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Triangle Springs treatment programs are designed to address mental and behavioral challenges including:

- Addiction
- Depression and mood disorders
- Anxiety disorders
- Post-Traumatic Stress Disorder (PTSD)
- Bipolar disorder
- Psychosis
- Co-occurring disorders

LEVELS OF CARE

- Inpatient psychiatric treatment
- Inpatient medical detox
- Partial Hospitalization Program (PHP)
- Intensive Outpatient Program (IOP)

Our effective inpatient and outpatient behavioral health programs can help your patients live life better by offering:

- Immediate access
- Personal, confidential assessments
- Our licensed professionals are here 24/7
- Phone consultation and triage with licensed clinicians

THERE’S HOPE. LET US HELP.
CALL TRIANGLE SPRINGS FIRST
919.746.8900

We are all urged to take precautions amid the coronavirus outbreak. We encourage those with mental health crises to help us reduce unnecessary emergency room visits by directly calling Triangle Springs at any time. This will lessen the risk of exposure for behavioral health patients and allow the ER’s medical teams to focus on the physical health needs of others during this time.

Triangle Springs provides inpatient and outpatient behavioral health and addiction services for adults 18 and over. We also accept walk-in, scheduled appointments and direct referrals from professionals in the community 24 hours a day, 7 days a week. If you know of someone in need of behavioral health or detox treatment, refer directly and we will be available to assess and recommend treatment options. We’re here to help.

Triangle Springs is open 24/7 to help those experiencing a mental health crisis.
Fellowship Hall (www.fellowshiphall.com) is a 99-bed, private, 501 (c) (3) alcohol and drug treatment center located on 120 acres in Greensboro, NC. We provide treatment and evidence-based programs built upon total abstinence and the Twelve-Step model of recovery. Our services include detox, primary care (including young adult and gender relevant programs), extended treatment, family program, IOP, and on site sober living homes. We have been accredited by the Joint Commission since 1974 as a specialty hospital and are a member of the National Association of Addiction Treatment Providers. We are committed to providing exceptional, compassionate care to every individual we serve. We believe there is no substitute for integrity, honesty, dependability, quality, responsibility, and service: we apply these values in our relationships with guests, staff, and our community. Contact Dana Carroll, Outreach Coordinator for eastern North Carolina (danac@fellowshiphall.com, 336-314-6454) or Warren Lowder, Director of Business Development (warrenl@fellowshiphall.com, 336-808-7782).
Why Choose Fellowship Hall?

Looking for effective treatment for yourself or a loved one can be daunting and confusing. Around the country, treatment centers operating with unethical practices have been the topic of more than one news program or talk show. It can be extremely difficult to figure out who to trust and where to go at such a critical time of need.

Fellowship Hall is a member of the National Association of Addiction Treatment Providers (NAATP) and the National Association of Alcoholism and Drug Abuse Counselors (NAADAC). We ascribe to both an internal code of ethics and values and alignment with NAATP’s Quality Assurance Initiative and ethical code and we are LegitScript certified. We support NAATP’s Treatment Discernment Selection Guide.

Here at Fellowship Hall we want to engage each guest and their family with a transparent, open conversation about who we are, what we do and where we are doing it. We hope you find this useful in your search for treatment. We want to be part of a solution for every inquiry we receive, whether you come here for treatment or we assist you with finding another reputable treatment center. Recovery is our hope for every individual that seeks it.

We encourage you to review the full NAATP Treatment Selection Guide to identify red flags and what to look for when considering a treatment center. To help you in the selection process, consider the points below.

1. Fellowship Hall was the first specialty hospital licensed in NC in 1971. We hold NC State Licenses from the Department of Health and Human Services to operate our specialty hospital and mental health facilities. Since 1974, we have been continuously accredited by the Joint Commission.

2. Fellowship Hall provides evidence-based treatment with professionally credentialed staff. We support a 12 step process and provide Medication Assisted Treatment when needed. Our professional medical staff is on site, 24/7.

3. We are members of many professional organizations including the National Association of Addiction Treatment Professionals (NAATP), Addiction Professionals of NC (APNC), International Nurses Society on Addictions (IntNSA), and National Association for Addiction Professionals (NAADAC).

4. Fellowship Hall has operated at 5140 Dunstan Road for more than 45 years. With thousands of alumni in NC and beyond, we have a solid reputation of providing effective treatment for substance use disorder. We are in-network for many insurance providers, as listed on our “How much does treatment cost” page.

5. Fellowship Hall operates under and holds ourselves accountable to the highest ethical standards. We have adopted the NAATP Code of Ethics and are committed to performance improvement initiatives, holding ourselves accountable in all areas of treatment, management, facilities and marketing.

6. Fellowship Hall welcomes referrals from doctors or other medical professionals and works with referrers through the admissions and treatment process to achieve the best outcomes for our guests.

7. At Fellowship Hall, we work with each potential guest to identify the appropriate level of care and assess whether our program is an appropriate fit. As a private non-profit 501 (c) 3 organization, our focus is on providing quality care versus turning a profit.

8. Fellowship Hall reviews each potential guest’s financial plan with them prior to treatment, including insurance verification and billing practices.

