

## Self Inventory of Enabling

1. I believe that the professionals I personally come in contact with are above having C.D. problems.
2. I fear for my own position if I were to take action on a colleague's C.D. problem.
3. I'm hesitant to confront a colleague for fear of anger or rejection.
4. I have covered up a colleague's chemical use.
5. I excuse colleague's behavior as atypical or as attributable to other problems.
6. I accept responsibility for my colleagues for not carrying their share.
7. I become increasingly angry at my colleagues for not carrying their share.
8. I believe that C.D. is a sign of moral weakness.
9. I believe that any professional could stop drinking/using, if he or she really wants to.
10. I sometime wonder about my own patterns of drinking/using, but I mention this only to others who drink or use as much as I do.
11. I tend to avoid colleagues who might have a C.D. problem.
12. I'm fearful of what a superior may do if I express my concerns about a colleague.
13. I hesitate to tell a colleague directly how I feel about his or her behavior.
14. I have defended and made excuses for a chemically dependent peer.
15. I fear that if I identify colleague's C.D. they may lose their licenses.
16. I've failed to act on complaints about a peer/colleague or have passed them along only to those who are unlikely to do anything about them.
17. I've ignored or denied suspicions about a potential C.D. problem in a peer.
18. I've written prescriptions for a colleague who isn't my patient, or myself, or for my own family.
19. I postpone action when I suspect C.D. and trust time, other people, and changes in circumstances to solve the problem.