



NASW-PA  
Virtual Conference  
October 25–27, 2020

 **N A S W** PENNSYLVANIA CHAPTER  
National Association of Social Workers

**VISION** Focus on the Future

E

F P

T O Z

L P E D

P E C F D

E D F C Z P

F E L O P Z D

D E F P O T E C

L E F O D P C T

F D F T E O

P Z O L C F D





## NASW-PA Annual Conference Program

This document provides you with information on timing of events, workshop sessions, student posters, and exhibit hall hours. Note that all times and workshops listed here are subject to change.

### Tracks:

A – Admin / Macro

C – Clinical

D – Direct practice

E – Ethics

SJ – Social Justice

SP – Suicide Prevention

ST – Student-Focused

PR – PASWE-Recommended

### Color highlights:

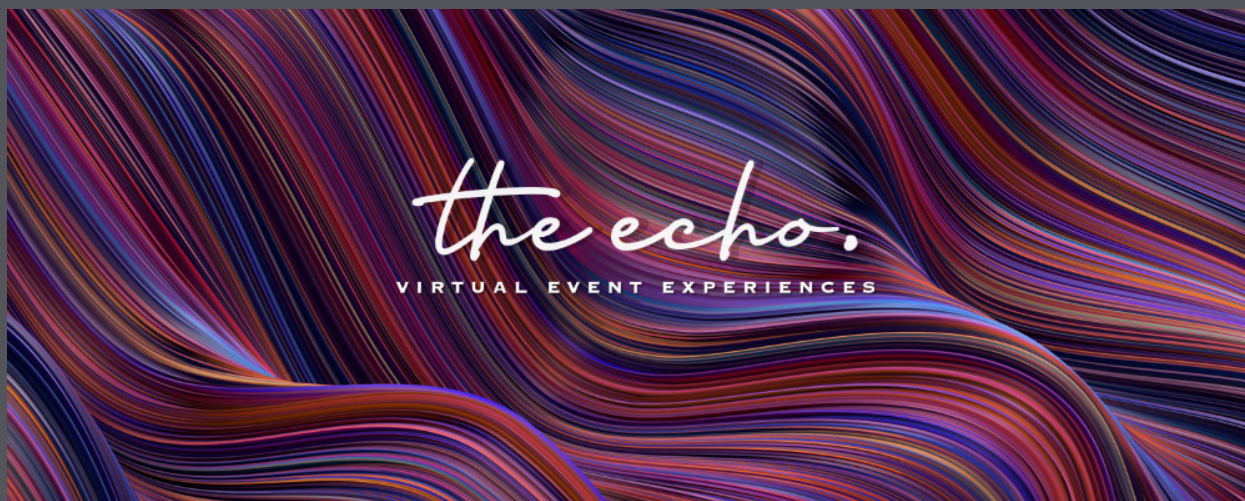
■ **YELLOW** – Keynote Sessions

■ **BLUE** – Breakout Sessions

■ **GREEN** – Exhibit Hall/Student Posters

■ **PINK** – Social Events

**PR**



Due to the ongoing pandemic and concern for the health and safety of our members, other Pennsylvania practitioners, and the clients we serve, NASW-PA has made the decision to move the conference fully online.

However, we wanted to ensure that what was great about the conference wasn't lost...social workers and other clinicians don't just attend the NASW-PA conference to earn CE credits. They attend in order to learn cutting-edge information while interacting with colleagues, exhibitors, and getting recharged for the year ahead.

Therefore, when we knew we were moving online, we wanted to find the platform that would allow us to bring as much of that experience as possible into the virtual world. The result is NOT your typical online conference. It is a fully virtual world.

For those who aren't tech savvy, don't be intimidated — this world is easy to install, move around, and see/hear the presentations. However, you'll also be able to have private conversations and replicate the real world. We hope you'll join us!



## The Pennsylvania Association for Social Work Education (PASWE)



*is pleased to recommend the following workshops for social work educators and students*

- 1A (ST) What Students and New Professionals Need to Know
- 1C (D) Implementing a SBIRT Training Program for Undergraduate Nursing and Social Work Students
- 2B (SJ, E) Criminal Backgrounds and Gatekeeping for Social Work: Ethical Considerations and Just Alternatives
- 2C (D, SP) ACE Scores and BSW Students
- 3B (D) Queering Space for LGBTQIA+ Inclusive Teaching and Practice
- 3.5A (A, E) Macro Practice is Needed Now More than Ever... but What Can I Do?
- 3.5B (C, E) Let them Fly: Mentoring the New Social Worker with Vision & Clarity
- 4C (SJ) A Social Work Response to the COVID-19 Pandemic
- 6D (D, E) The NASW Ethics Forecast, Envisioning the Future of Social Work Ethics
- 8A (D, E) Looking to the Future: Versatility of Social Work Ethics in International Contexts

**Check for this flag – next to workshops that are PASWE Recommended!**

**PR**

Social work faculty are invited to attend the PASWE Meeting on Sunday, October 25th at 12:00 p.m. on Zoom: <https://millersville.zoom.us/j/470211961>

## What is PASWE?

The Pennsylvania Association for Social Work Education (PASWE) is a state-wide consortium of nearly 50 programs and over a five-hundred social work faculty, field directors, and staff interested in keeping abreast of the latest social policy issues and social work practice skills related to educating associates degree, BSW, MSW, DSW, and PhD students. PASWE hosts educational, social, and informational sessions through various means including on-line and in-person seminars and workshops. PASWE members work collaboratively and leadership represents the membership advocating to the NASW-PA on educational, faculty, and student needs and concerns. All are welcome to become a part of this organization whose purpose is to improve the strength, influence, visibility and reputation of social work education.

The goals of PASWE are:

1. To strengthen state-wide relationships between social work faculty, field directors, staff and students in collegial educational programs.
2. To be a voice of influence for social work education and students to NASW-PA.
3. To promote student research knowledge and create a forum for sharing student research.
4. To mentor and support new faculty members and students in leadership skills and roles within Pennsylvania & NASW-PA.
5. To utilize the knowledge and experience of senior faculty members.
6. To address and advocate for social work education needs as a strong unified voice.