OUR ACCREDITATION & AFFILIATIONS
Fellowship Hall Programs, Costs, & Community Partnerships

Primary Program
- 3-4 weeks in length (about 28 days)
- May include medically managed detox
- $19,000
- Generally, insurance covers 80% of the cost
- Honor insurance contractual rates
- Offer self-pay discount
- Main Building 52 beds (Men only)
- Kiser Lodge (Women Only): 24 beds

Extended Treatment Program
- After completing Primary, approximately 2 months (about 60 days, 7 to 8 weeks)
- $17,500, pre-pay is $16,500
- Insurance does not cover
- 15 beds (7 Women, 8 Men) in Extended Lodge

Family Program 4-day Workshop
- Free for 1st family member
- $300 each additional family member
- Open to 12 years and up
- Self-pay
- Golf Tournament raises money each year for family tuition

Family Program 1-day Workshop
- $75 per person
- Self-pay

Intensive Outpatient Program
- $245/group; expectation/goal is 8 weeks with 3 group sessions per week (Evening and Day Programs available)
- Generally, insurance covers 80% of the cost
- We honor contractual rates
- Offer self-pay discount

Early Recovery Group
- $240 for 12 sessions, sessions meet one time per week for 12 weeks
- Insurance does not cover; self-pay

Outpatient Counseling
- Individual and family counseling services
- Medical Management services
- Insurance accepted
- Discounted self-pay rates offered

Structured Sober Living Residence (must be enrolled in IOP)
- Gateway House (Men only, 6 beds)
- Zander’s House (Men only, 6 beds)
- Hazel’s House (Women only, 6 beds)
- Up to 8 weeks
- $20 per day + IOP fees
- Insurance does not cover; self-pay

Recovery Residence
- Zanders Two (Men only) 5 beds
- Hazels Two (Women only) 5 beds
- Up to 1 year
- $125 per week
- Insurance does not cover; self-pay

Professional Diagnostic Assessment
- $3,000
- Self-pay only

About 7% of all our guests cover the cost of their own treatment. We absorbed $1,382,245 in uncompensated care during FY18; $1,284,440 in FY17 and $1,098,437 in FY16.

Fellowship Hall is a Member of:
- National Association of Addiction Treatment Providers (NAATP)
- North Carolina Employee Assistance Professional Association (NCEAPA)
- NC Substance Use Disorder Federation
- Addiction Professionals of NC (APNC)
- International Nurses Society on Addictions (INSA)
- Association for Professionals in Infection Control & Epidemiology (APIC)
- NC Foundation for Alcohol & Drug Studies (NCFADS)
- Association for Addiction Professionals (NAADAC)
- Guilford Nonprofit Consortium
- Association of Fundraising Professionals (AFP)
- Greensboro Chamber of Commerce
- Triangle Health Council

University & Community Partnerships
- We sponsor residents of Duke University’s School of Medicine’s Psychiatric Residency Program and Med-Psych Program
- We contract with UNCG School of Nursing, A&T School of Nursing, and Rockingham Community College nursing program for nursing students to complete their Behavioral Health & Addiction Nursing clinical rotations
- We host interns from UNCG’s counseling program, Wake Forest University’s counseling program and UNC Chapel Hill’s social work program
- We assist the Salvation Army with offering a program for suffering alcoholics/addicts
- We are part of C.U.R.E. Triad, working to significantly reduce the number of overdose deaths in Guilford County
- We offer Partner Scholarships to provide treatment to individuals without insurance or the ability to self-pay, referred by local treatment centers
Fellowship Hall, a 123-bed private, not-for-profit specialty hospital offering abstinence-based alcohol and drug treatment based on the 12-Step Model of Recovery, located on a serene 120-acre country setting in Greensboro, NC, is currently seeking a **full time Men's Primary Substance Abuse Counselor**. The counselor will be part of a therapeutic team working in our gender-specific Primary Treatment program. **This position will work Monday - Friday from 8:00am-5:00pm, with some weekend rotations (every 5th weekend). Every 13th week, will work late duty (10:30am – 8:00pm).**

Fellowship Hall has been established for over 46 years and enjoys a stellar reputation as one of the premier treatment providers in the country. Our facility has been accredited by Joint Commission since 1974, and we offer inpatient care, detoxification, partial hospital, intensive outpatient, family programming, extended treatment, and structured living. We draw patients from North and South Carolina, Virginia, and 23 other States.

The **Men's Primary Substance Abuse Counselor** will be responsible for:

- Individual and Group Counseling
- Developing Psychosocial History
- Assessments, Treatment Plans, and Referrals
- Documenting Treatment Progression, Orientation, Discharge, and Related Records
- Presenting Didactic Materials

**Minimum Education & Certification:** Master's Degree in Social Work, Counseling, or related field; LCAS

**Minimum Experience:** Two (2) years’ experience as professional counselor

**Preferred Experience:** Experience with co-occurring presentation with understanding of DSM-V diagnoses.

This is an excellent opportunity that includes a competitive salary and outstanding benefits. 100% company-provided benefits include:

- Retirement Plan
- Employee Health Insurance
- Life Insurance
- Disability Plan
- Long-term Care
- Employee Assistance Program
- Volunteer Time Off
- Free Cafeteria Dining

All interested applicants, please submit resume and cover letter to hr@fellowshiphall.com. No phone calls please.

_Fellowship Hall has a Tobacco and Smoke-free work environment._
Workplace Options helps employees balance their work, family and personal needs to become healthier, happier and more productive, both personally and professionally. The company’s world-class employee support, effectiveness and wellbeing services provide information, resources, referrals and consultation on a variety of issues ranging from dependent care and stress management to clinical services and wellness programs. Drawing from an international network of credentialed providers and professionals, Workplace Options is the world’s largest integrated employee support and work-life services provider. Service centers in the U.S., Canada, U.K., Ireland, Portugal, France, Belgium, UAE, Singapore, Japan, China, India, and Indonesia support more than 65 million employees across 100,000 organizations and more than 200 countries and territories.

