



National Association of Social Workers - California Chapter

## **COVID-19: Financial Resources**

These resources were listed by Dr. Stan Taubman, LCSW, PhD.

### **Middle Incomes**

A variety of loans and other forms of financial assistance are available to middle-income individuals who have been financially impacted by COVID-19-related stay-at-home orders. Many of these resources are available to individuals with a banking history and established credit history. A good summary is available on the Nerdwallet website "[Where to Get Financial Assistance During the COVID-19 Crisis.](#)"

### **Limited Incomes**

A good resource that is geared toward those with more limited incomes or problematic financial histories is available from the [United Way](#), which provides information and resources regarding the following:

- Health insurance and medical expenses
- Home internet access
- Unemployment benefits
- Federal Family and Medical Leave Act (FMLA)
- Mortgage, rent, and utilities payment assistance
- Supplemental Nutrition Assistance Program (SNAP)/Food Stamps
- Food assistance
- Relief for "gig economy" workers and contractors
- Mental health and crisis

### **California-Based Financial Resources**

The [California state government website](#) provides information regarding:

- The California eviction moratorium
- Mortgage relief from financial institutions
- Unemployment insurance
- Disability insurance
- Paid family leave claims for those who are caring for a sick or quarantined family member
- A variety of other related financial issues

[California's COVID-19 Presumptive Eligibility Program for Medi-Cal](#) (available to all California residents).

### **Other Resources**

- [Centers for Disease Control and Prevention \(CDC\) COVID-19 Financial Resources](#)
- [IRS: Coronavirus Tax Relief and Economic Impact Payments](#)
- [Federal Housing Finance Assistance – Help for Homeowners and Renters](#)
- [Grantspace.org](#) provides information about financial assistance to nonprofit service organizations.