# Sunday, October 25

## ■ Workshop Session 1

8:30 – 9:30 a.m. (1 CE)

### 1A (ST) – What Students and New Professionals Need to Know

PR

*Yasoda Sharma, PhD, Associate Professor of Social Work, Kutztown University*

*Wade Luquet, PhD, LCSW, Professor & BSW Program Director, Gwynedd Mercy University*

*Paul Felker, PhD, LSW, Associate Professor of Social Work, Eastern University*

This is an informative session that will address BSW, MSW, and doctoral level student questions related to professional development. Questions such as “do I need an MSW,” “pros and cons of going right on for an MSW,” “do I need a doctorate degree,” and “do I join professional organizations” will be addressed. In addition, issues such as internships, licensure, continuing education (CEU’s), self-care, malpractice insurance, and many other issues will be explored. Please bring any and all curiosities and inquiries to be discussed by the collective wisdom of the panel and other professionals in the room.

### 1B (A) – Coalition Building: Lessons Learned

*Sonja Payne, MSW, Community Health Mobilizer, Shippensburg Community Resource Coalition*

*Laura Masgalas, LSW, Community Organizer, PA Coalition Against Rape*

*Liz Fisher, PhD, MSW, Chair, Shippensburg Community Resource Coalition, Dept. Chair, Shippensburg University School of Social Work & Gerontology*

Learn how to address complex problems in your work and community at their root cause. Learn how coalition-building can help you and your community address the complex problems your clients are facing from a systems perspective. The workshop focuses on the Shippensburg Community Resource Coalition’s experience with two different coalition-building projects.

### 1C (D) – Implementing a SBIRT Training Program for Undergraduate Nursing and Social Work Students

PR

*Mary Daly, EdD, LMSW, BSN, Associate Professor, Mansfield University*

*Dr. Susan Lanzara; Dr. Jamie Klesh*

Recognizing and addressing the signs of adolescent substance use disorders can reduce harm associated with usage. This workshop describes an inter-disciplinary implementation of a curriculum for Screening, Brief Intervention, and Referral to Treatment (SBIRT) for adolescents. Undergraduate nurses and social worker education included classroom lectures, role-plays and a computer simulation.

### 1D (SJ) – A Case for Political Engagement by Social Workers

*Trish Dormer, MBA, MSW Student/Intern, Temple University*

*Rebecca Zelnor, MSW, Program Support Specialist, US Government*

Voting is a human right that provides individuals equal voice, self-determination, power within the political system, and meaningful participation in the decision-making process. It is a chance for all of us to vote for officials who will truly work with us, as each of us pledged in the NASW Code of Ethics, to “advocate for changes in policy and legislation to improve social conditions in order to meet basic human needs and promote social justice.”

■ **Meet and Greet with NASW-PA President and Conference Chairs** (informal)

9:30 a.m.



■ **Welcome & Opening Ceremony**

10:00 – 11:30 a.m. (1 CE)

Frank is the sole founder of the PostSecret Project, a growing collection of over a million artful secrets, mailed anonymously to him on postcards. He has appeared on Good Morning America, CBS Sunday Morning and NPR talking about the best-selling PostSecret books, his emotional live presentations, and the deep truths and hidden experiences that people share with him every day.

Known as ‘the most trusted stranger in America’, Frank has an all new presentation that shares what he has learned from his unique insights into the true feelings and challenges people are struggling with during the pandemic. He examines how young people are already remaking the world to distance physically without distancing emotionally, and demonstrates tools we can use to help others, and ourselves, with the unique mental wellness challenges during this crisis.

Frank has delivered keynote addresses around the world at colleges and universities, mental health conferences, tech events, and was even invited to the White House to share what he has learned about our secret selves. At times hilarious and heartbreaking, the secrets reflect complex issues that many of us struggle with: intimacy, trust, meaning, humor, and desire. As an advocate for mental health initiatives & suicide prevention, the National Mental Health Association recognized him with a special award. Warren is a volunteer for and actively involved in the organization Hopeline/1-800-SUICIDE.

Frank’s program creates a supportive environment to address issues like mental wellness, loneliness, consent and imposter syndrome.



## ■ Virtual Exhibit Hall

11:30 a.m. – 1:30 p.m.



Interact with Sponsors and Exhibitors as you walk through our virtual exhibit hall. This is an opportunity to learn about products and services to help you in your professional life, as well as be eligible for fantastic prizes. As you walk into each booth, you'll be able to speak directly with our sponsors, as well as plenty of private spaces to have conversations with friends or network with colleagues...all while you eat your lunch from the comfort of your own home or office.

## PASWE Lunch Meeting

12:00 p.m.

For social work faculty (all others welcome), join PASW on Zoom for a lunch meeting:  
<https://millersville.zoom.us/j/470211961>

## ■ Virtual Games – Social Work Jeopardy

12:30 – 1:30 p.m.

Once you're done visiting the exhibit hall, come and join your colleagues for a round of virtual networking and fun with "Social Work Jeopardy" – with categories such as historical social workers, Code of Ethics, and social work in popular culture. Play as a team with your friends or join a table and meet new people in a virtual setting. Optional, and just for fun!

Historical Social Workers	Code of Ethics	Name that Theory	NASW Fast Facts	Social Work in Popular Culture				
100	100	100	100	100				
200	200	200	200	200				
300	300	300	300	300				
400	400	400	400	400				
500	500	500	500	500				
	Team 1 0 + -	Team 2 0 + -	Team 3 0 + -	Team 4 0 + -	Team 5 0 + -	Team 6 0 + -	Team 7 0 + -	Team 8 0 + -



## ■ Workshop Session 2

1:30 – 3:00 p.m. (1.5 CEs)

### 2A (C, SP) – The Discovery of Self Using Psychospiritual Psychotherapy

*Terry S. Audate, LCSW-R, Owner, Autesh Therapy Services LCSW, PLLC*

This experiential workshop is for practitioners to further expand their understanding of Psychospiritual Psychotherapy. The nature of the mind, body, and spirit and understanding the origin of negative self-will be explored. This workshop will assist practitioners in the therapeutic setting to identify the true sense of self vs. the ego.