Contact information: website: www.workplaceoptions.com

Contact Name: Kennette Thigpen, Vice President of Clinical Crisis and Specialty Services, 919 744 7723, Kennette.thigpen@workplaceoptions.com
A MESSAGE FROM OUR LEADERSHIP TEAM

As you know, we at Workplace Options are committed to our community, our company, and our people. For some time we have been making plans to create a space for our counselors and coaches in Raleigh, as an additional benefit, to conduct business for their private practices.

Through the formation of The Wellness Center, we are creating a space to facilitate the growth of our counselors and coaches in their own businesses, and also a place where we can provide help, on a pro bono basis, to people in our community who need it.

We intend for our team members who utilize the wellness center to have access to benefits as outlined in this brochure.

If you have questions about how to utilize this benefit, please contact

Kenneatte Thigpen
Director of Global Clinical Operations, kenneatte.thigpen@workplaceoptions.com

Please contact:
Kenneatte Thigpen
kenneatte.thigpen@workplaceoptions.com

The Wellness Center
2900 Highwoods Blvd.
Raleigh, NC 27604

A CO-LOCATION FOR OUR COUNSELORS’ AND COACHES’ PRIVATE PRACTICE NEEDS

BENEFITS OF USING THE WELLNESS CENTER

Workplace Options team members who utilize The Wellness Center for their private practice needs will have access to:

- Walled office environments for privacy
- 24/7 availability
- Reception and scheduling services during normal business hours
- Covered building maintenance, overhead and utilities, internet access
- Access to UCMS, iConnectYou for private practice
- Spaces for group counseling
- Membership in the WPO provider network

FREE USE OF THE FACILITY

How can I use The Wellness Center?

Any counselor or coach who is interested in utilizing The Wellness Center space for his or her private practice would need to agree to the following terms:

- Must meet licensure and/or certification standards
- Must be a counselor or coach
- Must provide at least 20 hours of service to the WPO each week, and agree to work during high-volume hours
- Must be willing to participate in our program to provide some pro bono service to the community (Please inquire for specifics)
SCOPE OF SERVICES

Since 1982, Workplace Options’ (WPO) sole focus has been on employee wellbeing. Today WPO is the world’s largest independent provider of employee support solutions. We serve more than 100,000 organizations and their 65 million employees in over 200 countries and territories worldwide.

Private ownership means that WPO is completely independent and has a higher level of flexibility and responsiveness than our competition. We are known for our ability to pioneer services, and to co-develop and customize products.

EMOTIONAL SUPPORT

Answer 24: 24/7 clinical intake, message and referral service from triage to crisis intervention

Counseling: short-term, solution-focused sessions delivered by phone, in person, or by online video

In My Hands: self-directed computerized cognitive behavioral therapy (cCBT) with clinical case management oversight

Virtual Group Counseling: group counseling for participants with similar presenting issues led by clinicians and conducted telephonically

Aware: telephonic mindfulness program to improve wellbeing, focus and engagement through individualized coaching

Responding to a crisis:

- Rapid Response Critical Incident: on-site support following a traumatic event
- Rapid Response Hotline: crisis coverage after an on-site event for companies without an EAP

PRACTICAL SUPPORT

Work-Life Services: consultation, personalized research and resources for a nearly limitless range of topics including child care, elder care and daily living (convenience/concierge services)

Legal Assist: telephonic or in-person advice and consultation with attorneys who are not employees of Workplace Options but private attorneys with their own private law firm practices

Financial Assist: unlimited telephonic guidance from financial professionals

Care Coach: enhanced consultations and a telephonic family conference for guidance and consensus-building from an Aging Life Care Specialist

Geriatric Care Assist: in-person home or facility assessment and transition support from an Aging Life Care Specialist

Nursing Mother Assist: consultation and support from certified lactation specialists for successful breastfeeding at home and when returning to work

New Parent Return To Work: support for employees and managers, focusing on practical and emotional issues, to facilitate successful reintegration following a parental leave

Life Coaching: certified telephonic coaches partner with participants in a thought-provoking, creative process for navigating life transitions and maximizing personal and professional potential

PHYSICAL SUPPORT

Wellness Coaching: telephonic coaching and support for wellness initiatives including weight loss, fitness, nutrition, stress management and overall lifestyle improvement

WPO is the only global wellbeing provider to train our own coaches and provide oversight and development which is recognized by the ICF and NBHWC.

Live Well Wellness Platform: interactive, personalized online portal featuring gamification, information, a peer community, a health assessment and secure communication with wellness coaches

Live Well Tobacco Free: evidence-based tobacco cessation program offering personalized quit plans, consistent coaching support and nicotine replacement therapy education

Health Screenings: on-site biometric screenings to assess individual and aggregate health data

Trainings and Seminars: experts facilitate on-site or online sessions covering topics relevant to managers and employees; a variety of emotional/stress, practical, wellness and crisis management-related topics available, with the option to modify existing topics or develop completely custom sessions
TECHNOLOGY SOLUTIONS

Engagement Engine: award-winning member website containing a variety of tools and resources for employees and managers. Includes Real Messaging Service (RMS), for instant access to WPO staff for consultation or coaching.

RMS: Real Messaging Service offers secure instant messaging with a simultaneous translation tool.

iConnectYou: mobile app that allows users to engage with a counselor or coach via phone, IM, video or SMS text.

Global Wellbeing Questionnaire: a quick online assessment (30 questions max) of total wellbeing that considers emotional, practical and physical components.

Unified Case Management System (UCMS): the industry’s only universal case management system with intuitive, user-friendly design, creating efficiencies in service delivery and for the end user.

AVAILABLE MODELS AND ADDITIONAL SERVICES

Global EAP/Work-Life: culturally sensitive employee assistance and work-life services for your multi-national employees and their families offering consistent service delivery, reporting and quality regardless of location.

