FEATURES

7  Inspiring the Next Generation of Leaders, Advocates, and Champions: Legislative Education and Advocacy Day (LEAD) 2018  
KATIE O'LEARY

16  Coffee and Conversation with Jackie Woodside: Symposium 2018 Keynote Speaker  
JAMIE KLUFTS

17  Symposium 2018: Workshop Descriptions, Registration, and More

26  Member Testimonials: This Could Be You!

DEPARTMENTS

3  Executive Director’s Message  
Our Collective Impact  
REBEKAH GEWIRTZ

4  The Buzz: News From Around the State

5  Welcome New Members

5  Member Spotlight  
Angela Wangari Walter

6  On the Hill  
On the Front Lines of Advocacy  
SOPHIE HANSEN

8  Ask Our Attorney  
Social Media Traps for the Unwary: Exploring the New Code of Ethics  
NANCY PULEO

10  Managed Care News  
What Clinicians Need to Know Right Now  
ERICA KIRSNERS AND LILLIAN FOX

12  Regional Calendar

13  Continuing Education and Events

28  Classified Advertising

30  Clinical Practice Today  
Stress and Diabetes: Treating the Social Determinants of Health  
JANE ZILL
Our Collective Impact

Rebekah Gewirtz, MPA
Executive Director

Welcome to the brand new publication of NASW-MA, Social Work Voice. After 44 years of production, we retired the FOCUS newspaper and will be mailing our members this user friendly, information-packed publication 7 times each year. Many social workers receiving this February issue are not members of NASW. I urge you to join today so you can keep getting the Voice as one of our many member benefits! You can learn more about these benefits on the back cover of this publication. You can also read member testimonials on pages 26-27. We have bold new ideas at the Massachusetts Chapter and you can count on us now more than ever to be the strong advocate for you in your professional practice and for social, economic, and racial justice.

At a time like this, when so much troubling news for the clients and communities served by social workers is coming out of Washington DC, we need to band together and lead the way for justice and equity at home here in Massachusetts. As an association, our strength is in our numbers. With you by our side, we can continue our role as a key leader in the state on issues such as health care access, income inequality, and mental health services parity, enhancing the power of social workers everywhere and improving the lives of vulnerable clients and communities served by social workers.

In this issue, you will see a snapshot of all that we are up to here at the Chapter. You will see the breadth of speakers, workshops, and events at Symposium 2018. You will also see the emphasis we have placed on advocacy for clinical and private practice issues, and making our broader policy and social action work more effective and targeted.

In particular, I wanted to point out two campaigns where we have been spending a lot of time and energy. First, we are working in two ways to limit the practice of clawbacks, or retroactive claims denials, by insurance companies on mental health providers. In the Managed Care News section of this issue of the Social Work Voice (pages 9-10), you will see information related to managed care company activities. One concern that keeps coming up is the “payment integrity audit” that Beacon Health Options and their subcontractor Nokomis have been performing. This audit has caught hundreds and probably thousands of social workers and other mental health practitioners in its dragnet. Beacon is clawing back payments for minor issues related to progress note documentation, irrespective of medical necessity. We believe the way this audit has been conducted and the harm it is causing social workers and vulnerable, largely MassHealth clients, is inexcusable. In the midst of an opioid epidemic, the last thing insurance companies should be doing is making it harder for vulnerable patients to access care.

In partnership with other statewide organizations representing behavioral health providers, we successfully advocated with MassHealth and Beacon directly to limit this audit and provide more timely and relevant information to providers on their panels. In addition, we are working hard on the Clawback Bill, H2193 and S582, that would limit the window of time when insurance companies can claw back payments already made. We invite you to get active in the campaign! Call your representative and senator today and tell them your personal story and why we need to pass this bill this year.

The second major legislative campaign we are working on this year is a bill that would lift the family cap on kids. Right now, Massachusetts is one of only 17 states that denies welfare benefits to a second child if this child is born while the mother is already receiving assistance. The original purpose of this policy, passed as part of the state’s welfare reform in 1995, was to prevent women from having an additional child. But it is clear from decades of evidence that this policy is ineffective and punitive – no woman has another child to receive $100 per month. The primary person harmed is the child, who is treated by the state as though they do not exist. In addition to being denied cash assistance, “cap kids” are not eligible for the annual children’s clothing allowance. If Oklahoma, Nebraska, and other conservative states can lift their cap, there is no reason why Massachusetts must continue this failed policy. We have the resources to lift the cap with federal funding received by the state through the Transitional Assistance to Needy Families block grant. We are urging the legislature to use a small portion of that money to support our state’s most vulnerable children and to Lift the Cap on Kids this year in the FY19 budget. To get active on this campaign, be in touch with me or our Political Director, Sophie Hansen.

Ultimately, as a social work association, our work is twofold: we work to enhance professional practice for social workers and to enhance the lives of communities and clients served by social workers. In recent history, NASW-MA has been successful in passing bills that benefit social workers in practice, including: passage of a bill protecting social workers from frivolous lawsuits (2006), legislation protecting social workers against restrictive covenants (2007), legislation modernizing the social work licensing board (2009), legislation giving social workers “Section 12” authority (2011), and social work safety in the workplace legislation (2013).

NASW-MA has also been a leading organization in campaigns to close corporate tax loopholes, increase the minimum wage, and for transgender equal rights. In addition to the campaigns mentioned above, today we are also actively involved in the Raise Up Massachusetts campaigns for a $15 minimum wage, paid family and medical leave, and passing the Fair Share constitutional amendment that would place a surtax on incomes over $1M in Massachusetts to fund education and transportation.

If you are curious to see what we accomplished in 2017, check out our first-ever annual report at: www.nasuma.org. If you have questions about what NASW does for you or will do for you, or you want to get involved in our advocacy work, please email me or call me any time. I can be reached at rgewirtz.naswma@socialworkers.org or 617-227-9635 x16. We need you with us, now more than ever.
**What All LICSWs in Massachusetts Must Do**

All Licensed Independent Clinical Social Workers in Massachusetts are required to register with MassHealth as either billing or non-billing providers. This requirement was put in place to ensure that MassHealth is complying with the Affordable Care Act. The MA Board of Registration of Social Work requires all LICSWs to meet this requirement by September 30, 2018! Details: [https://tinyurl.com/ClinicalAlertMassHealth](https://tinyurl.com/ClinicalAlertMassHealth)

**Missing your Continuing Education Insert from FOCUS?**

We have upped our game on the Online CE Institute, providing you with access to FOCUS CEU Courses previously published in past issues of FOCUS, in addition to new content. New courses include: Beyond Social Media — Advanced Technologies in Clinical Practice by Eva Hudlicka and Psychosocial Interventions for Chronic Pain by Matt Roselli. Access them online at: [http://naswva.inreachce.com](http://naswva.inreachce.com). Prefer the printed version? Be on the lookout for our new CEU booklet in late spring. This new resource will include six printed CEU Courses in addition to announcements for our fall CEU programming. Imagine yourself earning CEUs while on the beach!

**Did you Know that Every State Rep and Senator are up for Re-election this Year?**

Our political arm, PACE, is already receiving endorsement requests from incumbents and new candidates alike for 2018 elections. Endorsements are a powerful tool for candidates and can often make or break their campaign. Interested in helping our committee select and endorse candidates and ballot initiatives that reflect social work values for this year’s election? Email Political Director, Sophie Hansen, at shansen.naswma@socialworkers.org to be notified of the next meeting (remote participation available)!

**New Gambling Prevention RFP Available**

Massachusetts Department of Public Health and Bureau of Substance Addiction Services announces the opening of a RFP to support and enhance community-level problem gambling prevention services aimed at youth and caregivers in the Plainville/Southeast Region. This public awareness campaign will be used to engage both youth and caregivers around the issues of problem gambling. More: [https://tinyurl.com/GamblingRFP](https://tinyurl.com/GamblingRFP)

**"An Hour with Private Practice" Schedule**

An Hour With Private Practice: Questions & Answers (HOPP) is a free question and answer session for NASW members. The monthly call-in sessions focus on a specific private practice subject and are led by Mirean Coleman, LICSW, Clinical Manager at NASW. There is no registration and members can join in the discussion, ask questions, and make comments. These sessions provide members with important clinical social work updates impacting the delivery of mental health services. Details and spring 2018 schedule are available here: [https://tinyurl.com/HOPPspring2018](https://tinyurl.com/HOPPspring2018)

**Attention all Leaders, Advocates, and Champions: Social Work Month is Coming**

March 2018 is national social work month. Join our 650,000 colleagues across the country to celebrate our work as leaders, advocates, and champions. Learn more about Social Work Month: [www.socialworkers.org/News/Social-Work-Month](http://www.socialworkers.org/News/Social-Work-Month)

**Fair Share Amendment is Under Attack**

In 2017, we fought for our values by joining together with Raise Up Massachusetts to collect over 274,000 signatures for Paid Family and Medical Leave and a $15 Minimum Wage. With your help, we are one step closer to putting these issues on the ballot with the Fair Share Amendment. But the fight is not over. Now, in 2018, we need your help defending the Fair Share Amendment, or “Millionaire's Tax,” from attack. Details and petition: [http://action.raiseupma.org/page/s/defend-the-fair-share-amendment](http://action.raiseupma.org/page/s/defend-the-fair-share-amendment)
Before she was an esteemed researcher, health policy advocate, and professor, Angela Wangari Walter became a social worker by accident. In a quest to better understand health inequities she enrolled in a dual social work and public health master’s degree program. Here, she gained social policy knowledge and skills to complement her background in health policy.

Angela identifies as a public health social worker. According to Angela, the marriage of these two fields creates an integrated approach for prevention, treatment, and policy on a variety of issues, allowing public health and social work to draw upon and inform one another.

Given all that is happening with our current political and cultural climate, Angela sees an opportunity to breathe new life into the social work profession. At its core, the field is committed to achieving equity in opportunities and justice for all. By returning to our social work roots as community organizers and advocates, we can re-energize our commitment to creating positive, impactful, and sustainable change. Angela suggests a first step can be getting to know your neighbor and local community to engage in dialogue and build social capital and collective power.

Angela states that this is also the benefit of joining your professional association. Belonging to an association gives you a sense of community as well as a platform to organize and have a larger voice and more impactful presence. To this end, Angela serves on NASW-MA’s Board of Directors as its first Vice President of Membership and Diversity. In this role she looks forward to helping the Chapter be more purposeful, especially around issues related to racial justice, diversity, and inclusion. She also participates on the Strategic Planning Committee and takes great pride in helping NASW-MA formulate its plan to infuse racial justice into all internal processes and procedures and external-facing activities at the Chapter.

As a professor, she would be remiss to not offer words of wisdom for social work students and new professionals. This advice takes form as four mantras. First, prepare a detailed five year plan with quarterly check-ins with a strong mentor. Second, know that to work, you need to network, and successful networking requires that you deliver your best work always. Third, learn to bounce back, reset, and think of challenges as professional development and growth opportunities. Lastly, be gracious and do not forget to thank the people who have helped you along the way for their time and contributions toward your success.
As a clinical social worker, I see how the decisions of our elected officials impact our clients firsthand. That is what initially drew me to policy and advocacy - to be part of the positive change that impacts so many people at once. My job as Political Director would be incredibly difficult without our membership. As the largest professional association of social workers in the state, I have seen just how many advocates we have in our Chapter! Take a look at some of the great work our membership has accomplished in the last few months:

- Called on legislators to lift the family welfare cap (“Lift the Cap on Kids”) and attended visibility events at the State House.

- Collected 1,530 signatures for the Paid Family and Medical Leave and $15 Minimum Wage ballot initiatives.

- Submitted written and oral testimony for various bills including social work loan forgiveness, mental health parity in disability insurance (picture below), and banning conversion therapy for LGBTQ individuals.

- Worked with our partners and legislative allies in the State House to help file the clawback amendment to the Senate healthcare omnibus bill.