### 2B (SJ, E) – Criminal Backgrounds and Gatekeeping for Social Work: Ethical Considerations and Just Alternatives

PR

*Casey Bohrman, PhD, Associate Professor of Graduate Social Work, West Chester University*

*Alison Updyke Neff, PhD, Assistant Professor of Graduate Social Work, West Chester University*

For aspiring social workers, criminal background checks can occur at various stages of their careers. This session will explore the ethical and practical concerns this process poses for the discipline, particularly in the current landscape of mass incarceration, while also considering the necessity of effective gatekeeping to protect clients' wellbeing.

### 2C (D, SP) – ACE Scores and BSW Students

*Paul Felker, PhD, LSW, Associate Professor of Social Work, Eastern University*

PR

The ACE (Adverse Childhood Experiences) survey, a landmark and seminal research study first conducted in the 1990's, was administered to approximately 100 BSW students and the results will be discussed. This seminar is helpful to educators and clinicians with implications for both social work education and social work practice. These include recruitment into social work programs and gatekeeping responsibilities for the profession. In addition, the strengths and challenges in educating these students as well as supervising them in the field will be highlighted. Lastly, self-care for newly emerging professionals will be addressed.

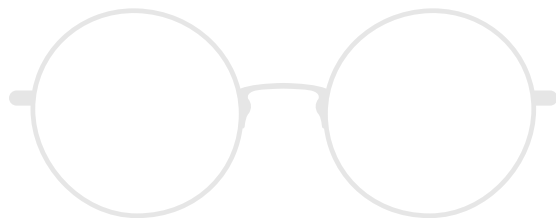
### 2D (C, E) – Exploring Human Sexuality in 2020: Becoming Clinically Competent in Working with the LGBTQIA\* Population

*Mallory Hanfling, LCSW, Courage To Grow Counseling, Owner and Psychotherapist, Self*

The year is 2020. Our old ideas of sex, sexual orientation, gender, and sexual preference have become antiquated and need a bit of TLC. As clinicians, it is critical that we help our clients feel seen, safe, accepted, and able to express and emote freely in our offices. We do this by regularly reflecting upon our own implicit biases and privilege; and we strive to stay culturally competent with our language and our willingness to remain teachable. I invite clinicians to explore these themes and apply them to their own lives, and to their work with the LGBTQIA\* community.

## ■ Exhibit Hall /Student Posters

3:00 – 4:00 p.m. (.5 CE)



## ■ General Session (PASWE)

4:00 – 6:00 p.m. (2 CE)

At this session, we will explore secondary trauma and its impact on caregivers through the viewing of a unique documentary, directed and co-produced by one of our NASW-PA members, Vic Compher. After the viewing, we will have a discussion panel with Vic, his co-producer Rodney Whittenberg, and a panel of faculty, clinicians, and students to respond.



### About the Film

*Portraits of Professional CAREgivers: Their Passion, Their Pain* is a documentary film based on interviews with nurses, social workers, clinical psychologists, doctors, firefighters, first responders who rescue, assist, and help to heal the injured and traumatized — and also tell their own remarkable and often painful stories. The film takes us on a journey into a world the public rarely sees, depicting emotional costs experienced by professional care providers and probing the emotional consequences of professional public service.

The film asks the question: How are professional caregivers and first responders affected emotionally and physically? Who helps them? Viewers discover that engaged, empathic caregiving can sometimes be an occupational hazard; we explore the painful and human sides of these professions and vulnerable responses to trauma — Compassion Fatigue — also known as Secondary Traumatic Stress or Vicarious Trauma. The film also addresses high levels of career satisfaction and professional meaning that caregivers experience. Ultimately, the film provides ways to cope and recover from toxic stress in the workplace.

### *Vic Compher, Director and Co-Producer*

Vic is a filmmaker, licensed clinical social worker, workshop trainer, and author. His most recent documentary is an intergenerational portrayal of remarkable older adults sharing their dramatic stories of peace and justice with young people. Broadcast on WYBE's public television series, "Philadelphia Stories", this film has been screened in a variety of venues and by several film festivals, including the New York Independent International Film and Video Festival of 2011.

### *Rodney Whittenberg, Co-Producer and Composer*

Rodney is an Emmy Award winning modern "renaissance man." His interests and professional endeavors are broad ranging from full-length film production to music composition. He is fascinated by discovering what makes things tick and how to creatively intersect with them, whether it is the inner vision of his clients or new ways to use the latest technical advances.



## ■ Virtual Concert at the Beach

6:00 – 8:00 p.m.

Join us for live music (performers TBA) and networking opportunities to chat while hanging out at the virtual beach. You can use your virtual avatar to dance and cheer and really celebrate — a virtual concert like none other!

# VIRTUAL CONCERT



Using the avatar to dance at the concert stage.



Sitting at one of the private areas where attendees can have a chat with a friend while sitting at the beach.



# Monday, October 26

## ■ Workshop Session 3

8:30 – 9:30 a.m. (1 CE)

### 3A (D) – Improve your Kidney Patients' Social Functioning with Peer Mentoring

*Lynne Wright, LSW, Program Coordinator, The Kidney Foundation of Central Pennsylvania*

Facing kidney failure can be overwhelming. Social workers can refer struggling patients or caregivers to The Kidney Foundation of Central Pennsylvania's trained mentors/certified partners so that they may engage with someone who has "been there." Find out more about this nationally recognized peer support program.

### 3B (D) – Queering Space for LGBTQIA+ Inclusive Teaching and Practice

PR

*Andy Dunlap, PhD, LCSW, Associate Professor of Social Work, Bloomsburg University*

Like everyone else, social workers are products of our largely cisnormative and heterosexist environments. Many of us struggle to avoid replicating these same transphobic and homophobic environments with our client/client systems. Rather than being paralyzed by this problem, social workers can take steps towards addressing it. Participants in the workshop will: increase awareness of LGBTQIA+ clients in their practice; learn basic strategies for creating an inclusive environment; learn strategies for using accurate pronouns and names. While focused on the classroom, concepts and strategies presented are appropriate for various client systems.