Be Well at Work: coach-answered, participant-centered approach to addressing physical, emotional and practical wellbeing that eliminates the stigma of a clinical-only model.

Total Source: a fully integrated and customizable operational service function for third parties; WPO takes on core service delivery functions; partner is responsible for program management.

Elevate: Support specifically for individuals with significant symptoms of anxiety or depression, this model provides for extended clinical intervention and case management.

Network Advantage: innovative network provider solutions, including full service credentialing, network development, online referral directory hosting and outsourced network operations support.

Labor Solutions: a suite of products designed to provide unique technology-based support for the evolving workplace.

- WOVO: An integrated mobile and web-based system designed to provide wellness coaching and interactive e-learning to workers with ease. It provides worker voice and wellbeing tools that foster wellness and productivity, and gives management actionable data.

- Surveys: gather information and feedback directly from workers. Surveys include: Worker Engagement and Wellbeing Survey, Social Compliance Survey, Harassment and Abuse Survey and customized surveys. Surveys can be deployed remotely or onsite.

- Focus Group Discussions: take a deep dive into survey results with discussions to get a better understanding of your organization’s strengths, successes and challenges. Get actionable data from a comprehensive report and review of results.

- Labor Line: a third-party helpline that can be customized to meet your organization’s needs.

Expatriate Services: support to enhance the experience of an international assignment, including pre-departure and repatriation services available via telephone or face-to-face.

Student Assist: specialized support tailored to the unique needs of college students.

Note: Services may vary by market, please contact your business solutions representative for more details.
Seeking Counselors to GROW WITH US

Workplace Options, a global employee wellbeing provider, opened The Wellness Center in 2019 to serve the Triangle Community. The Wellness Center is seeking fully licensed counselors for a unique opportunity to partner with Workplace Options while also growing their personal practice.

For more information, please contact Kennette.Thigpen@workplaceoptions.com
The Carolina Center for EFT is a training center recognized by the International Center for Excellence in Emotionally Focused Therapy (ICEEFT), directed by Dr. Sue Johnson. Best known for its work with couples – EFT has been formalized across all modalities of individuals, couples and families. We are fostering EFT communities across North and South Carolina of therapists trained in an empirically validated therapy model that can create lasting, loving bonds within couples and families and can create relationship security and emotional balance in the lives of individual clients struggling with depression, anxiety, and other emotional disorders. We’d love for you to join our rapidly growing EFT community! During COVID-19 when we cannot meet in-person, we remain available to you with many online resources for you and your clients. Please check www.carolinaeft.com to find out about online informal gatherings to acquaint you with the Carolina EFT community, many resources and online training opportunities. On our home page you will find the very popular and helpful HMT online video program for couples, developed by Dr. Sue Johnson. Click on the simple, easy-to-read book Stepping into EFT and you will be lead to a website with access to online training videos of couples and individuals. On our training page you will find upcoming training events and an online video program on EFT’s attachment injury resolution model. More information at: www.carolinaeft.com or email Tanisha James <tjameslcsw@gmail.com> or James McCracken <socialworkerjames@gmail.com>
Dr. Sue Johnson and social scientists have finally cracked the code of love and discovered what needs to happen to make love work!

Emotionally Focused Therapy shapes bonds that make for resilient, happy people and relationships that last a lifetime!

Dr. Sue Johnson developed EFT as the only couple intervention based on a well-researched understanding of adult love. Research indicates that secure attachment and emotionally fulfilling relationships are integral components of mental and physical health, and that emotionally focused interventions have the power to establish and re-create supportive bonds among individuals, couples and families.

Carolina Center for EFT is an NBCC Approved Continuing Education Provider (ACEP™) #6888 and may offer NBCC approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program.

For information, registration, and to join our mailing list go to: www.carolinaeft.com

EFT Training in the Carolinas

Celebrating Attachment Theory in Practice: Emotionally Focused Therapy (EFT) with individuals, couples and families.

Emotionally Focused Individual Therapy Level II
August 28 & 29, 2020 • Greensboro, NC
Trainer: Lorrie Brubacher

Introductory EFT Training:
4-day EFT Externship
September 23 - 26, 2020 • Asheville, NC
Trainer: Lorrie Brubacher

Emotionally Focused Family Therapy Level II
November 20 & 21, 2020 • Greensboro, NC
Trainer: Gail Palmer

Check our website for updates of online EFT trainings and gatherings.
100% refund for any training canceled due to COVID-19

EFT model for Resolving Attachment Injuries & EFT and Trauma coming in 2021

Help us expand our diversity project!
Increase EFT training for therapists of color and those working with under-served populations

Book and Videos

www.steppingintoeft.com

by L. Brubacher
Training videos of Stages 1 & 2 Emotionally Focused Couple & Individual Therapy

Online training in Emotionally Focused Therapy’s Forgiveness Model:
www.attachmentinjuryrepair.com
Carolina Dunes Behavioral Health wants to thank you for participating in the 2020 NASW Clinical Institute Conference! CDBH helps families all over North Carolina struggling with mental health and behavioral health challenges. If you would like more information about CDBH or are interested in joining the CDBH team, feel free to visit our website at www.CarolinaDunesBH.com or call us at (910) 371-2500.

We are raffling a $100 amazon giftcard (mailed to the winner) Fill out this short survey to enter for your chance to win!

http://survey.constantcontact.com/survey/a07eh2yz43sk9yhegm7/start
Multi-Disciplinary Team
Our multi-disciplinary treatment team is focused on delivering quality individual care and consists of the following:
- Psychiatrists
- Licensed Therapists
- Psychiatric Nurses
- Discharge Planners
- Mental Health Technicians
- Certified Nursing Assistants
- Dieticians
- Patient Advocates

Insurance
We are contracted with and accept a broad range of commercial insurance plans and also accept Medicare and Medicaid. We are also a TRICARE certified provider. Please call a member of our admissions team to discuss all payment options.