- Advocated for inclusion of expansion of diversion programs and raising the age for juvenile offenders (to 18), increased treatment in prisons for prisoners with substance use disorders, restrictions on the use of solitary confinement/shackling, among other things, in the criminal justice omnibus bill in the House and Senate (ongoing).

- Signed on to letters to advocate for legislation and hold elected officials accountable with our partners and coalitions including the American Civil Liberties Union (ACLU), Citizens for Juvenile Justice, Mental Health Coalition, Health Care for All, and others.

- Endorsed nine political candidates through our political action committee (NASW-MA PACE). Of these nine, eight won their elections, five of whom were social workers.

**Advocacy is hard work that takes patience and perseverance.** After many months of work with our members and partners, we celebrated one of our first legislative wins of the year in July: enacting the Protect Pregnant Workers law. Another big win was the ACCESS bill, ensuring copay-free birth control, which was signed into law in November 2017.

The current legislative session comes to a close in July 2018. You can help us ensure more legislative wins by reviewing our newly updated legislative agenda online. This redesign better represents our mission and helps us hone in on what really matters to social workers. Soon we will be preparing our legislative agenda for the 2019-2020 legislative session and we need your input! **Consider joining our Legislative Advocacy Committee (LAC) to help us identify our next legislative priorities.** Contact Co-Chairs Mary Ruhl (maryruhl@yahoo.com) and Margaret Haffey (margaret.haffey@gmail.com) for more information.

Another important part of our political work is forming legislative allies in the State House and holding them accountable to social work values. We are able to do this work through our Political Action for Candidate Election (PACE) committee, the political arm of NASW-MA. **The 2018 election season is fast-approaching and we need social workers from across the state to help us identify candidates to endorse.** Contact Political Director Sophie Hansen (shansen.nasum@socialworkers.org) to get involved.
As NASW outlines in their rationale for the 2018 social work month theme of “leaders, advocates, champions,” the nation’s 650,000 social workers act in these roles every day, making our society a better place to live. Social workers embody the roles of leaders, advocates, and champions in a variety of settings, but one area that impacts nearly all is the legislature. Our state legislature plays a vital role in designating funding and developing regulations that have a significant impact on the social work profession, as well as social justice issues more broadly. This is why NASW-MA’s annual Legislative Education and Advocacy Day (LEAD) is such an important part of social work training.

LEAD, attended by hundreds of social workers from throughout Massachusetts, is an opportunity for social workers to gain firsthand experience in advocating on behalf of their clients and colleagues through lobbying. (Did you know that “lobbying” can be as simple as to encouraging your legislator to support or oppose a particular piece of legislation?) While we encourage attendees to meet with their legislators on issues they are passionate about, an important function of LEAD is the education it offers to the legislative and advocacy process through experience at the State House. As one student attendee from LEAD 2017 stated “It was an eye-opening experience! [A] wonderful opportunity to learn about something I had little to no exposure to.”

Though the legislative process itself may seem intimidating, social workers often have far more extensive knowledge of the issues facing the people of the Commonwealth today and act as impressive conduits of that knowledge for legislators. At LEAD, social work students and professionals learn to leverage this knowledge and experience to further the social change our clients and constituencies need.

LEAD will be held on Monday April 2, 2018, and will include a speaking engagement from social work leaders and legislative champions of social work issues. The nearly 700 social workers in attendance will then participate in a “March for Social Work Values” to the State House to showcase the power of the profession. Participants can expect a robust series of workshops from legislators and activists discussing priority bills from NASW-MA’s legislative agenda. Our goal for LEAD is to showcase the power of the social work profession, in collaboration with legislators and other advocates, as a champion and leader for social change.

Today’s political climate has undoubtedly created additional barriers for social workers working with and on behalf of the most vulnerable populations in Massachusetts. Over the past year we have seen such progress and success through many people stepping outside their comfort zone to advocate for change in ways they did not know possible. LEAD is the perfect opportunity for social workers to feel empowered in their current roles and to recognize that social workers are primed to lobby for themselves, and their clients. We are excited to meet the next generation of advocates on April 2. Learn more and register: naswma.org/LEAD
Nancy J. Puleo, Esq.

**Question:** I recently became a LICSW and opened a private practice focused on providing therapy to teens and young adults. One such client recently sent me a “friend” request on Facebook, which prompted me to question whether: (a) I should accept the request; and (b) I should be using social media to promote my new private practice.

**Answer:** The short answer is that while there is no prohibition against engaging with clients on social media or using social media professionally, the former is not recommended and there are several considerations with respect to the latter.

The NASW Code of Ethics poses several considerations for social media interactions with clients. First and foremost, is the potential conflict of interest and the prohibition against engaging in dual or multiple relationships with clients (or former clients) in which there is a risk of exploitation or potential harm to the client? In accepting a Facebook friend request from a client, a social worker could reasonably anticipate forming a separate, non-therapeutic relationship with a client. We recommend social workers avoid this situation and, if clinically appropriate, discuss with the client why the social worker is unable to accept the friend request. The social worker should tread thoughtfully and carefully as the client who attempted to connect with the social worker through social media could feel angry or rejected, and these feelings, if not processed in therapy, could impact the therapeutic relationship.

The NASW Code of Ethics also requires social workers to respect their clients’ right to privacy. In general, this means social workers should avoid seeking private information from clients that is not relevant to their work together. Accepting a Facebook friend request from a client will unquestionably provide the social worker with access to extraneous personal information about the client. Similarly, social workers who out of curiosity, view clients’ Facebook profiles, Twitter feeds, Instagrams, or other social media accounts are also arguably violating their clients’ right to privacy. Social workers should consider why they are seeking this information and whether the information sought is related to the therapeutic services being provided.

Additionally, the NASW Code of Ethics provides that social workers should not permit their private conduct to interfere with their ability to fulfill their professional responsibility. In the context of social media, what this means is that social workers should pay close attention to how they use social media personally and professionally. There is nothing wrong with using social media as a marketing platform for professional services, for example, maintaining a LinkedIn page or even a professional Facebook page with content one would normally publish on a website. Indeed, in this day and age, social workers would be missing a marketing opportunity by not maximizing their online professional presence. Potential ethical issues largely arise in the context of social workers’ personal social media activities. For example, what happens when your client finds your Facebook page and sees pictures of you in a same sex romantic relationship and questions why you never shared that information with her/him when the focus of therapy has been on the client’s questions about his/her sexuality? Or the reverse - what happens when your client sees pictures of you in a same sex romantic relationship on Facebook and that is at odds with his/her religious or other beliefs? Social workers can avoid these potential issues by limiting the personal information shared on social media and adjusting security settings to prevent public viewing of their content.

**Last but not least, the Board of Registration of Social Workers has the authority to discipline social workers for general conduct that undermines the public’s confidence in the profession, regardless of whether the conduct violates the NASW Code of Ethics or any other regulatory or statutory ethical obligation.** Social workers should consider the content of their social media presence with an eye toward whether it may negatively affect their professional image in general. There is certainly a balance to strike between utilizing all of the perks technology has to offer and awareness of its obstacles in the field of social work.

Do you have legal or ethical questions? NASW members can receive discounted legal services from Posternak Blankstein & Lund LLP. Contact the Chapter for more information: 617-227-9635 or chapter.naswma@socialworkers.org.

NASW members can also receive ethical consultation through NASW’s Office of Ethical and Professional Review by calling 1-800-742-4089.
Are You Covered?

NASW-ENDORSED PROFESSIONAL LIABILITY INSURANCE
- Risk Management Help Line staffed by a risk management specialist, to answer your claims-related questions
- General Liability Insurance and Cyber Liability Insurance offered as separate policy options
- $35,000 State Licensing Board Defense Coverage
- 15% member discount
- Easy online enrollment process with same day policy and proof of coverage for most applications
- Medical Payments Coverage ($50,000)

EMERGENCY TRAVEL ASSISTANCE
24-hr travel & medical assistance for you, your spouse/domestic partner, and family if you’re sick or hurt traveling in the U.S. or abroad

HEALTH CHOICES
- Health Choices: This service helps NASW members find Individual Major Medical, Dental and Vision Insurance
- CADR+: This discounted benefit allows you to access a physician by phone, video, or mobile app 24/7

AUTO, HOMEOWNERS AND RENTERS INSURANCE
High-quality auto, homeowners, and renters insurance discounted for you and your family members

MALPRACTICE RISK MANAGEMENT & ETHICS EDUCATION (& CEUs)
- Risk Management Workshops
- Online Risk Management Courses
- Continuing Education Units

PERSONAL INSURANCE FOR 50+ MEMBERS
- Medicare Supplement
- Long-Term Care
- 50+ Term Life

GROUP INSURANCE
- Term Life
- Long-Term Disability
- Hospital Income
- Accident Protection

For more information on any of the programs listed, including costs, exclusions, limitations, reduction of benefits, and terms of coverage:
Visit us at www.naswassurance.org or call (855) 385-2160.

The group insurance programs are underwritten by Hartford Life and Accident Insurance Company, Simsbury, CT 06089. Pearl Insurance administers the professional liability insurance. Auto, home, and renters insurance is provided and underwritten by Metropolitan Insurance Company and its affiliates and subsidiaries. Not all applicants may qualify for insurance. NASW Assurance Services programs are endorsed by the National Association of Social Workers. 2017 National Association of Social Workers. All rights reserved.
Managed Care News
What Clinicians Need to Know Right Now

Notes from the NASW-MA Managed Care Commission Meeting on January 5, 2018

Erica Kirsner, LICSW and Lillian Fox, LICSW

MassHealth & Accountable Care Organizations (ACOs)
Starting March 1, MassHealth members will be assigned to one of three types of Accountable Care Organization (ACO) models. NASW is working to understand everything this will entail for social workers who treat MassHealth members. Learn more about these models and what they will mean for providers:
- https://tinyurl.com/bhfactsheet
- https://tinyurl.com/MassHealthPCDI

More information will be made available soon, including a FAQ from MassHealth that we will make available on the NASW-MA website later this month.

Blue Cross Blue Shield Massachusetts (BCBSMA)
BCBSMA has just released several statements with important information. Please see Policy 423, which has been updated with this new information: https://tinyurl.com/BHpolicy. Call Network Management and Credentialing Services at 1-800-316-BLUE (2583) with any questions.

1. No prior authorizations are needed, for any outpatient psychotherapy services for any managed care (HMO, POS, PPO, Indemnity) members; there will be no need to send the Behavioral Health – Level of Care Request Form to request additional sessions. This includes 90791, 90832, 90834, 90837, 90847 and 90853; also 90839 and 90840 (crisis codes). We are quite sure this pertains to all managed care plans; we have been told that no BCBSMA plans have benefit limits at this time. There are no limits to the number of sessions per year; however, BCBSMA does not pay for psychoanalysis or biofeedback; multiple sessions per week might lead to a review. BCBSMA made this change in an attempt to remove administrative barriers to care, and to improve parity with medical services.

2. Clinicians can bill 90837 for any diagnosis, without prior authorization. Therapists can use any treatment modality; evidence-based treatments are no longer required. Be sure to note the start and stop time in your chart.

3. One cannot bill 90834 twice on the same day, in order to cover a 90-minute session; one cannot bill for the same service twice in one day. One cannot balance bill the client for any additional time; 90837 reads 53+ minutes (which covers 90 minutes as well as 60 minutes).

4. BCBSMA will be reimbursing clinicians for two additional codes, 96127 and 99484, starting January 1, 2018. Medicare will also be covering these codes.

5. Telemental Health – Starting April 1, 2018, BCBSMA will cover 90847, family therapy, as a telehealth benefit, in addition to the codes they have already been covering (90791, 90832, 90834, 90837). Group therapy is not covered.
Please be aware: 99213 and 99214 are mentioned in the Provider Update we received about telehealth, but they are for use by medication prescribers only; do not try to bill these codes.

**Medicare**

All therapy reimbursement rates are being raised 3% for 2018, due to their understanding that there have been increases in overhead expenses for office-based practices.