### 3C (D) –

To be announced.

### 3D (SJ) – Performative Allyship: When Sharing Social Media Posts Aren't Enough.

*Sierra McNeil, MSW, Coordinator, Family Resource Network*

You can't be an ally if you pick and choose when to speak up. This presentation will provide guidelines to professionals and students on how to navigate uncomfortable conversations both personally and professionally. Learn how to initiate meaningful conversations that will lead to educating those of privilege about the racial injustices and institutionalize racism of various marginalized populations.



## ■ SWEETalk 1 (Workshop Session 3.5)

9:30 – 10:00 a.m. (.5 CEs)

Social Work Education and Engagement Talks (SWEETalks) present information in a rapid, Ted Talk-style format.

### **SW 1A (A, E) – Macro Practice is Needed Now More than Ever... but What Can I Do?**

*Janice Nuss, LCSW, Assistant Professor and Director of Field Education, Gwynedd Mercy University*

*Brendan Young, LSW*

With increasing globalization and political threats to social safety nets, now more than ever social work voices are needed in macro practice. This interactive workshop will highlight macro interventions with emphasis on political and global engagement.

### **SW 1B (C, E) – Let Them Fly: Mentoring the New Social Worker with Vision & Clarity**

*Christina Gigler, LCSW, ACSW, Assistant Professor of Practice/Coordinator of Lehigh Valley MSW Program, Marywood University*

Mentoring the new social worker into a workplace culture requires vision and a clear plan. The quality of social work mentorship is a significant factor in the orientation to the roles and responsibilities of the new worker, as well as to professional socialization and job satisfaction. A transparent orientation is needed in the beginning phase of these new relationships to promote worker competence and independence guided by supervision that is not too lax nor too rigid. The skills, vision and clarity needed by the social work supervisor as they mentor the new worker or intern toward autonomy will be the focus of this lively interactive workshop.

### **SW 1C (SJ, E) – Changing the Narrative: Single Parent Resilience**

*Ebonnie Vazquez, PhD, MSW, Assistant Professor of Undergraduate Social Work, West Chester University*

The projected outcome for single parents can be discouraging. Statistics and data disproportionately suggest certain failure for this demographic. This presentation will discuss how colleges and universities can create social supports for single parents that assist in changing the narrative from undesirable to resilient.

### **SW 1D – Brave, Unknown Legacy of the U of P School of SocialWork (SP2)**

*SaraKay Smullens, ACSW, LCSW, BCD, CGP, CFLE*

Very few today are aware of the brave, historic, and enduring contributions of the University of Pennsylvania School of Social Work, now the School of Social Policy and Practice (SP2). When schools of social work were bitterly divided between diagnostic (Freudian) and functional (Rankian), our presenter was the first transfer student accepted to what was then known as the Penn School. She will share her transition to "a community of innovation and genius," one that remains a powerful, enduring force in her life.

## ■ General Session/PACE

10:00 a.m. – 12:00 p.m. (1 CE)



### Panel Discussion

#### The Social Work Role in Combatting Systemic Racism

Join NASW-PA during our PACE session for an important discussion on one of the foremost social justice issues of our time — combatting systemic racism. It touches on our profession's core values, such as the dignity and worth of the person. We will be bringing in expert panelists to discuss the social work role, ethical and legal concerns, and the best ways of getting involved.

We will also discuss issues relating to the upcoming election in November, and current legislative issues in Pennsylvania.

This session is also the time in which NASW-PA will recognize its annual Legislator of the Year award recipient.

This event is hosted by NASW-PA's Political Action for Candidate Election Committee (PACE), which is dedicated to advancing social workers' values and public policy goals in campaigns, elections, and building political relationships with elected officials. NASW-PA PACE is a non-partisan organization and uses your contributions to help elect candidates who will advance the profession and advocate for social justice.

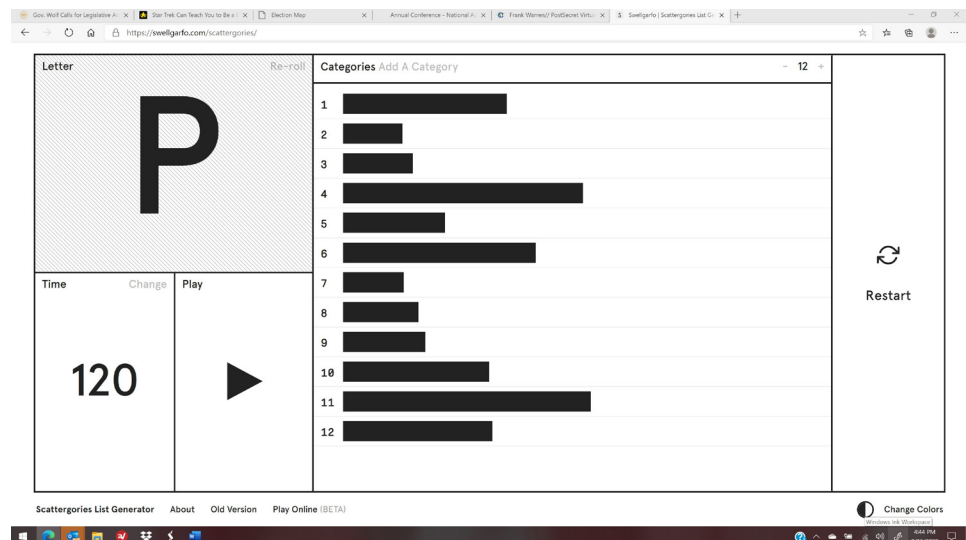
## ■ Lunch Break/Exhibit Hall Open

12:00 – 2:00 p.m.

## ■ Virtual Games – Scattergories

1:00 – 2:00 p.m.

Once you're done visiting the exhibit hall, come and join your colleagues for a round of virtual networking and fun with "Scattergories." Play as a table and meet new people in a virtual setting. Optional, and just for fun!