Our Location
Carolina Dunes is located in Leland, NC off of Hwy 74/77, directly across from Northeast District Park, approximately 6 miles from Wilmington, NC.

Call Today for a FREE Assessment
24 / 7 / 365
Phone: 910-371-2500
Fax: 910-777-2865
Visit Us Online at: www.CarolinaDunesBH.com

Clinical Outcomes
CDBH invests in applying validated psychometrics, in conjunction with an independent, university-affiliated researcher, to measure patient improvement and recovery. Recovery indicators are measured at admission, at discharge, and one month post-discharge.

Significant Drop in Acuity
- 51% decrease in acuity symptoms from admission to discharge

Indicators of Recovery
- 90% of CDBH’s patients are not re-hospitalized within one month
- 91% have not visited an emergency department for mental health within one month
- 93% have not had suicidal thoughts or an attempt within one month

Child and Adolescent Inpatient
- Ages between five (5) and seventeen (17) years old
- Imminent risk for self-injury, with inability to manage or develop a safety plan
- Suicidal or homicidal thoughts
- Anxiety or Depression
- Psychosocial concerns due to trauma

Senior Inpatient
- Criteria for Admission
  - Ages approximately fifty-five (55+) years and older
  - Imminent risk for self-injury, with an inability to manage or develop a safety plan
  - Sudden on-set of behavioral changes due to psychiatric condition
  - Severe Depression, Hallucinations, or delusions
  - Medically Stable

Psychiatric Residential Treatment Facility (PRTF)
- Criteria for Admission
  - Males and females ages twelve (12) to seventeen (17) years old
  - Multiple previous hospitalizations or failure to succeed at lower levels of care
  - IQ above seventy (70)
  - DSM V Diagnosis

Outpatient Services
- Partial Hospitalization (PHP) and Intensive Outpatient (IOP)
- Serving adolescents, adults, and seniors with separate, age-specific programs
- Step-down service for patients discharging from an inpatient setting
- Prevention for future hospitalizations
- Not an imminent risk to self or others

What is Carolina Dunes Behavioral Health?

Carolina Dunes Behavioral Health (CDBH) is a 112-Bed state-of-the-art, free-standing psychiatric hospital located in beautiful southeastern North Carolina. CDBH helps families struggling with mental health challenges. Our hospital provides mental health treatment with an emphasis on clinical outcomes. CDBH’s behavioral health programs include:

- Psychiatric Residential Treatment Facility
- Child and Adolescent Inpatient Acute Program
- Geriatric Acute Program
- Outpatient Services

Why Carolina Dunes Behavioral Health?

You will have an immediate impact on patient lives. As a critical and valued member of our multi-disciplinary team, your contribution will be immediate. Your work may be demanding and challenging yet rewarding and satisfying. Our job training will help prepare you for a broad base of issues specific to the behavioral health specialty and our patient-centered setting.

- Competitive Pay
- Sign-On Incentives May Be Available
- Evening, Holiday and Weekend Shift Differential
- Traditional or Consumer Focused medical plans
- Health Savings Accounts (HSA)
- Dental & Vision Plans
- Free Basic Life Insurance Plan
- Supplemental Life Insurance
- Short and Long-term Disability
- Paid Time Off
- 401K with employer matching
- Wellness Incentive Program
- Entertainment/Travel Savings Program
- And more!

Registered Nurse (RN) / Licensed Practical Nurse (LPN)

We are looking for Nurses who are/have:

- Critical thinkers
- Patient-centered
- Clinical leaders
- Experience in behavioral health
- New graduates welcome

Apply Today!

www.CarolinaDunesBH.com

Licensed Clinicians (LCSW, LPC, LMFT, etc.)

We are looking for Therapists who are/have:

- Trauma-Informed Care experience
- Compassionate and caring
- Knowledge of DSM V
- Clinical license
- Understanding of NC mental health system

Certified Nursing Assistant (CNA)

We are looking for CNAs who are/have:

- Experience caring for geriatric patients
- Understanding of mental health and physical health needs of patients
- 21 years or older
- CNA certification
- New graduates welcome

Mental Health Technicians (MHT)

We are looking for MHTs who are/have:

- Supportive and encouraging
- Strong team members
- 21 years or older
- High school diploma
- Unwavering commitment to excellent patient care

Great Care Starts With You!

910-371-2500
www.CarolinaDunesBH.com

Call Today for a FREE Assessment
24/7/365
Phone: 910-371-2500
Fax: 910-777-2865

Visit Us Online at:
www.CarolinaDunesBH.com
Cherry Hospital

Cherry Hospital: A Place of Hope, Care and Recovery

Cherry Hospital is a multi-disciplinary, full-service 300-bed psychiatric hospital accredited by the Joint Commission. Serving the Eastern regions of North Carolina, Cherry Hospital is a state operated facility located in Goldsboro, NC (Wayne County). The hospital serves as a major training site for the Brody School of Medicine at East Carolina University and Campbell University. In addition, Cherry provides training for interns in social work, psychology and a variety of other therapeutic disciplines. Cherry Hospital offers exceptional careers, development opportunities, academic affiliations and the opportunity to practice in an atmosphere free of micro-management. We offer very competitive salaries and comprehensive benefits as well as employment options that fit your work-life needs!