**Tufts Commercial Plans (THP)**

Tufts Commercial Plans are changing their reimbursement schedules as of Jan 1, 2018. They will be reimbursing at 80% of the Medicare Physician Fee Schedule for all CPT codes, the psychiatrist Non-Facility fee (LICSWs are reimbursed by Medicare at 75% of the Physician Fee Schedule. The Tufts reimbursement will be 80% of the psychiatrist rate, NOT 80% of the LICSW rate.). Also, the panel is open.

**Tufts Public Plans (THPP)**

1. THPP is partnering with Cambridge Health Alliance, Atrius, Boston Children’s Hospital, Beth Israel Deaconess, and others as part of MassHealth Option Model A. Some MassHealth beneficiaries who are currently enrolled through Neighborhood Health Plan will be switched to THPP. If this is true for any of your clients, and you are not currently a THPP provider, THPP has the expectation that you will continue to see the client for 30 days, for which they will reimburse.

   - They have recommended you apply to get on the THPP panel now (although they are not describing themselves as being open): submit a letter of interest, instructions on the website: https://tuftshealthplan.com/provider/behavioral-health/tufts-health-public-plans

   - If you are already a Tufts commercial provider, log in; if you are not, you may need to try these steps in various different ways. On the top left “I am a Provider;” on the right at the very top “Site Search” type in “join” or probably better “join Tufts Health Direct;” then the link “Get started by joining our network” or “Getting Started” on the left. The Public Plans Provider Relations phone is 888.257.1985.

   - Also send an email to Pat Howe, the THPP representative to the NASW Managed Care Commission: patricia_howe@tufts-health.com, letting her know that you would like to get on the panel, telling her how many THPP clients you will have, and she will try to help you get accepted onto the panel.

2. THPP says they have not heard of any network adequacy problems; they think they have enough contracted providers. Be sure to email Pat Howe if you know of a member who cannot find a therapist, and she will let the Contract Department know.

**Beacon Health Options (BHO)**

1. Ongoing trainings will be held online to help providers ensure that their records going forward meet Beacon standards. The webinars are recommended, not required, and apparently can be accessed online after the date they are held. Details are on our website: www.naswma.org.

2. Beacon/Nokomis has recently denied payment for 90791 for a clinician whose progress note for the evaluation session not did not meet their standard. All documentation standards are listed on the NASW-MA website. Here is what they are requiring to be submitted, should they audit a session billed as 90791:
   - Progress note for 90791 must include an integrated biopsychosocial assessment:
     - History
     - Mental status exam
     - Recommendations

3. As of March 1, 2018, all MassHealth (MH) Beacon members will be assigned to an ACO, according to where their primary care physician (PCP) is practicing. Boston Medical Center and Fallon are developing ACOs to accommodate this change.

   - Beacon members who have not elected to remain with their original PCP will remain in the traditional MCO or in the MassHealth Non-ACO plan design. These may include new products offered by Beacon in the future.

   - All current Beacon providers will automatically have these ACOs added to their provider agreement. Providers should have received the amendment to their contract in the mail.

   - Check in with all of your Beacon MH clients, because Beacon members who currently have benefits through Neighborhood Health will be switched to another plan on March 1 (NHP will no longer be a MassHealth plan).

4. Beacon reimburses for:
   - 90882 for adults and children: Case consultation; in person or by phone, with another therapist or physician (paid in 15 minute increments, 4 units per date billed; authorization free)
   - 90887 for adults and children: Case consultation; in person or by phone, with another therapist or physician (Paid in 15 minute increments, 4 units per date billed; authorization free)
   - H0046 for children under 21; Collateral contact; in person, by phone, voice mail or e-mail; concerning care of member (under 21) with day care, school, state agency, court, spiritual advisor, other community resource; (Paid in 15 minute increments, 4 units per date billed; authorization free).

5. Be aware: if you are planning to leave the Beacon panel, once Beacon receives your letter indicating your intention to resign, it can take up to 90 days to process your resignation, and during that time they apparently will not pay you for any sessions with any of their members. It is as yet unclear how to finesse this situation, NASW is asking for clarification.

**Cultural Competency**

Based on new ACO regulations, many insurance companies will be asking providers to complete an annual Cultural Competency training. Beacon and Tufts are two of these insurance companies. NASW-MA will be offering CEU opportunities in the coming months to help social workers meet these regulations. Stay tuned.
Berkshire
Contact: Jeff Shrenzel, 413-782-1757
jschrenz@wne.edu

February 14, 12–1:30 pm
“Best Practices for Working with Gender Diverse Populations” with Kelly Shuff-Heck, LICSW, Private Practice
MA Dept. of Mental Health, 333 East St., 4th Floor, Pittsfield

February 15, 7:30–9 pm
“Helping DCF Involved Parents Heal: A Collaborative Group Model” with Audra Winn, LICSW, Gandara Center
Smith College, Dewey Common Room, Northampton

April 6, 9–10:30 am
Private Practice Meeting
Baystate Franklin Medical Center, Greenfield

Greater Boston
Contact: NASW-MA, 617-227-9635
chapter.naswma@socialworkers.org

February 16, 9:15–11:30 am
Private Practice Meeting
Our Lady Help of Christians, 573 Washington St., Newton

Northeast
Contact: Zane FitzGerald, 978-471-0813
zane.fitzgerald@gmail.com

February 8, 6–7:30 pm
Regional Council
110 Grill, 116 Chelmsford St., Chelmsford
All are welcome!

March 2, 9:15–10:45 am
Private Practice Meeting [Nashoba Valley]
Cameron Senior Center, Westford Council on Aging, Main Floor Conference Room, 20 Pleasant St., Westford

Central
Contact: Patricia Moriarty Strong, 508-523-4084, patriciamoriartystrong@aol.com or Joanne Zannotti, 508-753-2009, JDZ1022@charter.net

March 12, 5:30–7:30 pm
Regional Council
Pat Strong’s Home, 43 Wilbur St., Worcester
All are welcome!

Southeast
Contact: Melissa Dawson, 617-803-0718
melissabdawson@comcast.net

February 23, 9:30–11:15 am
Private Practice Meeting
Crawford Health and Rehabilitation Center, 273 Oak Grove Ave., Fall River

February 26, 7:00 pm
Regional Council
East Side Counseling Services, 1311 Bedford St., Fall River
All are welcome!

WORKSHOPS
Trauma and the IFS Model: Releasing Personal & Legacy Burdens
Richard Schwartz ♦ April 10 & 11

The Crisis in Masculinity
Terry Real ♦ May 15

High Conflict Divorce: Legal Context and Family Therapy
Jane Appell, John Baker, Corky Becker
June 1 & 2

Introduction to the Internal Family Systems Model
Richard Schwartz ♦ July 17 & 18

Using Books and Story to Help Children in Client Families and Our Own
Kaethe Weingarten ♦ September 28

Y-CBT
Yoga-Cognitive Behavioral Therapy (Y-CBT)
Y-CBT is a research based group treatment model that blends CBT with simple chair yoga to effectively target the cognitive and physical symptoms of anxiety.

Upcoming Trainings:
Introduction to Y-CBT: April 14: 1-5 pm
Level 1: Elements of Y-CBT: April 21: 9-5 pm
Level II: Practicum: May 6: 9-5 pm

To Register: yogaattheashram.org/events
CEs available.

COURSES
Monthly Narrative Course
March to June
Corky Becker ♦ Friday afternoons

Intensive Certificate Program in Family Systems Therapy
September to June
Liz Brenner and faculty ♦ Fridays monthly
Attend an informational interview for 2018-2019 course

MOVIE & DISCUSSION NIGHTS
Thursday evenings
March 8: The Big Sick
April 5: The Color Purple
May 3: Ladybird

Yoga-CBT Workbook for Anxiety
Total Relief for Mind & Body
To order book:
Amazon.com
barnesandnoble.com

For more information visit our website: Y-CBT.com

Got CEUs? ♦ therapytraining.boston.com ♦ 617-924-9255

Continuing Education that Refuels and Inspires in the Tradition of the Family Institute of Cambridge
SAVE THE DATE
Mass Aging and Mental Health Coalition Annual Conference
Wednesday, May 16
Holy Cross College, Worcester, MA

Keynote: Kim Williams from New York, her agency has generated funds from the State of NY and elsewhere to fund elder behavioral health services. There will be workshops on various topics which will be valuable for direct service providers. For more information and to RSVP, please contact Frank Baskin:
info@therapymatcher.org

SAVE THE DATE
Health Care Transformation and the Future of Social Work
Friday, May 18
Earn 5 CEUs!
Location TBA

Keynote: Stephanie Brown, Director of Behavioral Health for MassHealth
Featuring: morning intensive workshop on domestic violence to satisfy new training requirement from Department of Public Health. Please contact Jonas Goldenberg for more information:
jgoldenberg.naswma@socialworkers.org

www.naswma.org/events

SAVE THE DATE
Nursing Home Committee’s 36th Annual Conference:
“Celebrating Nursing Home Social Workers”
Thursday, June 7
Bentley University, Waltham, MA

Keynote: Mercedes Bern-Klug, Director of Aging & Longevity Studies, University of Iowa School of Social Work
Featuring: workshops, an intensive, advocacy training, social work papers, exhibits, and Nursing Home Social Worker of the Year award.
Details and registration will be available at:
www.naswma.org/events

REGISTER
NASW Film Series:
Angelo Unwritten
Sunday, March 18
Earn 3 CEUs!
The Studio Cinema, Belmont, MA

Speakers: Joyce Maguire Pavao, EdD, LCSW, LMFT, and Alice Stone, Filmmaker
Topic: “Attachment Issues and Identity Formation in Adoption”
For more information and to register, visit:
www.naswma.org/events

SAVE THE DATE
Social Work Therapy Referral Service Presents:
"Working Effectively with Sexuality, Intimacy, and Diverse Gender"
Friday, June 1
Earn 3 CEUs!
Location TBA

Speaker: Charles Strauss, LICSW
Registration will be open soon. For more information, please contact Barbara Burka:
info@therapymatcher.org,
www.therapymatcher.org

SAVE THE DATE
Social Work Therapy Referral Service Open House
Sunday, May 6
Location provided with RSVP

Open to all social workers in private practice. Come network with other clinicians and learn about SWTRS. For more information and to RSVP, please contact Barbara Burka:
info@therapymatcher.org

REGISTER
Legislative Education and Advocacy Day (LEAD)
Monday, April 2
Emmanuel Church and the State House, Boston, MA

Keynote: Kathy Lopes, Assistant Commissioner for Foster Care, Adoption, and Adolescent Services at DCF
Featuring: a plenary session, advocacy training, and the March for Social Work Values across Boston Common. For more information, please contact Katie O’Leary:
koleary.naswma@socialworkers.org,
www.naswma.org/LEAD

REGISTER
Symposium 2018: On the Front Lines
Thursday, April 12 - Friday, April 13
Earn up to 15.5 CEUs!
Sheraton Framingham Hotel and Conference Center, Framingham, MA

Keynote: Jackie Woodside, LICSW
Featuring: 90+ Workshops, Evening Intensives, Exhibitors, Career Fair, Schools of Social Work Alumni Reunion, Social Work Awards Luncheon, and Networking. Details and registration on pages 16 - 24. Information and registration also available online:
www.naswma.org/symposium

REGISTER
Continuing Education & Events
STAY CURRENT!
PROFESSIONAL EDUCATION
FOR A CHANGING WORLD

Ethics and Organization and Macro Practice NEW!
April 10, 2018 // 9am - 4pm // $110
6 CECs
This day-long seminar will teach social workers how to use an ethics toolkit. These tools include values clarification, power analysis, code consultation, and harms analysis.

John Paul Horn, LMSW; Doctoral Candidate at Boston University School of Social Work

Becoming Safely Embodied: Skills to Organize the Disorganized Body and Mind
March 2, 2018 // 9am - 4pm // $110
6 CECs
This seminar uses current trauma theory to intervene in implicit trauma schemas in body and brain. Based on research, BSE skills include meditation, recognizing triggers, interrupting old patterns, and identifying thoughts, feelings, and body sensations.