## ■ Workshop Session 4

2:00 – 3:00 p.m. (1 CE)

### 4A (C) – Understanding and Treating Problematic Internet Use with Adolescents

*Stephanie Diez-Morel, PhD, LCSW, MCAP, Assistant Professor of Social Work, Edinboro University of Pennsylvania*

The internet plays an important role in our daily lives, yet many experiences challenges with reducing internet overuse. This workshop will provide information on the most current valid and reliable assessments and evidenced based treatment approaches for identifying and treating problematic internet use behaviors among youth.

### 4B (C, E) – Save Yourself: The Best Way to Care for Others is Self-Care as a Priority

*Louisa Eyler, LSW, Clinical Transformation Consultant, Highmark Health Inc*

The fundamental reason for working in our field is a desire to help others. The motivation to help others is altruistic and requires a high level of empathy. However, it is that empathic response that creates the greatest risk and vulnerability to stress, burnout, vicarious trauma and/or compassion fatigue.

### 4C (SJ) – A Social Work Response to the COVID-19 Pandemic

*Paul Felker, PhD, LSW, Associate Professor of Social Work, Eastern University*

PR

The COVID-19 pandemic is not the first nor will it be the last global crisis. Social work has much to offer in helping to problem solve this recent challenge to our world. This seminar will discuss both micro and macro assessments and interventions from a social work paradigm. On a micro level, neurobiology aspect will be explored. On a macro level, we will discuss how social work can help systems prepare and respond to pandemics; in particular we will examine how schools can respond to this crisis. This workshop is helpful to educators and practitioners.

### 4D (D) – The ABC's of Social Work as a Probation Officer: RNR, PCRA and STARR

*Julia Roberts, LCSW, Senior US Probation Officer, Drug and Alcohol Treatment Specialist, US Probation*

Participants will learn and develop an understanding of the specific Evidence-Based Practices in use with formerly incarcerated citizens in the federal judicial system. The content will include an overview of the Risk-Needs-and Responsivity model in corrections, an explanation of the Post Conviction Risk-Assessment (PCRA), and an overview of Staff Training Aimed at Reducing Recidivism (STARR).



## ■ Workshop Session 5

3:00 – 4:00 p.m. (1 CE)

### **5A (D, SP) – Unspoken Words of Female Veteran Moral Injury and Military Sexual Trauma**

*Toneh Smyth, LSW, MHS, Canon for Mission, Episcopal Diocese of Pennsylvania*

*Chaplain Rotunda East, Chief Chaplain Providence VA Medical Center, United States Air Force (Retired)*

We will dive deep into moral injury and Military Sexual Trauma (causal mechanisms, symptoms, behavior manifestation, psychosocial effects, and interventions) amongst female veterans. The focus will include how communities of faith are becoming lead allies in addressing crisis intervention.

### **5B (SJ) – Tenant Rights Education and Perceptions of Personal Empowerment in Families Experiencing Homelessness**

*Diane Joy Irish, DSW, LSW, Home & School Visitor, Parkland School District*

*Stephen W. Stoeffler, PhD, LSW, Assistant Professor, Kutztown University of Pennsylvania*

This presentation examines whether providing tenant rights education can raise critical consciousness and feelings of personal empowerment among adults experiencing family homelessness. A recent intervention research study indicates that tenant rights education could be a promising vehicle for empowering homeless families with skills for successful tenancy and avoiding future eviction.

### **5C (D) – Reducing the Stigma of Medication Assisted Treatment**

*Ricardo Horn, LSW, Community Liaison, Pyramid Healthcare*

*Nicole Zmuda, MEd, LCSW*

Medicated assisted treatment (MAT) is the most effective treatment for individuals with opiate use disorder yet remains stigmatized. This presentation includes a review of the most recent data on Pennsylvania's opioid epidemic, research justifying MAT as best practice, and first-hand narratives regarding the effects of discrimination in this population.

### **5D (D) – Clinicians' Preparedness to Use Spirituality in Mental Health Counseling**

*Victor Manocchio, DSW, LCSW, Psychotherapist, Four Winds Acupuncture Clinic and Integrative Therapies, PC*

This CEU is based on research that explored preparedness to use spirituality. Some major themes emerged. There was limited coverage of spirituality in education. Participants expressed comfort with spiritual themes. Spirituality is part of a person's identity. Many compared spiritual interventions to other modalities. Spirituality helped in treatment.



## ■ Workshop Session 6

4:00 – 5:30 p.m. (1.5 CEs)

### 6A (D) – Leadership Development through Assertive Communication

*Renee Cavallaro, MSS, LCSW, CAADC, Owner/Leadership Development Consultant, HOPE (How Organizations Promote Excellence)*

This session will be of interest to participants because a strong leader has excellent communication skills. These skills are essential to successfully building and sustaining relationships. Leadership is all about relationships. Leaders who develop their teams to be independent, positive thinkers have the highest likelihood for success in any given experience.

### 6B (D) – BFT: An Evidence-Based Approach to Health and Healing

*Michelle DiLauro, PhD, LCSW, Assistant Professor/Director of Field Education, East Stroudsburg University*  
*Laurene Clossey, PhD, LCSW*

This presentation will include both a didactic and experiential component in examining the history of Emotional Freedom Techniques (EFT or tapping), the physiology of how it works, current evidenced-based research, and a demonstration on how to tap. Resources will also be provided to benefit participants as well as their clients.

### 6C (SJ, SP) – Army of One? An Alternative Approach to Understanding and Preventing Veteran Suicides

*Edward Hanna, DSW, LCSW, BCDCSW, Associate Professor, Kutztown University of Pennsylvania*

Veteran suicides continue to occur at an alarming rate despite concerted prevention efforts. This presentation provides a statistical overview, prevention strategy rationale, and reasons for ineffective outcomes. An alternative psycho-social approach to the problem will be presented, including foundational theoretical and practice supports, along with consequential alternative intervention strategies.