Please visit our open jobs that are posted on this website:

[www.governmentjobs.com/careers/northcarolina](http://www.governmentjobs.com/careers/northcarolina)

Contact Information:

Cherry Hospital Clinical Recruiter – Connie S. Wooten

919 947 8017

Connie.wooten@dhhs.nc.gov
Cherry Hospital: A Place of Hope, Care and Recovery

Cherry Hospital is a multi-disciplinary, full-service psychiatric hospital accredited by the Joint Commission.

"Exceeding the Standard"

Serving the Eastern regions of North Carolina, Cherry Hospital serves as a major training site for the Brody School of Medicine at East Carolina University. Third year medical students, psychiatry residents, and child fellows routinely train at Cherry Hospital, where they are supervised by Cherry Hospital physicians who hold clinical faculty appointments at the Brody School of Medicine.

Accredited by the North Carolina Medical Society and the American Nurses Credentialing Center, Cherry Hospital provides Continuing Medical Education (CME) to physicians and nurses.

The hospital also provides continuing education to psychologists, social workers, and teachers by working closely with the Eastern Area Health Education Center (EAHEC), South East EAHEC, Southern Regional EAHEC, and the North Carolina Psychological Association.

In addition, Cherry Hospital provides training for interns in social work, psychology, teaching (exceptional children), dental hygiene, pharmacy, occupational therapy and therapeutic recreation.

Cherry Hospital offers very competitive salaries and comprehensive benefits, as well as employment options that fit your work-life needs. Experience the satisfaction of serving the psychiatric needs of others and work with an inter-disciplinary team and receive support from a large department of experienced social workers.

If you thrive in a team environment where
- Colleagues are supportive,
- Growth opportunities are rich, and
- Connecting with patients is at the heart of what you do, then we invite you to look into the work we do at Cherry Hospital.

"The Cherry Experience..."

Cherry Hospital offers exceptional careers, development opportunities, academic affiliations and the opportunity to practice in an atmosphere free of micro-management. With over 136 years of caring experience, we invite you to discover more about our hospital and begin your career with this historical institution! So give us a look and see for yourself!

https://www.govjobs.com/careers/northcarolina

For more information, please contact:
Cherry Hospital Clinical Recruiter
Office: (919) 947-8017
Email: OMCH.Clinical.Recruitment@dhhs.nc.gov

Call & schedule a tay today!

Cherry Hospital’s Social Workers take advantage of:
- On-Site Continuing Education
- State-of-the-Art Technology
- In-Patient Care (1088)
- Recovery Model & Concept
- Free Clinical Supervision
- Very Competitive Pay & Benefits
- State of NC benefits

Student Loans? Cherry Hospital is a qualified and eligible employer for participation in the Public Service Loan Forgiveness Program. Learn more at www.studentaid.gov/loanservice.

Our Mission. To provide excellent psychiatric care to individuals with the greatest need and fewest resources.

Cherry Hospital offers a learning environment that is optimal for gaining comprehensive clinical experience. Other benefits a career with Cherry Hospital include:

State of NC Benefits Package:
- Comprehensive Leave Package
- Health Insurance
- NC Flex Pre-Tax Benefits (Dental, Vision, AD&D)
- Life Insurance
- Long-Term Care
- Disability Income Plan
- Retirement Benefits
- ...and so much more!

Population(s) Served:
- Major psychiatric illnesses
- Dual diagnoses
- Complicated medical/psychiatric/social issues
- Patients requiring longer-term treatment
- Those unable to be served in community hospitals

CONSIDER JOINING OUR TEAM OF PROFESSIONALS. CHERRY HOSPITAL’S SOCIAL WORKERS MAKE A DIFFERENCE EVERY DAY!

Embark on your Social Work Journey

CHERRY HOSPITAL

State of North Carolina
Department of Health & Human Services
Division of State Operated HealthCare Facilities
www.nchhs.gov/divisions/phs/cherry-hospital
NC DHHS is an equal opportunity employer and provider.

~ A Place of Hope, Care, and Recovery ~
Located in Raleigh, North Carolina, Holly Hill Hospital has been equipping patients with the skills needed to return to their communities healthier and happier for over 40 years. Our dual campus health system provides acute hospitalization services for patients ages 5 through older adulthood and outpatient services for adults age 18 and older (partial hospitalization and intensive outpatient.) Electroconvulsive Therapy (ECT) is also available for adults experiencing treatment-resistant mental illness at our South Campus Adult Hospital.

With experienced clinicians in the fields of mental health and addiction, Holly Hill supports our patients, their families and the communities we serve.

YOU’VE SERVED US. LET US SERVE YOU. FIND OUT MORE At HOLLYHILLHOSPITAL.COM.

We are a preferred provider for most commercial insurance plans, including:

- Blue Cross®
- Blue Shield®
- Aetna®
- Cigna®
- MEDCOST™
- United Behavioral Health OPTUM™
- TRICARE®

We also accept Medicare and Managed Medicaid.

Please call our assessment or business office and they can answer your individual concerns and questions.

WE ARE HERE TO SUPPORT MILITARY FAMILIES.

Let us help. Start with a no-cost, confidential assessment, accessible 24 hours a day, 7 days a week. We will walk you through every step of the process. Call 919-250-7000 to start your journey today.
OUTPATIENT PROGRAMS

The Pines at Holly Hill Outpatient offers two outpatient programs for adults ages 18 and older in need of more supportive psychiatric and/or addictive disease treatment: PARTIAL HOSPITALIZATION and INTENSIVE OUTPATIENT.

These supportive services are critical levels of care, bridging the gap between weekly outpatient therapy and an inpatient hospital stay.