Deirdre Fay, MSW; Creator, Becoming Safely Embodied Private Practice

Working with Survivors of Domestic Violence: Being a Good Enough Therapist in the Midst of Maelstrom
March 30, 2018 // 9am - 12pm // $65
3 CECs
This seminar will target some of the sticking points of providing clinical care to people who are or who have experienced domestic violence.

Lisa LaChance, LICSW; Director, Center for Violence Prevention and Recovery - Beth Israel Deaconess Medical Center

Visit bu.edu/ssw/pep for 20+ additional offerings!

Professional Education Programs at BU School of Social Work
617-353-3756 pepssw@bu.edu bu.edu/ssw/careers/pep

Boston University School of Social Work
SALEM STATE UNIVERSITY SCHOOL OF SOCIAL WORK

PROFESSIONAL DEVELOPMENT FOR SOCIAL WORK PROFESSIONALS

MARCH–JUNE, 2018

WORKSHOPS INCLUDE:

• Assessment and Treatment of Co-occurring Disorders: An Introduction
• Effects and Impact of Trauma on Children and Families
• Intermediate Motivational Interviewing
• Introduction to Mental Health Neuroscience
• Multisystemic Equity in Social Work Practice: Inquiry and Change
• Photography as a Path to Healing
• Self-Help Groups: An Integral Treatment Component for Long-term Recovery
• Supervision in Times of Trauma
• Trauma, Attachment, Loss and Narrative Therapy
• Trauma Informed Animal Assisted Therapy
• Trauma Informed Care
• Yoga for Post-Traumatic Stress: Applications for Clinical Practice

Consider one of our social work degree options at Salem State University School of Social Work! Bachelor of Social Work degree, Master of Social Work degree with options for flexibility in study plans, a Saturday MSW program, Advanced Standing, and our new MSW/School Adjustment Counselor Initial License study plan.

VISIT
SALEMSTATE.EDU/SSW

REGISTER TODAY AT SWKPROF2018.EVENTBRITE.COM

2 One-Week Retreats
BOSTON AREA

AEDP IMMERSION
AEDP FOR COUPLES COURSE

APRIL 2018
AEDP FOR COUPLES HYBRID COURSE:
LEARNING AND EMBODYING AEDPIN

David Mars, PhD, and
Karen Pando-Mars, MFT

April 23 - 27, 2018
Auburndale, MA

OCTOBER 2018
IMMERSION
THE DYADIC REPAIR
OF ATTACHMENT TRAUMA:
HEALING AT THE EDGE OF
TRANSFORMATIONAL EXPERIENCE

Spend 5 Transformational Days with Diana Fosha, PhD

Oct 9 - 13, 2018
Lexington, MA

Contact 866-992-9399 x 105
Register Online:
www.aedpinstitute.org

Accelerated Experiential Dynamic Psychotherapy
Each and every day social workers across the Commonwealth are on the front lines. This includes Jackie Woodside, LICSW, CPC, the keynote speaker for Symposium 2018. As a clinical social worker in Massachusetts for thirty years and a person who has depended on social workers to help her navigate personal traumas in the past, Jackie has a unique understanding of the challenges and opportunities social workers in our state face.

To learn more about Jackie’s plans for her keynote speech, Jonas Goldenberg, NASW-MA’s Director of Clinical Issues and Continuing Education, and I “met” Jackie for a virtual coffee date in early December, before the chaos that accompanies holidays and snow days.

Even from afar, Jackie’s presence radiates warmth and inspiration. She speaks clearly and purposefully, exuding calmness. Jackie’s personal mission is to expand the edge of human potential, and in speaking to her for just thirty minutes, we could see why she is so successful in this pursuit. Jackie’s long list of accomplishments includes being a TEDx speaker, an Amazon Bestseller of three books, and being the least stressed and most happily married person she knows.

Some of you may already know Jackie from her wildly successfully intensive workshop at Symposium 2016. Here, Jackie discussed strategies for dealing with difficult people at work. Attendees praised Jackie’s ability to not only communicate material engagingly and humorously, but to teach the actual application of skills in a practical and hands-on way.

Many attendees asked that we bring Jackie back, so we did. In a big way.

Jackie’s Symposium 2018 keynote is designed to build on the success of her curriculum-turned-book “Calming the Chaos,” helping her social work colleagues feel empowered and better able to thrive in an increasingly fast-paced and demanding field. The talk, titled “Empowered Practice, Empowered Lives: Principles, to Enhance Peace, Purpose, and Productivity,” comes at a time when social workers and society at-large are grappling with vast political and cultural turmoil.

This often stressful environment can create a chronic sense of feeling overwhelmed for social workers and clients alike. According to Jackie, at their core, social workers are courageous and display willingness, resilience, leadership, and passion. Through sharing her own lived experiences with mental health issues and addiction, coupled with in-depth, firsthand knowledge of the field, Jackie’s keynote will teach the necessary skills and mindset to enhance social worker effectiveness while reigniting these core social work qualities.

Social workers have been there for Jackie at every turn. Now is her time to return the favor and empower her closest colleagues and allies, clinical and macro social workers alike, to return to the front lines with a renewed sense of hope and a call to action to create social change.

In addition to her keynote, Jackie Woodside will also be leading an afternoon workshop on April 12 titled “Calming the Chaos: How to Elevate Performance, Productivity, and Peace of Mind in Social Work Practice (and your life!).”

For those interested in attending Symposium 2018: On the Front Lines, the largest gathering of social workers in New England, pages 17-24 contain detailed information about the event’s workshops, speakers, exhibitors, networking information, and more. This information is also available on our website: www.naswma.org/symposium.
SYMPOSIUM 2018
ON THE FRONT LINES
April 12-13
Framingham Sheraton Hotel & Conference Center

UP TO 15.5 CEUs
LSW, LCSW, LICSW, LMHC

95+ WORKSHOPS
Addiction | Clinical & Mental Health | Child & Adolescent |
Diversity | Education | Elderly/Aging | Families | Health Care | LGBT+ | Management & Administration | Military & Veterans | Policy & Advocacy | Practice Development | Social Justice | Violence & Trauma | & More

100+ SPEAKERS
Keynote Speaker: Jackie Woodside, LICSW

60+ EXHIBITORS
Organizations looking to network, scout for hires, and share services

AWARDS LUNCHEON
Included in Friday registration, limited seating, first-come, first-serve

NETWORKING NIGHT @ SYMPOSIUM
New this year, free to attend: 5:30 - 8:30 PM, April 12, 2018

SCHEDULE

April 12, 2018
7:30 - 9:00AM | Breakfast (Included)
8:30 - 11:45 AM | *Pre-Symposium Intensives | 3 CEUs
10:00 AM - 5:00 PM | Exhibition Open
12:45 - 2:15 PM | Opening Keynote | 15 CEUs
2:45 - 4:15 PM | Session I | 1.5 CEUs
4:45 - 6:15 PM | Session II | 1.5 CEUs
5:30 - 8:30 PM | Networking Night @ Symposium
7:30 - 9:30 PM | *Evening Intensive | 2 CEUs
*Separate fee to participate

April 13, 2018
7:30 - 9:00 AM | Breakfast (Included)
8:00 AM - 3:30 PM | Exhibition Open
8:15 - 9:45 AM | Session III | 1.5 CEUs
10:15 - 11:45 AM | Session IV | 1.5 CEUs
12:00 - 1:15 PM | Annual Awards Luncheon (included)
1:45 - 3:15 PM | Session V | 1.5 CEUs
3:45 - 5:15 PM | Session VI | 1.5 CEUs

LEARN MORE & REGISTER: NASWMA.ORG/SYMPOSIUM
### MORNING INTENSIVES - 3 CEUs

Additional fee

<table>
<thead>
<tr>
<th>A</th>
<th>Wired to Connect: The Surprising Link Between Brain Science and Strong, Healthy Relationships</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This workshop will provide an update on the neuroscience of human relationships and will offer concrete strategies to help clinicians with clients to build stronger neural pathways for connection, leading to more rewarding relationships. - Amy Banks, MD</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>B</th>
<th>The Art of Diagnosis</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Although a larger component of the daily work of social workers is to diagnose psychiatric illness, there is little education on how to do that well. This training teaches how to differentially diagnose using specific questions and provides distinct tools that clinicians can use in clinical sessions. - Jennifer Berton, PhD, LICSW, CADC-II</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>C</th>
<th>Affirmative Practice with LGBTQ Populations</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sexual orientation and gender identity microaggressions in clinical practice negatively impact the lives of LGBTQ persons who seek our help. Best practices for social workers to transform services to LGBTQ clientele at the micro and macro levels will be presented. - Maggie Capwell, LCSW; Dr. Mark Gianino, PhD</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>D</th>
<th>Starting Your Private Practice: Everything You Need to Know</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Starting a private practice or growing your current practice? Clinicians will learn the necessary components to consider before starting a practice, such as how to develop a solid marketing plan for their practice, and how to navigate through billing insurance panels. - Karen Chincar, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>E</th>
<th>From Pain to Power: Black Lives Matter</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>What does Black Lives Matter mean for social work practice? This workshop will explore this question through primary sources, documentary evidence, and critical conversation. - Dr. Philippe Copeland, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>F</th>
<th>Chronic Marijuana Use in Teens: “What’s the Big Deal?”</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This workshop will focus on how to engage youth in an exploration of their use without increasing defensiveness. It will explore the impact of chronic marijuana use in a variety of functional areas, including physical, behavioral, psychological, and emotional. The impact of recent changes to the law on attitudes and behavior will also be discussed. - Rick Cresta, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>G</th>
<th>Pre-Father Care: Understanding a Man’s Transition into Fatherhood from a Clinical Lens</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Pre-Father Care is filled with must have advice and insight for fathers who have been absent from their children’s lives, as well as practical strategies. - Charles Daniels, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>H</th>
<th>Becoming Safely Embodied: Skills in Organizing Disorganized Trauma</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Based on current theories of trauma, attachment, mindfulness/compassion practices, this workshop will teach practical, concrete skills useful in your next session and then between therapy sessions. - Deirdre Fay, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>I</th>
<th>Sex, Intimacy, and Bodies: Creating Connections and Discovering Possibilities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This session will introduce participants to the power and approaches of client-centered sex therapy with a variety of applications that can be used for different client groups. The program will include didactic instruction, case review, and in session experiential learning. - Elliott Kronenfeld, LICSW, CST</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>J</th>
<th>Attention Deficit Hyperactivity Disorder (ADHD): Understanding and Treating a Misunderstood Condition</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>In this workshop, the speaker, who has ADHD, will discuss the true nature of ADHD, and its effect on every life domain and treatment recommendations. - Dr. Roberto Olivardia, LCP</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>K</th>
<th>Legal &amp; Ethical Record-Keeping for Social Workers</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This seminar, for clinical social workers and agency directors of social work, will address the fundamentals of creating and maintaining patient records, disclosure of patient records, and confidentiality and privilege issues that arise during and after treatment. - Nancy Puleo, JD; Jenifer Yelen, JD</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>L</th>
<th>Home of the Brave: Working with Military Connected Clients</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>This workshop will prepare the non-military helping professional for culturally-informed relationships with this unique population, including values, beliefs, and attitudes toward seeking help as well as the unique language used in different military branches. Clinical implications will be explored through case vignettes and role playing. - Linda Sanford, LICSW</td>
</tr>
</tbody>
</table>

### OPENING KEYNOTE - 1.5 CEUs

Social Work practice is all about empowerment and yet we often end up feeling overwhelmed and harried in the demanding work that we do. The stress of these chronic overwhelming feelings creates a disorganized mind that leads to a feeling of chaos. This keynote address will address the necessary skills and mindset to enhance social worker effectiveness in the fast-paced, demanding environments in which we work. - Jackie Woodside, LICSW, CPC