### 6D (D, E) – The NASW Ethics Forecast, Envisioning the Future of Social Work Ethics

PR

*Chris Rich, LCSW, ACSW, Senior Manager, Student Health Services, Milton Hershey School*

*James Andrews, LCSW, LICSW, CMFSW, Professor & Forensic Social Worker, Forensic Behavioral Associates*

*Claire Dente, PhD, LCSW, Professor, West Chester University of Pennsylvania*

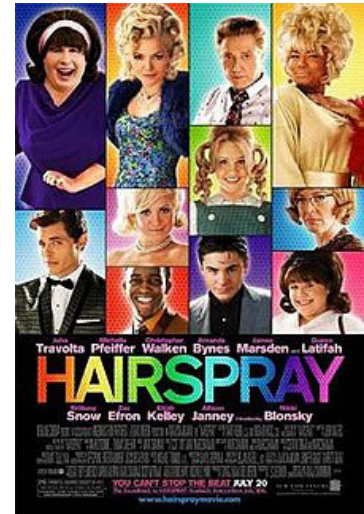
The NASW Code of Ethics (COE) is a living and ever evolving document. The COE has advanced over the years to respond to modern practice standards and challenges. A panel of professionals from a spectrum of stages in their professional careers will discuss where they see the NASW COE heading.

## ■ Workshop Session 7 (Optional)

6:00 – 9:00 p.m. (3 CEs)

### 7A (D) – Movie & Discussion – Hairspray

This campy musical follows teenager Tracey Turnblad as she lands a spot on a local TV dance show in the atmosphere of 1960's Baltimore. Come, watch, and interact as various social work issues are raised and discussed after the movie, including many components of self-esteem, weight, agorophobia, the use of the cinematic “white savior” trope, and, of course, social and racial justice.



### 7B (D) – ACT 31: Mandated Child Abuse Reporting

Learn and/or review the laws and rules that impact social workers and other reporters as mandated reporters in the Commonwealth of Pennsylvania, and best practices for ensuring that those federal and state laws are followed. Also included are red flags for abuse, how to utilize your clinical judgement, and the review of case scenarios.

### 7C (C, E) – Working with Families of LGBTQ adolescents: Coming Out, Transition, and Support

*Kayti Protos, LCSW, Clinical Coordinator, Bucks Support Services*

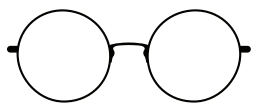
*Michael LaSala, PhD, LCSW*

In this workshop, the presenters will demonstrate how social workers engage and intervene with families of lesbian, gay, bisexual, transgender, and queer (LGBTQ) adolescents struggling with coming out, transition, and support. This interactive presentation will consist of a brief overview of key concepts, role plays, and small group discussion.

### 7D (D) – Yoga and Mindfulness-Based Cognitive Therapies

*Jennifer Wagner-Felker, LCSW, RYT, psychotherapist, Penn State Health, Adolescent Medicine and Eating Disorders*

During this workshop participants will learn how yoga and mindfulness-based cognitive therapies can be used to mitigate the neurobiological stress response, facilitate social work practice in a variety of settings, and prevent compassion fatigue. This workshop will include optional experiential activities, so attendees are encouraged to wear comfortable clothes that allow for movement.



# Tuesday, October 27

## ■ Workshop Session 8

8:30 – 9:30 a.m. (1 CE)

### 8A (D, E) – Looking to the Future: Versatility of Social Work Ethics in International Contexts

PR

*Wanja Ogongi, Assistant Professor, Millersville University*

*Bertha Saldana De Jesus, DSW, Assistant Professor, Millersville University*

US-trained Social work practitioners are increasingly practicing in international contexts where they are continually exposed to profoundly unique cultural norms and traditions. Presenters will focus on an ethical dilemma encountered in an international context and facilitate conversation surrounding applicability of US social work ethics in other countries and settings.

### 8B (D, E) – I Can Do It!: Empowering Clients with their Reproductive Decision Making

*Melissa Bell, PhD, LSW, Associate Professor/Social Work Program Director, Chatham University*

NASW states that social workers have a professional role in providing family planning information. Research has also found that social work professionals are interested in addressing unintended pregnancy and other reproductive justice issues within client populations. However, many report not having the knowledge or tools to address the multiple dimensions of reproductive decision making (RDM), which require basic knowledge of the social and biological dimensions of this complex concept. This workshop will focus on increasing the self-efficacy of social workers in empowering clients in RDM. Tools and strategies that the author developed while writing an interdisciplinary book about RDM will be discussed.

### 8C (A, SP) – Strengthen the Connection: A High-Tech, High-Touch Approach to Crisis Intervention

*Jennifer Christman, BSW, MA, President, MyAdvisor/Three Wire Systems, LLC*

At-risk individuals are not seeking mental health resources or suicide prevention assistance for lack of resources where they live, lack of funding for crisis care programs and maintenance, and a misunderstanding of mental health created by societal stigma. MyAdvisor, powered by Three Wire Systems, LLC, looks for ways to provide at-risk rural populations solutions to mental health issues through a variety of methods including distance counseling and technology.

### 5E (D) – Don't Pity Me: Social Implications of Living with an Invisible Illness

*Chelsea Toth, DSW, LSW, Director of Field Education and Assistant Professor of Social Work, Cedar Crest College*

Living with an invisible illness is a nuance that many individuals face. The young adult population are at the crux of changing technology, advances in health care and ever-present social networking. This workshop will identify key themes which individual's experiencing social isolation determine as factors and how practitioners can improve health and mental health outcomes.

## ■ SWEETalk 2 (Workshop Session 8.5)

9:30 – 10:00 a.m. (0.5 CE)

Social Work Education and Engagement Talks (SWEETalks) present information in a rapid, Ted Talk-style format.

### **SW 3A (D) – Identity Matters: Exploring Relational Health for Faculty of Color in SW Education**

*Shelita Jackson, Lecturer, Eastern University*

Integrating Relational Cultural Theory and Intersectionality, this conceptual paper explores factors which foster or impede good relational health for faculty of color.