LEVELS OF CARE

4 HOLLY HILL INPATIENT HOSPITALIZATION

The highest level of care. Patients receive 24/7 treatment during times of psychiatric and/or addictive disease crisis.

3 PINES PARTIAL HOSPITALIZATION (PHP)

The next step in treatment: Patients participate in a PHP post-hospitalization or as a step up from an IOP when more support is needed.

2 PINES INTENSIVE OUTPATIENT (IOP)

The next step in treatment: Patients participate in an IOP post-PHP or as a step up from weekly outpatient individual therapy when more support is needed.

1 WEEKLY OUTPATIENT THERAPY

The lowest level of care. Patients receive individual therapy on a weekly basis as needed.

SUCCESS IN CLINICAL OUTCOMES

81% of our PHP patients reported an improvement in overall functioning.*

The HIGHEST rates of patient changes occurred in the following categories:

- IMPROVEMENT IN SUBSTANCE USE
- IMPROVEMENT IN HANKS
- IMPROVEMENT IN AWDNESS
- IMPROVEMENT IN ANXIETY

*Change in Patient Functioning - Symptoms Identification Scale (BASIS-32).

Supporting YOU in your first step or next step in treatment...

The Pines provides medication management by a MD-Psychiatrist and daily access to our Program Director, Therapist and Registered Nurse.

Patients participate in skills-based group therapy that includes:

- Dialectical Behavioral Therapy (DBT)
- Cognitive Behavioral Therapy (CBT)
- Expressive Arts Activities
- Mindfulness Meditation

To support long-term recovery, our patients’ circles of support is invited to participate in:

- Individual Family Therapy As Needed
- Weekly Educational Potluck Luncheons
- Saturday Circles Of Support Workshops

HOURS

Partial Hospitalization
Monday through Friday
Five Full - Day Sessions
8:45am - 2:45pm

Saturday
9:00am - 1:00pm

Intensive Outpatient
Track A:
Mon., Wed., Fri.
9:00am - Noon

Track B:
Tuesday, Thursday
6:00pm - 9:00pm
Saturday
9:00am - Noon

NOW OFFERING
Virtual Outpatient Programming

Connecting with your treatment team has never been easier
Keeping you and our community healthy and safe, as well as maintaining mental well-being, have always been and remain our top priorities. As we face challenges presented by COVID-19, we also strive to provide the care and support you and your family need to stay healthy — physically, mentally and emotionally.

Telehealth Services and Programs
We’ve transformed our outpatient programs to a virtual platform until further notice, so that patients wishing to participate may do so through the use of telehealth. This HIPAA-compliant format allows you to see and speak with a Nurse or Therapist just as you would during an in-person session — all in real time, respectful of social distancing practices.

Telehealth offers remote access to treatment services, including:

- Partial Hospitalization Programs (PHP): in this short-term program, patients can work through issues in group therapy with peers who face similar challenges.
- Intensive Outpatient Programs (IOP): typically half-day programming a few times a week, patients have the ability to maintain responsibilities while still continuing with intensive treatment.
- Individual, Group and Family Behavioral Health Video Sessions with Therapist

To learn more about eligibility for Telehealth or to schedule an appointment, please call

919-250-7004
Ashley.Orlovich@UHSInc.com

Physicians are not employees or agents of the hospital. For language assistance, disability accommodations and the non-discrimination notice, visit our website: 2020-12-23
NC Problem Gambling Program

www.morethanagamenc.com

The North Carolina Problem Gambling Program (NCPGP) provides and supports effective problem gambling prevention, education, outreach and treatment services throughout North Carolina. We provide statewide treatment services, training and technical support in-person and on-line for prevention and provide education and outreach to promote awareness through media, partnerships, and integration.

https://morethanagamenc.com/

Amanda Winters
NCPGP State Administrator
amanda.winters@dhhs.nc.gov
Cell 919-713-3233

Alison Drain
NCPGP Prevention Coordinator
Contractor, Morneau Shepell
alison.drain@dhhs.nc.gov
Cell 919-800-8482

Problem Gambling

Anytime gambling causes problems in someone’s life, they may be struggling with problem gambling. If a veteran’s gambling is causing problems in their relationships, finances or interferes with their work, they may be struggling with problem gambling. We call it problem gambling because it’s meant to encompass anytime gambling causes problems.

- Have there ever been periods, lasting 2 weeks or longer, when you spent a lot of time thinking about your gambling experiences or planning out future gambling ventures or bets?
- Have you ever tried to stop, cut down or control your gambling?
- Have you ever lied to family members, friends or others about how much you gamble or how much money you lost gambling?

If someone answered yes to one or more questions above, a no cost treatment is available to them and to their loved ones.

call our 24/7 toll free helpline: 1-877-718-5543
text: morethanagamenc to 53342
visit: www.morethanagamenc.com
Recovery is possible and treatment works.

NC Problem Gambling Program
1-877-718-5543
morethanagamenc.com

April 2020
Problem Gambling
When it's More than a game

What is gambling?
Gambling is the act of risking something of value on an uncertain outcome. We place something such as money or an object at risk in an attempt to gain something of greater value. Lottery tickets, casino games, bingo, card games, sweepstakes, office pools and sports betting are all forms of gambling.

Did you know...
People of all ages and ethnicities can develop a problem with gambling, whether they have a history of addiction or not. Early big wins, childhood trauma, exposure to gambling at a young age and certain medications can increase a person's risk for developing a problem.

It isn't just about money
Gambling problems occur when gambling starts to affect any aspect of a person's life. Impacts don't have to be financial and you don't have to gamble everyday for it to be a problem. While many problem gamblers chase their losses, for others it's about the excitement or escape they feel from gambling.