### SESSION I - 1.5 CEUs

<table>
<thead>
<tr>
<th>100-1</th>
<th>Calming the Chaos: How to Elevate Performance, Productivity, and Peace of Mind in Social Work Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3 CEUs / 3 hr session - Must attend 100-1 &amp; 100-2 to receive CEUs</td>
</tr>
<tr>
<td></td>
<td>In this interactive hands-on workshop, participants will learn the skills they need to shift from being chronically busy to wildly productive. Come and learn how to slow down, feel better, and yet get more done in the day to day experience of your job and in your life. - Jackie Woodside, LICSW, CPC</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>001</th>
<th>Advancing Human Rights in Social Work Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Social workers have an ethical imperative to promote human rights. Participants will learn how a human rights framework can be used in a myriad of practice contexts. - Ashley Davis, PhD, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>002</th>
<th>Active Collaboration with Clients in Evidence-Based Practice</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The importance of active collaboration with clients in EBP is examined. Active collaboration strengthens therapeutic alliance, includes diversity concerns, and fits our values - with research support. - James Drisko, PhD, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>023</th>
<th>Intimate Partner Coercion: From Psychological Captivity to Self-Efficacy</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Controlling partners create a debilitating entrapment that is not obvious. Learn to identify coercive tactics and their hidden injuries necessary for healing and gaining agency. - Carol Lambert, LICSW</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>036</th>
<th>Mindfulness Techniques for Clinical Social Work: Practical Applications</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>While getting an overview of the clinical adaptations of mindfulness theory, research, and practice frameworks, participants will also receive hands-on assessment and intervention tools to complement social work interventions with children, adolescents, and adults. - April Berry-Fletcher, EdD, LICSW</td>
</tr>
</tbody>
</table>
SYMPOSIUM 2018: THURSDAY, APRIL 12

038 | Sustain a Career of Passion, Purpose, and Success!
Overwhelmed and stressed at work? What happened to passion and joy? Uncover what is preventing fulfilling work life - enhance your joy and rediscover a love for your job! - Julie McGrath, LICSW

048 | Supervising in Times of Trauma: Hidden Roots
This workshop will address the Internationality of community, agency, and personal trauma, offering a framework for supervisors / mid-managers to intervene effectively in addressing these real - and sometimes hidden - phenomena in agency settings. - Mary Byrne, PhD, LICSW; Carol Masshardt, LICSW

051 | Advocating for Addicted Clients in the Criminal System
This workshop explores the science of addiction, risk factors, treatment principles, drug laws/sanctions, and best practices when advocating for substance-addicted clients in the court system. - Sarah Coughlin, LICSW, LADC-1; Lisa Newman, JD, LCSW

059 | Six Degrees of Gender Variance, Through an IFS Lens
A mother, a partner, a 70 year old trans woman. Three experiences of gender variance, with many complex relationships. Exercises and resources, and the Internal Family Systems model, deconstruct our responses to gender. - Sherry Zitter, LICSW; Diane Lambert, LICSW, Grace Anne Stevens, MA

070 | Survivors as Experts in the Aftermath of Trauma
Learn about research with survivors of violence, from two different cultural contexts - urban African American, low income and suburban, white, middle class - and the similarities and differences in their innovative practices. - Michelle Walsh, LICSW

080 | Surviving Miscarriage: Living Through the Devastation
Surviving miscarriage is never part of the pregnancy plan. Finding meaning, a sense of self, and a support system can be challenging. This session includes clinical and personal experience of miscarriage by a survivor and a therapist. - Elliot Kronenfeld, LICSW; Diane Lambert, LICSW, CST; Lori Leo

081 | The Power of Shame
Shame is a common sequelae to trauma, and often an underlying cause of many behaviors such as criminal, abusive, addictive, and self-destructive behaviors that bring people to helping professionals. Treatment approaches will be covered and the challenges of countertransference management represented by shame. - Linda T. Sanford, LICSW

099 | Opening Our Therapy Notes Directly to Our Patients: What Are We Learning?
In 2014, social workers at Beth Israel Deaconess Medical Center opened up their on-line therapy notes directly to patients. This presentation will focus on what we’ve learned since. - Stephen O'Neill, JD, LICSW, BCD

SESSION II - 1.5 CEUs

100-2 | Calming the Chaos
3 CEUs / 3 hr session – Must attend 100-1 & 100-2 to receive CEUs See 100-1

003 | The “Dangerousness” of Mental Illness: Case Law, Public Perceptions, and Stigma
“Dangerousness” dominates public discussions about mental health. Practitioners are caught in the middle, providing effective advocacy without compromising safety. We will discuss case laws impacting persons with mental illness, and ways we can lead in diverse, interdisciplinary settings. - Jennifer Kano, LICSW

010 | Healing in the Hospital: Trauma-Informed Care Perspective
Become a change agent for trauma-informed care! This workshop will help you shift paradigms, allowing you to respond to patients through a trauma-informed lens; shifting from “what is wrong with you?” to “what happened to you?” - Samara Grossman, LICSW

020 | Myths and Realities of International Adoptive Motherhood
What is the lived experience of international adoptive mothers? Christine Flaherty, PhD, seasoned psychotherapist and international adoptive mother, decided to find out. Her groundbreaking research findings may surprise you. - Christine Flaherty, PhD, LICSW

025 | You Are Your Own Magic Wand
If you had a tool to access answers to your most challenging life questions, what would you change? Discover how to unlock your answers from your mind-body, energy, and intuition. - Martha Angeline; Sarah Deschenes, LMHC; Natalie Engler, LICSW

028 | Person in Environment: Design and Mental Health
In the field of social work, the focus on Person-In-Environment has a social/systems context. This presentation expands that focus to illuminate the role of the built environment. - Jotham Busfield, LICSW

031 | Helping Clients with Depression: Evidence-Based Practices
We will examine recent advances in depression and psychotherapy evidenced based treatments. - Karen Chinca, LICSW

037 | Islamophobia: It’s Impact beyond Muslims and Effective Allyship
In the current sociopolitical climate, there are far-reaching impacts of Islamophobia on American-Muslims and other marginalized communities. Learn its impact on Muslim youth, changing narratives, and how to effectively ally with disenfranchised groups. - Waheeda Saif, MA

046 | Don’t Get Lost in Translation: Partner with an Interpreter
Frustrated with a non-English speaking patient and working with an interpreter? Learn about interpreted encounters and how to partner with medical interpreters to reduce your frustration and improve patient care outcomes. - Jessica Goldhirsch, MPH, LCSW

051 | Advocating for Addicted Clients in the Criminal System
In the field of social work, the focus on Person-In-Environment has a social/systems context. This presentation expands that focus to illuminate the role of the built environment. - Jotham Busfield, LICSW

059 | Six Degrees of Gender Variance, Through an IFS Lens
A mother, a partner, a 70 year old trans woman. Three experiences of gender variance, with many complex relationships. Exercises and resources, and the Internal Family Systems model, deconstruct our responses to gender. - Sherry Zitter, LICSW; Diane Lambert, LICSW, Grace Anne Stevens, MA

061 | Not Your Mother’s Clinical Supervision
A discussion of a clinical education model that provides support, education, and accountability to and for social workers in varying roles at all career stages within a large medical setting. - Carrie Braverman, LICSW; Elaine Devine, LICSW; Margaret Chisholm, LICSW

066 | Women Growing Older: Our Bodies Ourselves
With increased longevity, women over 60 are now facing new opportunities/challenges. We will explore some aspects that affect aging women’s health, and sexual, social and emotional well-being. We will embrace aging, affirm women’s growth potential, and change the aging paradigm. - Joan Ditziom, LCSW

082 | Perinatal Mental Health: What It’s About and Why We Love It
Learn about the growing field of Perinatal Mental Health: definitions, incidence, treatment methods, and models. Past/future advocacy for treatment, supports, and screening will be discussed. Best practices for working with new parents and families will be presented. - Jen Erbe Leggett, LICSW

083 | Demystifying Eating Disorders: Understanding, Assessing, & Treating
We will examine three main eating disorders: anorexia nervosa, bulimia nervosa, and binge eating disorder. Develop an understanding of the biopsychosocial framework for the development of an eating disorder, questions to ask during assessment, and the use of evidence-based treatments. - Karen Chinca, LICSW

096 | Ethics Jeopardy
Using an interactive format, this expert on social work ethics and ethical practices will test and strengthen your knowledge about ethical and risk management issues within social work. - Stephen O’Neill, JD, LICSW

EVENING INTENSIVE- 3 CEUs

010 | Healing in the Hospital: Trauma-Informed Care Perspective
Become a change agent for trauma-informed care! This workshop will help you shift paradigms, allowing you to respond to patients through a trauma-informed lens; shifting from “what is wrong with you?” to “what happened to you?” - Samara Grossman, LICSW

101 | SEXUALITY, GENDER, AND SHAME: FROM ISOLATION TO CONNECTIONS
The audience will watch the film “Wild & Precious,” written, performed, and directed by Dr. Cadwell. The film spans 60 years of gay liberation through one man’s story: from isolation of a sissy boy in the 50s and the closet in the late 60s, to the connection as part of the groups formed in gay movement in the 70s, by activists in the 80s. - Steve Cadwell, PhD, LICSW

LEARN MORE & REGISTER: NASWMA.ORG/SYMPOSIUM
SESSION III - 1.5 CEUs

037-1 | Tips to Engaging Latino Clients Effectively
3 CEUs / 3 hr session - Must attend 037-1 & 037-2 to receive CEUs
The growing Latino Community behooves clinicians to learn how bilingualism affects the clinical encounter; how to become a cultural negotiator/bridge; and how to adapt Cognitive Behavioral Therapy so it is culturally relevant. - Beth Craft, LICSW

005 | Mediation 101: Divorce and Family Conflict Resolution
Mediation is an effective and complementary intervention to therapy that social workers are uniquely qualified to practice. This session provides an introduction to the powerful and impactful practice of family and divorce mediation. - Ben Stich, M.Ed, LICSW

012 | Misery or Mastery: Documenting Medical Necessity
Learn the formula to quickly write effective treatment plans and progress notes that document medical necessity. As a result authorizations are easy, audits are less threatening, HIPAA is honored and your good clinical work is represented with integrity. - Beth Rontal, LICSW

021 | Gentle Reprocessing: Innovative, Rapid Treatment for Phobias
This introduction to Gentle Reprocessing will use a demonstration to show the slow release of each emotion and body sensation involved in the client's phobia. Inner child work will be woven in along with a future template for the client. - Diane Spindler, LMHC, LMFT

026 | Unique, Optimistic, Contemporary Gestalt Approach to Individuals and Couples
The Cape Cod Model® goes beyond positive psychology and strengths-based practices. Participants will learn/practice the basics, how to enhance their therapeutic impact, and how using this approach can boost effectiveness and practice enthusiasm. - Stuart Simon, LICSW, Sharona Halpern, LMHC

033 | Delicious Data: Meaningful Program Evaluation for Social Workers
Dry data becomes delicious when clinical social workers contribute their perspectives. Enjoy some pie (charts) while discussing program evaluation and meaningful uses of data in your practice! - Susan Putnins, LCSW

039 | Tackling Gender-Based Violence in Sports
This workshop will explore how sport perpetuates violence against women through language, power, and privilege. Participants will identify ways to address gender-based violence to improve sports culture. - Lorin Mordecai, PhD, LSW

062 | Leadership Matters: How Hidden Biases Perpetuate Institutional Racism
Powerful hidden biases mire professionals and organizations in institutional racism. This workshop addresses barriers and presents recommendations for establishing organizational change consistent with the values of inclusion and cultural diversity. - Yvonne Ruiz, PhD, LICSW; Angela Wangari Walter, PhD, MPH

067 | Can't We All Just Work Together?
How does one create great collaborative relationships with other psychotherapists working with your client (i.e. individual, group, family)? Through case study, we'll look at the importance of partnership, its challenges, concerns, rewards, and best practices for effective, ethical client-centered work. - Kelly Exley-Smith, LICSW; Amy Krasner, LICSW; Virginia Sigel, LICSW