### **SW 3B (D) – Best Practices in Harm Reduction**

*Brie Radis, DSW, LCSW, MSS, MLSP, Assistant Professor, West Chester University*

*Meg Panichelli*

We will share findings from our qualitative research with social service providers (many of whom have social work degrees), who use a harm reduction lens in their work with youth engaged in sex trade and use drugs. We explore the successes and challenges that providers face when advocating for their clients

### **SW 3C (D) – Organizational Role in Combating Burnout and Vicarious Trauma: A Qualitative Case Study**

*Channel Lowery, BA, MSW, Candidate, Graduate Assistant, Millersville University*

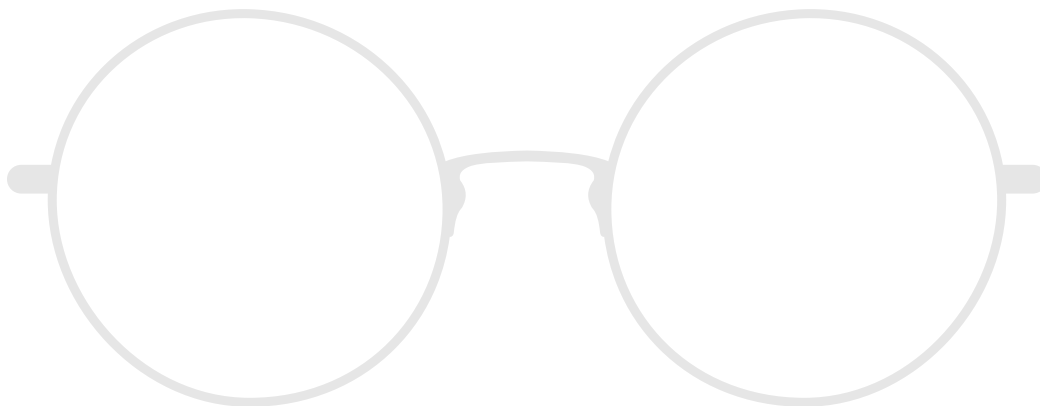
*Wanja Ogongi, LSW, Ph.D., Millersville University; Assistant Professor*

This session will focus on qualitative research data that explores policies and strategies one local organization has put in place to help its direct service employees combat burnout and vicarious trauma. The information from this study will be discussed and shared in collaboration with participant's own professional experiences and input.

### **SW 3D (A) – Building Asian Social Workers in NPOs**

*Sangeun Lee, LSW, CCM-C, Doctoral Student, Bryn Mawr College*

Asian bilingual social workers are not aligned with Asian population growth. Asian communities in the large metropolitan cities have different types of nonprofit organizations. Rather hiring paraprofessional for community facilitation, the presenter proposes to build Asian social workers in the nonprofit agencies for a long-term service delivery.





## ■ General Session and Awards Ceremony 10:00 a.m. – 12:00 p.m. (1 CE)

Join us for the presentation of our annual Keystone Awards, always an inspiring experience. Awards will be presented for:

- Social Worker of the Year
- Kirsten Bowser Emerging Social Worker of the Year
- Public Citizen of the Year
- Social Work Educator of the Year
- Presidential Service Award
- Phyllis Black Lifetime Achievement Award



### Keynote Speaker: NASW National President

*Mildred "Mit" C. Joyner, DPS, MSW, LCSW*



Mildred "Mit" C. Joyner, DPS, MSW, BSW, LCSW is President of the National Association of Social Workers (NASW) that has 55 chapters throughout the United States and its territories. Joyner also serves as President of the North America Region of the International Federation of Social Workers (IFSW), which includes Canada and the United States and is a member of IFSW's Executive Committee. She serves on the boards of the NASW Foundation and the NASW Assurance Services, Inc. Her other board service included a community bank, DNBFIRST, where she was the first female and only African American to serve in this capacity and the Chester County Food Bank.

Professor Joyner's professional career as a social worker began at Chester County Children, Youth, and Families as a protective service worker. After graduate school, she became the first department head and legal liaison of the child abuse unit at Chester County Children, Youth, and Families.

Joyner joined the faculty at West Chester University (WCU) in 1979 as assistant professor and served as the director and chairperson of the undergraduate social work department, a position she held for several decades.

In 2011, Professor Joyner, a full professor of social work, received the emeritus rank with full rights and privileges from the West Chester University of Pennsylvania. Professor Joyner is a former president of the Council on Social Work Education (CSWE). She also served as president of the Association of Baccalaureate Social Work Program Directors (BPD). She holds membership in BPD, CSWE, and NASW.

Professor Joyner co-authored three books *Critical Multiculturalism and Intersectionality in a Complex World* (2018); *Critical Multicultural Social Work* (2008); and *Caregivers for Persons Living with HIV/AIDS in Kenya: An Ecological Perspective* (2011). She has delivered hundreds of presentations at various universities, agencies, businesses, and professional conferences.

She is the recipient of numerous awards including: 2005 AGE-SW and BPD Gerontology Leadership Award for stellar national leadership in the field of gerontology; the BPD Lifetime Achievement Award; and the CSWE Lifetime Service and Leadership Award. In September 2019, Mit Joyner received the prestigious NASW-PA Phyllis Black Lifetime Achievement Award for her leadership and commitment to social justice and the quest for obtaining equity for all.

## ■ Lunch Break/Exhibit Hall Open

12:00 – 2:00 p.m.

## ■ Workshop Session 9

2:00 – 3:30 p.m. (1.5 CEs)

### 9A (D, E) – Trauma Informed Care for Professional Artists: A Biopsychosocial Perspective

*Peter Andrew Danzig, MA, MSS Candidate, Founder and Executive Director, Theatrical Trainer*

Art is a crucial service to society, providing means of support for many populations. Creative therapeutic interventions often easily fuse with evidence-based practice methods that clinicians utilize with their patients. This presentation explores ways in which the artists themselves systemically suffer from trauma, access to resources and barriers to support.

### 9B (D, E) – The Political Taboo: Crossing the Liberal/Conservative Divide

*Kielty Turner, Associate Professor, Marywood University*

*Diana Lyon, LSW*

2020 is a politically charged time in the United States. These differences exist in our practice settings whether we directly address them or not. In this workshop case examples further the conversation about how we can acknowledge and process the political differences between workers and our clients/supervisees.