Warning signs
Many people find themselves thinking about gambling all the time, needing to increase the amount of money they gamble with, trying to win back the money they lost (chasing losses), lying to hide their gambling, spending time gambling instead of pursuing hobbies, jobs or other relationships, and have even tried to cut back without success.

It's a real addiction
The Diagnostic and Statistical Manual of Mental Disorders (DSM–5) recognizes problem or pathological gambling as a disorder similar to substance-use related issues. Its often called the "Hidden Addiction" because signs are difficult to see and consequences often go unnoticed for a long time.

Treatment works
Recovery is possible. Gambling problems can be successfully treated and many people have benefited from professional help, support groups and self-help strategies. Seeking help for a problem is a sensible thing to do and not a sign of weakness.

Help is available
If you, or someone you know, has a problem with gambling free, and confidential treatment and resources are always available 24 hours a day, 7 days a week.

North Carolina Problem Gambling Program
1-877-718-5543
morethanagamenc.com

Numbers in North Carolina

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>74%</td>
<td>of adults reported gambling in the past year</td>
</tr>
<tr>
<td>49%</td>
<td>of adults who gamble reported believing gambling is a good way to win money</td>
</tr>
<tr>
<td>10%</td>
<td>of adults who gamble believe that gambling more often will help them win more than they lose</td>
</tr>
<tr>
<td>3.34%</td>
<td>of adults may struggle with a gambling problem</td>
</tr>
<tr>
<td>40%</td>
<td>of adults know where to find help for themselves or someone they love</td>
</tr>
</tbody>
</table>

NC Department of Health and Human Services
Division on Mental Health, Developmental Disabilities and Substance Abuse Services
https://www.ncdhhs.gov/divisions/mhddsas
NCDHHS is an equal opportunity employer and provider. April 2020
10 Myths and Facts about Problem Gambling

If you’re concerned about your or a loved one’s gambling, 24/7 free and confidential help is available.

1. **Myth**
   - It’s only a problem if you gamble everyday.
   **Fact**
   - It’s not about how often someone gambles, it’s about how gambling negatively impacts their life.

2. **Myth**
   - Problem gambling is easy to recognize.
   **Fact**
   - Problem gambling has been called the hidden addiction, because unlike alcohol and drug use it’s easier to hide.

3. **Myth**
   - Only irresponsible people have a problem with gambling.
   **Fact**
   - Anyone can become addicted to gambling.

4. **Myth**
   - Problem gambling only impacts the gambler.
   **Fact**
   - Addiction, no matter what it might be to, is a disease that effects everyone close to the person who has the problem.

North Carolina Problem Gambling Program
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morethanagamenc.com

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Division of Mental Health, Developmental Disabilities and Substance Abuse Services
https://www.ncdhhs.gov/divisions/mination
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5 Myth
Gambling addiction isn’t as serious as other addictions.

Fact
Gambling addiction has the highest rate of suicide among all addictions.

6 Myth
You can’t become addicted to an activity the way you can to a substance.

Fact
Addiction happens in the brain, and can be in response to substances OR activities.

7 Myth
Problem gamblers will bet on anything.

Fact
Most problem gamblers have a favorite form of gambling that causes them problems.

8 Myth
It isn’t a problem if someone can afford it.

Fact
Problems caused by excessive gambling are not just financial. There’s no dollar amount threshold to have a gambling problem.

9 Myth
Paying a problem gamblers debt will help them stop gambling.

Fact
Paying the debt may only enable the behavior. Debt may be a priority, but it is more important to address the gambling addiction itself.

10 Myth
There is no treatment for problem gambling.

Fact
Recovery is possible. There are evidence-based treatments for gambling addiction.
Old Vineyard Behavioral Health

https://oldvineyardbhs.com/

Here at Old Vineyard, we specialize in psychiatric treatment. Through an array of professional disciplines, we offer a comprehensive umbrella of services that address the needs of our patients. Our goal to provide our patients with unique and highly specific treatments gives them strong footing for a better life. From our adolescent and adult inpatient programs to our intensive outpatient and partial hospitalization adult programs, our continuum of care provides the treatment necessary to move our patients toward an independent and hope-filled future.

Our campus has a long history of serving adolescents and adults with behavioral health needs. Our establishment is located on 16 beautiful acres in Winston-Salem, North Carolina, offering patients the opportunity to access treatment in a peaceful setting. In 2017, we added a new building to meet the needs of our community and our state. We also gained a trauma recovery program, expanded our dual diagnosis program and nearly doubled our adolescent program.

Treating individuals from adolescents to seniors with a variety of psychiatric diagnoses, we have programs that meet people where they are, no matter what problems they may face. Through evaluation, diagnosis, intervention, education and an individualized treatment plan, our patients learn coping skills that they can maintain for the rest of their lives. Before discharge, each of our patients goes through in-depth preparation to ensure their readiness to step into their community and embrace life.

On behalf of the entire staff of Old Vineyard Behavioral Health Services, we’re so glad you’re here to take this step, and we’re honored to be on this journey with you. We look forward to helping you and your loved one on the path to a brighter, healthier future.

Click here to view our introduction video!

Who We Treat

Nothing is more important to the staff at Old Vineyard Behavioral Health Services than the mental and emotional health of the patients we see. With that in mind, we offer a variety of behavioral health services in Winston-Salem, NC, to help those in need get the treatment they deserve.

Whether you or a loved one suffer from trauma, depression, anxiety, addiction, or suicidal thoughts, we make it our mission to provide care that helps to address, and eventually heal, behavioral health issues. From psychiatric medication management to therapeutic sessions, we make sure your health is taken care of. We are happy to treat:

For more information, please call 888-477-1287.