NASW-NC Asheville Local Program Unit 24th Annual Conference

Friday, March 22, 2019
8:30-3:30 p.m.
First Baptist Church
Asheville, NC

National Social Work Month
Friday, March 22, 2019
8:30 a.m. - 3:30 p.m.
First Baptist Church
5 Oak Street
Asheville, NC 28801

Co-Sponsors:
CarePartners Health Services
Cognitive Behavior Therapy Center of WNC
East TN State University Dept. of Social Work
Mars Hill University Social Work Club

Conference Overview
This conference will address trauma, resiliency, hope, and how to help clients in these tumultuous times. How do we as social workers maintain positivity and hope for our clients as well as for ourselves? We will discuss how social workers support resiliency and what that looks like in practice.

Conference Purpose
To celebrate Social Work Month through an educational and professional networking event.

Credit
4.5 Social Work Education Contact Hours, which includes, 2 hours in ethics, will be provided for all those who attend.

Target Audience
Social workers from all practice settings. Students and retirees are encouraged to attend.

Networking
We will have a table available for networking materials. Please bring business cards, brochures, job announcements, resumes, etc.

Holding Light in a Dark World: An Ethical Perspective

Tanya Stiers, MSW, LCSW
This ethics presentation will focus on how our ethical principles provide a sense of structure and guidance to maintain our core social work values in our daily work. Topics will include: how to envision and create a new way forward, the role of courage, stress hardiness, and how to form the building blocks of resiliency.

Tanya Stiers is a bilingual Licensed Clinical Social Worker who works for the Henderson County Health Department in Hendersonville, NC, and has a private practice in Asheville, NC. She obtained her Bachelor’s of Science in Elementary Education from Butler University in Indianapolis, IN, and her Masters of Social Work from Washington University in St. Louis, MO. Tanya has provided mental health services in a variety of settings. She specializes in working with severely traumatized adults and children as well as the Latino community.

ADA Accommodations
If you require accommodations to permit your attendance or participation, please do the following:
1. Complete your registration and submit it along with your request.
2. Submit the data required here at least 30 days prior to the registration deadline for the workshop.

Requests received after this deadline may not be able to be processed or fulfilled in time for the workshop.
Directions and Parking

**From the West**
Take I-240 to the Charlotte Street Exit, turn right onto Charlotte Street. The First Baptist Church is on the right.

**From the East**
Take I-240 to the Charlotte Street Exit. At the traffic light, turn left onto Charlotte Street, crossing over I-240. The First Baptist Church is on the right.

You can also access the church by taking Charlotte Street to College Street. Go west on College Street. Oak Street is the next right coming off of the circle.

Registration Form

**Schedule**

**8:30-9:00 AM**
Registration
Coffee, tea, juice, and breakfast breads
9:00-9:15 AM
Welcome & Housekeeping
9:15-10:15 AM
Keynote Address by John Cowart, MSW, LCSW
10:00-10:30 AM
Break
10:30-11:30 AM
Panel: Models of Increasing Resiliency
Jerry Kivett, MSW and Mark Siler, MSW
11:30-12 NOON
NASW-NC update
12-1:00 PM
Luncheon and Door Prizes
Massage Therapists (11:30-1 p.m.)
1:00-2 PM
Ethics Presentation: Holding Light in a Dark World: An Ethical Perspective
2:00-2:15 PM
Break
2:15-3:30 PM
Ethics Presentation (continued)

**Keynote**

**Raising Above and Bouncing Back: Cultivating a Culture of Resilience**

**John Cowart, MSW, LCSW**

John Cowart is a retired Licensed Clinical Social Worker with over 30 years experience. He is recognized for his excellence in teaching and as an expert in PTSD treatment. He holds a BSW/Psychology from Florida State University an MSW from the University of Georgia. John retired after 28 years as the Assistant Chief of Social Work for the Veterans Administration Medical Center in Asheville. He was selected by NASW-NC as Social Worker of the Year in 2015, and as NASW Social Worker of the Year in 2016.

**Panel**

**Jerry Kivett, MSW**

Jerry Kivett is the Program Manager for Homeward Bound's Permanent Supportive Housing (PSH) program that partners with the Housing Authority of the City of Asheville (HACA). All of the clients in this program were formerly chronically homeless, and now live in public housing throughout Asheville. Jerry first began working with individuals experiencing homelessness while earning both his Bachelor's and Master's Degrees in Social Work at Florida State University in Tallahassee, FL. He also worked at the local rape crisis center here in Asheville for several years before Homeward Bound, and is passionate about creating a community free of both homelessness and violence.

**Mark Siler, MSW, MA**

Mark Siler spent his early career as a social worker working with families facing issues of abuse and neglect. From there he shifted into chaplaincy, serving in hospitals and in prisons. Currently, Mark is the Associate Pastor at Haywood Street Congregation, an effort to do church and community with those most impacted by addiction, mental illness and poverty.

Early registration is encouraged due to space limitations. The registration fee is $40 for NASW members and $55 for non-NASW members. This includes refreshments, educational materials and lunch. Late registration fee (postmarked after March 13, 2019) is an additional $5. The registration fee for students, retirees, or unemployed is $35.00.