### 9C (D, SP) – The Battle Within: Veterans & Early Recovery

*Tammy Shay, LCSW CAADC, Substance Use Disorder Social Worker, Lebanon VA Medical Center*

Early recovery relies on motivation. Non addiction professionals can impede this process unconsciously with verbals and non-verbals. With the opioid epidemic, it's important that all social workers recognize how to help Veterans in their recovery journey and to understand the differences between civilian and VA resources in substance use disorders.

### 9D (D) – Gambling in Pennsylvania Today: What's New and How to Intervene

*Jody Bechtold, LCSW, ICGC-II, BACC, PC, CEO, The Better Institute*

As social workers, it is important to effectively screen and “have the conversation” about gambling activities, regardless of the setting. With the rapid expansion of legalized online and sports betting gambling in PA, many can place bets or wager money any time of the day, right from their smartphone, tablet or computer. This workshop will provide an overview, an introduction, and basic strategies for intervening about problematic and disordered gambling.



## Self-Care Open Mic – Poetry as Therapy

### How Can Writing Be a Form of Therapy & Self Care?

Many psychologists around the world believe writing has always had the power to transform and shift our lives. Joshua Smyth, a psychologist at Syracuse University also believes this is true, and further insists “to tap writing’s healing power, people must use it to better understand and learn from their emotions.” When we share our experiences out loud, we can better learn how to derive meaning from anything life throws our way, giving more attention to our mental state and overall state of being. To incorporate writing into our everyday lives could be to begin a lifelong relationship with self-care.

**Kick-Off:** National Poetry Slam finalists Angelica Maria & Melania Luisa kick off the night by sharing a 20-minute reading of inspiring pieces that have helped them heal in their own journey as writers. At the same time, the open mic list is passed around for writers to sign up and share their work.

**Open Mic:** Prior to the event, students are prompted to think & write on the following questions:

- What have you survived in the last month?
- What are three things you are proud of?
- Write a love letter to yourself or to something that gets you through the worst of days?
- What fills your cup more than anything else?

One-by-one, attendees are selected to share a piece on their journey of healing, whatever that may look like. By opening space for attendees to share their own experience, we are able to use writing as a tool to express and uplift during the toughest of times.

*All of language is spoken on the out breath. All of  
life begins on the in. All of death is spoken on the  
out breath. All of life begins on the in.*

— Li Young Lee

## ■ Workshop Session 10 (Optional)

6:00 – 9:00 p.m. (3 CE)

### 10A (D) – Movie & Discussion – ONWARD

*Kristie Jo King, LSW, CDP, NASW-PA President*

*Johanna Byrd, ACSW, IOM, CAE, NASW-PA Executive Director*

Set in a modern suburban fantasy world, Onward tells the tale of two teenage elf brothers, Ian and Barley, who set out on a quest to discover if there is still magic left in the world to have one day to be with their deceased father who died when they were too young to remember him. Join us for the movie and afterwards a discussion about adolescent grief and other social work issues from the movie.



### 10B (SJ, E) – Identifying and Confronting “Fake News”

*James Andrews, LCSW, LICSW, CMFSW, Professor & Forensic Social Worker, Forensic Behavioral Associates*

The NASW Code speaks to the social worker’s responsibilities to broader society. This workshop presents a discussion of these responsibilities and a skills development section addressing how to assess and respond to “fake news” media and engage in a meaningful conversation with those supporting or promulgating such media content.

### 10C (C, SP) – Suicide & Suicide Loss: How Social Workers Can Help

*Linda Falasco, LCSW, LICSW Private Practice in Newtown Square, Pennsylvania*

Every 12 minutes someone in our country dies by suicide, leaving behind approximately 6 to 8 people who are severely traumatized by the loss. Suicide is a major, preventable health issue, that claims almost 45,000 lives a year in the U.S. Suicide and suicide loss are very complex to deal with. This leaves many professionals feeling under educated and ill prepared to deal with a survivor in treatment. This seminar is designed to provide information on assessing and treating suicide and suicide loss. These are complex issues and our clients are better served when we possess a sophisticated understanding of these issues. You will gain valuable insights into survivor grief, while developing strategies for working with survivors of suicide. Participants will leave the seminar equipped with a variety of evidenced-based interventions that are effective in serving our clients.





# Full conference schedule

Time	Monday, Oct. 25	Tuesday, Oct. 26	Wednesday, Oct. 27	
8:30 a.m.	Session 1 (1.0 CE)	Session 3 (1.0 CE)	Session 8 (1.0 CE)	
9:00 a.m.				
9:30 a.m.	Meet and Greet	SWEETalk 1 (.5 CE)	SWEETalk 2 (.5 CE)	
10:00 a.m.	Opening Session/ Keynote (1.0 CE)	General Session/ Panel Discussion (1.0 CE)	General Session/ Awards Ceremony/ Keynote (1.0 CE)	
10:30 a.m.				
11:00 a.m.				
11:30 a.m.	Lunch Break/ Exhibit Hall (Optional Virtual Games from 12:30 – 1:30 p.m.)	Lunch Break/ Exhibit Hall (Optional Virtual Games from 1:00 – 2:00 p.m.)	Lunch Break/ Exhibit Hall (Optional Virtual Games from 1:00 – 2:00 p.m.)	
Noon				
12:30 a.m.				
1:00 p.m.				
1:30 p.m.	Session 2 (1.5 CEs)	Session 4 (1.0 CE)	Session 9 (1.5 CEs)	
2:00 p.m.				
2:30 p.m.				
3:00 p.m.	Poster Session (.5 CE) & Exhibit Hall	Session 5 (1.0 CE)	Closing Keynote (1.0 CE)	
3:30 p.m.				
4:00 p.m.	General Session/ Documentary (2.0 CEs)	Session 6 (1.5 CEs)		
4:30 p.m.				
5:00 p.m.				
5:30 p.m.				
6:00 p.m.	Virtual Concert at the Beach	Session 7 (3.0 CEs) (Optional)	Session 10 (3.0 CEs) (Optional)	
6:30 p.m.				
7:00 p.m.				
7:30 p.m.				
8:00 p.m.				
8:30 p.m.				
Total	Up to 6.0 CEs	Up to 9.0 CEs	Up to 8.0 CEs	

