



Social Workers Leading for Social Change

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Learning Objectives:

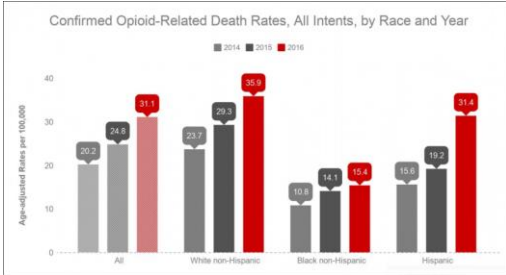
- To share and discuss the importance of integrated treatment for co-occurring substance use and mental health disorder and other chronic medical conditions, including co-related primary care services.
- Gain perspective on how an open-access intake and assessment model can influence care and treatment.
- Learn how barriers such as but not limited to language, poverty, immigration, and legal can impact an individual's engagement in treatment.





Kahoot!

1. Connect to game with smart phone in web browser
2. Create a username i.e Cinderella
3. Answer the question
4. Points are award based on speed and Accuracy
5. Wifi username
6. Password



The opioid overdose death rate among Latinos has doubled in three years. (Courtesy of the Massachusetts Department of Public Health)

Co-occurring Disorders

- The coexistence of both mental health and substance use disorders is referred to as co-occurring disorders.
- Approximately 10.2 million adults have co-occurring mental health and addiction disorders.

This document cites statistics provided by the National Institute of Mental Health. www.nimh.nih.gov



Our Commitment



- All services available in Spanish and English
- *Strength-based approach*
- *Culturally enhanced treatment*
- *Trauma-informed care*
- Confidentiality and Respect
- Safe and comfortable environment
- Personalized treatment plan
- Clear communication regarding treatment and progress
- *Building self esteem*
- *Progressive approach to treatment*
- *Establishing networks of support*
- Learn skills to empower your life

Casa Esperanza takes a holistic view of treatment recognizing that physical and mental health, family reunification, and economic independence are the essential building blocks of individual recovery, family stabilization and community development.





Mission

Empower individuals and families to recover from addiction, trauma, mental illness and other chronic medical conditions; overcome homelessness; and achieve health and wellness through comprehensive, integrated care.





Who We Serve and Why it Matters

- ✓ Latinos are the fastest-growing ethnic group in Massachusetts
- ✓ Latinos represent only 9.9% of Massachusetts population but make up 35% of all incarcerated individuals in the state and nearly 26% of all DCF involved families
- ✓ Studies indicate that Latinos are 11 times more likely to stay in treatment at a culturally specific program than at a conventional program



Conexiones Clinical Stabilization Services



- ✓ A post-detoxification treatment program for men in recovery from addiction to drugs and alcohol. We welcome individuals who:
 - ✓ Have co-occurring mental health/trauma-related issues & other chronic medical conditions
 - ✓ Lacks secure and stable housing
 - ✓ Living with HIV/AIDS
 - ✓ Re-entering from incarceration
- ✓ This program provides 24 hour services which includes:
 - ✓ Intensive education and counseling
 - ✓ Individualized treatment Plans
 - ✓ Group therapy
 - ✓ Comprehensive after care planning for individuals to engage in recovery from addiction
 - ✓ High Risk/HIV education and Harm reduction
 - ✓ Discharge planning
 - ✓ Case Management
 - ✓ Relapse Prevention



Familias Unidas Outpatient Services



- **Our Integrated medical and behavioral health clinic** is a licensed, CARF-accredited mental health clinic that provides culturally competent, integrated substance use, mental health, and primary care services, including Greater Boston's first Spanish-language Structured Outpatient Addictions Program (SOAP).

Empowering individuals, integrating healthcare & strengthening communities



Familias Unidas Services



- Individual, Family and Group Psychotherapy such as:
 - DBT skills
 - Anger Management
 - Trauma and recovery
 - Grief and Bereavement
 - Relapse Prevention
 - Dual Diagnosis
 - Dual Diagnosis for court-involved individual
 - Medication Management
 - Health and Peer Recovery Program



Integration of Behavioral and Primary Care Services



Population Description

Univariate Statistics for CasaCare Participants at Intake (N=296)



Variables	Mean (SD) or Valid %
Age	42.26 (10.26)
Gender - Men	68.2%
Hispanic/Latina	91.6%
Less than high school education	54.1%
Homeless	70.3%
Lifetime history of:	Valid %
Hepatitis C	45.4%
Injection drug use	43.8%
Incarceration*	77.4%



CASA CHES



- Menu Principal** = Main Menu
- Mi Perfil** = My profile
- Mis Mensajes** = My messages
- Equipo de Apoyo** = Support Team
- Discusiones** = Discussions
- Reuniones** = Meetings
- Cuestionarios** = Surveys
- Botón de pánico** = Panic button
- Eventos** = Eventos
- Información de recuperación** = Recovery Information
- Podcasts de recuperación** = Recovery Podcasts
- Nuestras historias** = Our Stories
- Mi configuración** = Settings
- Tutorías** = Tutorials
- Contenido de Agencia** = Agency content

BU School of Social Work





Offender Re-entry Program And Peer Recovery Support





Substance Abuse and Crime:

- Substance use and mental illness are associated with increased incarceration and recidivism.
- One in every 31 Americans are currently under correctional control, either in jail, prison, or on probation or parole
- 2 weeks after release have been shown to be associated with a substantial increase in mortality, especially from overdose

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4461078/>





Substance Abuse and Crime:

Our nation's prison population has exploded beyond capacity and most inmates are in prison, in large part, because of substance abuse:

- 80% of offenders abuse drugs or alcohol.
- Nearly 50% of jail and prison inmates are clinically addicted.
- Approximately 60% of individuals arrested for most types of crimes test positive for illegal drugs at arrest

<https://www.ncadd.org/about-addiction/alcohol-drugs-and-crime>





Barriers to Successful Reentry





Barriers to Successful Reentry:

- Criminal Thinking
- Trauma and Co-Occurring Disorders
- Homelessness
- Education
- Unemployment and Poverty
- Health Disparities
- Lack of Bilingual/Culturally Competent Rehabilitation





Casa Esperanza's Reentry Program aims to support individuals in engaging in and completing treatment, and successfully transitioning back to life in the community.

Services offered are:

- Transitional Support
- Residential Treatment Services
- After-Care Planning
- Community Integration Services
- Mental Health Services
- Connection to a Primary Care Provider
- Peer facilitated Groups





What is Mi Camino?

- Peer to Peer Support Services that aim to improve access and participation in recovery, increase community awareness and self sufficiency among consumers.





Why is Mi Camino Necessary?

- Research demonstrates the positive impact of Latino counselors and peers for Latinos in treatment.
- Social Supports are essential to cope with stigma - With over 100 AA/NA groups in Boston, only 3 are adapt for the Spanish speaking population.





Why is Mi Camino Necessary? (Cont'd)

- Family members often lack the knowledge of the recovery process and have unrealistic expectations
- Lack of social community events for those in recovery
- Lack of peer support





Program Approach:

- Increased Access
- Family Access
- Availability of Peer Support & Self Help Groups
- Outreach & Pre-Services
- Peer Based treatment





Questions?



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