068 | Housing Protections for Survivors of Domestic Violence
You will learn about housing protections for survivors of domestic violence, dating violence, sexual assault, and stalking. You will gain a better sense of how to advocate and best support survivors who may be trying to remain in their homes. - Lisa Morishanti, LICSW

088 | Eating Disorders & Co-Morbidity: Treating Complex Co-Occurring Disorders
Eating Disorders are complex psychological illnesses. It is critical that clinicians in all medical and mental health professions are able to understand the severity and the need for specialized care to struggling individuals. - Dr. Seda Ebrahim

089 | Addressing Immigrant Anxiety in an Unsettling Time
With a million immigrants in Massachusetts, at a very unsettled time, social workers need current information and cultural and clinical skills to address the personal wellbeing of those they serve. - Westy Egmont, MDiv, DMin

SESSION IV - 1.5 CEUs

037-2 | Tips to Engaging Latino Clients Effectively
3 CEUs / 3 hr session - Must attend 037-1 & 037-2 to receive CEUs
See 037-1

007 | Addressing Microaggressions in Personal & Professional Spaces
Social workers have an ethical imperative to be responsive and promote justice when witnessing microaggressions. Participants will learn strategies for addressing microaggressions, reducing their frequency, and lessening their impact. - Ashley Davis, PhD, LICSW; Makiedy Kamara, MSW Student; Nicole Elliot, MSW Student

013 | The Importance of Attunement for Effective Psychotherapy
Learn Skills of attunement. This experiential workshop will help bring your psychotherapy practice to a greater level of effectiveness. - Lori Miller-Freitas, LICSW

018 | Current Best Practices for Engaging Involuntary Clients
This workshop will review strengths-based best practices for engaging involuntary and reluctant clients in treatment services. Participants will leave the workshop with evidence-based strategies and tools for effective engagement. - Rebecca Mirick, PhD, LICSW

019 | Public Self Disclosure: Ethical, Clinical, and Personal Considerations
The presenters will share their stories of self-disclosure online and on TV. We'll talk about what we shared and why, as well as the various ethical, clinical, and personal issues that clinicians should consider when contemplating sharing their own stories. - Nanci Ginty, LICSW; Butler, Carla Naumburg, PhD, LICSW; Elana Premack Sandler, LCSW

024 | Trauma: The Role of Neuroscience in Assessment & Intervention
We will provide up-to-date research on neuroscience in relation to assessment and intervention with children and older adult veterans, especially related to trauma and traumatic brain injury. - Jeff Driskell, PhD, LICSW; Michael Banville, MSW; Alisha Peretta, MSW

029 | Co-Parenting Mediation: Reducing Conflict and Putting Kids First
The most important factor leading to better or worse outcomes for children of parents who are separated or divorced is level of exposure to parental conflict. Learn how co-parenting mediation can reduce parental conflict by improving civility, communication, and decision making. - Ben Stich, M.Ed, LICSW

065 | Sexuality, Intimacy, and Diverse Gender in Therapy
Gain greater ease talking about sex and intimacy in a queer-inclusive (LGBTQ+) way. Charles and Robyn have complementary skills of queer-affirmative talk therapy and tantric intimacy coaching. - Charles Strauss, LICSW; Robyn Vogel, LMHC

069 | American Muslims and Social Work
Why do many Americans have an unfavorable view of Muslims? Step out of your comfort zone. Learn about the American Muslim community, their history, religion, contributions, challenges, and implications for social worker practice. - Hina Siddique, MSW
Discuss practical application of a toolkit developed with and for Transformative learning in social work education will be presented by Participants will learn the structure of trauma and an evidence-based This presentation explores our Federal and State budgets and their impact on services. Funding priorities, concerns, and solutions will be discussed. Useful Internet Policy websites will be shared. - Jeff Schrenzel, PhD, LICSW

091 | Re-Envisioning DCF Foster & Adoptive Care Learn what the Massachusetts Department of Children and Families is doing to support the changing needs and current trends in the Foster Care and Adoption system; including discussions of policy, practice, cultural humility, and building partnerships. - Kathy Lopes, LICSW

094 | From Stuck to Securely Bonded: Demonstrating Emotionally Focused Couple Therapy Learn about Emotionally Focused Couple Therapy through creative use of film and role-play. After watching a popular film clip, the audience will observe the application of EFT through role-play and discussion of a session following the scene in the film. - Jill Fischer, LICSW, EFT

SESSION V - 1.5 CEUs

008 | Expanding Competency in Sexuality: Recognizing Developmental Sexual Trauma Illustrated by actual (but disguised) patients’ 2-color BodyMaps and case studies, this is a fascinating exploration of the pervasive sexual trauma clinicians often miss: Developmental Sexual Trauma. - Aline Zoldbrod, PhD

015 | Our Federal and State Budgets: Possible Solutions to Ongoing Concerns This presentation explores our Federal and State budgets and their impact on services. Funding priorities, concerns, and solutions will be discussed. Useful Internet Policy websites will be shared. - Jeff Schrenzel, PhD, LICSW

017 | The Power of Presence in IFS Participants will learn an IFS protocol for inner dialogue that enables parts of us reacting to our clients to transform and help us deepen our capacity for presence and attunement. - Paul Neustadt, LICSW

027 | The Neurobiological Treatment of Trauma Participants will learn the structure of trauma and an evidence-based technique from the field of Energy Psychology for rapidly clearing trauma from the conscious mind, unconscious mind, and body. - Judith Swack, PhD; Wendy Rawlings, LMHC, DCC, LMHC

034 | Transformative Learning for Social Work Practice Transformative learning in social work education will be presented by two diverse students who have taken action to test out their newly expanded frames of reference with resulting community leadership and advocacy. - Yvonne Ruiz, PhD, LICSW

041 | Supporting Safe and Empowering Personal Care Discuss practical application of a toolkit developed with and for people with disabilities and personal care attendants to promote trauma-informed care and safety for people with disabilities who employ PCAs. - Shelly Yen-Ewert, LCWS; Karen Schneiderman, PhD; Janice Ward, BA

042 | Post Adoption: Making Sense of Your Story Each child and parent has a unique adoption story, and experience of coming to terms with it. Learn strategies to support children and parents through this process over the lifespan. - Audrey Reffie, LICSW; Ashley Hart, LCSW

047 | Understanding Adolescent Suicide This workshop will review warning signs, risk & protective factors for adolescent suicide. Participants will learn about evidence-based strategies and tools for effective prevention, intervention, and postvention with adolescents. - Rebecca Mirick, PhD, LICSW; Jim McCauley, LICSW; Larry Berkowitz, EdD

052 | Boston’s Bisexual Community Bisexual identities and lifestyles are real, distinct, and diverse. Hear from facilitators of Boston’s bisexual support groups about the needs of this community and how to build your own. - Charles Strauss, LICSW

053 | Coming Out Experiences of Lesbian Adoptees Join in a discussion about the intersection of adoptive and lesbian identity. Discover how lesbian identified adoptees describe their coming out experiences (as lesbian AND as adopted) and how therapy can help. - Theresa A. Cain, PhD, LICSW

060 | Applying Therapeutic Yoga for Children with a Trauma History Children with a trauma history struggle with trust, self awareness, hyperarousal, and self regulation. In this experiential session, learn how therapeutic yoga can empower, educate, and create awareness for children in individual, group, or family work. - Joanne Lloyd, LICSW

092 | Working with Managed Care Companies: A Panel Discussion Managed care organization representatives will respond to moderator and audience questions regarding their insurance plans/services, network practices, claims processes, telehealth, and future plans...especially as they relate to the changing healthcare landscape. Co-Moderators: Bruce Maloof, PhD, LICSW; Don Markum, LICSW; McVeigh, LICSW Panel: Beacon Health Options, Blue Cross Blue Shield, Mass Behavioral Health Partnership, Tufts Health Public Plans, and Tufts Health Commercial Plans

093 | A Primer on Housing Barriers and Access for Homeless Adults Address best practices of permanent housing access and homeless prevention advocacy, as well as housing stabilization. Discuss identification of housing barriers within the context of chronic homelessness. - David Thomas, MED, LICSW

098 | Enhancing Group Supervision: Mutual Aid, Mentoring, & Meaning Explore the joys and perils of group supervision. Learn effective tools that provide opportunities for worker empowerment, role modeling, and uncovering the parallel process in agency settings. - Donna McLaughlin, LICSW

SESSION VI - 1.5 CEUs

009 | Violence in Relationships There seems to be no end in our culture today of the cycle of violence that plagues both women and men. What have you done about it? - Brenda Westberry, MS

016 | Treating Trauma with Brainspotting and EMDR Experience how Brainspotting and EMDR could bring your psychotherapy practice to a greater level of effectiveness. Although being trained in EMDR could deepen the experience of this workshop, it is not necessary. - Lori Miller-Freitas, LICSW

022 | KaAbBa: The Lighted Temple/Tree of Life Keys An awakening consciousness, psychological, sociological, spiritual, educational model of Ancient Kemetic/Egyptian wisdom for mind, body, soul and character development. Gain practical clinical and social-justice intervention techniques for helping clients overcome impediments to soul and character. - Ntari Nelson, PhD, MSE, LICSW

LEARN MORE & REGISTER: NASWMMA.ORG/SYMPOSIUM
Thank you to our Sponsors, Exhibitors, and Advertisers so far:
**NETWORKING NIGHT @ SYMPOSIUM**  
*Thursday, April 12, 5:30 - 8:30 PM*

New this year and FREE to attend!

Networking Night @ Symposium will draw 200-300 professionals and students of social work together for a chance to unwind, network, and support the next generation of social workers.

Networking Night features:

- **Schools of Social Work Reunion**
- **Free Hors D’Oeuvres**
- **Networking**
- **Student Poster Session**
- **Career Fair**
- **Resume Reviews**
- **Live Music**
- **Cash Bar**
- **And More**

*Poster applications* for the Student Poster Session accepted through 2/11 at naswma.org/symposium.

*Hiring social workers? Limited tables for Networking Night are still available at naswma.org/symposium*

---

**AWARDS LUNCHEON**  
*Friday, April 13, 12:00 - 1:15 PM*

Included with Friday Symposium attendance. Limited Luncheon-only tickets available.

