple's and family therapy, but few clinicians feel comfortable working with patients who are in other types of romantic relationships. In this workshop, the presenter will provide education on how to successfully and comfortably work with clients who are in open, non-monogamous, BDSM/kinky and LGBTQ relationships. Definitions, inclusive assessments, myths and stigma and best practices will all be presented at this 90-minute workshop.

H-4 Clinical Primer on Medication Assisted Treatment in Substance Use 1.5 CE

Kathryn K. Irish, L.M.S.W., C.A.A.D.C.

This workshop will introduce the fundamental neurobiological, physiological and psychosocial aspects of chemical dependence and the role of Medicated Assisted Treatment (MAT) options in recovery. Harm reduction and integrated health care models, chronic pain, and other common medical and behavioral co-morbidities will also be addressed. Primary focus will be given to the role of MAT in the treatment and long term recover from Opioid Use Disorder.

H-5 The Power of Reminiscence Group Work 1.5 CE

A.M.Andino Rochon, MA, MSW none

Within an interactive presentation and discussion format you will learn to mine memories and gain confidence in your ability to lead reminiscence groups that can reduce stress, lessen depression, improve cognitive functioning, and enhance the immune systems of those with memory loss and their caregivers.

H-6 Introducing SW-TPACK 1.5 CE

Norma R. Schropshire, LMSW, DSW Student

This presentation introduces a conceptual readiness framework to prepare social work educators to competently integrate technology in postsecondary distance or hybrid programs. This conceptual presentation addresses a research gap of the pedagogical knowledge required of social work educators to competently prepare to integrate technology in distance and hybrid education programs. In this presentation, educator readiness encompasses knowledge, preparedness, competence, aptitude, fitness, skills, abilities, behaviors, ethics, values, motivators, and participation. The SW-TPACK model bands together a seminal technology integration framework with an ethical, social work education lens to lead to effective online teaching.

H-7 Addiction is a Behavioral Health Condition: Supporting CIT Officers to Surpass SUD Stigma 1.5 CE

Ericanne Spence Melissa Misner

Major (ret.) Sam Cochran, the founder of Crisis Intervention Training, said it best at the inaugural State of Michigan CIT Conference: "CIT is not talking enough or doing enough about substance use disorder as

a behavioral health condition". Tri-County CIT takes a unique perspective when presenting the training module on SUD by challenging officers to shift their paradigm. This presentation was observed and applauded by Major Cochran and presents a "how to" for MH professionals who are presenting at CIT or are developing their SUD modules for training.