Join NASW-MA in celebrating excellence as we honor social workers and community members who have made a difference. This year we are awarding:

- Public Citizen of the Year
- Emerging Leader
- Greatest Contribution to Social Work Practice
- Beverly Ross Fliegel Social Policy and Change Award
- Lifetime Achievement Award
MAIL IN REGISTRATION

Full Name: ____________________________
Email Address: ________________________
Phone Number: ________________________
NASW Membership #: ____________________

(Required for membership rate)

Address: ________________________________
City: ____________________________
State: __________ Zip: __________

School(s) of social work did/do you attend: ________________________________

**SYMPOSIUM FEES**

<table>
<thead>
<tr>
<th></th>
<th>Early Bird Postmarked by March 4th</th>
<th>Standard Rate Postmarked After March 4th</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Thurs</td>
<td>Fri</td>
</tr>
<tr>
<td>NASW Member</td>
<td>$90</td>
<td>$160</td>
</tr>
<tr>
<td>Non-NASW Member</td>
<td>$120</td>
<td>$245</td>
</tr>
<tr>
<td>Unemployed/Retired NASW Member</td>
<td>$60</td>
<td>$105</td>
</tr>
<tr>
<td>BSW/MSW Student NASW Member</td>
<td>$45</td>
<td>$80</td>
</tr>
<tr>
<td>BSW/MSW Student Non-NASW Member</td>
<td>$70</td>
<td>$100</td>
</tr>
<tr>
<td>Agency Group Rate (Min. 4)</td>
<td>N/A</td>
<td>N/A</td>
</tr>
<tr>
<td>Student Group Rate (Min. 4)</td>
<td>N/A</td>
<td>N/A</td>
</tr>
</tbody>
</table>

* Group Rate Instructions: - Submit all registrations together
  - Submit a single agency check for all registrations

**ADD ONS**

☐ Pre-Symposium Intensive | 3 CEUs
Thursday morning, 8:30 - 11:45 AM
Selected Morning Intensive (indicate letter): ______
Member: $50
Non-Member: $70

☐ Evening Intensive | 2 CEUs
Thursday Evening, 7:30 - 9:30 PM
Member: $40
Non-Member: $60

☐ Friday Luncheon
Included with Friday Symposium attendance
(Just attending the Awards Luncheon? Make a selection and enclose payment)
Member: N/A
Non-Member: $40

**WORKSHOP SELECTIONS**

IF YOU NEED SPECIAL ACCOMMODATIONS OR HAVE FOOD ALLERGIES, PLEASE LET US KNOW IN YOUR APPLICATION

Session I - Thursday - # ______
Session II - Thursday - # ______
Session III - Friday - # ______
Session IV - Friday - # ______
Session V - Friday - # ______
Session VI - Friday - # ______

**PAYMENT**

☐ Symposium Fee $_______
☐ Pre-Symposium Intensive $_______
☐ Evening Intensive $_______
☐ Friday Luncheon ONLY $_______
TOTAL $_______

☐ Check (Payable to: NASW-MA)
☐ Credit Card (BY FAX ONLY) ☐ Visa ☐ MasterCard ☐ Discover
CC#: ____________ Exp: ________ CVV: ________
Billing Address (if different from above):

City: ____________ State: ______ Zip: ______

Signature: ____________ Date: ______

If you need a reduced fee to attend, call the Chapter Office by March 13th. Cost shouldn't prevent people from attending.
At Riverside we have the power to make a difference in people’s lives every day. We work in an inclusive, award-winning and respectful community that values and encourages different perspectives. Together we continue to deliver innovative, compassionate, and locally-based integrated behavioral healthcare and human services throughout Massachusetts.

We make a difference—
in your community and in your career.

Now Hiring:

Vice President of Behavioral Health Services; Assistant Program Director—Community Crisis Stabilization and Respite; Senior Clinical Specialist; Home Based Family Services Clinical Supervisor; Dual Diagnosis Clinician; Home Based Clinicians; Social Worker—Early Intervention; Emergency Services Clinicians; Independently Licensed Outpatient Clinicians; Community Based Outpatient Clinicians; Fee For Service Clinicians; LICSW’s, LMHC’s, LMFT’s and more.

Apply Online: www.riversidecc.org
Advocates’ Clinical Team members support adults, children and families through individual and group counseling, crisis intervention, emergency services, psychiatry, and other creative solutions. Whether office-based or outreach, our Clinical teams focus on individuals’ empowerment, independence, safety and healthy choices.

First, we listen. Then, together, we do what it takes to help people thrive.

Are you ready to make a difference?
Scan the code or apply today at www.Advocates.org/Careers!

Perks of Employment Include
- Full-, part-time and per-diem schedules
- Strong focus on teamwork and flexibility
- Comprehensive health, dental, vision, life and disability insurance options
- Generous earned time, 401K/403b, and tuition reimbursement plans
- Career training tools and supervision toward licensure available
- Endless opportunities for growth

“Member Testimonials

“I joined NASW right after receiving my MSW as a way to network and access resources that would help me further my career in social work. Since joining only about 1 year ago, I have been able to attend NASW trainings, made new contacts, and am now the Chair of the LGBTQ+ Shared Interest Group through NASW! It has been worth my time, money, and energy and I look forward to what NASW will continue to accomplish with the help of its members.” Caitlin LeMay, LCSW

“NASW has opened my eyes to the massive impact that social workers have on the world and how much of a difference we can make on all levels. I decided to join the board to be a part of this amazing movement to create change not only on a micro level but also on a macro level. In such a short time I have had the experience of working with social workers from all over Massachusetts to help create change. NASW and the board help me to have a place in that change.”
Dominique McCoy, MSW Student

“I am a member of NASW since it allows me to remain accurately informed about social justice issues and policy changes that affect so many of my clients. I am inspired to support NASW as it continues to stand up for those individuals whom are vulnerable and oppressed and affords me opportunities to become involved with the advocacy. Additionally being a member of NASW provides me access to resources for professional development and information that can benefit my practice and how to most appropriately advocate, support, and care for clients.” Frank Crowley, LICSW
Atrius Health

Atrius Health, a well-established, physician-led, multispecialty medical group in the Northeast, is nationally recognized for transforming healthcare through clinical innovations and quality improvement. Our practices are located throughout eastern Massachusetts and our physicians are on staff at many of Boston’s academic medical centers and community hospitals. We have an excellent opportunity for a Hematology-Oncology licensed independent clinical social worker (LICSW) at our Kenmore/Norwood practice.

Opportunity highlights:

- Community based out-patient practice with diverse patient population
- Collaborative teamwork with MDs, APRNs, and dedicated Case Managers, with weekly case conferences and robust group programs
- Outstanding clinical practice supports, including staff to manage appointment booking/reception, billing and referral authorization
- On site laboratory, radiologic and pharmacy services

Qualifications:

- LICSW, (AOSW Oncology Social Work Standards of Practice)
- Committed to providing psychosocial assessments and interventions for patients experiencing distress related to cancer and its treatment, as well as assistance in crisis situations
- Excellent clinical and communication skills
- Demonstrated ability to work both independently and collaboratively with the clinicians, nursing and support staff
- Ability to provide high quality care, supportive counseling in the ambulatory setting, using individual consultation, family, or group methods

At Atrius Health, (Harvard Vanguard Medical Associates, Granite Medical Group, Dedham Medical Associates) we offer:

- Robust integrated EMR system (Epic)
- Collegial work environment with medical colleagues in primary care
- Excellent salary
- Exceptional benefits including health, dental and life insurance, 401(k) match, CME reimbursement, generous PTO

Send confidential CV to: Corinne Kelton-Pina, Physician Recruitment, Atrius Health, 275 Grove Street, Suite 3-300 Newton, MA 02466; T: 800-222-4606 or 617-559-8275 within Massachusetts; E: corinne_kelton@atriushealth.org EOE/AA. www.atriushealth.org.
GREATER BOSTON


Social Work Supervisor: Psychiatric Partial Hospitalization Program. Brigham and Women’s Faulkner Hospital is seeking a Social Work Supervisor for the Psychiatric Partial Hospitalization Program which is a comprehensive, short-term, skills-based, intensive clinical treatment program. Assures that the standards of clinical practice are met per hospital policy and procedure and regulatory agency guidelines. Qualifications: • Master’s Degree in Social Work from an accredited program • 5+ years experience in responsible positions within social work. • 3+ years in a leadership position • Excellent computer and interpersonal skills • Provide rapid clinical psychosocial and psychiatric assessments • Comply with licensure requirements. To see full description and apply: https://partners.taleo.net/careersection/bwft/jobdetail.ftt?job=3047669

Social Work Supervisor-Inpatient Psychiatry. Brigham and Women’s Faulkner Hospital is seeking a Social Work Supervisor. Responsible for the daily operations of clinical social work activities on the Inpatient Psychiatry Unit, including patient/family care issues, social work staffing, training and mentoring. Qualifications: • Masters’ Degree in Social Work. • Five years’ experience post graduate degree, experience within Hospital and Psychiatric Social Work • Minimum of 3 years in leadership. • Knowledge of behavioral health treatment, psychosocial care, care management, social work, community resources and related regulations. • Excellent computer and interpersonal skills • Provide rapid clinical psychosocial and psychiatric assessments • Comply with licensure requirements. To see full description and apply: https://partners.taleo.net/careersection/bwft/jobdetail.ftt?job=3053807

Bilingual Clinical Social Worker (LICSW). Cambridge Health Alliance. Location: Cambridge, MA Employment Type: Full Time Work Shift: Day/Evening with Variable Start Time Work Days: Avg. 8 hrs/day, M-F Hours/Week: 40 Job Details: We are seeking Clinical Social Workers/Clinical Care Managers for the federally funded grant project, “Enhancing Systems of Care” (E-SOC). The purpose of this role is to deliver integrated care to children with mental health needs and their families onsite within primary care. Care Managers will work collaboratively with primary care to provide clinical evaluations and consultation, in coordination with child psychiatry and family support specialists. Care will be based upon individualized goals, and be community based. Clinical Care Managers will work with families to create Child and Family teams, if needed, for at-risk youth, and ensure quality through comprehensive care planning processes. This position will report to the Supervisor, Clinical Care Manager. Qualifications: Education/Training: Licensed, Master’s level clinical training required. LICSW Work Experience: Minimum of 3-5 years working in community-based child mental health care delivery. Bilingual. Apply Here: http://www.ClickZapppy.net/rxssz-wq43x5jfh6n. P1100656906

CENTRAL

Licensed Independent Clinical Social Worker (LICSW). Community Health Connections Family Health Center is seeking a compassionate, culturally competent, mission-focused individuals who want to make a difference! Salaried position with excellent benefits including 4 wks vacation, malpractice coverage and CEU reimbursement! Licensed Independent Clinical Social Worker provides wide range of psychosocial evaluation/assessment, diagnostic, counseling therapy, crisis intervention, and/or case management services in an integrated primary care setting. Master’s degree in Social Work, LICSW or equivalent or licensure pending. Bilingual applicants strongly encouraged to apply. EOE. Qualified candidates please submit resume through the career link at www.chcfhc.org

OTHER

Full-time, tenure-track social work professor. Castleton University. MSW required, PhD or DSW preferred with minimum two years’ field experience, including providing supervision. Full-time faculty teach four courses per semester, which may include on-site field instruction. Faculty also participate in faculty committees and provide advising to students. Castleton is an Equal Opportunity/Affirmative Action Employer. Details and application: https://www.interchanges.com/jobofferdetails.jsp?sessionid=1EFA68B1ADE1D53010EBFC9942984577JOBID=91850

Office Space


Boston (Back Bay). Full-time (unfurnished) & part-time (fully furnished) offices available for private practitioner or small group practice as of April in newly constructed office suite in beautiful Back Bay building. Half block from Public Garden. Amazing views of Boston. Shared waiting area, bathroom & kitchen. Many referrals available in collegial community of private practitioners. Private practice start-up and expansion consultation available. Assistance with billing-related administrative work also available as (completely optional) add-on service. Part-time sublets may be available prior to April as well. Contact: 617-230-3002 / backbayalliance@gmail.com

Boston (Jamaica Plain). Subletting office space in a professional space, furnished and attractive. Times available are weekdays and 2 weekend evenings. Please call Evelyn Dougherty, LICSW at 617-983-8800.

Brookline. 1093 Beacon at Havens: Sunny, bay window, hard wood floors, old world charm, top floor suite. Flexible PT hours. FT possible Feb, or July. Outstanding location. Contact: Martin Pildis, 617-731-2678 mpildismd@gmail.com

Brookline. Lovely, furnished therapy office available for sublet in Coolidge Corner. $10/hr, 4 hour per week minimum. Some daytime hours and Monday evenings available. Contact: Oona Metz at oona.metz@rcn.com

Brookline. Sunny offices available in newly renovated suite of psychotherapists. Timeblocks and hourly. Popular Beacon Street medical building, elevator, easy parking, at Kent Street T stop. Near colleges, minutes from downtown. Waiting room, kitchen with amenities, free Wi-Fi. Contact Paul at 617-731-9114 or 1180beaconrents@gmail.com

Brookline. FT or PT office available in Coolidge Corner. Office is bright and newly furnished in a professional building. $10/hr. Contact Alexandra: ale@crlaehx.com

Brookline. BROOKLINE TIME BLOCKS $10.00/hr. Most times available in home-like non-institutional Victorian setting Harvard St between Coolidge Corner and Brookline Village. Four floor Victorian dedicated to health care professionals and clients for over 30 years. Contact: melynsudalter@gmail.com

Cambridge (Harvard Square). Furnished part-time psychotherapy office sublet in Victorian house. Shared waiting area/bathrooms/kitchen. Great community of clinicians. Referrals & private practice startup assistance. $176-$200/month per 4-hour/week block. Contact: 617-230-3002 / harvardsquarealliance@gmail.com


Dedham. Newly built suite. 5 offices total. One available immediately, another available 6/1/18. Welcoming waiting room with play area. Full kitchen & work area. Recessed lighting with dimmers. Looking for FT, but have FT availability for someone looking to work up to FT by June to take over 2nd open office. Contact Danielle: desteinlicsw@gmail.com

East Bridgewater. Office space in busy private practice in excellent location. Office is located in same building as two pedi offices. Office is expanding, all slots are open. Plenty of parking, waiting area, peer supervision, referral opportunity and biller are all waiting for you. Contact: Kpeabody.solutions@gmail.com

Natick/Wellesley line. Full-time office in Victorian building. Waiting/office rooms, parking, utilities, cleaning included. Congenial group of practitioners. Centrally located at Rte. 135, near 9/16/Mass Pike. Contact: alombrose@aol.com
Newton. Lovely, bright, furnished office in well kept professional building with elevator. Suitable for children/families/adults. Ample waiting room in suite. Excellent Newton Centre location across from T, near public parking lot, restaurants and shops. Available Fridays/Saturdays/Sundays; $10.00/hr. 4 hour minimum per week. Contact: carriepjasper@gmail.com


Reading. Large, sunny office in three-office suite with waiting area. Available March 1st. Other two offices occupied by psychologists who see adults and children. Good likelihood of referrals. Excellent location, convenient to many nearby towns, 93 and 95. Small, professional building in fun town center, walking distance to restaurants and shops. Contact: dmorashine@gmail.com

Waltham. 2 offices are currently available for sublet full or part-time in the prestigious Hope Avenue Medical Office Building adjacent to Boston Children’s Hospital at Waltham. We are in a newly renovated 3-office suite of psychotherapists in a quiet well maintained building dedicated to healthcare professionals. Only 1 other therapists in building. 25 pediatricians and pediatric dentists in other suites and hospital staff across the street. Excellent location near Rts I-90, I-95/128, 20, 117. Easy access from Newton, Weston, Wellesley, Lexington and Watertown & .75 from Brandeis. The building is handicapped accessible and has plenty of free parking. The suite is beautifully furnished conveying a home-like setting with a large waiting room, kitchenette, refrigerator, microwave, private bathroom, Wi-Fi, copy/fax, central heating/cooling system and sound dampening walls. Competitive rates with sublet options and discount for more time rented. Waltham is in high demand for therapy and I have more referrals than I can handle. Experienced, friendly, collaborative colleagues with possible referrals. If you are interested in beginning a private practice or expanding your existing practice, this is an excellent opportunity. Looking forward to hearing from you. Please Email Evelyne at: evelyne-dreyfuss@gmail.com or call 617.232.3165

---

**A Contemporary Self Psychological Approach to Couple Therapy:**

**An Overview and Comparison with Gottman and Emotionally Focused Couple Therapy (EFT) Models**

**DATE/TIME:** 9 a.m. – 4:30 p.m., Saturday, March 17, 2018

**LOCATION:** Shipley Auditorium, Newton Wellesley Hospital
2014 Washington Street, Newton, MA

**PRESENTER:** Carla Leone, Ph.D.

**CE’s:** 5.5; Social Workers call the PCFINE office for authorization number

**FEES:** PCFINE Members: $120 early registration, $150 after 2/28/18;
Nonmembers: $140 early registration, $170 after 2/28/18;
Grad Students (with ID): $50

To register online or for more information, please visit the PCFINE website at www.pcfine.org or call 781-433-0906.

---

**Supervision & Services**

**Ongoing Senior Supervision Group**

**Opening.** Stay connected with other experienced professionals. Address trauma/dissociation/loss/grupo/couples/dreams/mind-body modalities/practice issues in warm welcoming ongoing group. Experienced facilitator/low fee. www.lindayaelschiller.com

---

**PCFINE**

Psychodynamic Couple & Family Institute of New England

---

**ANNUAL OPEN HOUSE**

Wednesday, February 7, 2018 at 7:30 pm
The Harvard Faculty Club
20 Quincy St., Cambridge, MA

EXPLORE PSYCHOANALYTIC TRAINING AND POSTGRADUATE FELLOWSHIPS

A Panel of MIP Analysts, Candidates and Fellows Reflect on their Training Experiences and Respond to Questions

- The Training Program in Psychoanalysis
- The Advanced Candidate Training Program
- The Postgraduate Fellowship Program
- Stechler Child & Adolescent Therapy Fellowship

Visit www.mipboston.org for details about our Open House and MIP as an institute for comparative psychoanalysis
Stress and Diabetes
Treating the Social Determinants of Health

Jane Zill, LICSW

Starting over 20 years ago, in conjunction with the advent of the widespread use of insulin infusion pumps (a wearable, invasive, biomedical device that delivers insulin), I began working with diabetic clients as part of a medical protocol to prepare them to use “the pump.”

Diabetes is a chronic, progressive disease that is among the top ten causes of premature death according to the ongoing Global Burden of Disease Study. Of the $825 billion spent worldwide in 2012 on care for diabetes, 85 percent involved treatment of diabetes-related complications, including depression, anxiety, cardiovascular disease, stroke, blindness, neuropathy, amputation, and kidney failure. Approximately 1.4 million Americans are diagnosed with diabetes each year, roughly the size of the population of Philadelphia. Prevalence of and death by diabetes is predicted to rise.

Diabetes is best understood through a biopsychosocial model that views human health and illness as an interaction of individual biology, environment, psychology, lifestyle, culture, and society. According to this model, powerful social determinants of health reside outside of individual control.

Unfortunately, current treatment for diabetes is primarily biomedical and fails to consider the many social determinants of health. Recent research now indicates that chronic and traumatic stress breed diabetes and, equally tragic, the lives of diabetics are inherently stressful. Stated another way, diabetic clients endure additional socio-environmental stress factors beyond those that likely contributed to the onset of disease. The role of social workers is to help diabetic and pre-diabetic clients manage their illness by treating the individual using a person-in-environment framework. This acknowledgement of the social determinants of health better enables the clinician to help the client manage stress and other diabetes-related complications.

The requirements of diabetes management limit spontaneity. Treatment includes regular finger pricking to measure blood sugar, and involves insulin injections or an insulin infusion pump, oral medications, careful attention to diet and exercise, and management of short and long-term medical complications.

Additionally, diabetes confers long-term status as patient, diabetic clients participate in ongoing relationships with health care professionals that can be negatively experienced due to power imbalances, personality clashes, racism, sexism, or other forms of discrimination.

Many diabetic clients report harsh treatment by medical providers if their blood sugar is not well controlled or if they develop complications; sadly, clients with poorly regulated blood sugar are too often viewed as uneducated, irresponsible, lazy, or lacking in self-control. In my practice, older women with diabetes often report shaming, and sexist, ageist, and dismissive attitudes from health care practitioners.

The timing of diabetes in the life cycle influences the type and degree of psychosocial stress experienced by patients and families. Parents who have diabetes are often overwhelmed by the demands of caring for themselves and their children. When children have diabetes, parents can become overwhelmed by never-ending tasks associated with managing their child’s blood sugar, coordinating with school personnel and physicians, and helping their children face the physical, emotional, and social burdens conferred by a life-long chronic illness. Siblings can feel left out, as the care of the diabetic child becomes a central concern; so, too, can spouses if one’s partner is the primary caregiver. Finally, those who are older at diagnosis must learn to care for themselves and become socialized as patients while often acting as caregivers for other family members.

The role of social workers is to help diabetic and pre-diabetic clients manage their illness by treating the individual using a person-in-environment framework.

The meaning of illness can become ontological; often clients have wondered if a higher power is punishing them or if their diabetes is karma left over from past lives. Finally, consider the additional stress for someone with a chronic, progressive illness having to deal with health insurance, corporate medicine, and big pharma.

Social workers in nearly every clinical setting encounter patients with diabetes. Often a referral from primary care or endocrinologist is focused on uncontrolled blood sugar or the onset of complications. Yet, when social workers ask diabetic clients about their goals, the clients are often looking for help in managing the many stressors in their lives. Social workers desiring to maximize their interventions need to consider the social determinants of health by treating diabetic patients with special attention to the many causes of stress that coincide with chronic illness.

About Jane
Jane Zill is a Licensed Independent Clinical Social Worker and Certified Clinical Trauma Specialist with over 30 years of experience working with individuals and families impacted by illness, disability, psychosocial, and traumatic stress.
1-800-ALCOHOL

Are you seeking a team of compassionate and experienced professionals to assist your client’s struggling with drugs and alcohol?

If the answer is yes, you want to turn to AdCare’s team of professionals with long-term experience in providing high quality drug and alcohol treatment.

For more than 42 years the compassionate team at AdCare has been providing treatment to New Englanders.

INPATIENT PROGRAMS

AdCare Hospital Worcester
107 Lincoln St., Worcester, MA
508.799.9000

AdCare Rhode Island
1950 Tower Hill Rd.,
North Kingstown, RI
401.294.6160

OUTPATIENT PROGRAMS

North Dartmouth, MA
88 Faunce Corner Rd.
508.999.1102

Quincy, MA
1419 Hancock St.
617.328.0639

Boston, MA
14 Beacon St.
617.227.2622

West Springfield, MA
117 Park Ave.
413.209.3124

AdCare accepts most insurance plans.

Check us out online:
AdCare.com
be part of our movement.
join NASW today!

VALUE OF NASW MEMBERSHIP

<table>
<thead>
<tr>
<th>Membership</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>NASW News (10 Issues)</td>
<td>$37</td>
</tr>
<tr>
<td>NASW-MA Social Work Voice (7 Issues)</td>
<td>$37</td>
</tr>
<tr>
<td>Social Work Journal (4 Issues)</td>
<td>$127</td>
</tr>
<tr>
<td>Memberlink Weekly Newsletter</td>
<td>$41</td>
</tr>
<tr>
<td>NASW-MA Monthly E-news</td>
<td>$24</td>
</tr>
<tr>
<td>Free/Discounted CEU Courses</td>
<td>$440</td>
</tr>
<tr>
<td>Conference/Event Discounts</td>
<td>$560</td>
</tr>
<tr>
<td>Local (MA) Event Discounts</td>
<td>$50</td>
</tr>
<tr>
<td>HIPPA Compliance Training Discount</td>
<td>$30</td>
</tr>
<tr>
<td>Assurance Services Insurance Discount Varies</td>
<td></td>
</tr>
<tr>
<td>License Test Prep Course Discount</td>
<td>$50</td>
</tr>
<tr>
<td>NASW-MA Clinical Alerts</td>
<td>$25</td>
</tr>
<tr>
<td>NASW-MA Legislative Alert Network</td>
<td>$50</td>
</tr>
<tr>
<td>NASW-MA Shared Interest Groups</td>
<td>$120</td>
</tr>
<tr>
<td>NASW-MA Career Services</td>
<td>$75</td>
</tr>
<tr>
<td>NASW-MA Lawyer Discount</td>
<td>Varies</td>
</tr>
<tr>
<td>Ethics Hotline</td>
<td>$75</td>
</tr>
<tr>
<td>Legal Issues Hotline</td>
<td>$75</td>
</tr>
</tbody>
</table>

TOTAL NASW MEMBERSHIP VALUE = $1,262+

NASW advocates for and with social workers to support progressive legislation, social policy, and political candidates. Your membership amplifies the voice of social workers, guaranteeing that there is an advocate for you and the profession working on both state and national levels.

NASW keeps members informed about important and timely clinical issues, legislative and public policy updates, and other related social work news through local and national email updates, social media, and print publications.

When you join NASW you get two memberships in one, keeping you connected to social workers in your local community and nationally. We help you connect and network with social workers who share your passions.

become part of the largest professional social work organization in the state and nationally to save money, advance your career, network with like-minded professionals, and be a leader for social justice.

www.socialworkers.org/join